

What are the benefits of Healing Touch?

Research supports that Healing Touch greatly benefits those who receive it.

Healing Touch:

- Reduces pain
- Reduces anxiety
- Relieves stress and depression
- Provides support during chemotherapy
- Strengthens the immune system
- Creates a sense of well-being
- Reduces effects of trauma and chronic pain
- Enhances recovery from surgery
- Deepens spiritual connection
- Supports the dying process

Healing Touch is accepted, validated and utilized in hospitals, hospice, long term care, integrative health centers, private practices, and clinics. For more information on Healing Touch research visit: www.HealingTouchResearch.com.

Healing Touch can gently but significantly impact your life.



Accreditations and Endorsements



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Experience
Healing
Touch
for your Health
and Healing

What is Healing Touch?

Healing Touch is a compassionate energy therapy in which practitioners use their hands in a heart-centered and intentional way to support and facilitate your physical, emotional, mental and spiritual health and self-healing.

Healing Touch uses gentle, light or near-body touch to clear, balance, energize and support the human energy system to facilitate and support healing for the whole person: mind, body, spirit.

Healing Touch is a complementary, integrative energy therapy that can be used in conjunction with traditional therapies.



Healing Touch Practitioners provide exceptional care and facilitate healing and growth for their clients using skills learned in the Healing Touch Program training, which is backed by a professional Code of Ethics and Scope of Practice. Healing Touch Certified Practitioner (HTCP) is a board certified NCCA Accredited Credential.

To locate a Healing Touch Practitioner in your area or for more information visit www.HealingTouchProgram.com.

What can you expect?

Healing Touch facilitates a deep sense of calm and relaxation as well as overall and specific responses for body-mind-spirit healing. You may feel nurtured, balanced and energized.

A Healing Touch session can be given anywhere, from a chair in a client's home to the bed in a hospital room.

The session is typically administered while the client lies on a treatment table or bed with clothes on. The practitioner uses her/his hands to assess your energy system. S/he proceeds to clear and balance it as needed using either off body touch (near body but no direct contact) or a gentle (still) touch over various areas of the body.

An average session may last anywhere from 15 to 60 minutes, based on the client's needs, the methods being used, setting and available time.

"Healing Touch helped me be pain-free after carpal tunnel surgery. It definitely speeded up my post-operative recovery."

- Gary W.

How does energy healing work?

Energy therapies focus on removing energy congestion that forms in our energy fields (aura) and energy centers (chakras). It re-establishes healthy energy flow through opening, connecting and balancing the human energy system.



"Healing Touch gave me a feeling of clarity and a feeling of peace after surgery. I was able to rest and manage the pain with the help of Healing Touch techniques."

-Shari M.



The goal of Healing Touch is to restore harmony and balance in the human energy system thus creating an optimal environment for the body's innate tendency for healing to occur.