



# Healing Touch Program

*Transforming Health through Healing Touch*

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## Course Catalog

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A woman in a light blue shirt is shown in profile, performing energy healing on another woman's head. The woman being healed has her eyes closed and a serene expression. The background is a soft, out-of-focus indoor setting. The top and bottom of the page feature a decorative border of colorful, geometric shapes in shades of yellow, green, blue, and purple.

# Embracing the Call to Heal and be Healed

Are you ready to say yes to the call to create meaningful change and healing in your life and the lives of others? Welcome to Healing Touch!

We are a large community of Energy Healing Practitioners who are passionate about bringing healing to the world through our work. We come in all shapes and sizes, occupy all professions and have a variety of beliefs and personal practices. One important thing we have in common is the belief that all healing is self-healing and that each of us has the ability to facilitate healing in ourselves and each other.

As human beings we naturally seek balance and our bodies are designed to heal. We instinctively seek to alleviate suffering, restore wholeness, create harmony, find balance, provide comfort and deepen spiritually. Our wholeness encompasses our body, mind, emotions and spirit.

A sense of purpose and meaning comes from being of service to others, our self, the environment and the natural world. Our work originates from our hearts, and when we step fully into our light, we can positively transform our own life and the lives of those near us.

We are ***Healing Touch Practitioners.***

# Heart-Centered Care

As we care for others in our daily personal and professional lives, we create heart connections and form relationships. Healing Touch is a philosophy and way of caring that comes from the heart. Developed in the 1980s by Janet Mentgen, RN, Healing Touch began as a continuing education program for nurses to use with their patients. It has expanded since then to become a respected and recognized method of gentle, effective care in healthcare, schools, private practices and at home with loved ones.

Easy to learn and apply, Healing Touch is ideal in any setting to quickly relieve pain, reduce anxiety and support the body's natural self-healing process. Founded in a holistic approach that honors the whole person in body, mind, emotions and spirit, the potential for healing is unlimited.

Self-care is a foundational aspect of Healing Touch. Our students learn that caring for their self improves their ability to care for others. Paying this knowledge forward to others is invaluable. Learn, grow and heal yourself and others with Healing Touch.

## **Guaranteed Quality**

HTP's curriculum is standardized and taught by certified instructors worldwide, ensuring that no matter where you take a class you will be taught in the same way with the same information. Recognized as a nationally accredited provider of continuing education, HTP ensures quality education.

The ability to facilitate healing is an art that blends knowledge, wisdom and intuition with practice. Whatever your goal, taking a Healing Touch class will be interesting, expansive, rewarding and fun. Join us if you want to:

- Discover how to work energetically with yourself and others
- Heal yourself
- Develop or expand your professional healing skills

Our interactive classes allow students to exchange each Healing Touch method with a partner and then share their experience. This instills confidence, deepens learning and creates healing relationships.

# Explore Your Healing Touch Journey

Discover the Healing Touch Path that Best Suits Your Needs

Energetic Self-Care for You  
and Your Loved Ones

Effective - Caring - Easy to Use



Patient Centered - Evidence-Based - CE Hours



Accredited - Board-Certified - Affordable



Professional  
Practice

Integrative  
Healthcare

The Foundation Path



**Foundational Discovery** provides you an understanding of the human energy system and the energetic connection between mind, body, and spirit. You will learn 12 simple, highly effective hands-on energetic techniques to promote healing, health and well-being for yourself and others.



**Clinical Application** develops your therapeutic skills to energetically interview and assess clients, create sacred space and combine techniques to provide a one-hour healing session. Discover additional methods for deeper healing and self-care.



**Intuition Development** nurtures your ability to access and apply intuition and follow guidance. Deepen your healing skills with techniques and sequences that address more complex health issues and promote lasting healing.

The Practitioner Path



**Professional Practice** offers aspiring Professional Healers valuable insights into important aspects of professional practice. Explore case management, session documentation and practice development. You will learn about the mentorship process that supports you through home study work and program completion.



**Case Management** prepares you for the clinical practice of Healing Touch as a Professional Healer. Advanced review and evaluation of case management is provided, as well as preparation for board certification.



**Practitioner Certification** is the process to achieve the widely recognized and highly respected Healing Touch Certified Practitioner (HTCP) board-certified credential. The process includes preparing and submitting a certification packet and taking the board-certified Healing Touch Proficiency Exam.

All courses provide continuing education (CE) hours for nurses. Healing Touch Program is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Begin your *Healing Touch Journey* and join over 130,000 people like you that have changed their lives with these three easy steps:



Step 1: ENLIGHTEN



Step 2: EMPOWER

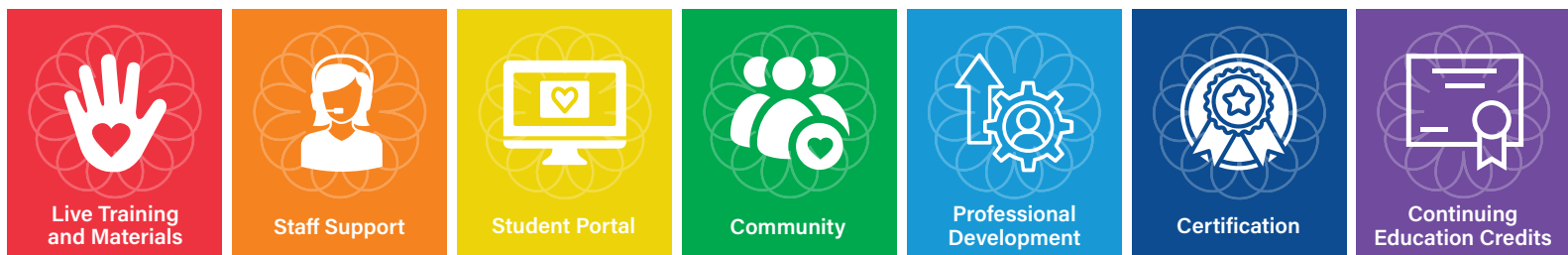


Step 3: PRACTICE

# Comprehensive Program

**The Healing Touch Education and Certification Program includes all the elements you need for learning and both personal and professional growth.**

Not only will you get live training events, you will find all the resources and support you will need to help you excel and flourish. Our program includes:



- ✓ **Live Training** – Levels 1, 2 and 3 are offered as a live interactive class, either in-person or online. You will practice exchanging healing techniques with other students so you can experience first-hand the effects of each technique from a practitioner and client perspective. Learning is instilled with feedback discussions throughout the class. Each level has a comprehensive and is taught by our certified instructors so no matter where you take a class you are learning the same content.
- ✓ **Staff Support** – Healing Touch Program (HTP) has a dedicated staff to assist you through your Healing Touch Journey. In addition to our certified instructors, we have several boards and committees supporting you with ethics, research and certification. The Healing Touch Professional Association (HTPA) is dedicated to your ongoing professional growth and practice support.
- ✓ **Student Support Portals** – Available to you for extended education and resource material that support your learning and practice.
- ✓ **Community** – We are a dedicated group of individuals that support each other in this journey of energy healing.
- ✓ **Professional Development** – Through HTPA we continue to support your growth as a practitioner and your practice through on-line education, interactive calls and other training material.
- ✓ **Certification as a Healing Touch Practitioner** – is open to all students who have satisfactorily completed Levels 1-5 of the HTP coursework and received a Certificate of Course Completion. Practitioner certification is an appropriate goal for all who wish to establish a Healing Touch practice or incorporate Healing Touch as a focus within an existing practice.
- ✓ **Continuing Education (CE)**– Healing Touch Program is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

# Accreditations and Endorsements



Healing Touch Program is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



Healing Touch Program has been peer-reviewed, and is endorsed by the American Holistic Nurses Association (AHNA) and the Canadian Holistic Nurses Association (CHNA).



Watson Caring  
Science Institute

Healing Touch Program is a Watson Caring Science Institute Endorsed Program.



Healing Touch Program is an accredited business since 2010 through the Better Business Bureau with an A+ rating.



## Healing Touch Program Disclaimer

Course materials are a guide to the practice of Healing Touch, which enables and facilitates self-healing. HTP curriculum and techniques are based upon various healing arts concepts and holistic nursing principles. Healing Touch is not a replacement for traditional healthcare, medical diagnosis or medical treatment. Refer to a licensed medical professional for medical advice and care.

## Diversity, Equity, and Inclusion in HTP

At Healing Touch Program, diversity, equity and inclusion are at the core of who we are as a company and as individuals. Our commitment to these values is unwavering – across all of our work and classes, and in our community around the world. These values are central to our mission and to our impact.

We strive to create space that reflects the clients we serve, and where everyone feels empowered to bring their full, authentic self forward. More importantly, we strive to create an environment where everyone, from any background, feels welcome, valued, and safe.



# Unconditional Guarantee



Healing Touch Program classes come with a 100% satisfaction guarantee and my personal promise. After attending an entire Healing Touch class, take 10 days to use the Healing Touch skills that you learned on yourself or another. If you find that you have not received any value and cannot positively influence your life with the Healing Touch techniques and principles you learned in the class, you may request a refund of your tuition according to our refund policy.

For a Level 1, 2 or 3 class, call or email your instructor and explain your experience within 10 days after completing the class and we will work with your instructor to refund your tuition. We will also follow up with you to learn how we can best serve your needs and make improvements.

For all other classes, email us at [info@healingtouchprogram.com](mailto:info@healingtouchprogram.com) and explain your experience within 10 days after completing the class and we will contact you and refund your tuition.

I take your energy medicine education to heart, and you have my personal promise that Healing Touch will prepare you to offer a holistic, heart-centered way of caring for yourself and others.



– Lisa Mentgen-Gordon,  
CEO Healing Touch Program

# Flexible Options to Support You in Choosing and Attending Healing Touch Classes

We offer live online and in-person classes.

You may enroll in individual classes or in a Package or Bundle that offers tuition discounts, payment options and value-added benefits.

## Individual Classes

You choose classes individually at your own pace.

1. Go to the [Class Schedule](#) and choose the online or in-person class that fits your schedule.
2. Contact the Class Coordinator to enroll and pay for the class.

## Fast Track Package Series

The **Fast Track Package Series** is a guided experience. It is an **accelerated series of scheduled** Healing Touch Level 1, 2 and 3 live online classes and instructor led practice sessions. This package offers tuition discounts and includes value added extras!

1. Go to the [Fast Track Series](#) page and choose the series that fits your schedule.
2. Enroll in the Fast Track Package Series of online classes that fit your schedule and choose your payment option. You are automatically enrolled for the classes in the series.

## Foundation Package and Foundation Bundle

Save on tuition and receive value-added extras! The **Foundation Package** includes the Healing Touch Level 1, 2 and 3 classes that you choose and take at your own pace. The **Foundation Bundle** is for students who have completed Healing Touch Level 1 and want to continue with Levels 2 and 3.

1. Go to the [Foundation Package](#) or [Foundation Bundle](#) page and choose your payment option.
2. Go to the [Class Schedule](#) and choose the live online or in-person classes that fit your schedule.
3. For each class, contact the Class Coordinator to register for the class and let them know you have purchased the Foundation Package or Bundle.

## Practitioner Bundle

The Practitioner Bundle is for students who have completed Level 3 and want to complete the program and apply for practitioner certification.

1. Go to the [Practitioner Bundle](#) page and choose your payment option.
2. Go to our [Class Schedule](#) and choose the online Level 4 class that fits your schedule and register for it online.

For information on Packages & Bundles visit, <https://http.mykajabi.com/a/7160/fZRGX35H>.

For our Class Schedule visit, <https://discover.healingtouchprogram.com/class-schedule>.

# Enrollment Options

An Investment in Your Personal and Professional Future.



A LA CARTE CLASSES

## Individual Class Tuition

If you are curious about Healing Touch and you want to try a class you can also register for classes one at a time. All of our classes are taught by Certified Instructors.

LEVEL 1, 2, OR 3 INDIVIDUAL CLASSES

**\$497**

*One Payment*

- 16 Hours of Live in-person and online Instruction Per Level
- Step-By-Step Notebook Per Level
- Continuing Education Hours awarded

LEVEL 4 OR 5 INDIVIDUAL WORKSHOPS

**\$797**

*One Payment*

- Payment Plans Available
- 30 Hours of Live Instruction Per Level
- Step-By-Step Digital Materials
- Continuing Education Hours awarded
- Additional program cost: Mentorship



FAST TRACK PACKAGE  
HT LEVELS 1-3 & MORE

## Fast Track Package

Take Healing Touch Levels 1, 2 and 3 live online in an accelerated program. Classes and practice sessions are scheduled in a series over a three month period.

TOTAL VALUE: \$1986

**\$1297**

*One Payment - SAVE \$689*  
Payment Plans Available

- 3 Levels of live online classes (48 hours of hands-on training) VALUE \$1491
- 6 Instructor led online practice sessions - 9 hours of practice VALUE \$300
- 30 effective hands-on techniques that you can use immediately
- Lessons in energy theory and anatomy
- Energetic assessment tools - Discover how to find energetic imbalances
- Hands-on experience and feedback
- Step-By-Step Notebooks and Technique Review Cards - Know exactly what to do next \$60 in Savings
- FREE! 12 month membership in Healing Touch Professional Association (\$135 savings and over \$5000 value)
- FREE! Lite Subscription to Energy Magazine
- 48 Continuing Education Credits
- And so much more...



FOUNDATIONAL PACKAGE  
HT LEVELS 1-3

## Foundation Package

This package includes the Healing Touch Level 1, 2 and 3 classes and offers savings on tuition. Choose the live online or in person classes that fit your schedule.

TOTAL VALUE: \$1591

**\$1197**

*One Payment - SAVE \$394*  
Payment Plans Available

- 3 Levels of live in-person and online classes (48 hours of hands-on training) VALUE \$1491
- 30 effective hands-on techniques that you can use immediately
- Lessons in energy theory and anatomy
- Energetic assessment tools - Discover how to find energetic imbalances
- Hands-on experience and feedback
- Step-By-Step Notebooks - Know exactly what to do next
- FREE! 12 month membership in Healing Touch Professional Association (\$135 savings and over \$5000 value)
- FREE! Lite Subscription to Energy Magazine
- 48 Continuing Education Credits (for Nurses, Massage Therapist and Bodyworkers)
- Student Portal and Community
- And so much more...

# Enrollment Options

An Investment in Your Personal and Professional Future.



## FOUNDATIONAL BUNDLE HT LEVELS 2 & 3

### Foundation Bundle

#### Healing Touch Levels 2 and 3

If you have already completed Level 1 and want to continue the foundation in Healing Touch, this is the package for you. This package is a commitment on your part to take Healing Touch classes, Levels 2 and 3.

TOTAL VALUE: \$1094

**\$798**

*One Payment - SAVE \$296*  
Payment Plans Available

- 2 Levels of live in-person and online classes (48 hours of hands-on training) VALUE \$1491
- 18 effective hands-on techniques that you can use immediately
- Lessons in energy theory and anatomy
- Energetic assessment tools - Discover how to find energetic imbalances
- Hands-on experience and feedback
- Step-By-Step Workbooks - Know exactly what to do next
- FREE! 12 month membership in Healing Touch Professional Association (\$135 savings and over \$5000 value)
- FREE! Lite Subscription to Energy Magazine
- 48 Continuing Education Credits And so much more...



## PRACTITIONER BUNDLE HT LEVELS 4 & 5 + CERTIFICATION

### Practitioner Bundle

This bundle is perfect if you are ready to become a professional practitioner and plan to complete the program and apply for certification. Applies after you have completed Levels 1-3.

TOTAL VALUE: \$2169

**\$1697**

*One Payment - (SAVE \$394)*  
Payment Plans Available

- Level 4 and 5 classes (60 hours of hands-on training) VALUE \$1594
- Includes your Certification and test fees - \$475 Value
- Two additional hands-on techniques that you can use immediately
- Lessons in practitioner development for Healing Touch in a practice setting, business concepts, ethics and standards, documentation of sessions, and case management
- Certification Readiness - Preparation for certification process
- Hands-on experience and feedback
- Step-By-Step Digital Materials
- FREE! 12 month membership in Healing Touch Professional Association (\$135 savings and over \$5000 value)
- FREE! Lite Subscription to Energy Magazine
- 48 Continuing Education Credits
- And so much more...
- Additional program cost: Mentorship

# What Our Graduates Have to Say ...



*If you are a person who feels called to expand yourself, Healing Touch Program is for you. You will get to know yourself at levels you never imagined, and if you feel called and blessed to do this work of creating a world that fills others with wholeness, peace and the desire to keep working on themselves, these classes prepare you for the task. Incredible platform to launch and always will provide you with new additional resources both in people and educational resources. Love the depth of these programs and their heart centers energy.*

**Debra Dailey, HTCP, LMT**

Kneaded Touch Therapeutic Relief, Anchorage, AK

*Becoming Certified in Healing Touch Program was one of the most rewarding things I have done in my life. It was hard but well worth the work. It means as much or more than my College Degree.*

**Linda M. Martin**

WEeAm Healing Touch, Sundre, AB, Canada



*I may have several modalities to choose from but there are basics of Healing Touch (HT) that are the foundation of every client's treatment. The ethics and scope of practice learned in HT surpass any other I have found in any other program and keep me grounded in all my work.*

*I feel confident in treating clients with issues that I would not have felt capable of before my certification. I also love that there is a great community and that if I have a question there are so many others that I've met, students, instructors and my Mentor who are there to reach out to for additional guidance or for support.*

**Jo M. Hughes, HTCP ThetaHealing Practitioner & Instructor**

Expanding Within Therapies, LLC, Alachua, FL



*I found my entire life changed for the better after receiving my Healing Touch Certification. The more I give by doing the work, the more I receive and for that I am very grateful.*

**Deborah Ostafi RN, HTP, LMT**

Healing Touch of N. Kentucky, Florence, Kentucky



# What We Are All About

We share the belief that all healing is self-healing and that we all have the ability to facilitate healing in ourselves and others. We are passionate about bringing healing to the world through our work.

Healers come from a variety of backgrounds and industries. We are nurses, healthcare providers, body workers, social workers, mental health providers, business professionals, students and family members.

Healing Touch is universal. Our ethnicity, gender, family structure and beliefs about higher power vary and are not judged.

We know that self-care and natural healing can shift the world and how we care for each other. Our motivation comes from our hearts and we know Healing Touch can change people's lives and make our world a better place for all of us.

## What Drives Us....

### **OUR VISION**

Inspire and empower humanity to achieve holistic health, healing and well-being.

### **OUR MISSION**

To establish Healing Touch in every home, school, and healthcare facility through heart-centered community, education and practice.

# Healing Touch Level 1

## ♥ Foundational Discovery



## Healing Touch Level 1

(16 CE Hour Live Class Offered In-Person or Online)

Level 1 provides you with a foundational understanding of the human energy system, the energetic connection between mind, body and spirit and 12 simple, yet highly effective hands-on techniques to promote healing, health and well-being in yourself and others.

Plus, discover how to connect with your own quiet center and open up to new insights and ideas.

By the end of this class, you will gain understanding of the human energy system, confidence to share this with others, and a framework to work within.

You'll get...

- ✓ 12 techniques you can use immediately to relieve pain and calm emotions in yourself and others
- ✓ A step-by-step notebook that illustrates each healing technique and helps you understand the fundamental concepts and principles of Healing Touch
- ✓ Practice using your hands and heart to foster healing in others and in yourself
- ✓ Heightened awareness of your subtle energy body (the invisible field that is the source for true health and well-being), the human energetic anatomy and how it is connected to mind, body and spirit
- ✓ Knowledge of how to assess and evaluate the seven chakras and energy layers that surround the body
- ✓ Ways to maintain balance in your own energy system so that you can thrive
- ✓ Confidence to share this exciting work with your friends, family, co-workers and in your community
- ✓ Resources that demonstrate the scientific validity of Healing Touch
- ✓ Introduction to the Scope of Practice and Code of Ethics that make the Healing Touch Program a professional, certified program
- ✓ Connection to a community of healers
- ✓ And so much more...

# Healing Touch Level 2

## ♥ Clinical Applications



## Healing Touch Level 2

(16 CE Hour Live Class Offered In-Person or Online)

In Level 2, you will develop your therapeutic skills to energetically interview and assess clients, create sacred space and combine techniques for a full-length healing session.

This level includes 9 additional hands-on techniques to add to your Healing Touch Level 1 skills.

By the end of this class, you'll gain confidence and skill in facilitating one-hour healing sessions with intake interviews and complete documentation.

### You will...

- ✓ Acquire new specific techniques to deepen your client's healing experience and support clients that are stuck, imbalanced, anxious or fearful
- ✓ Learn how to perform an intake interview with your clients including an energetic assessment to uncover root causes
- ✓ Discover how to clinically document your work with clients
- ✓ Explore ways to create a healing environment anywhere
- ✓ Gain a reliable and effective framework to guide you through client sessions
- ✓ Practice an intervention that can release cellular memory and symptoms from traumatic events
- ✓ Receive a step-by-step notebook that illustrates each intervention, clinical documentation, and intake skills

### You will learn...

- ✓ Specific techniques to address back and neck pain and promote deep healing
- ✓ A unique intervention to energetically focus and quiet the mind and balance the left and right sides of the brain
- ✓ A method to seal an energetic leak to quicken healing results
- ✓ And much more!



# Healing Touch Level 3

## ♥ Intuition Development



## Healing Touch Level 3

(16 CE Hour Live Class Offered In-Person or Online)



Level 3 cultivates your ability to apply intuition, listen to guidance and harness universal energy to address more complex health issues and promote lasting healing.

This class focuses on your development as an energy practitioner through self-care and personal practices.

You'll also be introduced to several new techniques that will continue to expand your understanding of the human energy field and how it manifests in the physical, emotional, mental and spiritual bodies.

By the end of this class, you will gain intuitive skills working with the seven auric layers of the field around the body.

### In Level 3 you will...

- ✓ Explore how to use your intuition to support your energy work by developing your Higher Sense Perception
- ✓ Become familiar with the four dimensions of the human energy system to deepen your spiritual intelligence
- ✓ Expand your energetic capacities, consciousness and healing abilities through a Hara Alignment to attain and maintain a high vibrational frequency to facilitate healing in your sessions
- ✓ Learn Full Spectrum Healing Sequence for complete activation of the energetic system
- ✓ Discover Energetic Chelation for charging and clearing the aura and additional Energetic Spinal Cleansing for spinal issues
- ✓ Learn Lymphatic Clearing to energetically flush and clear the lymphatic system good for soreness, aches, tenderness in the groin, under the arms and neck, feet, swollen joints, chronic illness, toxicity or acute immune disease
- ✓ Experience working on the Fifth, Sixth and Seventh energetic bodies to fortify and re-connect the grid of the subtle bodies
- ✓ Practice repairing leaks or tears in the aura
- ✓ And much more!

# Healing Touch Level 4

## Professional Practice



## Healing Touch Level 4

(30 CE Hour Online Class)

Level 4 teaches practitioner concepts for Healing Touch in a practice setting, business concepts, ethics and standards, documentation of sessions, case management, and integration of HT activities within the community.

This 30 hour online class is a combination of self-paced learning and live webinars, and includes 2-days of live learning offered either online or in-person. Students are paired for four documented Healing Touch session exchanges (either in-person or distance) to instill case management. Self-care, two new techniques (Ethereic Vitality and Fully Body Connection), and instruction on completing growth work for Program completion and graduation are included in the curriculum.

### In Level 4 you will learn how to...

- ✓ Further your Healing Touch practice and move toward Program Completion
- ✓ Deepen your understanding of becoming and being a Practitioner
- ✓ Manage a case by doing a case study during class and learning through the experiences of others in your class
- ✓ Work through professional issues that may arise during your practice

### You will add 2 more methods to your healing repertoire:

- ✓ The Full Body Connection – a technique that provides a full-body balance and connection to help restore and relieve congestion in the physical and energetic field
- ✓ Ethereic Vitality Meditation – a powerful centering process for the practitioner as it opens the channel for connecting with the Universal Energy Flow

# Healing Touch Level 5

## ♥ Case Management



## Healing Touch Level 5

(30 CE Hour Online Class)

### Completion, Celebration & Commitment!

Level 5 is a time of completion, celebration and commitment to continued progress and excellence. Assignments which were completed during the apprenticeship period are submitted and evaluated for course completion. This session is designed to acknowledge the student's work and offer constructive suggestions for continued improvement.

This 30 hour online class is a combination of self-paced learning and live webinars, and includes 2-days of live learning offered either online or in-person.

This class also prepares students to understand the international certification process and criteria, an optional step after program graduation. Healing Touch Level 5 assists the student in evaluating their progress and level of commitment to the certification process.

### In Level 5 you will...

- ✓ Experience how to evaluate the quality and completeness of homework shared by Level 5 classmates: documentation of sessions; reflective reports of educational experiences; reflective reports of receiving complementary modalities; reports of community HT activities and Healing Touch networking
- ✓ Practice presenting your Healing Touch story, work and role through presentation of your professional profile notebook
- ✓ Learn how to continue your self-development as a Healing Touch Practitioner
- ✓ Discover how to further develop your Healing Touch Practice and move toward certification readiness, if desired
- ✓ Discuss professional and clinical issues of private practice in Healing Touch
- ✓ Explore how to deepen your Healing Touch skills through an energetic experience of group healing with your peers
- ✓ Discuss the role of Healing Touch Research, the standards of care, Code of Ethics and Scope of Practice issues for a Healing Touch Practitioner
- ✓ Develop an understanding of the Healing Touch Organizations and how they serve students, practitioners, instructors, recipients of HT, and the public at large

# Healing Touch Certification

## ♥ Healing Touch Certified Practitioner



## Certification

Achieving this credential is the highest standard available for Healing Touch practitioners. Earning the Healing Touch Certified Practitioner (HTCP) board-certified credential is a significant accomplishment that is recognized and respected in energy medicine.

Certification is awarded to those who exhibit the professionalism, discipline and dedication required to meet the criteria. The rigorous requirements are designed to ensure the knowledge, skill and confidence of the applicant. In addition to over 100 hours of live training, applicants complete a one-year mentorship, provide evidence of case management, complete additional study work and receive a passing score on the board-certified practitioner exam. Receipt of the HTCP credential signifies recognition as an accomplished professional that is recognized in both energy medicine and traditional healthcare.



# Healing Touch Instructors and Mentors

## Our Instructors

Our Healing Touch Certified Instructors (HTCI) are an incredible group of dedicated, highly skilled educators and healers who lovingly serve their students and HTP with their experience, wisdom, guidance and support.

They are qualified professionals who actively practice Healing Touch and have completed a rigorous training process to assure that the standardized curriculum and Healing Touch principles are taught and reinforced. HTCI's provide a powerful and safe environment in which healing can take place on the physical, emotional, mental and spiritual levels.

Our Instructors bring a wealth of experience and most of them have backgrounds in health-care. Our Instructors strive to meet each student where they are in their personal journey and invite them to open to a wealth of possibilities.



## Our Mentors

Mentorship has always been an integral part of the Healing Touch journey. The relationship of mentor and mentee is a dynamic one of guidance, support, nurturing and advising that is designed to instill confidence, reinforce knowledge and prepare the student to complete Level 5 program graduation and practitioner certification.

All HTP mentors are required to be Healing Touch Certified Practitioners and have been trained through our mentorship program. Mentorship is required for the apprentice student between Levels 4 and 5 and then through the certification process.



# Professional Standards

## Healing Touch Program Code of Ethics

### PURPOSE

The purpose of the following Code of Ethics is to guide the therapeutic practice of Healing Touch.

### DEFINITION OF HEALING TOUCH

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to enhance, support and facilitate the physical, emotional, mental and spiritual health and self-healing. Healing Touch utilizes light or near-body touch to clear, balance and energize the human energy system in an effort to promote healing for the whole person; mind, body, spirit.

### GOAL

The goal of Healing Touch is to restore harmony and balance in the energy system, creating an optimal environment for the body's natural and innate tendency to move toward self-healing.

### 1: Scope of Practice

Healing Touch practitioners use Healing Touch within the scope of their background, current licensing and credentialing. They represent themselves to the public in accordance with their credentials. They practice within the guidelines of this Code of Ethics; the Healing Touch Program's Scope of Practice statement; and state, local and federal laws and regulations.

### 2: Collaborative Care

Healing Touch is a complementary energy therapy which can be used in conjunction with traditional therapies or as a sole modality. Practitioners know the limits of their professional competence and do not step beyond these boundaries. They do not diagnose, prescribe, or treat medical conditions or disorders unless they hold a license which permits them to do so. They are credentialed and in good standing with their respective/legal licensing or credentialing body/bodies. Appropriate referrals to other healthcare professionals are made when necessary.

### 3: Intention

Healing Touch is used to promote the well-being

and healing for each client. Client safety, educational needs, and well-being are safeguarded by the practitioner. Practitioners working with subtle energies are careful to use their ability only in a manner beneficial to the client. Instead of trying to change the client in any way, practitioners use their intentionality to cooperate "with the field, the emerging order" (Watson, 2005). They use their abilities with humility, consciousness and professionalism.

### 4: Principles of Healing

Healing Touch practitioners know that healing is a personal, individualized process that occurs from within the inner dimensions of the client. The client is supported by the HT Practitioner in self-directing this sacred process. The HT practitioner creates a conscious, reverent, caring-healing environment. Practitioners foster an optimal condition for that client to remember and move toward their wholeness through the steps of the HT Sequence and the practitioner-client relationship.

### 5: Respectful Care

Healing Touch practitioners maintain high standards of professionalism in their care. They treat clients and colleagues with respect, courtesy, care and consideration. HT practitioners respect their client's individuality, beliefs, inherent worth, and dignity. They respect the client's right to be involved in their treatment and they empower the client to give feedback, alter or discontinue the session at any time. Practitioners provide information that assist clients in making informed decisions about their care.

### 6: Equality and Acceptance

Healing Touch practitioners work in partnership with the client to promote healing regardless of race, creed, color, age, gender, sexual orientation, politics or social status, spiritual practice or health condition. The client's inner process, spiritual practices and pacing of healing are respected and supported. No specific religious/spiritual belief or practice is promoted in Healing Touch.

# Healing Touch Program Code of Ethics (continued)

## **7: Creating a Healing Environment**

Healing Touch is provided in a variety of environments. Practitioners provide (when possible) a private, safe environment conducive to healing in which the client can relax and be receptive to the healing process. Safe and clear professional boundaries are described and maintained. Permission for receiving Healing Touch is obtained through the informed consent process. Where hands-on touch is appropriate for the healing process, it is nonsexual, gentle and within the client's consent and boundaries. The client is fully dressed except in medical situations, or other professional therapies requiring disrobing, in which case appropriate draping is used.

## **8: Healing Touch Sequence**

The Healing Touch practitioner uses the ten-step process as a foundation and guideline for administration of the work and in documentation. The ten steps are: (1) Intake/Update; (2) Practitioner Preparation; (3) Pre-treatment Energetic Assessment; (4) Identification of Health Issues/Problem Statements; (5) Mutual Goals and Intention for Healing; (6) Healing Touch Interventions; (7) Post-treatment Energetic Assessment; (8) Ground and Release; (9) Evaluation, and (10) Treatment Plan. Sequential order of the ten steps may vary depending on the specific situation, methods administered and flow of the session.

## **9: Disclosure and Education**

Information is provided to the client on an individualized basis taking into account expressed needs and personal situations. The Practitioner informs the client of her/his educational and experiential background in Healing Touch and any other related credentials they hold. They also provide an explanation of the treatment to the level of client's understanding, and clearly and accurately inform clients of the nature and terms of the service. The Practitioner discusses the HT treatment process as well as any relevant limitations or issues before HT interventions begin. Practitioners supply resources and/or additional materials that may support the client.

## **10: Confidentiality**

Client confidentiality is protected at all times and records are kept in a secure and private place in accordance with state and federal regulations. The Practitioner also informs clients of exceptions to their confidentiality such as disclosure for legal and regulatory requirements or to prevent imminent harm or

danger to client or others. Client health information and treatment findings are documented appropriately and are specific to the practitioner's background and setting. Information is shared only with client's written permission.

## **11: Legalities**

Healing Touch practitioners are expected to understand and comply with the laws of the state(s) in which they are offering Healing Touch as well as applicable federal regulations in regard to obtaining or maintaining a license to touch. Those that have a professional license are expected to understand how touch either is or is not included or restricted in their scope of practice and comply accordingly. It is expected that HT Practitioners will carry liability/malpractice insurance according to state, federal and professional laws to protect themselves and clients. It is expected that HT Practitioners will maintain the appropriate business licenses according to their state requirements.

## **12: Self Development**

Healing Touch practitioners practice self-care to enhance their own personal health in order to provide optimal care for others. They practice from a theoretical and experiential knowledge base as they continue to deepen their understanding of healing, the biofield, spiritual development, and personal evolution. They keep themselves current in the practice and research of Healing Touch and related areas and seek to continually expand their effectiveness as a practitioner.

## **13: Professional Responsibility**

Practitioners represent Healing Touch in a professional manner by exercising good judgment, practicing with integrity, and adhering to this Code of Ethics and the HTP Scope of Practice. They encourage ethical behavior, by words and actions, to all parties. They consult a supervisor, HT mentor, HT instructor or Education Director when an unresolved ethical issue occurs.

# Healing Touch Program Scope of Practice

## PURPOSE

This Scope of Practice statement defines four levels of Healing Touch (HT) practice and outlines how HT providers may refer to themselves, how they can practice and what they must be mindful of when practicing.

## GENERAL STATEMENTS THAT APPLY TO ALL DEFINED LEVELS OF PRACTICE

### Code of Ethics

When offering an HT session, students, apprentices and practitioners will be mindful to follow the HTP Code of Ethics and abide by all applicable local, state, and national laws governing their services. HT providers do not diagnose, prescribe, or treat medical disorders and use language that clarifies this (such as: using the terms “client,” not patient; “clear, open, and balance,” not cure; “assess energy fields and centers,” not diagnose; “recommend,” not prescribe; etcetera). Providers make referrals to other health care professionals as appropriate/needed and at all times respecting the professional status of other healthcare practitioners.

### Informed Consent

All HT providers are encouraged to develop and use a Consent Form when offering a HT session.

### Session Documentation

Starting from Level 2 course completion, all students are encouraged to use Session Intake and Session Documentation forms whenever possible. HT Providers will be mindful that this information is considered confidential and will therefore follow privacy regulations for documentation and HIPAA regulations or confidentiality policies within your region or country. HT providers understand exceptions that will apply to holding and maintaining confidentiality and confidential records.

### License to Touch

Students, apprentices and practitioners are expected to understand and comply with the laws of the state(s) in which they are offering Healing Touch and applicable federal regulations. Students, apprentices and practitioners who hold a professional license are expected to understand how touch either is or is not included or restricted in their scope of practice and comply accordingly.

### Liability/Malpractice Insurance

It is expected that HT Practitioners will carry liability/malpractice insurance according to state, federal and professional laws to protect themselves and clients.

### Charging for a Session

It is recommended that until a student/practitioner meets minimal standards for a professional, safe and skilled HT practice, asking a full charge for a HT session is not appropriate or ethical. As a HT Practitioner (successful program course completion, Levels 1-5), a full session fee for HT may be acceptable and encouraged. Once a student is certified as a HT Practitioner, or graduated from the HT Program with a sufficient skill level, a full charge (approximately the price of similar therapies in the geographical location) is then considered acceptable and encouraged. Students may consider sliding scale fees as well as donations for sessions based on the individual student’s/practitioner’s skill set and credentials. Healing Touch students and graduates may also choose to offer their services on a voluntary basis without compensation as desired.

## DEFINED LEVELS OF PRACTICE

### I. Student of Healing Touch:

Students who have received a Certificate of Completion (also commonly known as a certificate of attendance) for a Level 1 through Level 3 course, taught by a Healing Touch Certified Instructor and are actively participating in the Healing Touch educational program may refer to themselves as a Student of Healing Touch. They may offer sessions to friends, family, community and potentially a client population (if already a practicing healthcare professional) based on their understanding and application of the HT coursework they have completed.

### II. Healing Touch Practitioner Apprentice:

Students who have completed Level 4 (received a Certificate of Completion for the Level 4 class) and are participating in a minimum one-year mentorship process with a Qualified Mentor (QM)/Healing Touch Certified Practitioner (HTCP) may call themselves a



# Healing Touch Program Scope of Practice (continued)

Healing Touch Practitioner Apprentice (HTP-A). As apprentices, practitioners are actively building their understanding of the clinical work, professionalism issues and business skills.

### **III. Healing Touch Practitioner:**

Students who have completed Healing Touch Program Levels I through 5 (received a Certificate of Completion for each class) and have also received a Certificate of Course Completion (Program Graduation) issued by the Lead Nurse Planner, may refer to themselves as a Healing Touch Practitioner (HTP).

### **IV. Healing Touch Certified Practitioner (HTCP):**

A Healing Touch Certified Practitioner is a Healing Touch Practitioner who, in addition to completing the program coursework, met the certification criteria and was approved by the Healing Touch Certification Review Panel. S/he may thus refer to her/himself as a Healing Touch Certified Practitioner (HTCP). Renewal of practitioner certification is required every five years.

## **HEALING TOUCH EDUCATIONAL PROGRAM DESCRIPTION**

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to enhance, support and facilitate the physical, emotional, mental and spiritual health and self-healing. Healing Touch utilizes light or near-body touch to clear, balance and energize the human energy system in an effort to promote healing for the whole person; mind, body, spirit.

The Healing Touch curriculum is a multi-level continuing education program in energy-based therapy that progresses from beginning to advanced practice and is complementary to healthcare. The core curriculum program incorporates a variety of energy-based methods that are energetically sequenced in five levels of instruction: Levels 1, 2, 3, 4 and 5.

Healing Touch provides Continuing Education contact hours for nurses and massage therapists.

Healing Touch is rooted in the concepts of consciousness, compassion/caring, energy medicine, authentic presence, intentionality, self-empowerment, the mind-body-spirit triad and belief in the body's innate tendency toward healing. The Healing Touch practitioner integrates her/his HT knowledge with the personal and professional background s/he brings to Healing Touch.

Each HT course level includes both didactic and experiential learning. Participants practice and share in classroom experiences using energy-based healing methods and principles.

The Healing Touch student undergoes a rigorous and comprehensive program that includes 108-114 hours of standardized curriculum with Healing Touch Certified Instructors. In addition, the program philosophy encourages the developing practitioner to enhance skills and knowledge through recommended reading, self-care (including receiving HT on a regular basis), networking and support groups and through practicing Healing Touch. There is a strong commitment to personal growth and knowledge of holistic health principles.

# Healing Touch Program Resources

## Healing Touch Professional Association (HTPA)

Healing Touch Professional Association (HTPA) is a vital and growing professional membership organization that brings cutting-edge support and services to its members. We offer you a dedicated community to create a space for your voice to be heard and your participation be celebrated as we co-create together. Membership provides the vehicle for you to actively participate in the future of Healing Touch and Integrative Healthcare.

Visit - [www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com)



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## Liability Insurance

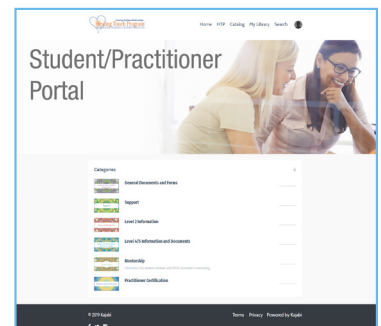
Healing Touch Professional Association (HTPA) has partnered with Energy Medicine Professional Association (EMPA) to bring you this valuable liability insurance coverage. This coverage has been specifically tailored for Healing Touch students, practitioners and instructors, and practitioners of other related modalities. Obtaining liability coverage through HTPA ensures that you will have service by informed staff who understand your professional needs.

Visit - [www.HTProfessionalAssociation.com/liability-insurance](http://www.HTProfessionalAssociation.com/liability-insurance)

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## Healing Touch Program Support Portals

HTP provides online support and resources for everyone in our community in our Kajabi Library. After taking a class, you may register for the brary. Begin with the Community Support Portal which offers resources applicable to everyone.



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## Healing Touch Integrative Care Program

The Integrative Care Program (ICP) assists healthcare facilities of all sizes and types in providing Healing Touch for patient care and staff wellness. We provide education, consultation services and resources that support effective, sustainable integrative care programs.

Visit - [www.HTICP.com](http://www.HTICP.com)



# Healing Touch Program Resources

## Healing Touch Research

Documented research on Healing Touch and related modalities can be found on the Healing Touch Research website. Research articles are presented for educational and substantiating purposes. Included is information on the purpose and types of research, links between theory and research, how to access Healing Touch research for your own use and much more.

Visit - [www.HealingTouchResearch.com](http://www.HealingTouchResearch.com)



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## Stay Up-To-Date with the Dynamic Field of Energy Medicine

Energy Magazine is a unique publication designed to explore the fascinating, rewarding and deeply complex world of Energy Healing. This publication is for anyone with a keen interest in Energy Medicine — from beginner to advanced practitioners, students, business owners and those who simply want to further explore this dynamic and ever-growing field. Each issue is designed to inspire, motivate and educate people on all aspects of energetic health. There are 3 subscription options - one for every budget.



Subscribe at - [www.EnergyMagazineOnline.com](http://www.EnergyMagazineOnline.com)

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## Directory Resources

**Healing Touch Practitioners** – The most current listing of Healing Touch Program Graduates and Healing Touch Certified Practitioners as well as Mentors and Qualified Mentors. [www.HTPractitioner.com](http://www.HTPractitioner.com)

**Healing Touch Instructors** – An up-to-date list of Healing Touch Certified Instructors and Instructors in Training. [www.HealingTouchProgram.com/find-an-instructor](http://www.HealingTouchProgram.com/find-an-instructor)

**Healing Touch Local Chapters** – These are local groups that create connection and sharing. [www.HTProfessionalAssociation.com/chapters/about-chapters](http://www.HTProfessionalAssociation.com/chapters/about-chapters)

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## Healing Touch Worldwide Foundation

Healing Touch Worldwide Foundation, Inc. (HTWF) is a non-profit 501(c)(3) corporation established in 1997. HTWF receives and distributes funds to assist, encourage and advance the philosophy, objectives and techniques of Healing Touch.

Visit - [www.HTWFoundation.org](http://www.HTWFoundation.org)



# Contact Us

We welcome your questions and comments. Please feel free to contact us anytime.



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Monday - Thursday, 9:00 a.m. - 1:00 p.m. Central Time

Voicemail on after hours