# Management of an Atypical Arthropod Wound Complemented by Healing Touch

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## Abstract

A 45-year-old gentleman felt a stinging sensation on his right lower extremity while at work 2/23/2010. Four days later the site became infected and he presented to the ED on 2/27/2010. The patient developed some swelling and erythema at the site of a suspected insect bite. Emergency care consisted of I&D of an abscess, a dose of IV antibiotics and a Wound Care Clinic referral.

He presented to Wound Care on 3/4/10 with a compromised right lower extremity wound measuring 1.30 cm x 1.70 cm x 1.40 cm and tunneling measuring 5.0 cm. Wound cultures were positive for MRSA.

Healing Touch (HT), a complementary energy medicine, was offered to the patient and initiated on 3/8/10. Four daily consecutive Healing Touch sessions were performed. HT techniques performed were Magnetic Clearing, Ultrasound, 5th Level, Bioscalar Wave, Hands in Motion, and Sealing of Wound. Patient was instructed on home HT techniques, Self-Chakra Connection and Ultrasound.

Standard advanced wound care treatment consisted of debridements, soaked gauze, standard ointments, dressings and wraps.

The patient with complicated wounds healed completely on 4/1/2020, four weeks from the start of Wound Care with Healing Touch.

Our Wound Care Department is currently utilizing Healing Touch, a complementary energy medicine. We are finding that patients benefit from the addition of this alternative medicine with improved outcomes.

# Case Study

On 2/27/2010, a 45-year-old gentleman presented to the Emergency Department with an infected non-healing right lower extremity wound. The patient states he felt a stinging sensation at work on 2/23/2010, and had developed an abscess. Incision and drainage was performed, and he was given IV antibiotics. The patient was referred to our Wound Care Department on 3/4/2010.

Past History: Chronic sinusitis.

Medications: Augmentin, Bactrim, NKDA.

During this patient's eight visits to our clinic, the following advanced Wound Care treatments were utilized, vashe soaked Nugauze®, Kerlix, with one trial of Hydrofera Blue and Coversite.

On presentation to our clinic and on sequential visits, the wound measured:

0.7 cm x 0.4 cm x 0.5 cm with no tunneling

3/4/2010 1.3 cm x 1.7 cm x 1.4 cm with tunneling 5 cm. (Initial consult)

3/8/2010 1 cm x 1.2 cm x 0.5 cm with tunneling 2.5 cm 3/11/2010 1 cm x 1.2 cm x 0.5 cm with no tunneling

4/1/2010 Healed

### Discussion

Healing Touch, a complementary energy medicine, was offered to the patient starting on 3/8/2010 with daily sequential sessions on 3/9, 3/10 and 3/11. Magnetic Clearing is a full-body Healing Touch technique for clearing the energy field of congested energy. Its purpose is to cleanse the body's energy field in a systemic way. Other HT techniques performed were Ultrasound, 5th Level, Bioscalar Wave, Hands in Motion, and Sealing of Wound.

Healing Touch is a compassionate energy therapy that supports the body's natural healing process. The goal is to restore harmony and balance in the energy system. HT facilitates a deep sense of calm and relation as well as overall and specific responses for body-mind-spirit healing. HT is offered in a growing number of hospitals, hospice, long-term care and integrative healing centers across the country. HT is heart and intention centered utilizing light or near-body touch to clear, balance and energize the human energy system.

### Conclusion

Our Wound Care team proposes that advanced wound care treatment complemented by Healing Touch assisted in closure of this patient's atypical wound. Hastened healing decreases overall cost and avoids complications such as infection, hospitalization and in extreme cases amputation.



Initial Consult 3/4/2010

1.3 cm x 1.7 cm x 1.4 cm with 5 cm tunneling



First Healing Touch Session 3/8/2010

1 cm x 1.2 cm x 0.5 cm with 2.5 cm tunneling



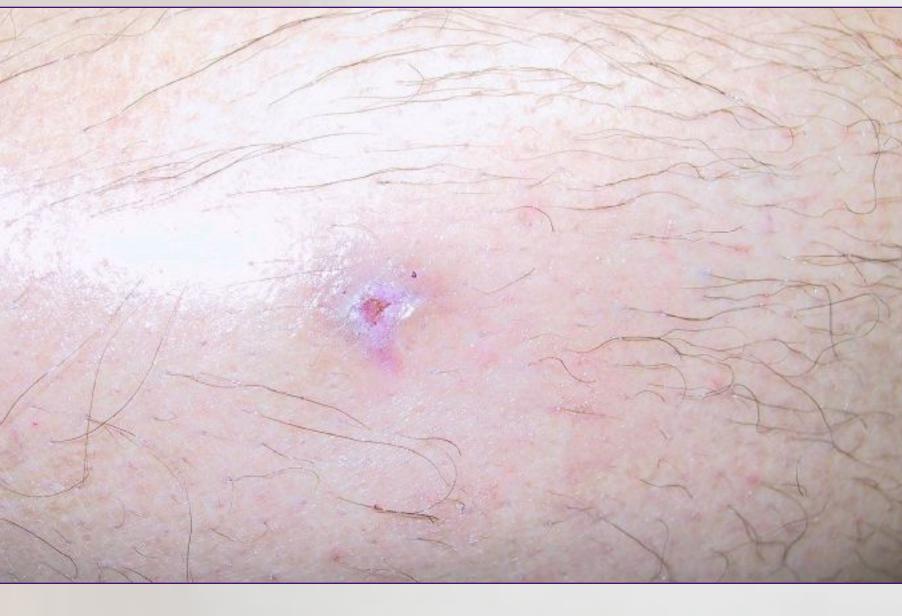
Fourth Healing Touch Session 3/11/2010

1 cm x 1.2 cm x 0.5 cm with no tunneling



Wound Care Visit 3/17/2010

 $0.7 \text{ cm } \times 0.4 \text{ cm } \times 0.5 \text{ cm } \text{with no tunneling}$ 



Healed 4/1/2010

Healing Touch: Patient stated that there was a decrease in pain from 3/8 from a score of 2 down to 1; 3/9 from 4 down to 2. This patient's physical body was most affected by Healing Touch with closure of the wound.

# Healing Touch Techniques

Magnetic Clearing is a full body technique for clearing the energy field of congested energy

Purpose: Systemic disease, chronic pain, trauma, recovery from anesthesia, environmental pollution, history of smoking, history of prescription or recreation drug use, emotional clearing, treatment with chemotherapy or radiation, kidney dialysis.

#### **Hands in Motion**

Purpose: To have congestion and pain drop away.

#### **Hands Still**

**Purpose:** To initiate flow or release of energy.

#### **Ultrasound**

**Purpose:** To breakup congestion, patterns and blocks in the energy field.

#### Sealing a Wound

Purpose: To seal leaks or breaks in the biofield.

#### 5th Level Technique

**Purpose:** To clear and release the blocked/congested energy in the etheric template body.

#### Bioscalar Technique by Valerie Hunt, Ph.D.

**Purpose:** To accelerate the healing process of tissue congestion or edema by removing physical,

mental, emotional or spiritual debris and enhancing the optimal circulation of the lymphatic system. Bioscalar Techniques expands the healing vibration of the body.

