

## Healing Touch Program Code of Ethics

### PURPOSE

The purpose of the Healing Touch Program Code of Ethics is to guide the therapeutic practice of Healing Touch for all providers as defined in the Healing Touch Program Scope of Practice document. Good standing for a Healing Touch Certified Practitioner (HTCP) is defined in the HTC-970 HTCP Certification Standard document.

### DEFINITION OF HEALING TOUCH

Healing Touch is an energy therapy in which providers consciously use their hands in a heart-centered and intentional way to enhance, support and facilitate physical, emotional, mental and spiritual health and self-healing. Healing Touch utilizes light touch on or near the body to clear, balance and energize the human energy system in an effort to promote healing for the whole person in mind, body and spirit.

### GOAL

The goal of Healing Touch is to restore harmony and balance in the energy system, creating an optimal environment for the body's natural and innate tendency to move toward self-healing.

### 1: Scope of Practice

Healing Touch providers use Healing Touch within the scope of their background, current licensing and credentialing. They represent themselves to the public in accordance with their credentials. They practice within the guidelines of this Code of Ethics, the Healing Touch Program Scope of Practice and local and federal laws and regulations.

### 2: Collaborative Care

Healing Touch is a complementary energy therapy, which can be used in conjunction with traditional therapies or as a sole modality. Providers know the limits of their professional competence and do not step beyond these boundaries. They do not diagnose, prescribe, or treat medical conditions or disorders unless they hold a license that permits them to do so. They are credentialed and in good standing with their respective legal licensing or credentialing bodies. Appropriate referrals to other healthcare professionals are made when necessary.

### 3: Intention

Healing Touch is used to promote the well-being and healing for each client. Client safety, educational needs and well-being are safeguarded by the provider. Providers working with subtle energies are careful to use their ability only in a manner beneficial to the client. Instead of trying to change the client in any way, providers use their intentionality to support the client's highest good. They use their abilities with humility, consciousness and professionalism.

### 4: Principles of Healing

Healing Touch providers know that healing is a personal, individualized process that occurs from within the inner dimensions of the client. The client is supported by the Healing Touch provider in self-directing this sacred process. The Healing Touch provider creates a conscious, reverent, caring-healing environment. Providers foster an optimal condition for that client to remember and move toward their wholeness through the steps of the Healing Touch Sequence and the provider-client relationship.

### 5: Respectful Care

Healing Touch providers maintain high standards of professionalism in their care. They treat clients and colleagues with respect, courtesy, care and consideration. Healing Touch providers respect their client's individuality, beliefs, inherent worth and dignity. They respect the client's right to be involved in their treatment and they empower the client to give feedback, alter, or discontinue the healing session at any time. Providers provide information that assists clients in making informed decisions about their care.

### 6: Equality and Acceptance

Healing Touch providers work in partnership with the client to promote healing regardless of race, , ethnicity, national origin, age, gender, sexual orientation, political views, social status, religion, spiritual belief/practice, or health condition. The client's inner process and pacing of healing are respected and supported. No specific religious or spiritual belief or practice is promoted in Healing Touch.

### 7: Creating a Healing Environment

Healing Touch is provided in a variety of environments. Providers provide (when possible) a private, safe environment conducive to healing in

which the client can relax and be receptive to the healing process. Safe and clear professional boundaries are described and maintained. Permission for receiving Healing Touch with appropriate touch to support the healing process is obtained through the informed consent process. Touch is non-sexual, gentle and within the client's consent and boundaries. The client is fully dressed except in medical situations or professional licensed therapies requiring disrobing, in which case appropriate draping is used.

### **8: Healing Touch Sequence**

The Healing Touch provider uses the 10 Step Healing Touch Sequence as the framework for administering Healing Touch and in documenting sessions. The ten steps are: (1) Intake/Update; (2) Identification of Health Issues; (3) Mutual Goals/Intention for Healing; (4) Pre-Treatment Energetic Assessment; (5) Practitioner Preparation; (6) Healing Touch Interventions; (7) Post-Treatment Energetic Assessment; (8) Ground and Release; (9) Evaluation and Feedback; and (10) Plan. Sequential order of the ten steps may vary depending on the specific situation, methods administered and flow of the session.

### **9: Disclosure and Education**

Information is provided to the client on an individualized basis taking into account expressed needs and personal situations. The Provider informs the client of their educational and experiential background in Healing Touch and any other related credentials they hold. They also provide an explanation of the treatment to the level of the client's understanding and clearly and accurately inform clients of the nature and terms of the service including any charges to be incurred. The provider discusses the Healing Touch treatment process as well as any relevant limitations or issues before Healing Touch interventions begin. Providers supply resources and/or additional materials that may support the client.

### **10: Confidentiality**

Client confidentiality is protected at all times and records are kept in a secure and private place in accordance with state and federal regulations. The provider also informs clients of exceptions to their confidentiality such as disclosure for legal and regulatory requirements or to prevent imminent harm or danger to client or others. Client health information and treatment findings are documented appropriately and are specific to the provider's background and setting. Information is shared only with the client's written permission.

### **11: Legalities**

Healing Touch providers are expected to understand and comply with all laws regarding obtaining and maintaining a license to touch for the area in which they offer Healing Touch. Those that have a professional license are expected to understand how touch is or is not included or restricted in their scope of practice and comply accordingly. It is expected that Healing Touch providers will carry liability/malpractice insurance according to all laws and regulations in their area (local, state, federal) regarding touch and working with clients to protect themselves and their clients. It is expected that providers will maintain the appropriate business licenses according to their local requirements.

### **12: Self Development**

Healing Touch providers practice self-care to enhance their own personal health in order to provide optimal care for others. They practice from a theoretical and experiential knowledge base as they continue to deepen their understanding of healing, the biofield, spiritual development and personal evolution. They keep themselves current in the practice and research of Healing Touch and related areas and seek to continually expand their effectiveness as a provider.

### **13: Professional Responsibility**

Providers and students represent Healing Touch in a professional manner by exercising sound judgment, practicing with integrity and adhering to the Healing Touch Program (HTP) Code of Ethics and the HTP Scope of Practice. Through their words and actions, they encourage ethical behavior of all parties. Should an ethical issue arise, the provider consults with one or more of the following: a work supervisor, HTP Instructor, Mentor, Ethics Advisor or staff member. The HTP Code of Ethics will be the provider's minimum ethical code when practicing Healing Touch. If they provide any other energy medicine modalities within a Healing Touch session, they must do so with the prior knowledge and informed consent of the client, and they will be bound by the HTP Code of Ethics and any other administered modality's code of ethics.

Non-adherence or violation of the HTP Code of Ethics or Scope of Practice may result in reprimand, letter of censure and prohibition of office, suspension or expulsion. For more information, visit <https://discover.healingtouchprogram.com/ethics>.

The Healing Touch Program CEO and the Healing Touch Certification Governing Committee are the sole authority to determine continued certification or eligibility to study, based on compliance with the HTP Code of Ethics and Scope of Practice.