

4. P.E.M.S Health Issues / Problem Statement(s) to be addressed in this session.

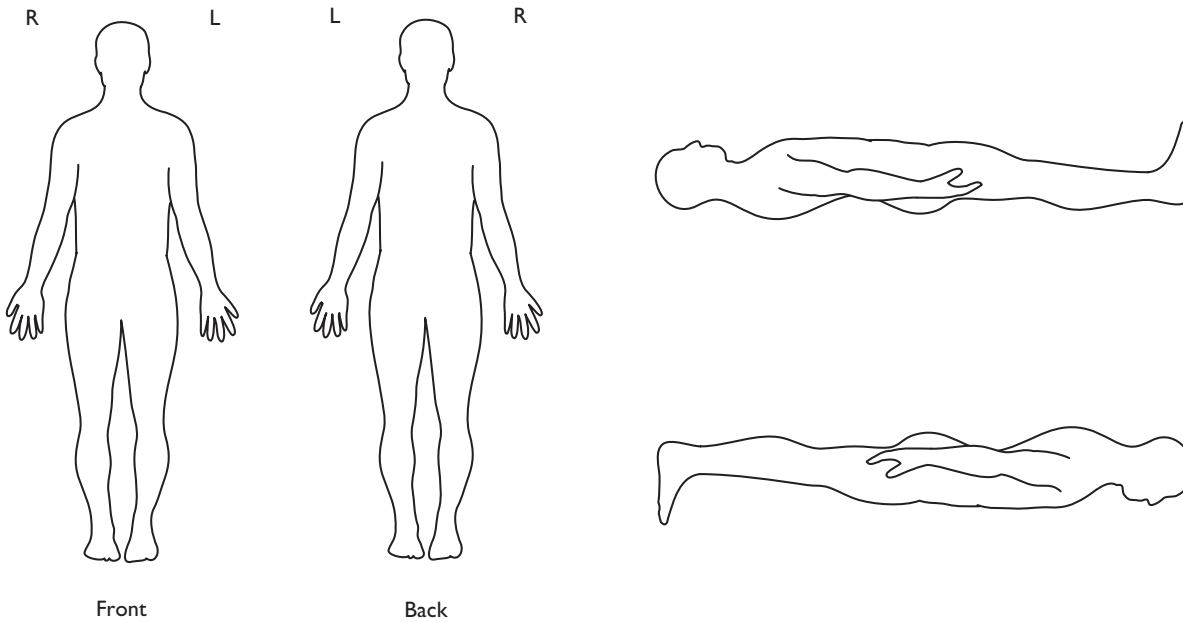
(Physical, Emotional, Mental, Spiritual)

Four horizontal scales, each ranging from 0 to 10 with a tick mark at 5. The scales are stacked vertically.

5. Mutual Goals / Intentions for Healing (short/long term):

6. H.T. Interventions / Treatment:

7. Post-Treatment Energetic Assessment:



8. Ground and Release:

9. Evaluation and Feedback:

Two horizontal scales, each ranging from 0 to 10 with a tick mark at 5. The scales are stacked vertically.

10. Plan (growth work, self care, referrals, appt):