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## Healing Touch Community Newsletter September 2007

The office staff; Sarah, Melissa, Amy and Carolyn, have “held down the fort” this past week when the rest of us have scattered to the four winds. We greatly appreciate their energy and hard work over these past months. Without them, we could not accomplish what we have. They are the core of our team and always rise to meet the tasks at hand with gracious smiles and good humor. They contribute ideas, energy, enthusiasm and so much more! Thanks to them much gets accomplished that the rest of us do not have to be concerned about.

### Healthcare Packet

HTP has put together a package for hospitals and related facilities to facilitate incorporation of Healing Touch in a way that benefits patients, staff and the facility. This packet is available to healthcare facility administrators or anyone interested in introducing HT into a healthcare system. The packet includes the topics: What is Healing Touch? Where is Healing Touch Being Embraced?, How Can Your Facility Benefit?, Healthcare Program and Healing Touch Research. It includes sample brochures, “Embracing Compassion in Health Care” and “Creating Healing Relationships through Healing Touch”, the DVD titled “What is Healing Touch?” and sample forms as appropriate. Everything is packaged in a professional folder with the HTP logo. If you have any questions or would like a packet to present to a healthcare facility, please email Margaret at [Margaret@HealingTouchProgram.com](mailto:Margaret@HealingTouchProgram.com). It is helpful if you include the name of the facility and your name and address.

### Where we have been and where we are going

HTP has composed an informational letter to the worldwide HT community regarding the overview of our activities and accomplishments over the last two years; our future hopes and goals; and the annual HTP class statistics for 2006. If you would like to read this 7 page document, it has been posted to our website at: <http://www.healingtouchprogram.com/2007Conference.pdf>

### HTP Advisory Board

By now you may have already heard through Energy Magazine that Jean Watson, PhD, RN, AHN-bc, FAAN has joined the HT Program Advisory Board as

of this September. We look forward to Jean's insight and participation. A small group of HT practitioners and instructors will be getting together with Jean in December to consider how HT and Jean's Caring Science Theory can benefit each other. This is an exciting new adventure and we look forward to sharing what comes out of this initial gathering.

### HTP Store



Annie Goodwin, a Santa Fe artist, has created a beautiful series of one-of-a-kind lariat necklaces, made from semi-precious stones, natural stones, and fine silver adornments. Each piece is unique and a slightly different creation. The stones are chosen to correspond with the seven chakras both in color and healing properties. Each piece is then cleansed in sea salt to ensure the stones' vibration will be receptive to you and their new home. The necklaces would also make great gifts. Take a look at <http://www.healingtouchprogram.com/catalog>

We have added music clips to the CD section of the store to enable you to listen to a selection before you purchase. Currently not we don't have a clip for all CD's, but hope to with time. Just click on the CD of choice and then click to play selection.

### Curriculum Update

Due to some last minute changes to the printing proof, the **Level 2 Notebook** due date has been pushed back. It is now scheduled to be in house on October 3<sup>rd</sup>.

As you know, HTP is offering all existing level 2 students and up, the opportunity to purchase the new Level 2 notebook at wholesale pricing until October 30<sup>th</sup>. The notebook has 192 pages and includes new and revised sections, including:

- Illustrations for all the techniques
- The Four Attributes of the Heart -article
- Informed consent
- Sample consent forms
- Expanded description of the Trauma Interview
- Expanded Creating the Healing Environment
- Expanded energy assessment
- New documentation forms
- Sample documentation forms
- 10 Anatomy Charts

The retail price of the Level 2 Notebook is \$30.00. Existing level 2 students and up can purchase the notebook at the wholesale price of \$22.50 anytime before October 30<sup>th</sup>. An order form can be downloaded from the HTP website at <http://www.healingtouchprogram.com/studentnotebookorder.pdf>. It can be emailed or faxed to the HTP office with credit card information. If you prefer, you can call the office at 303-989-0581 to place your order.

### Fundraiser for HTIF



Are you thankful that Healing Touch has come into your life? Would you like to help bring HT into another person's life? Would you like to be reminded of Janet's frequent saying "Just Do the Work" by having a copy of the poster that Karla Greene gifted to Janet in 2005? The poster has the saying written multiple times along the tree trunk, branches, crystals and earth on this beautiful piece of energetic artwork created for Janet. Greeting cards of the same artwork are also available with blank insides to use as you wish. You can be reminded to "Just Do the Work" by participating in this fundraiser honoring Janet's Legacy through purchase of the art print or note cards

The note cards, printed on recycled paper, are a lovely way to send a greeting or thank you and also are a great gift! The poster is on poster weight paper and standard framing size or can be hung as is.

#### How does your purchase help others?

50% of the proceeds go to Healing Touch International Foundation. This money will help fund HTIF grants for research and outreach programs. Each January, HTIF awards monies it collects the previous fall. Our goal is to increase the amount of monies available so that more people can benefit from Healing Touch. . Our goal is to sell 250 art prints and note card sets. We want to make a difference for HTIF so please consider a poster or a note card. Together we can make a difference!

#### Ordering:

Orders will be taken now until **September 30**. Posters and note cards will be shipped out October 22, 2007. Posters (18x24) are \$20 each and note cards (5 x 7) with envelopes, are \$20 for each set of 8.

Easy to order:

1. Online at <http://www.healingtouchprogram.com/HTIF.shtml>
2. Phone call 303-989-0581

## Healthcare Directory

The first healthcare surveys are now posted in the Healthcare directory on the HTP website at <http://www.healingtouchprogram.com/healthcare/healthcare.shtml> . If you haven't completed a survey for your facility, but wish to, go to the same link.

## Presentations Class

We have had many requests for a unified Introduction to Healing Touch. Most people felt like they needed more structure and guidance in knowing what to say when introducing Healing Touch to others. The HT Presentations class was in the works for 8 months before teaching two pilot classes, one in Denver and one in San Diego. It is now ready to share with the rest of the nation. The class covers a standardized 1 hour and 3 hour introduction format and how to set up a presentation class. Any student level 4 or above can take this class. HTP is in the final stages of developing several tools to assist the presenter which will also be available at the class.

## Energy Magazine



The October issue of Energy Magazine will be a continuation of the September issue, focusing on Healthcare Facilities. We had so many wonderful articles that would not fit in just one issue. The response to Energy continues to be extremely positive. We appreciate your comments and feedback. Watch for your issue on October 2<sup>nd</sup>.

The theme of First Aid and Trauma will move to the November issue. Some of you have already sent us stories for this issue. We are in need of more articles and would welcome your contribution. Email [Energy@HealingTouchProgram.com](mailto:Energy@HealingTouchProgram.com).

Subscribing to Energy Magazine helps support the HT community with knowledge and inspiration. The magazine also provides validation of the benefits of HT to your clients, colleagues and local health care administrators. Check out the September issue at <http://healingtouchprogram.com/energy/issues/september2007.pdf>

### September 2007 feature articles:

- Jean Watson's Caring Theory
- Healing Touch at Greenwich Hospital
- Astonishing DNA Experiment

- Yuma Regional Medical Center
- Grant Medical Center and Healing Touch
- HT Efforts after Earthquake in Peru
- And more

Back issues of all the Energy Magazines are available via the website.