

Taking a
Healing Touch
Level 4 Class

Deep Practice

Level 4 utilizes all the skills you have learned in Levels 1-3 and then asks you to demonstrate your skills by partnering with one person for a series of Healing Touch sessions. During this time you will take turns as practitioner/recipient. Sessions are designed to help future practitioners understand the energetic changes that occur over time while working with a recipient and developing case management skills.

This class also prepares students for program completion. While it is not necessary to move toward becoming a Certified Healing Touch Practitioner to take this class, a desire to refine your skills and understanding of energetic principals is helpful.



Anything Healing Touch does is above the board and exceptional, which is why I chose this program.”

– Student, Hamptonville, North Carolina

The first three levels of the Healing Touch Program are about understanding healing concepts, learning how to apply healing techniques and learning how to align one’s self with the healing process. Level 4 presents an opportunity to synthesize these principles and gain a greater understanding of wholeness, harmony and wellness.

Who can take a Level 4 class?

If you have completed Levels 1-3 and want to refine your practice skills or if you have a desire to become a Certified Healing Touch Practitioner, Level 4 is for you!

What will I learn?

- How to further your Healing Touch practice and move toward Program Completion
- Deepening your understanding of becoming and being a Practitioner
- How to manage a case by doing a case study during class and learning through the experiences of others in your class
- How to work through professional issues that may arise during your practice
- The **Full Body Connection** – a technique that provides a full body balance and connection to help restore and relieve congestion in the physical and energetic field
- **Etheric Vitality Meditation** – a powerful centering process for the practitioner as it opens the channel for connecting with the Universal Energy Flow.



The experience has helped me to feel I am able to consider a professional practice. Huge leap from Level 3 teaching. I feel energized and ready to move forward.”

- Student, Nanaimo, British Columbia, Canada

In addition you will:

- Do the work
- Share experiences with others who have been practicing
- Discuss how to create a professional profile notebook
- Refine your documentation and interviewing skills
- Receive guidance on preparation for Program Completion (Level 5)
- Understand the role of mentees and mentors and explore the process for choosing a mentor for the apprenticeship period between Level 4 and Level 5
- Identify issues related to development of a Healing Touch practice, including Standards and Scope of Practice and Code of Ethics.



The whole experience was outstanding on all levels: from the teaching, receiving, experiential and especially the spiritual”

- Student, Hamptonville, North Carolina

Level 4 is offered in a retreat setting to allow for greater focus on learning and the practice that occurs. This is intended to provide an environment conducive to experiential learning.



Nothing like I have ever experienced. I am so fortunate to have met all these wonderful people that I now have connections to.”

- Student, Madison Wisconsin