

# Energy magazine™

The Official Publication Of Healing Touch Program



Healing Touch Worldwide Conference 2011 Group Photo



- 3 HTP Contact Directory
- 4 Letter from the Program Director
- 6 Announcements and Letters
- 7 Quote from Albert Einstein
- 8 The Healing Touch Worldwide Conference
- 13 Highlights from the 2011 HTP Instructor Meeting
- 15 HTWF Annual Fundraiser at Conference
- 19 The Queens Medical Center:  
*Premier Healing Touch Inpatient Program*
- 22 Voice for H.O.P.E. - Healers of Planet Earth
- 25 What is the Nature of Your Emergency?
- 27 Essential Energy - *The Busy Meditator*
- 29 Office Safety is Part of Safe Practice and the Responsibility of Every  
Professional Practitioner
- 33 2011 HTP Class Schedule

On the cover: 2011 HT Worldwide Conference attendees group photo.  
Photo courtesy of Cathy Andersen and can be downloaded [from here](#). [Click here](#) to see all of the conference photos on Flickr.





20822 Cactus Loop, San Antonio, Texas 78258  
 Phone 210-497-5529  
 Fax 210-497-8532  
 E-Mail: [info@HealingTouchProgram.com](mailto:info@HealingTouchProgram.com)  
 Web Site: [www.HealingTouchProgram.com](http://www.HealingTouchProgram.com)

### Healing Touch General Info

**Classes in your area -**  
[info@HealingTouchProgram.com](mailto:info@HealingTouchProgram.com)  
**Student Questions -**  
 Contact a Healing Touch Certified Instructor  
**Certification Questions -**  
[Certification@HealingTouchProgram.com](mailto:Certification@HealingTouchProgram.com)  
**Web Support -**  
[Webmaster@HealingTouchProgram.com](mailto:Webmaster@HealingTouchProgram.com)

### Additional Healing Touch Resources

**Healing Touch Practitioner Directory -**  
[www.HTPractitioner.com](http://www.HTPractitioner.com)  
**Healing Touch Research -**  
[www.HealingTouchResearch.com](http://www.HealingTouchResearch.com)  
**Healing Touch Professional Association -**  
[www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com)  
**Healing Touch Worldwide Foundation, Inc. -**  
[www.HTWFoundation.org](http://www.HTWFoundation.org)

### Social Networking



### Energy Magazine Contact Info

**Website -**  
[www.EnergyMagazineOnline.com](http://www.EnergyMagazineOnline.com)  
**Email -**  
[info@EnergyMagazineOnline.com](mailto:info@EnergyMagazineOnline.com)  
**Submit an article (and download our contributor kit) -**  
[www.EnergyMagazineOnline.com/submissions](http://www.EnergyMagazineOnline.com/submissions)  
**Submit an Ad (and download our media kit) -**  
[www.EnergyMagazineOnline.com/advertise](http://www.EnergyMagazineOnline.com/advertise)  
**Read archived issues -**  
[www.EnergyMagazineOnline.com/archived\\_issues](http://www.EnergyMagazineOnline.com/archived_issues)

Each year we designate a focus for our monthly issues. In addition, each issue contains other articles of interest to our Healing Touch Community. We are always open to suggestions and ideas and any article you would like to contribute. Energy Magazine depends on you, our readers, for articles. Send your article to [info@EnergyMagazineOnline.com](mailto:info@EnergyMagazineOnline.com)

### Upcoming Issues:

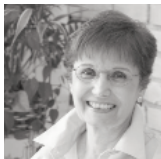
**October 2011**  
 HT experiences with the Elderly  
*Article submit deadline - September 1st*

**November 2011**  
 HT Service Work  
*Article submit deadline - October 1st*

**December 2011**  
 Transformation  
*Article submit deadline - November 1st*



Billy Courtney  
 Editor



Nancy Strick  
 Assistant Editor

Energy Magazine™ would love to hear your comments!

# Greetings

from Cynthia Hutchison  
Healing Touch Program Director



Dear Readers,

September marks six years since our founder, Janet Mentgen, crossed the threshold to the other side. Healing Touch Program is arriving at the end of this time with a sense of accomplishment and stability within the world of health care, credible holistic practices, as well as, being respected and recognized in the growing field of energy medicine.

This month's issue of Energy Magazine feels purely celebratory to me! Will you join us in this mood by reading the inspirational stories and viewing the photos that are worth a thousand words? The first part of the celebration has to do with a wildly successful 15th Annual Healing Touch Conference, co-sponsored with our friends and colleagues from Healing Touch for Animals (Carol Komitor, founder) and the Institute for Spiritual Healing and Aromatherapy (Linda Smith, founder), held in San Antonio, Texas, August 24th-29th. With close to 300 attendees, including representatives from Canada, Australia, Europe and Japan (with a special message from Nepal), we celebrated the growth of Healing Touch Program throughout the world. In addition - *we hooted, hollered and jumped for joy in honor of HTP's national accreditation status with the American Nurses Credentialing Center (ANCC) as of March 2011, making HTP the first (and so far, only) exclusively energy medicine continuing education program to achieve this status.*

We are expecting another major celebration at next year's conference (San Antonio again!) which is when we anticipate having achieved a second important accreditation with the National Commission for Certifying Agencies (NCCA). This

internationally recognized accreditation will accredit all our certified practitioners, whether they are licensed health care professionals or lay persons. NCCA and ANCC accreditation will open doors in hospitals and health care facilities to our Healing Touch Certified Practitioners (HTCPs) and will help fulfill Janet's vision that Healing Touch be a part of every home, every school, every hospital and every health care facility.

Serendipity blessed us at our conference in that the Grand Hyatt Hotel was simultaneously hosting 8,000 Veterans of Foreign War for their annual convention. A dozen of our HTP practitioners and instructors, already involved in serving the vets and servicemen and women with Healing Touch in various ways, met with leaders of the Veterans Administration and VFW during our simultaneous conferences. The Veterans were educated about the VA HTP programs we already have in place and new connections were established with the intention of increasing our services to the military population.

Please join us in this photo rich issue of Energy Magazine to "feel" the energy of our annual conference, especially if you were unable to celebrate and commune with us. Link here to view the ["Accreditation Jump"](#) at the pre-conference instructor meeting, where almost 90 of us came together to deepen our connections, expand our knowledge and share in the heart-filled celebration of HT in Science and Spirit.

In addition to the conference highlights, you will be inspired by Cyndi Dale's regularly featured story. Cyndi is a treasured

member of the HTP community who won our hearts at the 2010 conference where she was a keynote speaker. Kitty Kelly's article on HT Program's political involvement with **Voice for HOPE** reflects our philosophy of the importance of educating our local legislators about holistic health care. Tammy Lederer's article about Maria Rangle, an HT Practitioner and 911 dispatcher, will warm your heart and get you thinking about the different

settings where Healing Touch can touch peoples lives. Last but not least, read about Queen's Medical Center's 20-year Healing Touch program for patients and staff!

With joy,

*Cynthia*



Level 4 and 5 HTP Classes were held in the Chicago area (Techny Towers) July 21-24 with Barbara Starke (Level 4) and Cynthia Hutchison (Level 5) as instructors. Monica Nebauer, RN, PhD, HTCP/I from Australia assisted as Level 5 class mentor along with Mary Sinclair PhD, HTCP/I from Chicago. Ann O'Malley RN, HTCP/I coordinated and mentored in Level 4. Students from Equador and Eqypt were also represented in the courses. Mary Beth Sammons and Laura Stackal from Nurse.Com Nurseweek, a national nursing publication, spent an afternoon observing classes and writing articles about HTP for their widespread regional and national magazines. (See Nurse.Com Nurseweek and this month's Energy Magazine).



# Announcements & Letters



## Have you checked out the conference photos yet?

If not, visit [Cathy Andersen's collection on Flickr \(Click here\)](#). She graciously volunteered to take all the photos at conference for the 2nd year in a row. She's a truly amazing photographer! We can't thank her enough for sharing her time and talent with us all.



## In Memory

Pam Barich RN, HTCP

Glorieta, NM

She will be missed beyond measure by those whose lives she filled with abundant beauty, joy and grace.



## Proposals Are Now Being Accepted for the 2012 Healing Touch Worldwide Conference!

August 2 - 5, 2012

Hyatt Regency, San Antonio, TX

We are now accepting proposals for breakout sessions and post conference workshops. The deadline for submittal is November 12, 2011. To download the Presenter Proposal Form and Instructions, click below.

[PDF format](#)

[Word Document format](#)

If you have questions, please email [conference@healingtouchprogram.com](mailto:conference@healingtouchprogram.com).

**NURSE.com**  
where the nurses are

RN's Harness Healing Touch

By Mary Beth Simmons

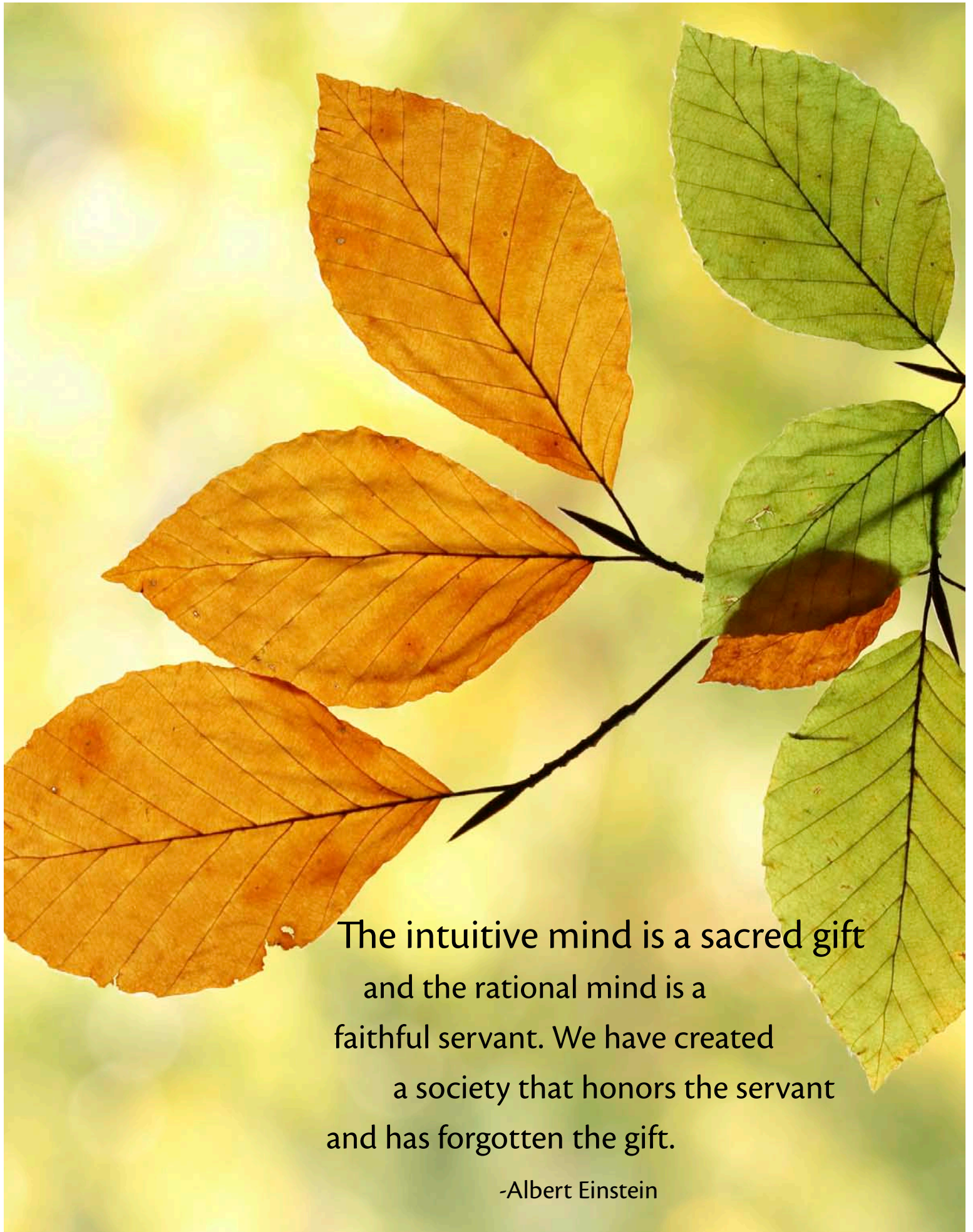
On a warm summer afternoon, a woman steps into the center of a room overlooking the gardens and landmark grounds at Techey Towers in Chicago's northern suburbs.

A colorful quilt is spread across the floor, topped with yellow mums, candles, a praying hands sculpture and affirmation cards.

(Photos by Laura M. Stakal)

## Healing Touch In the News!

**Nurse.com** recently published an article on Healing Touch. Nurse.com visited a Level 4 and 5 class held in the Chicago area this past July to learn about Healing Touch. The article was published nationwide as a top feature in their national specialty guide for Med/Surg nurses. Check out the article: <http://news.nurse.com/apps/pbcs.dll/article?AID=2011309120037> and the photo gallery <http://www.nurse.com/galleries/public/index.html?galleryID=811001>.



The intuitive mind is a sacred gift  
and the rational mind is a  
faithful servant. We have created  
a society that honors the servant  
and has forgotten the gift.

-Albert Einstein





# Thank You

Thank you to each and every one of you who contributed to and participated in the 2011 conference!

Your involvement has made the Healing Touch Community stronger and more vibrant. Your questions, enthusiasm and ideas, your laughter, discovery, learning and growing, reach far beyond these walls and short time together. It ripples into the entire community and farther. The light that has been ignited and shared here travels around the world with each of you.

Together we stand at the "center of something rare and fine."

We truly have been a gathering of spirits, a festival of friends, and we will take up where we left off when we all meet again.



*continued on page 8*



*I was drawn to the carved wooden hands from Bali at one of the vendor tables. My former roommate in NY City founded and runs the Bali children's Project and I discussed this with the vendor. As we talked he shared that his wife was arriving at the show the next day "after her cancer treatment." I shared some of the research about Healing Touch and cancer. I offered to gift his wife a HT session then taught him where the thymus and spleen are encouraging him to hold his hands still at these locations to boost his wife's production of leukocytes. He came out from behind his table and gave me a warm embrace. It was a lovely, hopeful exchange – totally unanticipated in the vendor hall. Thanks HT! -Bethlyn Gerard*



Above: The conference entertainment committee - Walle Adams-Gerds and Tina Devoe

*I felt such a connection with Dr. Chiasson. She re-ignited my love of ceremony. She helped me remember how easy it can be to do excellent self care and how it is a must for Healing Touch practitioners and other healers and energy workers. -Sharon Myrah*

*It was my first time attending the Healing Touch Worldwide Conference and it was a re-enforcing experience along my healing path. It was especially gratifying to meet and speak with Dr. Ann Marie Chiasson and Dr. William Bengston in person as a long time student of their work. Overall, the conference was a very fulfilling event. -Tito Adenihun*

On previous page: (clockwise from top) Bethlyn Gerard, Katy Layte, Tim McConville, and Mary Duennes; conference tote bags; Healing Touch for Animals staff; Watsu with Elaine Lutz; Deborah and Charles Kelsoe; Yoga Dance with Nancy Kinlin.



Above: The HTP staff personalized bottles of water for conference, inset - from the back of the label.

*This is my first experience at conference with Healing Touch Program. I came to connect with other persons who are wanting to make a difference in their area of involvement. I found friendliness and acceptance just because I was there. Amazing just in itself. I found that learning and absorbing became so much easier. I loved the hotel, the staff was very helpful and made you feel that nothing was too much for them and that they actually enjoyed doing it for you. I loved the Riverwalk – people watching and eating in restaurants and sitting by waterfalls. I enjoyed the city and access to whatever you needed in a short distance. This was a full experience. I plan on returning. Thank you. -Paula Goettelmann*



Above: Mary Duennes, Tina Devoe, Walle Adams-Gerds, Mindy Green, Bonnie Thompson, Charles Kelsoe, Margaret Nies, and Matt Courtney

continued on page 10





Above: Cynthia Hutchison (HTP Program Director), Carol Komitor (Healing Touch for Animals), Lisa Mentgen Gordon (HTP CEO), Linda Smith (ISHA)

*I always loved my sister-in-laws tendency to hum aloud at any given minute, but wondered why she did this seemingly unconsciously. After listening to Arden Wilken in her Sound – the Healing Bridge presentation, I believe I understand what is happening for her. I think that she is spontaneously realigning her chakras and field – often helping anyone around her to do the same. Who knew! Thanks for sharing this information with us.*

**-Bonnie Bailey**

*Recharged! Excited! Ready to change the world! Conference always leaves you with a natural high. The keynote speakers were dynamic, the workshops uplifting and informative and the connection with new and old friends fulfilling. I can't wait to go back to my community and spread the words. Next year this could be you!*

**-Jackie Page**

*As a first time attendee, I found conference to be an awakening not only individually but as a community. My community expanded to all parts of the USA making new connections to grow myself in a new movement to change our world which is so dear to me and much needed for our survival on this beautiful planet! Thank you for all you do HTP!*

**-Regina Weber**

*Conference became the enacted truth of the HT story. I was supported at so many levels by the sacred opening ceremony, by beautiful morning meditations, by evoking a blessing for each speaker, and by daily "gifts." The pacing, the evocative vendors, and the nourishing food made the days unfold gently.*

*The music – oh the music! It was transformational. And to add to these dimensions were the education and inspiring speakers whose voices I carry home. Conference was a spa for the spirit!*

**-Holly Miller**

*The annual gathering feeds our souls. Being together with likeminded practitioners feels like a family reunion. The shared time is rich with learning, remembering, inspiration and laughter. What a joy to be filled in such a loving way.*

**-Sharon Scandrett-Hibdon**



Above: Learning how to line dance - Jeannette Nienaber, Kathy Layte, Marilee Tolen, Sharon Scandrett-Hibdon, Rita Kluny and Bethlyn Gerard



Above: 1st Annual Men's Breakfast held this year at conference for all men involved in Healing Touch.



# Conference Awards and Book Signings

Lisa Mentgen Gordon gave several awards during her conference address. We have listed them below for all of our readers. We also had several authors available for book signings. If you missed conference or didn't get a chance to buy one of these books, you can order them directly from this page, just click on the image of the book for more info.

## Conference Awards

### Barbara Starke

**Instructor of the year** (Based on number of Level 1 students taught in 2010): in 2010 Barbara taught 175 students ranging from Level 1 – 4. In addition she participates on the Healing Touch Certification Advisory Council, the Curriculum Committee, and has been instrumental in getting HT classes in to VA hospitals in Michigan.

### Cathy Andersen

**Photographer of the year:** Cathy has edited and posted over 1500 photos and more than 25 videos on flicker for Healing Touch and generously gave her precious time to photograph all of conference as well as taking professional portraits of more than 70 attendees this year. You can see her photos on flickr here.

### Lauri Pointer

**HTPA Member referral award:** Lauri is the first one to be awarded this member benefit and will receive a free HTPA membership to use for herself or gift to someone else.

### Sharona Ben-Sorek

**HTPA most active Member area log-in's:** Sharona has logged in a total of 397 times to update her member status and share her thoughts and expertise in the member forum board.

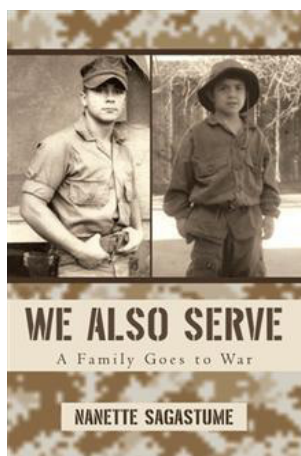
### Marilee Tolen

**Most articles written for Energy Magazine:** Marilee started contributing articles in 2006 when the magazine first started and continued well into 2009 sharing her knowledge and bright spirit with Energy's readers every month through her column "Money as Energy".

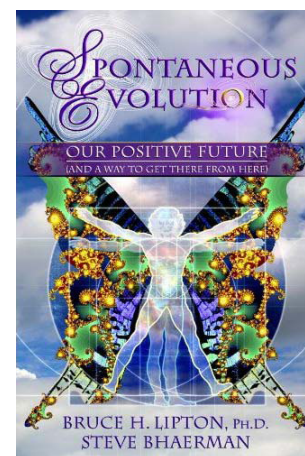
### Janna Moll

**Most Flexible award** for teaching Level 5 last summer on the San Diego Cruise. It was our first (and only) time doing a Level 4/5 class on a cruise ship. Needless to say it was a little crazy trying to do a class on board a ship with hundreds of other people.

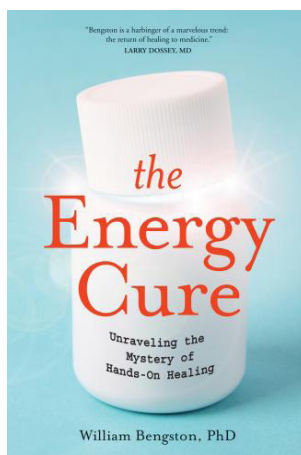
## Book Signings



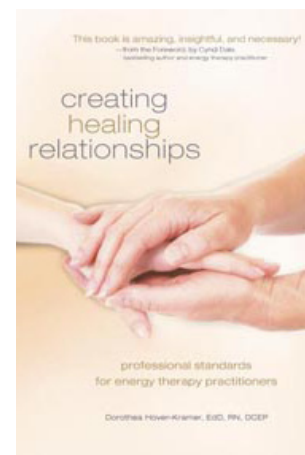
Nanette Sagastume



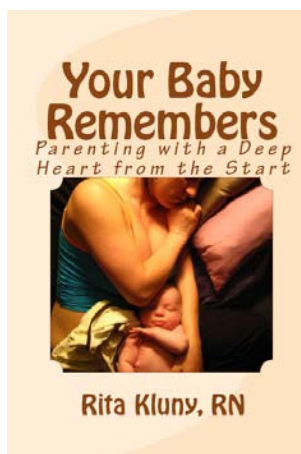
Steve Bhaerman



William Bengston



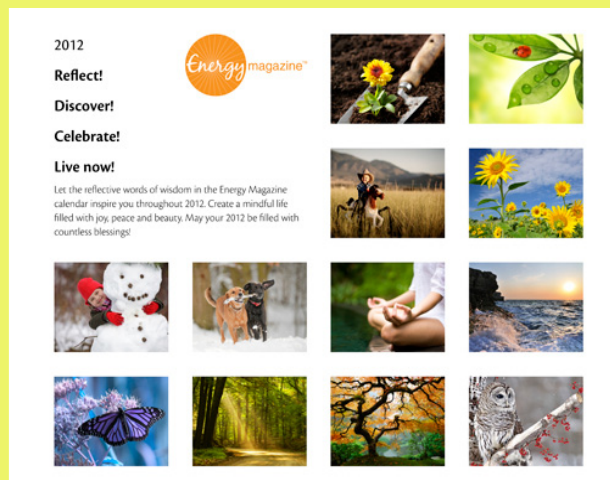
Dorothea Hover-Kramer



Rita Kluny

# Subscribers Support Energy Magazine!

Purchase the 2012 Energy Magazine Calendar, A Year of Illumination



Do you read Energy Magazine? Do you take advantage of all the information and articles Energy Magazine puts at your fingertips each month?

We are in our fifth year of publishing this free on-line publication. Now, we are asking for your support. Purchase the Energy Magazine calendar, A Year of Illumination. For \$12.95 (plus shipping and handling) you will have a beautiful, inspirational 2012 calendar and support Energy Magazine at the same time - a win/win situation.

Almost everyone utilizes an annual wall calendar. Make yours A Year of Illumination. By purchasing the 2012 calendar you are contributing less than \$1.50 a month. This is an amazing bargain for all that you receive each month.

This calendar makes a wonderful gift for friends and family.

Don't wait. Order today through the **Healing Touch Store**

*Help keep Energy Magazine vibrant and growing.*





# Highlights from the 2011 HTP Instructor Meeting

by Cynthia Hutchson, DNSc, RN, MSN, HTCP/I, Healing Touch Program Director

Close to 90 HTP instructors gathered to connect, network and learn over an eleven hour period - which included an evening of socializing and introductions followed by a day of training, updates and open discussions. Sharon Scandrett-Hibdon offered the opening meditation and blessing. We combined forces with HT for Animals and ISHA instructors on the morning of August 25th for a three-hour workshop from Julie Wright, energy medicine practitioner, intuitive and financial specialist to learn how to build and grow our HT classes and communities. HTP coordinators joined us, as well, to learn about marketing, financial trends and specific strategies to create a vital and growing community for HT classes and communities. Julie received excellent ratings of her presentation, a topic that instructors and coordinators have identified as something they wanted to learn more about. Having worked with HTP over the last year - helping us to create a sound business foundation for administration, instructors and coordinators - Julie addressed our belief systems about money and the value of the work we do, helping us to rethink some of our mental patterns and behaviors that prevent us from manifesting successful practices and classes.

During the afternoon HTA and ISHA instructors held their own instructor meetings. Kathy Layte, HTP's Co-Chair for HT Research, entertained and taught us at the same time about how to use technology for teaching HT classes. The fun part about this presentation was not only Kathy's well known humor but the fact that she did not use any technology to teach us!

Five new HTP instructors were pinned and honored during our gathering: Susan Patricio, Laurie Oberle-Edwards, Kathryn Hungness, Jerry Becker and Joyce Rudenick. Congratulations!! Later, at the evening general conference pinning ceremony, instructors were also honored with 5, 10, 15 and 20 year pins.

Chris Gordon, Project Manager for the National Commission for Certifying Agencies (NCCA) Accreditation provided an update and overview of our progress with the accreditation and the forthcoming pilot exam which will soon be part of the HTP practitioner certification process. His slide show was informative but also light-hearted and humorous. Thanks Chris! Cathy McJannet, HTCP/I and Janna Moll, HTCP/I, were thanked for their roles in helping HTP to manifest this significant step to increase our professionalism, as were the Subject Matter Experts (SMEs), a group of about 80 HTCPs/Is, who worked to create the pilot exam.

*continued on page 14*



Cynthia Hutchison, Program Director, provided news and updates related to the HTP curriculum, Levels 1-5, including instructor training (Level 6). Various committees and their members were introduced, including the Curriculum Committee, Children's Committee, International Instructors, and Ethics Committee. The final block was left as an open forum between the instructors, Cynthia and Lisa Mentgen Gordon, where a myriad of questions, comments and topics were addressed based on the interests of the instructors.

At the end of the instructor gathering, Cynthia led the group in a closing ritual. The eighty-plus instructors surrounded Lisa Mentgen Gordon in a large bee-hive like concentric huddle, blessing our paths, our clients, our families/friends, all our HT colleagues and fellow healing practitioners, far and near -- blessing our planet with its waters, air, earth, animals and all people (see photo). After which everyone walked to the far corners of the room to represent how we would be leaving our conference and returning to our homes and regions to carry forth healing energy -- especially the energy of Healing Touch.



Above: Eighty-plus instructors surrounded Lisa Mentgen Gordon in a large bee-hive like concentric huddle, blessing their paths, clients, families/friends, all of their HT colleagues and fellow healing practitioners, far and near -- blessing our planet with its waters, air, earth, animals and all people.





# HTWF Annual Fundraiser at Conference

by Ann Cathcart, BA, BSN, RN, HTCP, HNB-BC, LUT, CBE, HTWF Vice Chair

**W**hat a conference! We're home, bags are unpacked, and we're settled into routine, yet still reveling in the warmth and luminescence of the Healing Touch Conference experience in San Antonio. It is with joyful pleasure that the Board of Trustees of the Healing Touch Worldwide Foundation announces that the Live and Silent Auctions were a tremendous success. Over \$17,500 was raised to fund research and outreach grants used to spread the light and practice of Healing Touch worldwide. This is a 20% increase over last year's auction activities. Thank you Healing Touch community!

Inspired and generous giving was evident this year despite the economic issues of late. During bidding of a beautiful vacation property, another time-share of greater value was offered for immediate bidding. Three HT practitioners did readings in the vendor area and donated all their proceeds of \$1500 to the Foundation's HTPA Fund. Thank you Anne Boyd, Jane Hightower, and Denise Anthes! A beautiful purple silk velvet robe made its second appearance this year during the live auction. Modeled by Dorothea Hover-Kramer, this exquisite item was given to her by the high-bid winner last year, Lisa Mentgen-Gordon. Double gifting doubles funding and the pay-it-forward manifestation of abundance.

Another example of inspired giving came in the form of pledges for computerized monthly bill-pay. This is a very easy and effortless way to give AND continually participate in advancing Healing Touch and the mission of the HTWF. Just \$10 or more each month sent by your bank directly to the Foundation office can add to the success of this year's grand total. Visit the Foundation website [www.HTWFfoundation.org](http://www.HTWFfoundation.org) for the address and



Above: Janna Moll and Roberta Davis Lewis during the live auction.



Above: Browsing the silent auction during conference.

*continued on page 16*

more information about ways you can support Healing Touch through giving.

Thank you again to all who donated auction items and to those who bid high and often. Thank you to Steve Kelly, board member Karen Chin's new husband and Leslie Bugio, HTWF office assistant, for assisting at the auction table all weekend and for all their efforts spotting and settling auction payments. Also, the Foundation thanks Billy and Matt Courtney, Billy for her donation of the new HTWF poster design and Matt for all he does mastering the HTWF website. See it for yourself at [www.HTWFfoundation.org](http://www.HTWFfoundation.org). Until next year...!

About the author:



Ann was certified in Healing Touch by the AHNA in 1996 and then as a holistic nurse by the AHNACC in 2002 after being an active member of the AHNA since 1986. Ann is a charter member of HTPA and has supported the mission and vision of HTWF since its

inception in 1997. She founded her own company, Clear Path to Wellness, in 1994. In her private practice, she counsels patients in the areas of nutrition, spirituality, and integrative medicine assisting in their self care toward a happier, healthier, and more joyful life. Ann also has fundraising skills from her experience with Girl Scouts and other non-profit organizations. As a nurse/healer in business, Ann sees an urgent need to bring credibility of Healing Touch, the most powerful and credentialed energy modality, to the forefront of the current health care system. She is proud to be on the Board of this important Foundation to help realize the HTWF mission.



Using *energy* and *intention* to influence the health and well-being of animals

**REGISTER TODAY** to take advantage of **Early Incentive Pricing**

*Course dates and locations are subject to change.*



**2011 Healing Touch Worldwide Conference Recordings**

If you were unable to attend conference, recordings of the various sessions can be purchased through Backcountry Productions.

To download the order form, [click here](#).

## HEALING TOUCH FOR ANIMALS®

Discover energetic techniques to assist animals through each stage of life

### Course Schedule

<p><b>LEVEL 1 - 2011</b></p> <p>Oct 7-9 Raleigh, NC Oct 14-16 Calgary, AB, Canada</p> <p>Oct 21-23 Washington DC/ Baltimore, MD Oct 28-30 San Diego, CA Oct 28-30 Cincinnati, OH Nov 4-6 Minneapolis, MN Nov 11-13 Denver, CO</p> <p><b>LEVEL 2 - 2011</b></p> <p>Nov 25-27 Midden Nederland, Netherlands</p> <p><b>LEVEL 3 - 2011</b></p> <p>Oct 7-9 San Diego, CA Oct 14-16 Olympia, WA</p> <p><b>LEVEL 4 - 2011</b></p> <p>Oct 21-23 Chicago, IL</p> <p><b>ADVANCED PROFICIENCY - 2011</b></p> <p>Nov 4-6 Washington DC/ Baltimore, MD</p> <p><b>LEVEL 1 - 2012</b></p> <p>Mar 16 - 18 Denver, CO Mar 23 - 25 Minneapolis, MN Mar 23 - 25 Utrecht, Netherlands Mar 30 - Apr 1 Philadelphia, PA</p>	<p>Mar 30 - Apr 1 Raleigh, NC Apr 13 - 15 San Diego, CA Apr 20 - 22 Chicago, IL Apr 20 - 22 NoVA, VA Apr 27 - 29 Washington DC/ Baltimore, MD May 4 - 6 Calgary, AB, Canada May 18 - 20 Olympia, WA May 18 - 20 Cincinnati, OH Jun 1 - 3 Philadelphia, PA Jun 8 - 10 Burlington, VT Aug 24 - 26 Cincinnati, OH Sep 7 - 9 Calgary, AB, Canada Sep 14 - 16 Olympia, WA Sep 21 - 23 Washington DC/ Baltimore, MD Oct 5 - 7 Burlington, VT Oct 5 - 7 Utrecht, Netherlands Oct 5 - 7 Minneapolis, MN Oct 19 - 21 Chicago, IL Nov 2 - 4 Raleigh, NC Nov 9 - 11 Denver, CO Nov 9 - 11 San Diego, CA</p> <p><b>LEVEL 2 - 2012</b></p> <p>May 18 - 20 Minneapolis, MN June 1 - 3 Raleigh, NC June 8 - 10 Utrecht, Netherlands June 8 - 10 Denver, CO Jun 22 - 24 Chicago, IL Jun 22 - 24 Calgary, AB, Canada</p> <p><b>LEVEL 3 - 2012</b></p> <p>Jun 29 - Jul 1 San Diego, CA Jul 13 - 15 Washington DC/ Baltimore, MD Jul 20 - 22 Cincinnati, OH Jul 27 - 29 Olympia, WA Aug 17 - 19 Philadelphia, PA Aug 24 - 26 Burlington, VT</p> <p><b>LEVEL 4 - 2012</b></p> <p>Jul 13 - 15 Minneapolis, MN Aug 10 - 12 Denver, CO Aug 10 - 12 Calgary, AB, Canada Sep 7 - 9 San Diego, CA Sep 14 - 16 Chicago, IL Sep 21 - 23 Utrecht, Netherlands Oct 5 - 7 Raleigh, NC Oct 12 - 14 Cincinnati, OH Oct 19 - 21 Olympia, WA Oct 26 - 28 Philadelphia, PA</p> <p><b>LEVEL 4 - 2012</b></p> <p>Mar 2 - 4 San Diego, CA Apr 13 - 15 Olympia, WA Sep 14 - 16 Minneapolis, MN Sep 28 - 30 Denver, CO Oct 26 - 28 Calgary, AB, Canada</p> <p><b>ADVANCED PROFICIENCY - 2012</b></p> <p>Jun 29 - Jul 1 Olympia, WA Nov 2 - 4 Minneapolis, MN Nov 30 - Dec 2 San Diego, CA</p>	<p>Jun 29 - Jul 1 San Diego, CA Jul 13 - 15 Washington DC/ Baltimore, MD Jul 20 - 22 Cincinnati, OH Jul 27 - 29 Olympia, WA Aug 17 - 19 Philadelphia, PA Aug 24 - 26 Burlington, VT</p> <p><b>LEVEL 3 - 2012</b></p> <p>Jul 13 - 15 Minneapolis, MN Aug 10 - 12 Denver, CO Aug 10 - 12 Calgary, AB, Canada Sep 7 - 9 San Diego, CA Sep 14 - 16 Chicago, IL Sep 21 - 23 Utrecht, Netherlands Oct 5 - 7 Raleigh, NC Oct 12 - 14 Cincinnati, OH Oct 19 - 21 Olympia, WA Oct 26 - 28 Philadelphia, PA</p> <p><b>LEVEL 4 - 2012</b></p> <p>Mar 2 - 4 San Diego, CA Apr 13 - 15 Olympia, WA Sep 14 - 16 Minneapolis, MN Sep 28 - 30 Denver, CO Oct 26 - 28 Calgary, AB, Canada</p> <p><b>ADVANCED PROFICIENCY - 2012</b></p> <p>Jun 29 - Jul 1 Olympia, WA Nov 2 - 4 Minneapolis, MN Nov 30 - Dec 2 San Diego, CA</p>
---	--	---

[www.HealingTouchforAnimals.com](http://www.HealingTouchforAnimals.com) • 303-470-6572 • 866-470-6572





3rd Annual Eastern Regional Healing Touch Conference  
October 28-29, 2011 Best Western Albany Airport Inn, Albany, New York

Regional conferences are a wonderful way to connect with your local Healing Touch community. Please join us for the 3rd Annual Eastern Regional Healing Touch Conference in beautiful Albany, New York.

## Keynote Speakers

### Singing From the Heart



**Rachelle Cotugno**, Musician & Healing Touch Community

Rachelle will offer a personal reflection of her journey. Her music will gift us with a message of faith, peace, love, joy & healing. There will be an opportunity for song participation by our Healing Touch Community. All will enjoy meeting her guiding eyes dog ORIOLE.

### The Spirituality of Listening



**Katherine Hanley**, CSJ, PhD

When we listen with the heart and with the ear of the heart, we make a hospitable space. For centuries spiritual guides have been encouraged to listen with attention, reverence, and devotion. Listening is related to

contemplation and to transformation. We will explore some of these ideas, listening to some words and, perhaps, to our own hearts.

### Blocking the Flow... the Energetics of Healer Exhaustion



**Mary Sise**, LCSW, D.CEP

How is it that some days we have all the energy in the world, and other days we are frustrated and tired? Why are some clients or conditions easy to treat, while others leave us drained? What is the energetic and spiri-

tual role of a healer? This workshop will explore the ways in which we contract our energies, and inhibit Divine Light

to flow through us. We will look at common, unconscious patterns and beliefs that most healers learned in childhood and through experiential exercise create an opportunity for raising our own energetic vibration in service to ourselves and the Light.

### Supporting the Immune System: *The Diamond Technique; Herbal Therapies*



**Janet Korwan**, RPh and **Sr. Rita Jean DuBrey**, CSJ, MSN, HTCP/HTCI

The purpose of this intervention is three-fold: 1) to address immune system disturbances; 2) to support and maintain the health of the immune system for clients; 3) to promote self-care. Participants will have the opportunity to participate in a voice-guided self intervention.



Herbs & Herbal Preparations can be used to support and enhance the immune system.

These herbs can and should be used in conjunction with other therapies: rest, healthy diet, Healing Touch, etc. When to use them and when not to use them will be discussed.

## Register Now!

Register **online** at

[www.HealingTouchProgram.com/conference/regional](http://www.HealingTouchProgram.com/conference/regional) or by **phone** at (210) 497-5529



We are thrilled to invite you to the beautiful city of Portland, Oregon for the 1st Annual 2011 West Coast Regional Healing Touch Conference as we come together in community to Celebrate Healing!

## Keynote Speakers

Healing Touch Research: Sowing the Seeds of Knowledge to Grow Your Practice

**Kathy Moreland Layte, RN, MScN, HTCP/I**

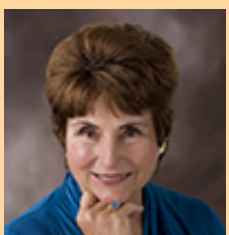


Most Healing Touch practitioners envision the day when HT is an everyday part of conventional healthcare. In the evidence based and fiscally stressed world of healthcare, it is important that all practitioners of HT be able to speak knowledgeably and with confidence about the best studies that support "the work" in

order to open those doors. This presentation will "sow the seeds" of HT research knowledge with a little bit of sunshine and spiritual fertilizer in the form of humor. Come "plant" yourself in the audience and "germinate" your practice with this essential knowledge crop! I promise the presentation won't be quite so "corny" as this description.

Energy Psychology and HT Approaches to Addressing Trauma

**Dorothea Hover-Kramer, Ed.D, RN, D.CEP**



This lively presentation is designed to give beginning HT students and advanced practitioners of HT the additional resources of meridian-based therapies for effective intervention to relieve the distress of personal and/or environmental trauma. Work with the meridian acupoints

is known and researched to be one of the most rapid and effective ways of reducing the emotional impact of traumatic situations.

HARA Energy and Treatment for Trauma

**Janna Moll, MSN, HTCP/I, CMT**



This presentation on Hara Energy and Treatment for Trauma is a 1.5 hour presentation that offers an introduction to Hara energy in relationship to the whole human energy system, demonstrated on a Power Point. We cover how working with the Hara can access stored trauma,

and when it is indicated. A demonstration of a Hara assessment is performed. Presentation includes an experiential exercise for testing the Hara energetic connection and one for determining Hara compromise.

## Register Now!

Register online at

[www.HealingTouchProgram.com/  
conference/regional](http://www.HealingTouchProgram.com/conference/regional)

or by phone at (210) 497-5529



# The Queens Medical Center Premier Healing Touch Inpatient Program

By Carol E. Gutierrez, RN, NP, HTCP, HTP Instructor

**T**wenty years and going strong - The Queens Medical Center is rich in culture and tradition. This magnet hospital was founded 150 years ago by King Kamehameha IV and his wife Queen Emma to serve the health care needs of Native Hawaiians and all others in Hawaii. Healing therapies and the belief in energy healing is inherent in the cultures of the Polynesian people. Healing Touch is therefore a natural fit as a healing modality for these patients at Queens Medical Center.

Healing Touch was first introduced to this hospital in 1991 by a group of nurses who had completed a Level I class taught by the founder of Healing Touch - Janet Mentgen. These pioneer nurses infused the traditional care of their patients with Healing Touch, to provide comfort and relaxation. Now entering its 20th year, Healing Touch at Queens is still alive and well, providing 2000 Healing Touch sessions a year.

**Hob Osterlund**, one of the founding pioneer Healing Touch (HT) practitioners, recently retired from Queens Medical Center as an APRN (Advanced Practice Registered Nurse) specializing in pain management. During a telephone interview with me, Hob shared how the Healing Touch program at Queens began and the key components that have made the program successful.

Those nurses who took the Level I with Janet Mentgen in 1991 began by using HT techniques with their own patients. The other nurses on the unit saw the results the HT practitioners were having with their patients, and began asking the HT practitioners to help their patients as well.

As the requests grew, the core group of HT trained nurses knew they could not meet the demands for the requests. A retired nurse, who had also taken Level I, suggested having HT volunteers. Initially volunteer opportunities were limited to nurses, then expanded to all others. Criteria for being an HT volunteer developed into an interviewing process, ensuring the volunteer was aligned with the values of the other HT practitioners and the volunteer had an understanding of what was involved in being an HT volunteer. The volunteer had to present the Level 1 Certificate of Attendance to the interviewing panel. As the program grew, it became clear that creating policies would be the next step. A policy was formally created in 1994.

## **The Process:**

**Physician responses:** The physicians were surveyed early in the development of the HT volunteer program. One hundred fifty MDs were surveyed in 1994 to elicit whether HT volunteers could see their patients. The physicians could designate whether there was blanket permission, whether the MD must be called each time or whether the physician's patients were not to receive HT at all. Only two of the 150 physicians requested that their patients not receive HT. These physicians later acquiesced as their patients strongly requested to receive this therapy. As with any other modality, the physicians wanted more evidence based support of the therapy, whereas in 1994, this was a new area for research. In Hawaii, the physician is responsible for anything that is ordered - which included the effects of Healing Touch. At the time to allow a therapy that was new was a concern voiced by the physicians. Presently there are several MD services that regularly order HT for reduction in pain, anxiety, relaxation, and comfort. It is free to the patients and produces positive effects.

*continued on page 20*

**Key components to the success of this program** included support by the nursing administration, the Hawaiian welcoming culture, enthusiastic support of the patients, and dedicated volunteers.

**Volunteers:** There are 20 volunteers on the list of HT providers, ten of which are very active. The availability of the volunteers determines how many patients can be seen each week.

**Screening process:** Healing Touch volunteers must have completed Level I HT and have an interview with at least two members of the Healing Touch team.

**Orientation:** the new volunteer is buddied with a seasoned HT volunteer for about a month or until the HT volunteer feels comfortable working in the inpatient setting. At that time, the volunteer can request to stay with a buddy or work alone.

**Giving back to the volunteers:** Two educational sessions per year are offered for the Healing Touch volunteers, at no cost, to review Healing Touch methods and to address practice issues. These educational days are provided by a local Healing Touch instructor who is hired for the events. In addition, any volunteer completing more than 70 hours of volunteering services in a year is eligible to have the tuition paid by the hospital for the next level of Healing Touch.

**When HT is offered:** Healing Touch is offered 4-7 days a week based on availability of the volunteers. A volunteer may see 3-6 patients per day.

**Requests for HT:** Telephone requests come from patients, families, nurses, physicians and allied health professionals. Orders for Healing Touch are in the computer system and may be placed by anyone who has access to the electronic patient file. In addition, requests for Healing Touch may be made before a patient is admitted to the hospital via a link on the website or a telephone request.

Healing Touch is available in all areas of the inpatient hospital, and in the outpatient radiation oncology area. Patient or parent permission is required before the patient can receive a session.

In vulnerable populations such as adolescents and psychiatric patients, Healing Touch is provided hands-above the body rather than using any direct physical touch.

The sessions are 30 minutes long, unless interrupted at the request of the patient or the need for patient care. Soft music is played during the session. A brief explanation of Healing Touch is presented to patients new to HT. If the patient wishes to learn more about it, there is an informative handout available as well. Goals for the session and an assessment of the pain and anxiety levels are documented before and after the session on the Integrative Therapy Documentation Form. When completed, the form is placed in the chart by a hospital employee.

**Study:** In the late 1990's a Patient Satisfaction Survey was completed with 200 patients who had received Healing Touch by the same practitioner the day after the Healing Touch session was provided. There was a noted decrease in pain and anxiety after the session and a consistent positive patient response. Healing Touch is also made available to employees twice a week. An email reminder is sent to employees who may respond with a request for a 30-minute session.

**Pearls of wisdom to those who wish to bring Healing Touch to their hospital or health care facility:** Be patient, accept that the program will develop on its own time, and avoid getting attached to outcomes. Do the work, put in the effort, and allow the process to unfold. There were bumps in the road in the beginning stages at Queens Medical Center that only served to further clarify and strengthen the process and acceptance.

Dedicated resources and an association with an existing department or program that could be responsible for the coordination and leadership for the program is vital. The HT service could be a department of its own, or be part of the general volunteer program, the chaplains program, or pain and palliative care. The culture of the medical center will determine the best fit.

The **volunteers** at Queens are very diversified in background, age, and culture. There are volunteers who have been there a

*continued on page 21*



few months and some that have been there since the beginning. What brings them back is the sense of acceptance and community the hospital provides and, of course, the experience of helping the patients with their healing. They are truly partners in healing with the patients, staff, physicians, and administration.

The Healing Touch volunteer program at The Queen's Medical Center can serve as a template for a successful hospital-based program. Many thanks and blessings to all those who have been part of the development and continued support of this program!

About the author:

Carol is a certified holistic nurse practitioner, certified Healing Touch practitioner, licensed massage therapist, certified guided imagery practitioner, and certified clinical aromatherapist. She is currently working at The Queen's Medical Center as a Cardiac Holistic Nurse Practitioner. In this role she provides wellness and stress management education, as well as provides integrative therapies as part of the complete care to cardiac in-patients. Biofield therapies (including Healing Touch), massage, reflexology, aromatherapy, mindfulness meditation, and guided imagery are offered to the cardiac in-patients at no additional cost to the patients. Contact Carol with any questions at [cgutierrez@queens.org](mailto:cgutierrez@queens.org)



HTPA is now sponsoring 2 monthly support calls:

1. "Let's Chat About Healing Touch Stories and Practice Issues"
  - held on the last Monday of the month 9pm EST
  - the next call is on **October 31, 2011**
2. Monthly Business Support Conference Calls
  - held on the 2nd Tuesday of each month
  - 9-10:15pm EST
  - the next call is on **Tuesday, October 11, 2011**
  - "Professional Development Series - Part 2"

[Click here for more information or to register online.](#)



### Fostering Growth: The Power of One

Please visit [www.aestheticimpact.com](http://www.aestheticimpact.com) for more information

Our world is shaped by each of us, singularly as individuals and collectively as groups. Controlled Remote Viewing (CRV) is a structured, scientific methodology utilizing advanced psychology to develop the communication of the conscious and subconscious minds. Initially CRV was used by the military intelligence community as an intelligence gathering tool to assist with collecting sensory perceptions across time and space. Several former members of the intelligence community brought CRV to the civilian sector and have been teaching the viewing protocol since it was declassified in 1995.

The Controlled Remote Viewer follows a reproducible, scientific protocol to establish site contact at a real-world location, then proceeds to write detailed sensory perceptions about that location as if they are actually there. During training those perceptions are compared to a feedback photo previously hidden in a sealed envelope. The viewer moves through several training stages, building and reinforcing the trust and accuracy of the information communicated between their conscious and subconscious minds.

The advanced psychology and potential use of CRV is still in its infancy. Aesthetic Impact Informational Services, LLC offers free webinars about this evolving mental martial art by several individuals. Speakers include Lyn Buchanan and Dr. Paul H. Smith, former members and trainers of the Stargate military intelligence unit, Dr. Angela Thompson-Smith, Dr. Courtney Brown, Dr. Dominique Surel, Marty Rosenblatt, Lori Williams, Melvin Morse, M.D., Paul O'Connor and Teresa Frisch. To register for webinars and learn more about pioneering this human ability, go to [www.aestheticimpact.com](http://www.aestheticimpact.com). The International Remote Viewer Association offers additional information and IRVA Conference DVDs are available for purchase at [www.irva.org](http://www.irva.org).

# VOICE FOR HOPE HEALERS OF PLANET EARTH



By Kitty Kelly, BA, MBA, HTCP

On May 3, 2011 several members of the Colorado Healing Touch Program community attended the first statewide citizen lobbying event held by *Voice for HOPE* (Healers of Planet Earth) [www.voiceforhope.org](http://www.voiceforhope.org) at the Colorado State capital in Denver. It was an eye opening and tremendously empowering experience. In addition to the several HTP community members, two other supporters of Healing Touch joined the activities - Denise Premeschak, then CEO of the *International Society for the Study of Subtle Energy and Energy Medicine* (ISS-SEEM) and Sandy Priester, Executive Director of *Lifespark Cancer Resources*, a non-profit Colorado based organization that provides HT and Reiki sessions to people with cancer. Both Denise and Sandy participated with Sharon Robbins (*Healing Touch Professional Association* Executive Director) earlier this year at the first national *Voice for HOPE* training and event in Washington, D.C. ([click here](#) for Energy Magazine article about that event).

Approximately 20 attendees, representing a wide variety of complementary modalities, spent the morning learning ways to create and maintain a dialogue with our elected representatives on the value of these modalities and the importance of choice in healthcare. Our instructor, Rachel Davis, who works with *Voice for HOPE*, was masterful in instilling the ease, fun and importance of developing relationships with our elected officials and sharing the value of Healing Touch and the many other modalities that support health and well-being in body, mind and spirit. The afternoon was devoted to putting what we

learned into action. We visited our legislators and/or members of their staff, explained *Voice for HOPE's* mission and learned about the state's legislative process.

We found that, despite our elected officials very busy schedules, they were eager to hear our concerns and learn about what matters to us. Many of the legislators and staff members with whom we talked were very open to discussions of complementary, integrative and cooperative modalities. They described their experiences with these modalities and reinforced their commitment to maintaining the opportunity for Colorado citizens to have a broad variety of choices for maintaining and regaining their health.

Our primary mission for the day was to offer ourselves and the *Voice for HOPE* organization as resources for questions and research to support our elected officials when they have questions or are voting on legislation that may impact the complementary care community. Many elected officials were delighted to learn that *Voice for HOPE* represents the entire community and is unbiased with respect to the individual modalities. They expressed frustration that frequently groups, representing a specific interest group, request legislation to benefit their group and disadvantage a competitor in the market. We assured them that our goal is to share unbiased information and research and connect legislators and senators with skilled practitioners of each modality to field specific questions.

The elected officials we met welcomed the fact that we were not asking them for anything, but that our main purpose of being there was to promote healthy, open access to the wide array of health choices in complementary, integrative, cooperative, and alternative health care modalities. We all enjoyed the experience.

*continued on page 23*



*"I hesitantly said "yes" when Cynthia asked me to join her at this Voice for HOPE event. In my mind I was thinking, "Me?? I have my political head in the sand most of the time!" I agreed only because I like new experiences and decided this would be a good, growth stretch out of my comfort zone. The big surprise of the day for me was how much I LOVED it. It brought politics to a personal, relationship level for me. I will not hesitate to call my congressmen and women in the future. I really had the sense they WANT to hear from their constituents. I texted my daughter, who is an absolute natural in the role of activist and who was shocked to hear I had agreed to go, to tell her I was actually having fun and she texted back "Nice! You go you activist you!" If nothing else, I impressed my daughter that day!*

**-Lauri Pointer**, BS, HTCP/I and Certified Instructor of Journal to the Self, Fort Collins, CO

*"I love the enthusiasm of Voice for HOPE. I have been a long time supporter of "BE THE VOICE" and this group proves to be just that. I feel all of us who practice energy medicine have a responsibility to be involved with our individual communities to spread the word about our professions. It has been my experience that our government representatives are more than willing to hear and support the cooperative presence that we hold to help others heal. Voice for HOPE gives us the foundational tools to speak and listen to our government officials. We can let them know of our supportive abilities to help our neighbors, our state and the people and animals of our United States. Have a chat with your local representative and let them know the amazing work you do with Healing Touch. We can instigate change!"*

**-Carol Komitor**, CMT, HTCP/I, HTACP, ESMT  
Healing Touch for Animals®, Founder

*"The training really helped me to relax and to receive clarity on how I could convey my message to the staff or representatives of Colorado. I developed more confidence with practice and realized I was just talking to another person who really cares about being healthy and about our state/country making good decisions about health care. Voice for HOPE is the perfect name because this organization gives me hope for establishing credibility for the wide variety of holistic modalities that we would all like to see accepted and respected. I am also filled with gratitude to the founders of Voice for HOPE for their vision and dedication. I hope everyone reading this will be inspired*



Above: Participants who attended the first statewide citizen lobbying event held by Voice for H.O.P.E. (Healers of Planet Earth) at the Colorado State capital in Denver on May 3rd.

*to make your Voice for HOPE heard by your state representatives."*

**-Cynthia Hutchison**, DNSc, RN, MSN, HTCP/I,  
Healing Touch Program Director

*"For me, the highlight of the day was my introduction to Voice for HOPE. After 20 years of working to reform health care almost exclusively in cooperation with my holistic physician colleagues, it felt good to be part of an organization representing a much larger segment of the holistic health community. I am inspired by their mission and look forward to contributing much more in the near future."*

**-Rob Ivker**, DO, ABIHM, HTCP  
Medical Director, Fully Alive Medicine, Boulder, CO  
Co-founder & Past-President American Board of Integrative Holistic Medicine,  
Past-President American Holistic Medical Association

*"It was a wonderful day and a wonderful way to experience being a good citizen. I was so impressed with everyone we met – the openness, availability and genuine interest and attention we were given. Even when just asking for directions around the capitol (what a maze of rooms!). The morning training with Rachel was not just helpful information about ways to successfully communicate with our representatives, it was information that can be applied to all communication and interaction. I know that I will be following up with the people I met!"*

**-Deb O'Sheerin**, HTPA

*continued on page 24*

*"What a great experience! I did not meet a single representative, senator or staff member who was not familiar with some form of complementary care. Even the skeptics were so happy to learn there is an unbiased resource from which to draw when they have questions. I am definitely joining Voice for HOPE"*

*-Kitty Kelly, BA, MBA, HTCP, Fort Collins, CO*

**Voice for HOPE** ([www.voiceforhope.org](http://www.voiceforhope.org)) is a national organization, with established grass roots/citizen lobbying experience in Washington, DC. Their organizer, James Turner, is a practicing attorney and was a part of Ralph Nader's early efforts to bring conscience to the political process. In addition to their deep interest in choice in health care, *Voice for HOPE* is devoted to advancing our political process beyond the partisan quagmire that now exists, and into a post-partisan state characterized by integrating divergent positions into consensus solutions. Essentially this is a process of applying energy healing principles and practices to our ailing political process.

**Voice for HOPE** (Healers of Planet Earth) mission statement: *"To advance the wellbeing of humanity by ensuring that producers, practitioners, and consumers of complementary, alternative and integrative health and wellness services and products have meaningful participation in the development of public policy, through educating policy makers and the general public and promoting the rights of individual consumers and their families to information, access, redress and choice."*

About the author:



Kitty Kelly's interest in governmental activities began when she was a member of a Political Action Group during her insurance career. Throughout her career, she maintained an interest in what was going on in Washington, but it wasn't until she visited her representatives and their staffs in Washington that she realized the substantial role that individuals play in the process of keeping government informed and responsive to their constituents. She hopes that when you read this article you'll renew your commitment to participate in our government's ongoing process of representing the will, hopes and dreams of the people that make up the United States of America.

Kitty is a Healing Touch Certified Practitioner. She has a BA and an MBA from the University of Colorado. She is trained in several energy medicine modalities and holds professional property and casualty insurance designations. She lives in Colorado with her husband, John.



*For the practitioner who wants to know more about the spiritual realms, issues in healing, and energy work, please join me for a live web radio program every Monday night at 8PM mountain.*

Please go to [www.blogtalkradio.com/DavetheMystic](http://www.blogtalkradio.com/DavetheMystic) . You may also download episodes for later! Thanks for listening and calling in!  
-David Barnett, HTCP, Littleton, CO  
[www.holisticbeliefs.com](http://www.holisticbeliefs.com)



## Invest in your Healing Journey...

with Cynthia Hutchison's meditational CDs for personal development. Learn, grow and develop through meditations designed specifically for beginner self care, classroom and clinic settings and mastering Healing Touch techniques.

*Each CD is 60 minutes of harmony and peace as Cynthia Hutchison guides listeners through meditations for Centering, Grounding and Attuning, Self-Chakra Connection, Spiral Meditation on Self, Hara Alignment and Etheric Vitality Meditation.*

2-CD Set Includes:  
5 Complete Meditations!  
**\$30**  
Plus S&H



*"...Cynthia's intention of grounding the listener is so helpful that I can stay present with the experience and not drift off into a light sleep as I have in other meditations."*

*Marjie Clarke, Level 3 HT Student, Graduate Barbara Brennan School of Healing 2010*

**www.BoulderHealingTouch.com.** Order yours today!  
CDs sold separately \$18. Special shipping rates available on bulk orders.  
Please visit Cynthia's NEW Website for more information!



# What is the Nature of Your Emergency?

By Tammy Letherer

It is a phone number universally known. It is the first one we teach our children; the one we hope we never have to call.

The Emergency Services Number, or 911 in the US, serves as a life-line, connecting us to rescue personnel. If you have ever had to use it, you probably have not given much thought to the person who answered the call. But what if the dispatcher on the other end answered with a heart-centered intention to stay calm, grounded, and centered? What if she visualized that same energy flowing through the phone line to you? Could it make a difference?

Maria Rangle thinks it does. For the past 10 years, Maria has worked as an emergency dispatcher for the Outagamie County Sheriff's Department in Appleton, Wisconsin. She is also a Healing Touch Practitioner. In July when she took Level 5 in Chicago, she talked about the stress of her job and how her apprenticeship year has changed her.

"I now have an underlying confidence that I am not alone when I do the job, that Spirit is there with me," she says. "I am being guided to do the right thing. It is a different vibration, especially during the last year."

She has come a long way since her first months on the job, when, she says, "I cried every day." She distinctly remembers two calls from that time as being her hardest. In one, she talked to a wife whose husband had fallen down the stairs and was not breathing. The man died and since the couple were the same age as Maria's parents, it really affected her. In the other, a new mother passed away from childbirth complications, leaving her husband, newborn, and two other children behind.

With tragedy frequently a part of a day's work, Maria has

learned to make self-care a priority. She starts her day with her journal, where she sets her daily goal. She thanks Spirit for watching over her and asks to be guided to be the person Spirit intends. After her shift, she decompresses by brushing off negative energy, walking her dogs, and meditating before bed. She receives body work once or twice a month, and enjoys listening to Cynthia Hutchison's meditations on her Ipod. She credits her Healing Touch journey for deepening her spirituality.

"I can take a step back now and I can breath," she says. "I have more serenity. I can find that sacred place, even if it is in my mind."

Maria says she has never been thanked by callers for her service. In fact, callers "are at such a heightened level of excitement that they feel entitled to treat us poorly." Still, "I send them love, especially difficult callers. I am more patient, and less judgmental, and I know it is because of my HT apprenticeship."

Her Healing Touch training began in 2007 when she received a hospital flyer in her mailbox announcing an introductory course. She had previously received energy healing from a student of Barbara Brennan and was interested in Reiki, as well. But it was during her Healing Touch training that she felt her heart grow warm.

"Healing Touch changed me," Maria says. "I'm happier. I have found my purpose."

Now she hopes to change others. Or at least spread the word about Healing Touch - especially on the job.

The dispatcher work environment is less than supportive, she says, and her coworkers are the best and worst part of the job. They share a bond, but those who have been on the job the longest tend toward bitterness and unfortunately management does not offer much in the way of emotional care. The department has a therapist available for "debriefing" after rough calls, but Maria says she gets few breaks and eats lunch at her desk.

*continued on page 26*

“As dispatchers we are kind of forgotten,” she says.

So she talks about Healing Touch a lot, and finds that the dispatchers, mostly women, are curious and supportive, while the police officers, mostly men, are not as open.

“They really need it because of what they put their bodies, minds, and souls through. They put their lives on the line.”

But, she says, her community is traditional and the “macho” culture of rescue personnel does not foster many requests for healing.

“I am not giving up on it but it is a challenge,” she says. “I am not sure what will break through the barriers.”

Her nine year-old cocker spaniel named Allie helps. Maria regularly takes Allie, who is trained as a therapy dog, to an assisted living facility and to local elementary schools, where a reading program lets children, who are learning English as a second language, practice reading to the dog. She has also started her own business, **Abundant Blessings Health and Wellness**, to bring healing to her community. She blends essential oils in handmade lotions, body washes, shampoos and conditioners, which she sells at local farmer’s markets.

Hospice work is next on her list of service projects. In July, Maria lost an uncle to lung cancer. She was able to do Healing Touch for him throughout his illness, with daily sessions before he passed, and was gratified to see how the treatments relaxed him. She has also worked on her stepfather, who is a Vietnam veteran suffering from Agent Orange poisoning. He has back pain that he typically rates as a 10 on the pain scale before her treatments, and as low as a 5 after a session. Now, not only does he request Healing Touch, but his doctors have also encouraged him to continue with Maria.

Healing Touch has become, Maria says, more about who she is, rather than what she does. Her vision is that, as more people learn about Healing Touch, they will allow healing to take place in their own hearts - making the world a more beautiful place. So she intends to keep spreading the word and, of course, she will continue to be a lifeline to her community, believing in the power of intention with every emergency call she answers.

“I always remember it could be my brother, my parent, or someone I care about on the other end of the line. I would want them to hear someone who is nurturing, kind and compassionate. I want my best self to come forward.”

To contact Maria Rangle or learn more about her business and essential oils product line, go to: [mrangle2002@yahoo.com](mailto:mrangle2002@yahoo.com) or [www.Abundant-Blessingsllc.com](http://www.Abundant-Blessingsllc.com)

About the author:

Tammy Letherer is a writer and Healing Touch Practitioner living in Chicago. Her novel Hello Loved Ones will be available this fall online. She is currently working on a nonfiction book and is looking forward to bringing Healing Touch to children.



THE INSTITUTE OF  
Spiritual Healing & Aromatherapy

Offering Two Healing Pathways

 The Healing Touch Spiritual Ministry Program  
Leading to a National Certification  
as a HTSM Practitioner

 AROMATHERAPY PROGRAM  
Leading to a National Certification  
in Clinical Aromatherapy

Contact our office for a brochure or go to our website for more information

(303) 467-7829  
Staff@ISHAhealing.com or  
Staff@HTSpiritualMinistry.com

[www.ISHAhealing.com](http://www.ISHAhealing.com)





# Essential Energy with Cyndi Dale

by Cyndi Dale

## The Busy Meditator

I avoided looking at my wristwatch, even as I averted my eyes from every clock face or digital timekeeper in the room. I could deal with being behind in returning phone calls and E-mails, but I was having difficulty dealing with the current trauma of the day. Lucky the monster puppy had hidden Gabe's and my shoes somewhere on—or off—the premises. In one minute, we would be officially late to baseball.

A few minutes later, I had fished my shoes out of the backyard pond. Gabe stood on the deck, dangling his, the backs smeared with dog slobber.

"They're too squishy to wear!" He complained.

"You'll run faster," I sighed. As typical, we would now be late to everything today, all because of Lucky's refusal to differentiate between food items and inorganic materials. Seeing as my New Year's resolution to meditate daily had already been "on pause" for six months, I figured another day would not make much difference.

Periodically—like a few times a week—people ask me about my meditation process. They assume that because I am in the spiritual healing business, I must have developed a robust prayer and guru-status meditation practice. By now, I should be able to levitate off the floor and pull gold coins out of the air. How surprised they are when I say, "Meditation? I took a yoga class once when I was pregnant. I could not bend, though, so I

just sat on the floor doing deep breathing exercises."

I hate to admit that modern life has gotten the best of me. The little time I can carve out of life's hustle and bustle, I would rather go to the movies than sit on a pillow with my legs crossed. (Besides, we have run out of pillows. Last month, they were Lucky's favorite snack.) This does not mean, however, that I do not meditate, in my own way.

There are many ways to meditate, and they do not all involve chanting mantras, twisting into yogic postures, or focusing in quietude. The methods of meditation are as varied as the individuals on this planet. In addition, there are countless ways to perform the two other counterparts to meditation -- prayer and contemplation. All three activities, when embraced with delight rather than a fateful sense of "have to," unite to form the basis of a solid spiritual practice, and equally important, a rich and splendid life.

Prayer can be defined as talking to the Divine, meditation as listening to the Divine, and contemplation as basking in the presence of the Divine. While many experts recommend that we separate these activities from normative life, we are not always able to do so. Sometimes our time truly is not our own. Rather, it is a commodity owed to our children, aging parents, or job. Sometimes we do not feel well enough to engage in strict spiritual venues. Furthermore, some of us lack the personality needed to engage in long, disciplined processes. Whatever the case, it is important to know that we do not have to refrain from these vital spiritual actions simply because we do not fit into a standard

*continued on page 28*

religious or spiritual mold. Instead, we can shape our spiritual practices to suit our lives, rather than the other way around.

I consider every moment an opportunity to converse with the Divine. Isn't God as available to the person standing in line at the grocery store as the one bowed before an altar? As my son once said, "God sure has big ears -- to hear all of us at once." I'm sure the Divine is not going to reject my prayer because I am wearing sweat pants instead of my Sunday best.

Likewise, the Divine can get a message to us anyway He or She wants. My oldest son was once complaining that I was too old to remember what it was like to get a cavity filled. How could I possibly understand what he was going through during our drive to the dentist?

"Well, maybe I do not get it, but God does," I said.

"He doesn't have teeth," Michael remarked.

At that moment, a huge bus pulled up next to us, with two words printed in bold letters across it.

"I Understand."

Underneath those words was the kicker.

"From God."

Was this response not as heavenly a meditation message as one we might receive within the secure walls of an ashram?

As for contemplation, is it not the state I aspire to every time I engage with a client? To honor the spiritual nature of another person is equivalent to contemplating the Divine. What greater task could we energy healers fulfill, but this?

In the end, is not all of life a prayer, every medium a conduit for the Divine, and each person deserving of being contemplated? Whether your moments of bliss involve fishing shoes out of ponds, becoming the "om" in a soundless manner, or singing prayers at the top of your lungs, may you know that the Divine

is always listening, speaking, and responding - and sometimes - maybe even chuckling.

About the author:



Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in the past 20 years. To learn

more about Cyndi, her work, books and products please visit:

[www.cyndidale.com](http://www.cyndidale.com)

© 2011 Cyndi Dale/Essential Energy • All Rights Reserved

Place Your Ad in  
**Energy** magazine™  
and have it viewed by over 18,000 readers.  
An ad this size can cost as little as \$50.  
For more information go to  
[www.EnergyMagazineOnline.com](http://www.EnergyMagazineOnline.com)



The Divine Mentoring Program

**"Become an Energy Healer, with ease"**

**Victoria F. Stewart, HTCP, HTACP**

[www.energytherapyspecialist.com](http://www.energytherapyspecialist.com)

**443.454.9018**

My philosophy as a mentor is to work personally with you to make certain that your package is complete and meets all the requirements for a successful certification.



# Professional Development Series

## Office Safety is Part of Safe Practice and the Responsibility of Every Professional Practitioner

Sponsored by



### Professional Development for Healing Touch and Energy Medicine Practitioners

As our professional careers in energy practice continue to rapidly develop and we become more exposed to mainstream regulations of professionalism, Healing Touch Professional Association (HTPA) is called to continually establish new ways to support you and help you protect the practice and career you love. We are committed to providing benefits and tools for your growth and success. We offer this monthly column for your use - personal and/or business. We encourage you to print it and share with your colleagues, students and/or clients. To learn more about HTPA and its many other benefits, please visit [www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com)

Energy Medicine practitioners believe in developing a heart-centered relationship with their clients. Their intent is to assist their clients in improving the quality of their life, often by improving their health. This may be through a wellness program; alleviating acute or chronic pain; reducing stress; and/or by helping them achieve a relaxed state so that their bodies can begin, or continue to heal. Even terminally ill clients can be helped to improve the quality of life without necessarily improving their *health*. Providing a treatment space that is conducive to healing aids in all of these endeavors.

Your treatment space extends beyond the room in which your client's session takes place to the entire area that your



client will experience from the moment they enter until they leave the premises. There should be a basic goal of ensuring the safety of everyone who steps on the property/into that space. This goal is one of the foundations of providing an excellent and safe experience for anyone that you see.

Many of us automatically assume that our treatment space/property is safe and provides a relaxing atmosphere. However, sometimes we fail to take into account the people around us and their particular needs. For example, your client may be either emotionally or physically impaired due to a recent trauma and not be paying attention to their new surroundings. An object or step that normally would not be unsafe, may present an issue to those in this condition. Or, those coming to you suffering from a terminal illness and therefore compromised, may be weak, unbalanced and unsteady on their feet. Being aware of the challenges your treatment space presents to each unique client is the duty and responsibility of every professional practitioner.

You may practice in a space in your home, rent an office or work in a setting that includes other practitioners. Some of you may be in a situation where you manage a center and rent to other practitioners. In any case, you want to review your


*continued on page 30*

treatment space on a regular, periodic basis for possible safety issues. Be mindful of obstacles that might cause a slip or fall, making sure walkways are clear and if needed, handrails are present. Consider slick floors, corners of rugs, electrical cord placement and objects such as magazines or books left on the floor. Don't forget to consider how your client enters your building and when applicable, remove ice and snow, loose gravel or any other substances that might cause an accident.

Regardless of how aware and careful you might be, unforeseen accidents can occur. In addition to periodic review and unwavering awareness of your premises, it is considered good business practice to protect yourself and your clients with General and Professional Liability Insurance coverage. Liability coverage is crucial to the protection of your practice, giving you peace of mind that in the case of something unexpected happening - you, your assets, your hard-earned business and your finances are protected.


Protect yourself and look into General and Professional Liability Insurance today. It's affordable and for pennies a day is your additional "safety-net." Don't let something unforeseen destroy what you have so carefully put in place. The protection it brings is priceless.

Check out [www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com) for more information.



## Anatomy for Healers®

**An Energetic Approach to the Physical Body**  
Sue Hovland, BSN, HTCP/I, Founder and Director



**This unique hands on approach integrates anatomy with the energy system of the body. Advanced new energy treatments are learned and practiced at each level, with direct clinical application. 24-27 CE hrs.**

**Level 1** teaches the energetic experience of the normal body systems and organs. Prerequisite: HT 3 or similar experience.

Date	Location	Contact	Instructor
8/4-7/2011	St Paul, MN	Carol Wille 651-439-8954	Lester
8/11-14/11	Donaldson, IN	Linda Aimone 219-884-9668	Lester
9/22-25/11	San Francisco Area	Carol Kinney 414-454-9689	Hovland
10/6-9/2011	The Hague	Nancy Strybol nancytintin@gmail.com	Hovland
April 2012	San Diego, CA	Mary Jane Aswegan 760-633-6312	Hovland

**Level 2** teaches an anatomical energy approach to diseases (including allergies), and a deeper experience in the body. Prereq: Anatomy 1

Date	Location	Contact	Instructor
5/20-22/2011	Grand Rapids, MI	Betsy Willey 616-863-8146	Hovland
6/10-12/2011	Annapolis, MD	Nancy Lester 410-721-7805	Hovland

**Level 3** studies in detail the brain and nervous system addressing stress, trauma, neurotransmitters and diseases. Prereq: Anatomy 1

Date	Location	Contact	Instructor
11/11-13/2011	Suffolk, VA	Lynne Whitlock 757-934-4900	Hovland

Plans are in progress for more workshops in 2011

Keep watching the website for new classes  
Register Online @ [www.AnatomyforHealers.com](http://www.AnatomyforHealers.com)  
Sue Hovland, 303-759-8966, [suehovland@aol.com](mailto:suehovland@aol.com)

## New CD in the Healing Touch Store!

### *A Healing Journey Through Sound*

Healing Music for Healing Touch Level 1 - by **Arden Wilken**

Piano and cello were chosen as the expression for this CD. The piano covers the full range of the body. The cello helps to reach a deeper resonance that allows profound connection deep in the body.

This CD is ideal for use during a treatment session, as an accompaniment to a self-healing meditation, or as relaxing and inspiring music to listen to at any time. Remember, you are part of the divine, living here on this planet in your body with all that you need to heal yourself.

**Order now through the HT Store - [click here](#)**





# Would you have \$28,000\* to cover a slip and fall TODAY?



With Professional and General Liability Insurance for your Energy Medicine Practice you can let that worry go.

\*According to the National Safety Council the average slip and fall claim can cost a practitioner as much as \$28,000.

**Do I need to have Liability Insurance for my Energy Medicine Practice?** This is a question you need to be asking yourself if you are seeing clients as a student, practitioner, instructor or a volunteer. Even when you do your absolute best work, there's always some risk that someone with whom you interact will be dissatisfied. Professional Liability Insurance protects you against covered claims arising from real or alleged claims in your work.

Professional and General Liability Insurance available through  
[www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com)



## SPECIAL ANNOUNCEMENT: Healing Touch Worldwide Foundation (HTWF) has established a Fund to support Volunteer Service and Special Interest Projects administered by Healing Touch Professional Association (HTPA).

The HTWF Fund for HTPA makes it possible to bring Healing Touch Volunteer Services to local and worldwide Communities. In co-operation with Healing Touch Program, HTPA has established Community Connections which administers HT Volunteer Services. Examples of Volunteer Service are Healing Touch to the Military and Healing Touch Disaster Response (starting with Healing Touch Practitioner Preparedness).

Contributions to the HTWF Fund for HTPA enables HTPA's *Community Connections* to expand opportunities for active participation.

You can help bring Healing Touch Volunteer Services worldwide by donating to the HTWF Fund for HTPA. Donations to HTWF are Tax Deductible, as allowed by law.

### HEALING TOUCH PROFESSIONAL ASSOCIATION WISHES TO ACKNOWLEDGE WITH DEEP GRATITUDE, Anne Boyd, Denise Anthes and Jane Hightower, for their generous donation of \$1,500 to HTWF's Fund for HTPA.

The funds were raised at the recent Healing Touch Worldwide Conference where Anne, Denise and Jane offered readings in the Vendor area and then chose to donate all their proceeds. This donation will help make it possible for HTPA's Community Connections to provide Volunteer Services and Special Interest Projects like Healing Touch Service to the Military and HT Disaster Response.

To find out how you can Donate to HTWF's Fund for HTPA and/or get involved in HTPA's Community Connections [CLICK HERE](#).

*Photo on right: Anne Boyd offered Bones and Stones readings to conference participants.*

To learn more about HTPA's *Community Connections* and/or apply to be a Volunteer, go to [www.HTProfessionalAssociation.com](http://www.HTProfessionalAssociation.com) and click on *Community Connections*.

To learn more about the HTWF Fund for HTPA, [click here](#).

To donate funds, please click the "Donate" button here:



HTWF Fund for HTPA





# HEALING TOUCH Class Schedule

The most up-to-date class schedule can be found on the Healing Touch Program web site [www.HealingTouchProgram.com](http://www.HealingTouchProgram.com). If you have questions or need to change the information on your listing please contact the HTP office at 210-497-5529 or e-mail at [info@healingtouchprogram.com](mailto:info@healingtouchprogram.com)

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location	Coordinator	Phone	Email	Instructor
<b>Intro</b>					
10/29/2011	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
1/7/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthelady@yahoo.com	Kathryn Hungness
<b>Level 1</b>					
9/27-28/2011	NC Asheville	Denise Anthes	(828) 275-5949	denise.anthes@msj.org	Denise Anthes
10/1-2/2011	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Walle Adams-Gerds
9/30-10/1/2011	CT Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Beth Wright
10/1-2/2011	SK Regina	Brenda Bieber	(306) 545-7008	bjbieber_99@hotmail.com	Betty Minifie
10/1-2/2011	MD Harwood	Joan Philpott	(410) 227-1920	joanrcrnp@aol.com	Nancy Lester
10/1-2/2011	TX Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	TBA
10/1-2/2011	PA Philadelphia	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Jean M White
10/8-9/2011	OH Chillicothe	Jill Zimmerman	(614) 271-9338	jill.zimmerman451@gmail.com	Mary Duennes
10/8-9/2011	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
10/8-9/2011	OH Medina	Nancy Strick	(330) 656-3425	nancy@healingtouchhudson.com	Nancy Strick
10/9 and 16/2011	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthelady@yahoo.com	Kathryn Hungness
10/14-16/2011	AB Calgary	Mount Royal University	(403) 440-3833		Betty Minifie
10/15-16/2011	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
10/15-16/2011	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
10/15-16/2011	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
10/15-16/2011	CA Redding	Carol Kinney	(415) 454-9689	cskinnyenergyhealing@comcast.net	Carol Kinney
11/5-6/2011	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
10/21-22/2011	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
10/22-23/2011	VA Suffolk	Marilyn Stulb	(757) 539-4413	mhstulb@yahoo.com	Marilyn Stulb
10/22-23/2011	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/22 and 29/2011	IL DeKalb	Debra Bemis	(815) 758-4059	dbemis@kishhospital.org	Ann O'Malley
10/22-23/2011	WA Sequim	Penny Burdick	(360) 683-3819	drpennysequim@gmail.com	Anna Marie Newman
10/22-23/2011	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
10/22-23/2011	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
10/22-23/2011	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart
10/22-23/2011	CO Fort Collins	Lauri Pointer	(970) 484-2211	LauriPointerHTCP@gmail.com	Lauri Pointer
10/23-24/2011	TX Houston	Connie Silva	(832) 613-1075	subtle-energies@sbcglobal.net	Connie Silva
10/28-30/2011	VA Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
10/29-30/2011	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman

*continued on page 34*

Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
10/29-30/2011	CA San Jose	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
10/29-30/2011	MI Grayling	Marian Long	(989) 348-0428	longmm@trinity-health.org	Long/Starke
10/29-30/2011	MO St Louis	Richard Smith	(314) 920-0858	lesrhs@sbcglobal.net	Linda Elaine Smith
11/5-6/2011	TN Memphis	Donna Donato	(901) 832-7665	Dona44@aol.com	Dona Donato
11/5-6/2011	SK Swift Current	Judy Ross	(306) 264-3653	djross@yourlink.ca	Betty Minifie
11/19-20/2011	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/5-6/2011	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
11/5-6/2011	MA Kingston	Pat Yetman	(774) 678-0150	patyetman7@comcast.net	Tina Devoe
11/11-13/2011	WA Seattle	Keela Marshall	(206) 545-7387	kwelness@earthlink.net	Keela Marshall
11/12-13/2011	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/12-13/2011	OH Cincinnati	Sally Gehlert	(513) 231-9783	sallygehlert@fuse.net	Sally Gehlert
11/12-13/2011	AB Edmonton	Cheryl Raiwet	(780) 436-0485	crauwet@telus.net	Betty Minifie
11/12-13/2011	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswelness@aol.com	Mary Sinclair
11/12-13/2011	TX Dallas/Fort Worth	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
11/12-13/2011	WA Kennewick	Rhonda Simonis	(509) 308-3910	rhondalea57@hotmail.com	Anna Marie Newman
11/12-13/2011	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
11/12-13/2011	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Walle Adams-Gerds
11/18-19/2011	OH Canfield	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
11/19-20/2011	BC Vancouver	Betty Minifie	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Minifie
11/19-20/2011	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/3-4/2011	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
12/3-4/2011	Ags Rincon de Romos	Nora Rodriguez	14659510516	norita_mar@yahoo.com.mx	Connie Silva
12/3-4/2011	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
12/9-10/2011	MI Grand Rapids	Debra Stalsonburg	(616) 401-7199	dstalsonburg@yahoo.com	Barbara Starke
1/7-8/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
1/14-15/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
1/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
1/14-15/2012	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
1/14-15/2012	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
1/21-22/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
1/21--22/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
1/28-29/2012	CA Castro Valley	Beverly A Dixon	(510) 888-9858	beverlydixon@comcast.net	Beverly A Dixon
1/28-29/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
2/11-12/2012	TX Austin	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
2/11-12/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
2/18-19/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
2/25-26/2012	PA Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
2/25-26/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
3/3-4/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
3/17-18/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
3/17-18/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
3/24-25/2012	OH Tipp City	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
3/31-4/1/2012	TX Austin	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
4/14-15/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
4/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
4/21-22/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
4/26-27/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
5/12-13/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
5/19/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
5/19-20/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson

continued on page 35



Date	Location	Coordinator	Phone	Email	Instructor
<b>Level 1 continued</b>					
5/26-27/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
6/2-3/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
6/6-8/2012	Jerusalem	Constance Hammond	(503) 230-2331	recah@comcast.net	Constance Hammond
6/9-10/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
6/16-17/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
6/30-7/1/2012	TX Austin	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
7/14-15/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
8/4-5/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/4-5/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
8/11-12/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
8/18-19/2011	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
9/8-9/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
9/8-9/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
9/15-16/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/29-30/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
9/29-30/2012	TX Austin	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
10/13-14/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/13-14/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
10/20-21/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/20-21/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
11/10-11/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
12/8-9/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
<b>Level 2</b>					
9/30 -10/1/2011	CT Greenwich	Beth Wright	(203) 622-6338	beth@bethwright.net	Jackie Page
10/1-2/2011	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
10/5-6/2011	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
10/7-8/2011	GA Atlanta	Ines Hoster	(404) 257-1843	ines@healingquestinfo.com	Ines Hoster
10/8-9/2011	IL Elmhurst	Kathryn Hungness	(708) 431-1530	HT.Kathryn@yahoo.com	Mary Sinclair
10/8-9/2011	NC Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Donna Duff
10/14-16/2011	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	Keela Marshall
10/15-16/2011	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Jackie Page
10/15-16/2011	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
10/15-16/2011	ID Parma	Marilynn Jackson	(208) 318-6010	mj@intuitiveoptions.com	Marilynn Jackson
10/15-16/2011	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
10/15-16/2011	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/15-16/2011	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
10/15-16/2011	FL Miami	Marilyn Cabrera	(305) 281-6444	marilyncabrera@bellsouth.net	Aleida Drozdowicz
10/15-16/2011	QUE Quebec	Yolande B. Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
10/15-16/2011	TN Memphis	Donna Donato	(901) 832-7665	Dona44@aol.com	Dona Donato
10/21-23/2011	WA Seattle	Keela Marshall	(206) 545-7387	kwelness@earthlink.net	Keela Marshall
10/22-23/2011	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
10/22-23/2011	NC Asheville	Denise Anthes	(828) 275-5949	denise.antes@msj.org	Denise Anthes
10/22-23/2011	CO Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
10/22-23/2011	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
11/4-5/2011	OH Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
11/5-6/2011	CO Ft Collins	Lauri Pointer	(970) 484-2211	LauriPointerHTCP@gmail.com	Lauri Pointer
11/5-6/2011	CA El Cajon	Julie Bennett	(619) 441-8771	jbennett@sheahealth.com	Kathy Allan
11/5-6/2011	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
11/12-13/11	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page

continued on page 36

Date	Location	Coordinator	Phone	Email	Instructor
<b>Level 2 continued</b>					
11/12-13/2011	Stuttgart	Renale Reichenberger	4.98E+11	renale.reichenberger@web.de	Ines Hoster
11/12-13/2011	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/19-20/2011	PA Philadelphia	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Jean M White
11/26-27/2011	MB Winnepeg	Christine Antenbring	(204) 414-4888	cantenbring@gmail.com	Betty Minifie
11/26-27/2011	Ags Rincon de Romos	Nora Rodriguez	14659510516	norita_mar@yahoo.com.mx	Connie Silva
12/2-4/2011	AB Calgary	Mount Royal University	(403) 440-3833		Betty Minifie
12/3-4/2011	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/3-4/2011	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart
12/10-11/2011	TX Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	TBA
1/21-22/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
2/4-5/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
2/4-5/2012	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
2/25-26/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
3/10-11/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
3/24-25/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
4/21-22/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
5/5-6/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
5/19-20/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
6/9-10/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
6/23-24/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/18-19/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
8/18-19/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
9/8-9/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
10/13-14/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
10/13-14/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
11/10-11/2012	TX San Antonio	Susan Emily Russell	(830) 860-5207	susanhtcp@gmail.com	Susan Russell
11/17-18/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/1-2/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
<b>Level 3</b>					
10/8-9/2011	CO Littleton	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Janna Moll
10/15-16/2011	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Tina Devoe
10/15-16/2011	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
10/15-16/2011	Stuttgart	Ines Hoster	4042571843	ines@healingquestinfo.com	Ines Hoster
10/29-30/2011	ME Bangor	Jean McKillop	(207) 326-4315	morgana@downeasthost.com	Tina Devoe
11/4-5/2011	OH Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Barbara Starke
11/4-6/2011	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
11/5-6/2011	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
11/11-13/2011	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
11/12-13/2011	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/12-13/2011	VA Fredericksburg	Ren Fields	(540) 371-4555	Ren4yoga@yahoo.com	Maureen McCracken
11/12-13/2011	QUE Quebec	Yolande B. Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Nicole Kasemir
11/18-19/2011	CT Greenwich	Beth Wright	(203) 622-6338	beth@bethwright.com	Tina Devoe
11/18-19/2011	GA Atlanta	Ines Hoster	(404) 257-1843	ines@healingquestinfo.com	Ines Hoster
11/19-20/2011	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/19-20/2011	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
11/19-20/2011	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
11/19-20/2011	NC Asheville	Denise Anthes	(828) 275-4704	denise.antes@msj.org	Anne Boyd
11/19-20/2011	CO Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
11/23-24/2011	Ags Rincon de Romos	Nora Rodriguez	14659510516	norita_mar@yahoo.com.mx	Connie Silva

continued on page 37



Date	Location	Coordinator	Phone	Email	Instructor
<b>Level 3 continued</b>					
12/3-4/2011	NC Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Donna Duff
12/3-4/2011	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
12/10-11/2011	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
1/14-15/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
2/4-5/2012	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart
2/11-12/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
2/25-26/2012	NC Asheville	Denise Anthes	(828) 275-4704	denise.antes@msj.org	Anne Boyd
2/25-26/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
3/24-25/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
6/22-24/2012	AB Calgary	Betty Minifie	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Minifie
7/14-15/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
7/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
7/21-22/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/29-30/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
11/10-11/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
11/24-25/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
1/19-20/2013	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder

**Level 4**

10/6-9/2011	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett Hibdon
10/12-15/2011	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
10/20-23/2011	NT Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Minifie
10/27-30/2011	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie
11/3-6/2011	MO St Louis	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
11/18-21/2011	Ags Rincon de Romos	Nora Rodriguez	14659510516	norita_mar@yahoo.com.mx	Connie Silva
12/1-4/2011	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
12/1-4/2011	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
12/8-11/2011	WA Union	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
3/22-25/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
7/5-8/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac

**Level 5**

10/6-9/2011	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Carol Kinney
10/12-15/2011	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
12/1-4/2011	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett Hibdon
12/1-4/2011	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
12/8-11/2011	WA Union	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
3/15-18/2012	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie

**Level 6**

11/7-10/2011	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
--------------	------------	------------	----------------	--------------------------------------	-------------------

**Advanced Practice 1**

3/10/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
3/31/2011	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/27/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison

**Advanced Practice 2**

3/11/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/1/2011	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison

*continued on page 38*

Date	Location	Coordinator	Phone	Email	Instructor
<b>Advanced Practice 2 continued</b>					
4/28/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
<b>Advanced Practice 1 and 2</b>					
3/10-11/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
3/31-4/1/2012	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/27-28/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
<b>My Helpful Healing Touch</b>					
11/19/2011	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart/Judi Gaston
1/15/2012	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart/Judi Gaston
<b>Mentor Training-Fall-AM</b>					
1/17-3/13/2012	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
<b>Mentor Training-Fall-PM</b>					
1/19-3/15/2012	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
<b>HT Presentations Class</b>					
12/11/2011	CO Fort Collins	Lauri Pointer	(970) 484-2211	lauripointerhtcp@gmail.com	Lauri Pointer
<b>Self Care Training- FOR INSTRUCTORS ONLY</b>					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	Barbara Starke
<b>Childrens Class Training- Level 4 and Above</b>					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	Cynthia Hutchison
<b>The Power of Your Awareness Webinar</b>					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	David J. Fiala

## Go beyond Mindfulness to The Power of Your Awareness...

### **The Power of Your Awareness Webinar**

Instructor: David J. Fiala, MSSA, LISW

Integrating the mind, body, and spirit in a conceptual and experiential manner, this seminar offers a holistic approach to living, enabling you to significantly increase your awareness of life.

You'll learn practical life skills that will give you the foundation to overcome even the most challenging situations. Detailed explanations and videos will provide you with the necessary theory and practical demonstrations to assist you in your learning.

The seminar places great emphasis on living life from the perspective of "I can do this. I can do whatever it takes!"

[Click here](#) for more information or to register now through the Healing Touch Program website