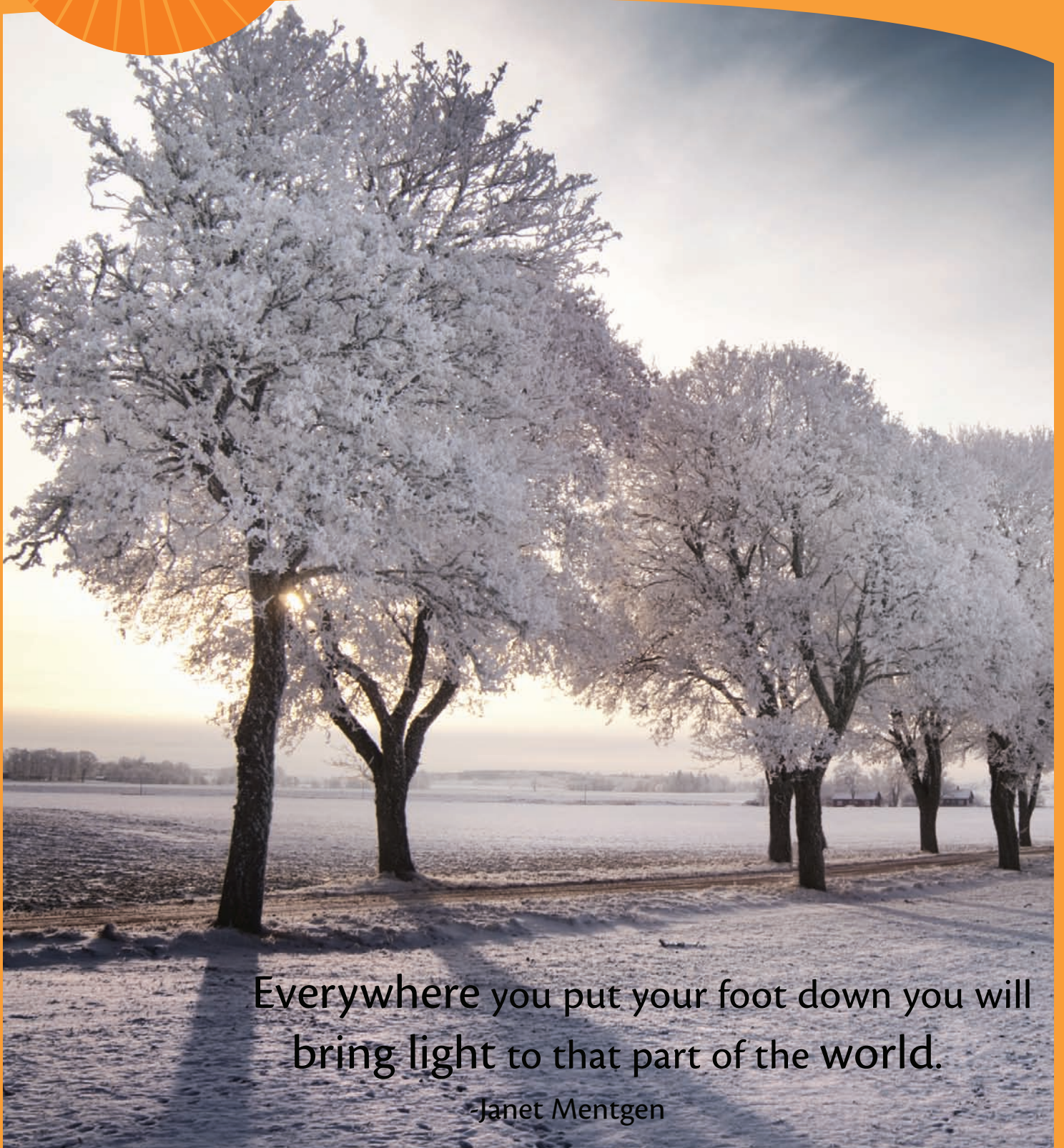


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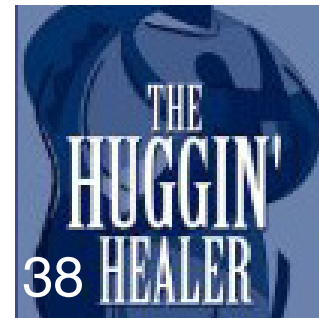
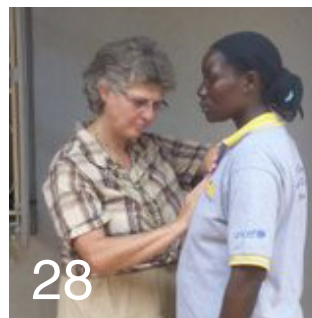
Energy magazine™

The Official Publication Of Healing Touch Program



Everywhere you put your foot down you will
bring light to that part of the world.

-Janet Mentgen



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www.HTProfessionalAssociation.com

Healing Touch Worldwide Foundation, Inc. -

www.HTWFoundation.org

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www.EnergyMagazineOnline.com/archived_issues

Each year we designate a focus for our monthly issues. In addition, each issue contains other articles of interest to our Healing Touch Community. We are always open to suggestions and ideas and any article you would like to contribute. Energy Magazine depends on you, our readers, for articles. Send your article to info@EnergyMagazineOnline.com

Upcoming Issues:

Jan/Feb 2012

The Wellness Revolution

Article submit deadline - November 1, 2011

Mar/Apr 2012

Healing Touch in Hospitals and Veterans

Article submit deadline - January 1, 2012

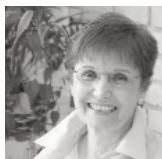
May/June 2012

Anniversary Issue/International Outreach

Article submit deadline - March 1



Billy Courtney
Editor



Nancy Strick
Assistant Editor

Energy Magazine™ would love to hear your comments!

Greetings

from Billy Courtney
Editor, Energy Magazine



Dear Readers,

This past June marked the 5th Anniversary of Energy Magazine. I can't tell you how amazing that is to me. The time has just flown by. We have grown from an idea of sharing articles, stories and experiences about Healing Touch and energy medicine with the world to having an international readership of 20,000 subscribers. You, our readers, keep us inspired with your letters, comments, suggestions and most importantly with your open and willing hearts and minds. Thank you for your participation and support.

I would like to send a special heart felt **Thank You** to our contributors for your wonderful, inspiring articles and willingness to share your experiences, insights, expertise and yourselves. **Energy Magazine's success is because of You.**

I would also like to personally thank the many people who work very hard every month to bring Energy Magazine to life. Nancy Strick, my assistant editor, Margaret Nies, Cynthia Hutchison, Lisa Gordon, and the staff at the HTP office. Because of you the magazine is even more wonderful than I could have imagined. I am truly grateful to have such a talented and supportive team. I look forward to many more years of working and growing together. My thanks also goes to Cathy

Andersen for her amazing photo talents that she so generously shares with Healing Touch and Energy magazine (she took this picture of me!). You can see her work on Flickr [here](#).

We are excited to announce our **new schedule for 2012** (see page 5). We will be adjusting our publishing schedule from every month to bi-monthly issues. This will allow us more time to focus on each issue and will hopefully give you, our readers, more time to read each issue. We are hoping you will feel free to provide us with your feedback as the year progresses. We want to know what you think of Energy Magazine and how we can improve. You can send your comments directly to me at energy@healingtouchprogram.com.

Blessings for a wonderful Holiday season
and a bright New Year,

Billy

2012 Energy Magazine Schedule

Earn your “I’ve Been Published” button!
Write an article for Energy Magazine.



Each year we designate a focus for our issues. In addition, each issue contains other articles of interest to our Reader Community. We are always open to suggestions and ideas and any article you would like to contribute. Energy Magazine depends on you, our Reader Community, for articles. Send your article and questions to energy@healingtouchprogram.com

2012	Focus	Article Deadline	Publish Date
Jan/Feb	The Wellness Revolution	Nov 1, 2011	Jan 5
Mar/Apr	Healing Touch in Community and Veteran Hospitals	Jan 1	Mar 1
May/June	Anniversary Issue/International Outreach	Mar 1	May 3
Jul/Aug	Practitioner Issue and HT as First Aid	May 1	Jul 5
Sept/Oct	HT with Children and the Elderly	Jul 1	Sep 6
Nov/Dec	Manifestion	Sep 1	Nov 1

General Subjects that are included in all issues:

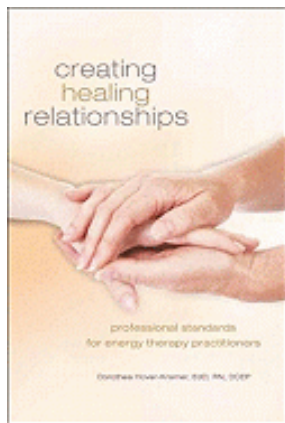
- Healing Touch Experiences
- Healing Touch Research and Studies
- Book Reviews
- Practice/Support Group News

Announcements & Letters

The Twelve Months of Level 4



As a Holiday gift to any HT students and mentors out there who would appreciate a “heart-y laugh,” check out this [YouTube video](#) showing a group of 24 Level 5 students from Asheville, North Carolina’s December 1st-4th class sing for you a very creative version to the melody of “The Twelve Days of Christmas.” They are using lyrics that match the mentorship and homework experience toward HTP course graduation! *Lyrics by Elizabeth Wilde and Jane Frye.* Enjoy!



Creating Healing Relationships by Dorothea Hover-Kramer is an Award-Winning Finalist in the Health: Alternative Medicine category of The USA “Best Books 2011” Awards, sponsored by USA Book News. As of 2012 this book will be required reading for all Level 5 students. To purchase through the Healing Touch Bookstore [click here](#).



HTPA Business Support “Live Interview”

WHAT WORKS –
HOW TO DEVELOP A REFERRAL CULTURE
with Julie M. Wright, Business Coach and
Energy Medicine Business Owner

Tuesday December 13, 2011 - 9 pm Eastern



Julie Wright has become a popular workshop presenter for our Healing Touch and Energy Medicine practitioners. She has presented at our Healing Touch Worldwide Conferences and conducted the first two segments of her Business Mastery Series by tele-conference. All of her offerings have received rave reviews and our Community is clamoring for more. Well, here she comes with more!!

Whether you are starting a practice from scratch or have been in practice 20 years or more, you will find Julie’s information creative, practical and most important profitable. She always has tips you can start using immediately –not next week or next quarter. Julie has had a successful Energy Medicine practice for many years and has never advertised. All of her clients come from referrals and word of mouth. Julie says that if we are really getting referrals we should be making a six-figure income.

Make sure you don’t miss this call as Julie will be announcing details about her upcoming new Business Mastery Series™ offered in a 4 week webinar format through HTPA. The first module: “WHAT WORKS – HOW TO DEVELOP A REFERRAL CULTURE” will be starting Jan. 19th. She will also be offering HTPA members substantial discounts for her webinar. This interview will kick-off the webinar registration.

We invite you to join us for this multidimensional interview. For more information or to register, [click here](#).

Announcements & Letters



A Level 6 Instructor Training Class was held in Boulder, Colorado November 7 – 10, 2011.

Instructors were Cynthia Hutchison and Janna Moll. HTP's new instructors-in-training are: Lynn Anderson from Knoxville, TN; Shirley Ballantyne from Mill Spring, NC; Melinda Graham from Matfield Green, KS; Lisa Johnson from Louisville, TN; Dorothy Kuckuck from Loveland, CO; Kim Mckibben from Highland Village, TX; Joan Philpott from Annapolis, MD; Isle Polonko from Hardwick, NJ; Brenda Rasch from Knoxville, TN; Nancy Stephens from Cullowhee, NC and Victoria Stewart from Oxford, PA. Seasoned instructor Rita Kluny, Austin, TX also joined the bunch. HTP is so blessed to welcome this amazing group of women to instructorship!"

Happy Holidays

from everyone at

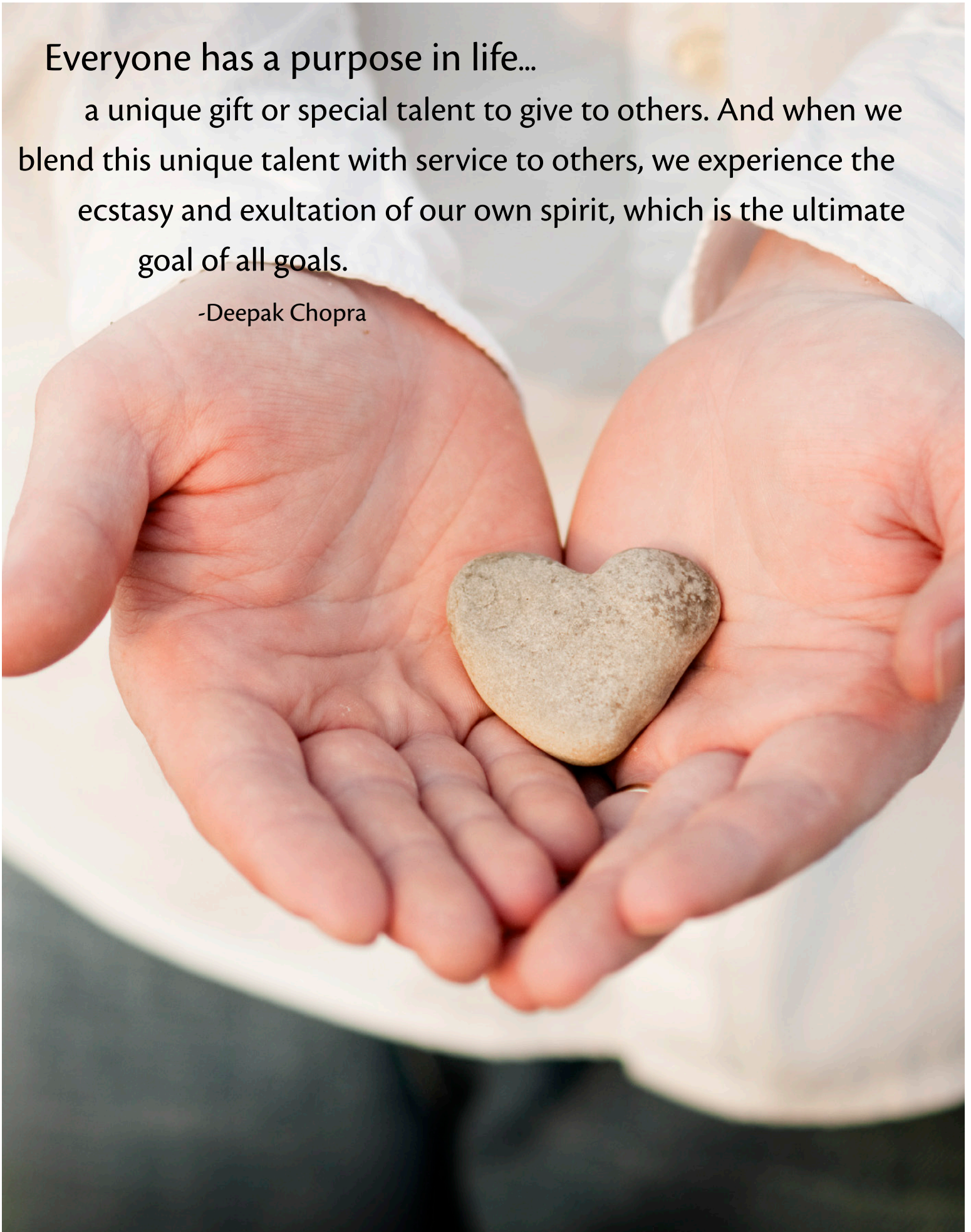
Healing Touch Program

May your 2012 be filled with Abundance

Everyone has a purpose in life...

a unique gift or special talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our own spirit, which is the ultimate goal of all goals.

-Deepak Chopra



Essential Energy with Cyndi Dale

by Cyndi Dale

To know how to grow old is the masterwork of wisdom, and one of the most difficult chapters in the great art of living. -- Henri Frederic Amiel

My mother is eighty-four years old. She is busy almost every night - with book clubs, church meetings, concerts, and the dream interpretations she provides to people in need. Little wonder my twelve-year-old believes that his grandmother, who does not actually hold a paying job, is a member of the work force.

Recently he looked at me and asked, *"Mom, what do you think Nana will do when she retires?"*

One of the goals of Healing Touch in relation to the elderly is to bolster health, so the aging remain as spry, nimble, and aware as possible. There are also times that an elder needs help doing the opposite -- releasing loved ones, possessions, and dreams -- gathering memories before moving to the next stage. These are times that our elders require pain relief and soothing, medicine for the soul as well as the body, and a replacement for what is lost.

It is hard to release what has defined our lives - and us. Even my mother, as active as she is, feels like she is losing ground to age. Once a morning person, up at dawn and chirping with the birds, she now complains because she does not start her day until 10 or 11 a.m. *"It takes me so long to wake up, take my pills, shower, and dress," she remarks, "Half the day is gone before I have started it."*

I have heard similar remarks from many of my elderly clients. One, a petite, vibrant woman named Muriel—who LOVES red

tennis shoes (I have never seen her wear anything else)—once said, *"My four minute eggs now take me an hour to cook. I think there is something wrong with modern hens."*

Energy medicine is not a magic cure. It is not going to erase all the wrinkles on our faces, but maybe it can ease the creases in our hearts. Hands-on-healing is not going to eliminate every terminal condition but maybe it can invite graceful transformation. A healing touch might not bring back yesterday but it might fill our remaining days with nostalgia and sunshine. In other words, Healing Touch and other energy modalities cannot change reality, but they can open us to new realities.

I remember how hard it was for my dad to give up what was most precious in his life after he was diagnosed with cancer. One day, after receiving two types of treatments for lung cancer, he called me into his hospital room.

The curtains were shut.

I asked why.

He said, *"I do not want to see planes anymore."*

Planes were my father's lifelong passion.

My father restored planes in our garage when I was growing up. He would haul in great husks of these broken machines, many with their wings shorn off, and gently and efficiently set about bringing them back to life.

continued on page 10

He would first repair the body and then set about tinkering with the engine, or the heart, of the plane, smiling when it roared back into action. He would next grab a few men from the neighborhood and attach grappling hooks to the reanimated living "patient" to help haul it to the backyard. The most delicate part of the procedure now began, which was the healing of the wings.

For all that these wings of a small plane accelerate to a hundred miles an hour and carry upward toward 2,000 pounds, they are made of thin aluminum frames with stretched fiberglass and glue. I remember wondering how a glue similar to the Elmer's I used in kindergarten could hold a plane together when it was high in the sky.

Eventually the body and the wings would be joined and a real-life plane could now be trucked to the airport. My dad was his happiest at that moment, for then he could enjoy the freedom he had spent months on the ground earning.

My dad did not have to tell me that he was dying. The shut curtain, which cancelled out both the sight and the sounds of airplanes, told the story.

All the way through life, we are asked to give up what is most important to us. Our babies turn from being toddlers into grown-ups, who then move away. Our knees get cranky and we are walking instead of running. Our lives ebb and so do our appetites, maybe even our ability to get to the refrigerator at all. Yet we are still alive, we are still being transformed, body, heart, and soul. However, we are usually very aware that we are losing what is precious in the process of waiting for our wings to be attached -- the wings need to fly a new direction, into new places.

My father eventually shifted his passion for planes into a concern for his only grandson, my oldest son. The promises I made to my father during his final months gave my son a wonderful start in life. These promises included selecting a school for him that would give him a great education. They also involved collecting artifacts from my father's life that would remind my son that his grandfather always loved him, from this OR the other side.

My father did not need to release everything to open to a new horizon, nor do we, as practitioners, need to compel our elderly clients to let go of everything. Instead, our job is to help peel away the surface of life to the truth that is underneath.

Love continues.

Sometimes it takes a healing touch to know this.

About the author:



Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over

30,000 clients in the past 20 years. To learn more about Cyndi, her work, books and products please visit: www.cyndidale.com

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My philosophy as a mentor is to work personally with you to make certain that your package is complete and meets all the requirements for a successful certification.

My Mother, Eveline



By Karen B. Chin, RN, MS, HTCP

My mother, Eveline, currently lives with my new husband and me in Northeast Texas. She is 83 years old and in the last eight years or so she has taken both Healing Touch Level 1 and Level 2 classes. She has also had the opportunity to be a helper for a few Level 1 classes. I have come to the conclusion that my mother has always had a level of intuitiveness which she developed during her lifetime - resulting in her fully embracing the concepts of Healing Touch upon learning of it.

She feels strongly that it is important for people to be open minded about Healing Touch in order for them to benefit from this wonderful modality. Mom absolutely loves the whole idea of energy work. For many years, she has been my “marketer”, surreptitiously carrying my business cards with her -- always anxious to provide them to people who were interested!

Eveline’s first dramatic health change as a result of a Healing Touch treatment occurred in the mid-1990’s from a distance session. I was in California and she was staying with my sister in New Hampshire, having just been released from the hospital. Her issue was respiratory, and just an hour or so after the treatment, my mother coughed up a large amount of secretions from her lung, and said she *“felt as if my fever broke. I got really sweaty and had to take a shower”*. That following day she required only a couple of breathing treatments, whereas prior to this, she needed them about 4-6 times/day.

(As a footnote, I would like to add that Mom has had the use of only one lung since the age of 19 as a result of tuberculosis.)

In 1999, Mom became very ill and was placed on oxygen 24/7. I taught her to do a **Self Chakra Connection**, which she did religiously twice a day for over a year. At the end of that period we realized that she no longer needed her oxygen. This occurred when we were at a large theme park and discovered that her oxygen tank had been empty and Mom did not even realize it!

Then, after experiencing a wonderful quality of life for about 9 years with only minimal use of supplemental oxygen, during this past year she has had to return to the full use of this aid for 24/7 yet again. But it does not keep her down -- she continues to train in karate!

Mom absolutely loves to receive HT sessions, of course! I would venture to call her an energy “junkie”! Whenever the treatment table is up and I forget to offer her a treatment, she will very bluntly let me know that she is ready for a session! Mom also enjoys attending our monthly Healing Touch practice sessions that we try to have on a regular basis in our area.

My mother accompanied us to the Healing Touch Program Conference in San Antonio this year where she supported both the Institute for Spiritual Healing and Aromatherapy (ISHA), as well as, the Healing Touch Worldwide Foundation with her purchases at the silent auction tables. She really enjoyed the shopping aspect of the conference - which included visiting the vendors.

The elderly certainly can offer different challenges, especially because many often have multiple chronic health issues. In addition to her respiratory issues, my mother complains of chronic arthritis in her right shoulder, has mild diabetes and hypertension, occasional ankle swelling, and heart abnormalities.

However, our personal experience is that Healing Touch can definitely improve and maintain the quality of life for people such as my mother, Eveline.

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About the author:



Karen Chin has been a registered nurse for over 35 years and a Healing Touch Certified Practitioner since 2001. Over the course of her nursing career, Karen has worked as an operating room nurse in Massachusetts, Hawaii, Arizona, New Mexico, and now Texas. She served her country as a member of the Air Force Reserve for 25 years, retiring in 2008.

She currently teaches RN nursing students at Panola College as a clinical instructor and works at Good Shepherd Medical Center – Marshall as a staff nurse in the operating room and in the PACU (recovery room).

Her part time business is called Touch of the Phoenix. She currently coordinates Healing Touch workshops in the NorthEast Texas area, and is planning to become a Level 1 instructor. She also holds two positions in the Healing Touch Worldwide Foundation, that of Secretary and Co-Chair of the Grant Committee.

Another passion which Karen enjoys involves a form of karate called Soo Bahk Do. Training now for over four years, she appreciates the mind-body connection which it emphasizes. Karen lives with her husband, Steven Kelly, and her 83 year old mother, Eveline (and her cat).



Above: Karen Chin (on right) and her mother Eveline

A blue banner with a circular logo on the left showing two hands cupping a glowing light. To the right of the logo, the text reads "Alternatives for Healing" in a large, white, serif font, and "A Holistic & Alternative Medicine Directory" in a smaller, white, sans-serif font below it.

Opportunity for HT Practitioners • Alternatives for Healing Website

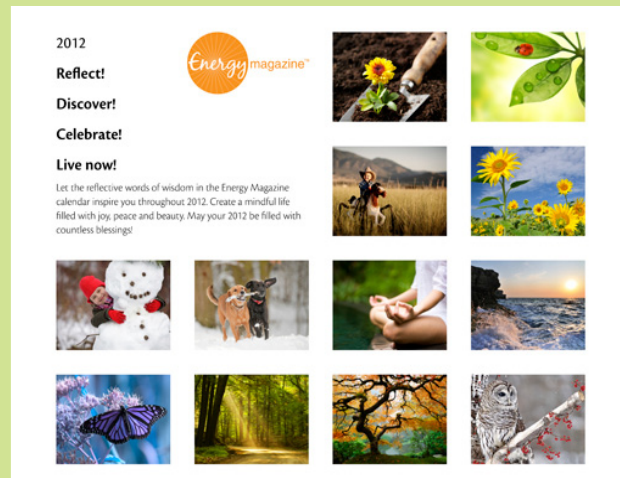
Alternatives for Healing is a leading alternative and complementary medicine directory for finding holistic practitioners. It has over 100 therapies to search from, including Healing Touch, along with the convenience of four geographic search options: city, county, state or nationwide. It is one of the easiest ways for someone to find a Healing Touch Practitioner anywhere in the country.

Healing Touch Practitioners take advantage of the discount and get listed in the AlternativesForHealing.com directory. The annual charge for alisting is normally \$75. The discounted rate for HT Practitioners is only \$60 per year. This includes a listing as a Healing Touch Practitioner as well as a listing for any other modality you work in, i.e. massage, within the over 100 modalities posted on the site. Your listing can also include posting workshops, articles, YouTube videos, and newsletters.

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Help keep Energy Magazine vibrant and growing.



A Blessed Journey of Gratitude and Strength

by Janice Paton, Certified HT Practitioner

As a Healing Touch Practitioner Apprentice, I found it very difficult to treat my elderly Aunt. When I think of her, I am reminded of her strength and beauty. All families have that one special person who is the rock of the family. That was my Aunt. She was that beautiful light that was there for nurturing and support. Her famous southern style cooking could make your mouth water. She always made sure everyone had enough food and often cooked for what seemed like an army.

In her 90's and suffering from various illnesses resulted in her need to be admitted to a nursing home. It was a blessing to share Healing Touch with my Aunt for one year because she always looked forward to it. Although I explained Healing Touch and its benefits, I am not sure how much she really understood. When I visited her, she always asked me to give her a treatment.

Treating my Aunt proved to be a beautiful healing process for me. Doing Healing Touch allowed me to connect with spirit and to be fully awakened to the bigger picture of life. When I started doing Healing Touch on my Aunt, I never realized how hard it would be. The first treatment was performed in her home. She was lying on her bed and was in a lot of pain. Soon after starting the **Chakra Connection**, my Aunt began to weep.

She proceeded to tell me that she did not know what to do with all of the pain. Her head nodded back and forth as she said, *"This feeling is just so horrible"*. At that moment I thought about

how she cared for me as a young child and now I was helping to take care of her. I fought back my tears and continued the **Chakra Connection**. I asked God for strength to be a loving light for my Aunt's healing. By the end of the session, she was asleep and looked very peaceful.

As I drove to pick up my children from school, I began to cry. I knew that I needed to stay grounded and to give this to God. Praying and meditating have always been my source for allowing God to take my worries away and release any fears that I have. I asked God to use me as His instrument for my Aunt's highest good in her healing process. My prayer also included asking for the strength to stay centered when working on her. I let go of any emotional feelings, as well as, preconceived expectations. Releasing fears and allowing myself to be a vessel for God's light brought me internal peace. I am extremely grateful to have had the opportunity in this lifetime to care for someone who has cared for me. I thank God that I could be His instrument to offer healing. What a blessing to be fully awakened to this gift of peace and love.

My Aunt passed away January 21, 2010 - in the hospital surrounded by her family. I visited her daily at the end and gave her Healing Touch treatments even though she was not coherent. On the day before she died, I laid my hands on her brow and crown chakras. I told her that she was loved and safe. Even though she was not responsive, I knew that her spirit was fully aware that I was present with her. I proceeded to tell her that it was okay to go home. My Aunt had been calling out to her Mother, Father, Grandmother and sister who had all passed away. I explained that it was okay for her to go to be with her


continued on page 15

family. I stroked her head and kept repeating that she was loved and safe. She died the next day.


I had tremendous personal growth and awakening throughout my apprenticeship. During Level 4, the Level 5 students shared insights regarding their apprenticeships. I clearly remember one student saying that the year presented her with great inner challenges, as well, as personal growth beyond her wildest dreams. She was absolutely right and I would not change my apprenticeship year for all the money in the world.

About the author:

I have a Bachelors degree in Early Childhood Education and have just recently become a certified practitioner. My true passion is my business, good intentions healingwear. The mission of my company is to teach women about spiritual well being. This is why I've created Campaign Wake Up! I educate women and at the same time offer spiritual tools for living a purposeful life! My clothing is just one way for people to remember their importance and value. www.goodintentionshealingwear.com



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Level 1 teaches the energetic experience of the normal body systems and organs. Prerequisite: HT 3 or similar experience.

Date	Location	Contact	Instructor
10/6-9/2011	The Hague	Nancy Strybol nancytintin@gmail.com	Lester
April 2012	San Diego, CA	Mary Jane Aswegan 760-633-6312	Lester

Level 2 teaches an anatomical energy approach to diseases (including allergies), and a deeper experience in the body. Prereq: Anatomy 1

Date	Location	Contact	Instructor
3/16-18/2012	St. Paul, MN	Carol Wille 651-439-8954 ckwille@q.com	Hovland

Plans are in progress for more workshops in 2011

Level 3 studies in detail the brain and nervous system addressing stress, trauma, neurotransmitters and diseases. Prereq: Anatomy 1

Date	Location	Contact	Instructor
11/11-13/2011	Suffolk, VA	Lynne Whitlock 757-934-4900	Hovland

Plans are in progress for more workshops in 2011-2012

Keep watching the website for new classes
Register Online @ www.AnatomyforHealers.com
Sue Hovland, 303-759-8966, suehovland@aol.com

New CD in the Healing Touch Store!

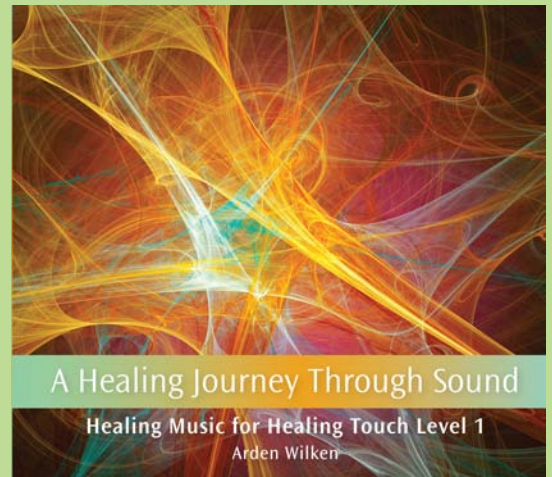
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Lessons in Unconditional Love from Peru's Shamans

by Mike and Tajinder Hammer

In most cases, these specialists serve only as healers and advisers, handling no other duties in society. It is remarkable that in a society of generalists who all pitch in to handle whatever comes their way, Peruvians most revere their shamans as uniquely qualified professionals.

Christianity Plays a Role

We were surprised to learn that Christianity plays an important role in modern shamanism which refers to a range of beliefs and practices related to interactions between humans and the spiritual world. In fact, it is such an array that it may be a disservice to refer to all of these healers by the same name.

At the simplest level, Peruvian shamans are go-betweens or messengers that span this world and another. In many Peruvian traditions, shamans are more than communicators or intermediaries, however. They treat bodily illnesses by rebalancing the soul's seeming failures. Cleansing a weighed-down or damaged soul is seen to restore an ailing body to its intended wholeness.

In a shaman's medicine bundle it is not unusual to find a crucifix tucked away alongside healing stones. Some of these healers fully embrace aspects of the Roman Catholic and Protestant Christian faiths, as well as, other seemingly unrelated religious traditions. In fact, we've noticed these anciently rooted practitioners use many of the same healing techniques as those presented in Healing Touch, helping us see that all of us and our beliefs really are one.

Unconditional Love

As we said, it is difficult to generalize about shamans because each of them has been influenced by many tribes, events and outsiders. We can tell you a little about those of Inca descent, however. Incan shamans follow the principle of Munay, which translates best as unconditional love. For generations, this tradition has been part of their daily lives. Can we claim the same

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It is difficult to generalize about what modern shamans of Peru believe because there are so many amazingly diverse religious, spiritual and cultural influences at play today. However, when we think of shamans -- we think of unconditional love.

Shamanism, we have learned, is alive and well in Peru. In fact, this tradition of love and healing flourishes because of the country's respect for their elders, their history and their traditions.

Through our travels in Peru, we have learned that shamans are not just quaint relics of another time. They are relevant, interesting and inspiring people with important lessons to teach us. We admit their methods are strange and their clothing is sometimes just as unusual, but these medicine men and women have always left a profound impression on us.

It Feels Right

No matter what you believe, it is hard to call what shamans believe wrong. We know firsthand that their healing techniques work - suggesting they are as much from God as anyone else who can facilitate healing.

On our tour group trips to Cuzco, we worked with local shamans, each one of them the most kindhearted, loving and authentic person you could ever imagine. These healers seem to radiate unconditional love from the very core of their beings.

commitment to unconditional love?

In this tradition, you have to be in right relationship to yourself, others and nature. We once chatted with a seven-year-old boy as we hiked to one of Peru's sacred sites. Before he left us, he offered us the traditional departure greeting - "*Tupanchiskama*."

It was a simple and common greeting, but it was a powerful and profound moment for us that moved us in an exceptionally deep way. The phrase means that the speaker will see you next time, whether in this life or the next.

The phrase reminded us to never say goodbye, only farewell. It also reminded us how privileged we were to be in the presence of people who truly believe in the reality of a life beyond this one. The greeting is just one way we have seen Munay expressed as heartfelt unconditional love for the spirit inside, as well as, the person in front of you.

Munay is not romantic love at all. It is a deep, spiritual love that flows very naturally from the heart. It is a love that expects nothing in return, accepts whatever it finds and is an intrinsic part of every being.

In the United States, it is easy to let technology, busyness and stress distract and preoccupy us. We have the privilege of traveling to Peru, however, and experiencing Munay. It is something everyone should do at least once in their lives. In exchange for your visit, you will see and feel an example of unconditional love that is likely not to be found anywhere else.

Experiencing Shamans in Cuzco

Peru's modern shamans are easy to find in the San Pedro Market in Cuzco. Elsewhere in Peru, shamans offer their services in markets and at sacred sites, presenting their heritage and offering healing to locals and tourists alike. Look for a *curandero* or *curandera*, which literally translates from Spanish as healer.

An experience with a modern shaman could include anything from prayers with sacred stones and objects to the use of gentle herbal preparations, if you are willing. We do not learn much about fashion from shamans, but we do learn a lot about love from them.

Every experience is unique, and each one is also a chance to immerse yourself deeply in the varied and amazingly rich culture and spirituality of Peru, one of the most amazingly meaningful and loving places on the planet.

About the authors:



Mike and Tajinder Hammer are passionate about the teachings of Peru's medicine people and lead regular tours to Machu Picchu and the Sacred Valley. Join them for an extraordinary trip to Machu Picchu and beyond. www.bestmachupicchutrips.com

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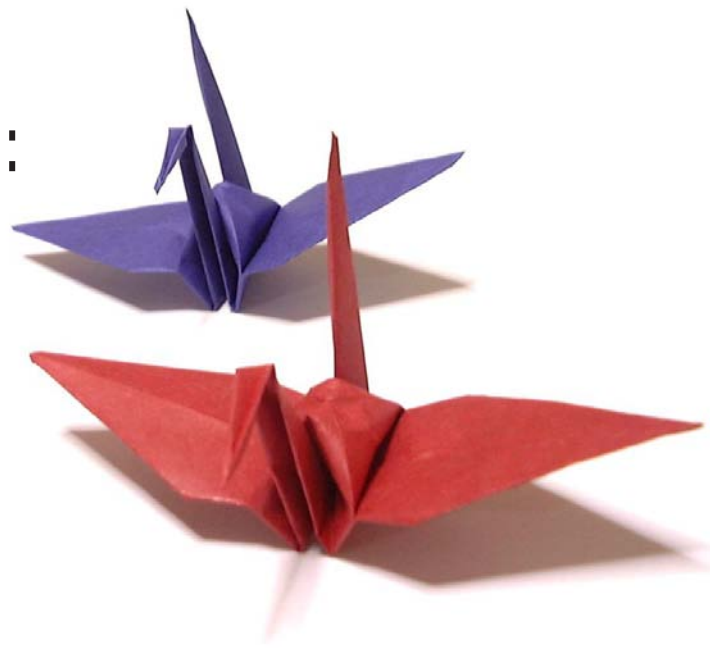
Healing Touch Japan: Reflections of Our First Year

by Rumi Hashimoto, MSN, RN, HTCP/I
and Katrina N. Shibata, MPH, CHES

Healing Touch Japan has experienced exciting growth since the first Healing Touch Program class offered in August, 2010. Since then, six Level 1 classes and three Level 2 classes have been offered across Japan to over 125 students. From northern Tokyo to the southern island of Japan, Healing Touch classes have been coordinated at multiple universities, community centers and youth halls across the country.

Over the past year, the number of classes offered, variety of locations, and number of students attending each class has grown exponentially. In August, 2010, Rumi Hashimoto taught the first Healing Touch Level 1 class (entirely in Japanese) to 12 students in Gunma, Japan. In March, 2011, we expanded our outreach by teaching 34 students in three classes (including the first Level 2 Class) in Saga, Japan. The most recent journey to Japan in August, 2011, provided an enthusiastic reception and an opportunity to celebrate the first year of **Healing Touch Japan**. Traveling over 14,000 miles in 25 days, we taught five Healing Touch classes (three Level 1 and two Level 2) in three cities and four locations to over 80 students.

As we reflect upon our first year of teaching Healing Touch in Japan, we have been provided with many lessons and experiences which have helped to guide our path. Teaching Healing Touch in a different language and culture has given us the opportunity to experience, first-hand, the universal nature of this work. As Japanese students embraced the work of Healing Touch, we were reminded of the innate capacity for human kindness that we all hold within us. Our ability to respect and



care for one another, transcends history, background, language and culture. Throughout Japan, we will continue to hold the space for students on their path of Healing Touch as we stay grounded and present to allow the energy to flow, to provide a nurturing environment for learning, and to “just do the work.”

Looking ahead to our second year of **Healing Touch Japan**, we move forward with great enthusiasm and hope for the future. More classes are scheduled in Kyoto, Japan for January and March, 2012, including the first Healing Touch Program Level 3 class to be taught entirely in Japanese. Hashimoto will also be representing Healing Touch Program at the International Hiroshima Caring and Peace Conference next Spring.

In support of individuals and communities who have been effected by the devastating earthquake, tsunami and recent typhoons throughout Japan, the Hashiba Institute has recently begun a “**Healing Touch Japan**” t-shirt fundraiser. Our goal is to raise funds to support the effected areas through the work of Healing Touch.

It's definitely an exciting time for Healing Touch Program in Japan. The energy is there to support us and we are dedicated to doing the work to spread the light of Healing Touch.



About the authors:

Rumi Hashimoto, MSN, RN, HTCP/I : A Japanese native, currently lives in Long Beach, California and holds a Nursing license both in

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Japan and the U.S. Rumi received her basic Nursing education in Japan and later completed her graduate degree in Nursing at UCLA. She is a full-time member of the Nursing faculty at Golden West College School of Nursing and co-founder of the Hashiba Institute where she explores ways to promote self-sustainable health through education and community building. With over 15 years of experience in Healing Touch, she teaches Levels 1, 2, and 3 classes at the Hashiba Institute in Long Beach, California.



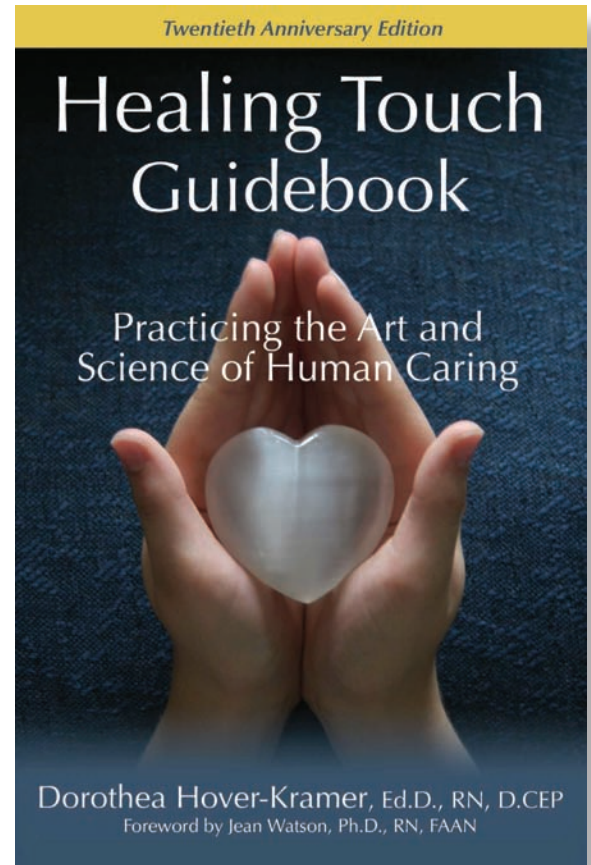
Katrina N. Shibata, MPH, CHES: A third-generation Japanese-American, Katrina grew up in Southern California before working as an educator in Japan's public school system. During her time in Japan, she spent one year on scholarship, researching Japanese medical

history and the Japanese medical system. Katrina is a Certified Health Education Specialist and co-founder of the Hashiba Institute. She is also a student of Healing Touch.

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"Healing Touch Guidebook provides Janet Mentgen's vision for a healing modality that is now part of the recognized field of Energy Medicine. Dorothea is a master communicator as well as a wise, founding elder in the practice of energy therapies. The work is written from a comprehensive body-mind-spirit perspective that expands the existing science and art of Healing Touch. It offers new insights for practice, education, and research with guidelines to bring the modality to the forefront of healthcare."

—**Barbara Dossey**, PhD, RN, AHN-BC, FAAN, Author, *Holistic Nursing: A handbook for practice* (5th ed) and *Florence Nightingale: Mystic visionary, healer*.

Order your copy today through the
Healing Touch Store

Reimbursement for Healing Touch?

by Ann O'Malley, RN, HTCP/I

What is the biggest question on many people's minds regarding Healing Touch today? Will insurance cover it? While there is no easy answer to this, **there is hope!**

I will begin with some history. In 2001 the US Secretary of Health and Human Services granted a two-year testing of new health insurance billing codes for nursing and complementary therapies such as Healing Touch. ABC codes were developed (versus the numeric CPT {Current Procedural Terminology} codes currently used). HT was approved to use the code CBCAE - as was other energy work, Somatic education and massage, and other practice specialties. However, any provider using this code had to show training and/or certification.

Many of us created our own "super bills" with our name (business or personal), address, tax ID number (corporate or social security number), client name and address. I also included the NANDA (North American Nursing Diagnosis Association) code of 1.8 - Energy Field Disturbance - and provided the ICD-9 diagnosis code, if one was provided on a prescription by a physician or chiropractor. (A copy of which I also included). The ICD-9 code can only be used when determined by a physician as it is illegal to diagnose without a license.

The intervention ABC code of CBCAE was listed next. This code is billable in 15 minute unit increments. Therefore four units were listed for a 60 minute session or six units for a 90 minute session and included the total dollar amount charged. Lastly, a Practitioner Signature line with name and credentials was across the bottom. My clients submitted this with their own insurance forms. Many of them were reimbursed 50% for Out of Network care. One of my clients was fully covered under Workman's Compensation.

However, in 2007 things changed. The major insurance companies insisted that medical billing be submitted on the 1500 Health Insurance Claim Form. I applied for a National Provider Identifier (NPI) number at <https://nppes.cms.hhs.gov> and reg-



istered with Zipclaims.com (formally eClaim.biz). For a monthly fee I was able to create the 1500 form using ABC codes that included their description printed on a second page.

Although Blue Cross Blue Shield (BCBS) does not allow registered nurses to be providers, they did give me a provider number to be included on the 1500 form. Since this form has been utilized, I have been unable to get any reimbursement for my clients! The insurance companies have requested copies of my notes to determine coverage, then informed me "*The MD was unable to approve benefit reimbursement because, 'There is insufficient evidence that the service is generally accepted in the medical community and/or proven to be effective according to peer reviewed clinical literature, as referenced in BCBSIL Medical Policy.'*" I canceled my account with Zipclaims a few years ago.

I now provide my clients with a statement of their visits/charges on my letterhead for them to submit to their Health Savings Account (HSA) or Flex Spending Account (FSA) - which is money not subject to federal income tax at the time of deposit. HSAs are owned by the individual and the funds may currently be used to pay for qualified medical expenses at any time without federal tax liability or penalty. FSAs can be set up through a cafeteria plan of an employer and allows an employee to set aside a portion of his or her earnings to pay for qualified expenses: medical expenses, dependent care or other expenses. Money deducted from an employee's pay and placed into an FSA is not subject to payroll taxes, resulting in substantial payroll tax savings. One disadvantage is that funds not used by the end of the plan year are lost. However, these have had the best response! Employees are receiving partial or full reimbursement if they have these accounts.

I spoke with a few hospitals and outpatient clinics that are listed on the Healing Touch Program website, as well as, a few independent practitioners to offer you the most comprehensive information for this article. Many of the hospitals either use HT volunteers or the nurses incorporate HT into their basic care through the facilities CAM (Complementary Alternative

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Medicine) departments. The outpatient clinics receive payment at the time of service and provide a receipt for the patient to submit to their HSA or FSA's.

I also contacted a family nurse practitioner who is a member of the American Holistic Nurses Association (AHNA). As an Advanced Practice Nurse (APN) she can legally diagnose and treat illness which allows her to do insurance billing on her own. She often uses the CPT code 99215: office or other outpatient visit for evaluation and management of an established patient, which requires two of three key components: comprehensive history, comprehensive examination, medical decision-making of high complexity. She stated, *"In my notes I deal with both the medical issues and use 'Bioenergetic Therapy' as part of the treatment which seems to satisfy the audits. I have done this for 12 years."*

Other practitioners with licenses in specialties such as massage or psychotherapy are incorporating HT into their billable practices using codes appropriate for their specialties. A few practitioners who work in Integrative Medical offices have been reimbursed using the code 97530: *"Therapeutic activities, direct (one on one) patient contact by the provider (use of dynamic activities to improve functional performance), each 15 minutes for a few accepted ICD -9 codes, mostly related to joint, muscle and nerve problems. Since this is a Physical Therapy code, it can be used by a physician or physical therapist. Physician means any of the following licensed practitioners who performs a service payable under this policy: a Doctor of Medicine (MD), Osteopath (DO), Surgical Chiropractor, Podiatrist, Chiropractor (DC). It may also include any other licensed practitioner who: 1. Is acting within the scope of that license; and 2. Performs a service which is payable under this policy when performed by an MD"*.

I was recently called by an RN from the Integrated Health Advocacy Program (IHAP @ www.ihap.com) here in Illinois. She specifically wanted to offer HT to participants! This program is designed to work one on one with people who have multiple chronic health conditions/risks. Their accounts are self-insured corporations. They work with the 1-2% of their workforce who use 90% of the claims dollars. They make recommendations for services. IHAP is able to make exceptions to the Health Care plans, so the participants can receive services like HT even if their health insurance plan may not cover it. I am currently working with one client who submitted my letterhead receipt to her insurance company. IHAP arranged 10 approved sessions. I just received a second referral from them!

For now, the best solution is to encourage your clients who have HSA/FSAs to submit a receipt, which you provide, for reimbursement. In a recent Healing Touch Professional Association (HTPA) business support interview follow-up, Janna Moll said, *"Until we have a national accreditation that is widely publicized and recognized, or until insurance companies start to recognize our standardized and time-tested discipline, we will not have a specific code in the system used. But we are on our way and HSA/FSAs are paying. To sway the insurance companies' clients MUST start turning in receipts for reimbursement! Supply your clients with receipts and tell them to turn in the charges - even if they know they will not be reimbursed!"* This is what I now ask my clients to do, just as I did when I was part of the original pilot study. We just may get someone's attention as more people submit for our services!

If you have any friends or relatives in the insurance industry, please offer them a session so they may become aware of the benefits of HT, and explain the potential for cost savings that has been shown in some of our research. We need people in the industry to come forward on behalf of HT, which ultimately saves them money versus costly "sick care." Just ask IHAP! Perhaps there are a few of you who could champion similar organizations in your area! Please join me in setting the intention that the efforts of our clients and ourselves will be rewarded.

About the Author:



Ann has been a Healing Touch Certified Practitioner since 1999 and Certified Instructor since 2001. She teaches Levels 1 and 2 predominately in the western suburbs of Chicago. She also teaches Energetic Transformations - an advanced energy healing class.

The inspired name of her private practice came to her during meditation: *Chrysalis Healing Center, Inc - a Safe Haven for Transformation*. Her main office is in Warrenville, IL where she combines her knowledge of energy healing, holistic nursing and shamanic practices to guide her clients on the path of self healing and empowerment. Ann is also a member of a unique integrated team approach to wellness at the Oasis Center for Health in Hinsdale, IL. In addition, she coordinates a Healing Touch clinic for students of the program to offer sessions to the public. Her goal is to assist others in becoming free of restrictions on all levels and to empower them on their path to wellness and a full life.

A Review of Endless Energy: The Essential Guide to Energy Health

Reviewed by Sonja K. Foss, PhD

Debra's book is a perfect self care companion to any HT student or practitioner. She has been an inspiring leader, presenter and author in the field of Energy Medicine for many years. Debra was enthusiastically received at HT Program's last Worldwide Conference and will be presenting again at the 2012 convention. I believe that Debra's book will inspire and support both new and seasoned practitioners and provide them with a wealth of ideas, a sound philosophy of understanding self care and practical and effective methods for improving body-mind-spirit health. Thank you Debra!

—Cynthia Hutchison, Healing Touch Program Director

With her book *Endless Energy: The Essential Guide to Energy Health*, Debra Greene, PhD, has succeeded in producing a comprehensive self-help manual that is beneficial for lay readers as well as mind-body professionals. In a phrase, it's like meta-analysis meets workbook.

Both lay and professional readers will benefit from the array of practical exercises in the book, and practitioners in particular will benefit from Greene's expert weaving of a coherent theoretical framework that incorporates the many facets of energy medicine and its diversity of research. Many books focus on a single modality or theoretical concept; few synthesize such a variety of approaches, thus giving readers a way of understanding the field as a whole.

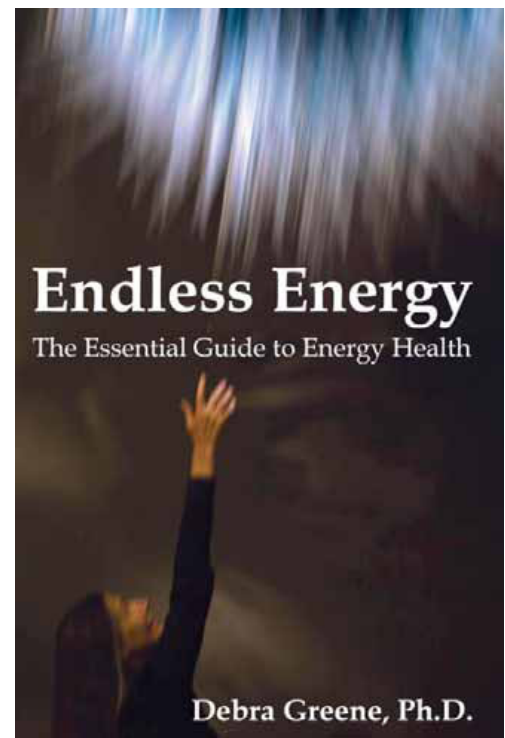
Greene's academic background is in communication and somatics (her doctorate is from Ohio State University). As a longtime practitioner of energy kinesiology, she positions herself as a supportive and knowledgeable health coach and sets out to teach her readers about their own energy makeup. Greene's focus is on the nonphysical subtle energy that is accessed internally and, she claims, is laced with information. She chooses to call

this subtle energy "inergy," instead of the more familiar "energy," to highlight the qualities of human energy as distinct from electricity and power generators.

The book is fast paced; it covers basic energy anatomy—meridians, chakras, nadis, and aura—and their psychoemotional correlates in less than a chapter.

Early on, the overarching theory that permeates the book is introduced. Drawing from the multidimensional model put forth by William Tiller (*Psychoenergetic Science: A Second Copernican-scale Revolution* [Pavior Publishing; 2007]) and Richard Gerber (*Vibrational Medicine: Choices for Healing Ourselves* [Bear & Company; 1996]), Greene describes 4 subtle bodies that comprise an individual's inergy constitution: the vital, the emotional, the mental, and the universal. She avoids the term spiritual so as not to confuse inergy with religiosity. She also introduces the innovative notion of what she terms internal senses that are necessary to inergy health: attention, intention, visualization, self-talk, self-sensing, and self-observation. Then she provides assessments that readers can use to discover the overall health of each of their 4 inergy bodies.

In the body of the book, Greene uses a highly effective structure to organize a surveylike discussion of the field of energy medicine. Toward that end, she devotes 2 chapters to each of the 4 bodies. The first provides a research-rich theoretical understanding of a body; the second provides exercises and guidelines for achieving optimal health in that body. (An interesting side note: In her chapter on the emotional body, Greene offers a unique theory, based on the inergy bodies, of why



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and how tapping techniques such as the Emotional Freedom Technique, originated by Gary Craig, work.) In her final chapter, she encourages readers to retake the 4 body assessments with which the book began to see how far they've advanced in her energy health training program.

Greene is exactly the kind of personal trainer readers would want on their journey to inergy health. She clearly is knowledgeable about her subject. Included in the book are inergy health guidelines on topics such as cell-phone use, sun exposure, microwaves, inergy healthy foods, makeup and lotions, fabrics, and water. Readers will be particularly intrigued by Greene's discussion of the mental body, in which she offers guidelines on the 7 mental body types, how to potentize the power of intent, and how to actively work with thought-forms.

Greene's tone makes the world of mind-body medicine accessible to the general public. She writes in a conversational, personal style and uses a rich array of anecdotes. She explains complicated theories and studies in plain language, while providing drawings and photographs to clarify challenging ideas and to explain exercises. She also provides a web address where readers can access free downloads that provide audio facilitation of many of the exercises. A valuable inclusion in the book is an appendix with a list of inergy body resources, organized according to each body.

Only a few minor aspects of *Endless Energy* are likely to inhibit the reader. One is inconsistency in the use of the terms *inergy* and *energy*. Greene begins using *inergy* in the second chapter and uses it throughout the book until the last chapter when she switches back to *energy*. She makes such a good case for her new term that I wondered why *inergy* wasn't used consistently and wasn't part of the book's title. A second potential impediment has to do with the audio downloads of the exercises. Greene mentions the website where free downloads are available only at the beginning of the first exercise in the book; if readers skip around in the book, they may never encounter the note that mentions these downloads. She also doesn't indicate at the beginning of each exercise whether a download is available for it. I would have appreciated not having to go to the website to find out.

These complaints are minor, however, and have to do only with aspects of the book's presentation. In terms of content, the book is a superb synthesis of the best in energy medicine, with clear steps on how to apply it. It makes the field accessible to a wider audience without compromising the rich depth of relevant research. According to its back cover, Greene's book is "The New Home Health Guide for the 21st Century." As things alternative continue to be embraced by the mainstream, this book is bound to become just that.

Sonja K. Foss, PhD, is a professor of communication at the University of Colorado Denver. Her research interests include contemporary rhetorical theory; theorizing and advancing feminist values; and alternative, energy-based paradigms for explaining change process.

Book review originally published in **ADVANCES** Fall 2009, VOL. 24, NO. 3. Reprinted with permission.

Debra's book can be purchased through the Healing Touch Bookstore by [clicking here](#).



HTPA is now sponsoring **2** monthly support calls:

1. "Let's Chat About Healing Touch Stories and Practice Issues"
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 - the next call is on **January 30, 2012**
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 - held on the 2nd Tuesday of each month
 - 9-10:15pm EST the next call is on **Tuesday, December 13, 2011** "WHAT WORKS – HOW TO DEVELOP A REFERRAL CULTURE"

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Hospital Provides Complementary Therapies to Augment Healing Process



by Sharona Ben-Sorek, MS, RPT, HTCP, Instructor-in-Training with Debra Woodell, AS, HTCP

“We dress the wound; God heals it.”

The sign over the main hall at Bon Secours DePaul Medical Center in Norfolk, Virginia welcomes patients and visitors with this simple but meaningful thought.

The Faith Community Health Ministry (FCHM) at Bon Secours DePaul takes things a step further toward supporting the healing process. Coordinator Lisa Wright-Martin, FNP-BC heads Bon Secours DePaul’s Healing Support Team (HST), which is staffed by volunteers who provide Healing Touch (HT), aromatherapy and therapeutic music as complementary adjuncts to patients medical care. These services are free to patients and their families during their hospital stay. Staff members can also take advantage of shorter (10-15 minute) sessions during their breaks for stress reduction.

The program began in palliative care with the efforts of Pamela L.Schroeder, MSN, RN,C, CHPN, then Director of the FCHM. Her interest in providing holistic health care resulted in a policy that would ultimately become the seed for the current HST.

As part of the community project requirements for her certification in Healing Touch, Debra Woodell joined Schroeder in 2005 to begin the process of establishing guidelines, marketing, and providing in-service opportunities to educate medical staff. By 2006, a team of six individuals were providing HST services. A requirement is that these volunteers refrain from marketing their

services if they have private practices. All members of the HST who provide HT are certified by Healing Touch Program.

Upon query of the nursing staff for patients who might benefit from, and would welcome, the team’s services, practitioners then visit the patients and offer the services they can provide. Family members and patients may also request services independently of nursing referrals. Once consent is given by the patient or family, a *Do Not Disturb* sign is placed on the door, and the session begins. A 30-45 minute session of soothing music, HT, and/or aromatherapy serves to transform the environment into a space for peaceful healing and relaxation.

Documentation of visits are included in the patient’s chart, and records are kept by the HST as well. In the event that a patient does not wish to receive HST services at the initial visit but is interested in pursuing it at a later time, informational material on HT and how to contact the HST is left at the bedside.

During the reporting period from January 2010 - May 2011, based on documentation available, clients reported an average drop in pain of 3.85 points, and an average drop in stress/anxiety level of 4.95 points after HT sessions. Both categories were

rated using a 0-10 distress scale, where “0” means no distress and “10” is the worst possible distress.

Patients and families are provided with pre-paid comment sheets to provide feedback to the team. They may give the

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completed forms to a staff member or drop them in a mailbox at their convenience.

Some comments received include:

"These services provided to us so freely, made our difficult situation so much easier to bear. Thank you for this special service/ministry here at Bon Secours."

"Hopefully, one day, this service will be valued enough to have available full-time and scheduled."

"I was able to calm down and allow the medications I was on [prescribed by the doctor] to work. I continue to practice the things she [HTCP] taught me in my daily routines."

"Very helpful for relieving stress and pain. Very powerful experience spiritually and physically. The clinician was a very caring person."

"Mind/body/spirit was tended to during my 4-week stay!"

"Healing Touch is a perfect fit in offering whole-person care - meeting the needs of mind, body and spirit."

Lisa Wright-Martin notes, *"Our Health System is responding to the changing landscape of health care through Clinical Transformation – a comprehensive, interdisciplinary approach to redesign care delivery to achieve excellence throughout the care continuum. A primary goal is to measurably improve quality, and create holistic, patient care experiences."*

As a result of the success of Bon Secours DePaul's HST, a program was also launched in 2008 at Bon Secours Mary Immaculate Hospital, another local facility. Members of the HST also take things to the streets. Well, maybe not the streets exactly, but team members have provided presentations and/or HT mini-sessions at a variety of events in the Hampton Roads area. HeartAware Screening events, Day of Dance, Old Dominion University's Stress Free Zone, Breast Cancer Survivors' Conference/Retreat, breast cancer support groups, retreats for people living with HIV/AIDS, education sessions for staff at Bon Secours DePaul Medical Center, Sentara Obici Hospital, Sentara Virginia Beach General Hospital, and information session/demonstrations for Bon Secours hospice volunteers, are a few of

the outreach activities in which team members have participated.

In addition, members of the HST were featured speakers at the November 2010 Southeastern Virginia Oncology Nurses' Society conference, and at Bon Secours Hampton Roads Faith Community/Parish Nursing Foundational Preparation Course in February 2011. Team members have also been involved in coordinating, assisting at and teaching HT classes in the area, and facilitating several local HT practice groups.

All told, during the period from February 2009 through April 2011, 349 people were seen in 20 different community venues by the members of the HST, not including hospital visitations and HT classes/practice groups.

"The results we have observed and recorded over the past six years at Bon Secours DePaul repeatedly reflect the benefit of these services for our patients. My hope for the future is that they will become standard options for all patients in every medical facility," notes Debra Woodell.

Portions of this article were previously published in the May/June 2010 edition of the Bon Secours Hampton Roads Faith Community Health Ministry Network Newsletter.

About the authors:

Sharona Ben-Sorek, MS, RPT, HTCP, Instructor-in-Training is a member of the Bon Secours DePaul Healing Support Team. She also coordinates and participates in community events, serves as a mentor, and facilitates a practice group in the Tidewater, Virginia area.

Debra Woodell, AS, HTCP is actively involved with her local community. She serves on Bon Secours DePaul Medical Center's Healing Support Team, is the Healing Touch provider for patients of the Bon Secours Hospice Program and organizes/provides for a variety of community organizations and events. She also serves as an HT practice group facilitator and HT mentor.

Just Do the Work and Spread the Word

by Lisa Johnson, RN, HTCP, Instructor-in-Training

From January through March of 2011, members of Healing Touch Program (HTP) and the Healing Touch Spiritual Ministry Program (HTSM) joined together to introduce Healing Touch to women from all over the Southeast and as far as Missouri, Massachusetts, Michigan and Wisconsin during five retreats at Lutheridge in Arden, NC.

Lutheridge is a Lutheran retreat center near Asheville where retreats and events are held year round, but from January through March, five weekends are specifically for the Wild Women Weekend retreats. On average, 150 women attend each retreat. I am a Wild Woman, in addition to being a Healing Touch Certified Practitioner (HTCP) and a Healing Touch Spiritual Ministry (HTSM) Practitioner. I have been a part of these retreats for the past five years through Faith Lutheran Church, my church in Knoxville, TN, and I feel blessed to have the opportunity to introduce both programs to Lutheridge.

It was during my second year of the Wild Women Retreat - after taking my first HTSM class - that I approached Pastor Mary Canniff-Kuhn about the prospect of finding a way to bring HTSM and HT to Lutheridge. I planted the seed and from experience as a seed-planter I knew to wait - and - then wait a little longer. At each year's Wild Women Retreat, I would update Pastor Mary on my progress through the HT and the HTSM programs, just to water the seed a little.

As time passed - progress was made. HTP had become involved with Mission Hospital System in Asheville setting a goal to certify 100 nurses in HT. The hospital system now plans on all nurses having some level of HT experience. In 2009 the first

HT Level 4 and Level 5 classes were held at Lutheridge. I was in that Level 5 class. Lutheridge hosted a Level 4 and Level 5 class again this past year. The seed had sprouted.

At the Wild Women Retreat of 2010, Pastor Mary told me that the theme for the 2011 retreat was going to be on healing and asked for my input to plan it. Finally, the time was right.

The plan was to offer healing sessions to the retreat participants on Saturday afternoon of each retreat. I asked not only HT and HTSM practitioners from the Knoxville area, but I also contacted Ann Boyd, a Healing Touch Certified Practitioner and Instructor (HTCP/I) who has been instrumental in the relationship between HTP and Mission Hospital System, to see if any of her students or mentees would be interested in some experience, networking and community service.

Display tables were set up during all three days of each retreat so the participants could have plenty of time to read about HT and HTSM and I was there for all five retreats to answer questions. The HT video was shown each Saturday morning and that did a lot to encourage interest and curiosity.

On average, we had six healers for each of the five weekends. The healers from the Knoxville area included Mary Ann Geoffrey, HTCP/I, Margaret Leslie, HTCP/I, HTSM/I, Linda Sharp, HTP and certified HTSM Practitioner, Kate Petree, HTP and HTSM/I, and me. The Asheville area healers were primarily HTP Apprentices (Jane Frye, HTPA, Laura Beachum, HTPA, RuthAnn Hoffman, HTPA, Ron Harris, HTPA, Sara Masters, HTPA, Ronya Banks, HTPA, Sheila Rice HTPA), and Mary Selby, HTCP. Pastor Jennifer Lutz from Good Shepard Lutheran Church in, Raleigh NC was not only a retreat participant one weekend, but is also an HTSM student who volunteered her

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time and experience as a healer during her weekend.

The group energy was high at each retreat (Wild Women Weekend, remember) and the sign-up sheets were filled by the time breakfast was done Saturday morning. Pastor Mary was great at organizing all of this, scheduling each of us for twelve 20-minute sessions in a four hour period. Many retreat participants were disappointed that they could not receive a treatment, but many stayed in Faith Hall just to watch and absorb. At one retreat Pastor Mary noticed one of her staff members, Charlotte Hickam, grabbing at the air around her. When she asked Charlotte what she was doing, Charlotte replied, *"I'm stealin' the healin'!"*

The response from the recipients was overwhelming and so was the experience. God's spirit was overflowing in North Carolina on those weekends - providing me with a wonderful and totally new experience!

In addition to handouts and brochures, I had sign-up sheets available for those who wanted more information about either program, finding a practitioner, finding classes and/or interest in HTSM classes for their churches. I have sent over 50 follow-up emails to these ladies. I have forwarded a few requests for classes and am trying to locate practitioners and apprentices for those asking for practitioners in their area, and scheduled one HTSM presentation for June.

When all was said and done by the end of the last retreat, approximately 350-375 treatments were given. Women from many states and many churches experienced the benefits of both the Healing Touch Program and the Healing Touch Spiritual Ministry Program. The HTP Apprentices got valuable experience, and Lutheridge and Asheville's Mission Hospital System were promoted.

Only God knows how many lives will really be touched or how far that energy will spread.

Here is one of our testimonials:

"I had surgery to remove a growth in my spine last summer. There was extensive Stenosis and it was ground away from my spinal column. I have since had shots to stabilize the joints. And I did not go anywhere without my heating pad and my sheet of Williams Back exercises. I walk a mile a day and took 4 motrin along with vicadin and soma. I was beginning to think that my liver would fail before I felt ok."

I am 70 years old, (how can that be? I feel like a kid) but figured that at my age I'm supposed to hurt sometimes. I was first in line for the Healing Touch Saturday and thought at best I would have 20 minutes of peaceful rest. It was a little painful getting off the table - I'm used to that. As I type this I am PAIN FREE! I am a believer but expected relief not a cure. Praise God. I don't expect a reply but just wanted you to know how effective the session was. Isn't that "Wild?"

- Nancy Sellers

As for myself, I have never felt as good about anything as I did during those retreats. Being a practitioner for both programs allows me to speak both languages. I am a nurse with a surgical background at the time I started the HTP, so how things work and how you fix them has always been my interest. I began in the Healing Touch Program because I was drawn to the science of energy healing. This, of course, was just the beginning of the journey. God saw that I had opened my heart so I could finally hear His whisper, and I was introduced to the spiritual world of the Healing Touch Spiritual Ministry Program. Now I am a hospice nurse and have been practicing HT and HTSM primarily with members of my church.

Yes, the two programs are different, but for me, being able to *"speak both languages"* gives me a better chance to **"Just Do the Work"** and to spread the Word.

About the author:



Lisa Johnson is a registered nurse, with a 20-year background in the operating room. She spent almost 2 years in a long-term adolescent rehab facility and has been a hospice nurse since 2009. She became a practitioner for both HTP and HTSM in 2009, became an HTCP in 2010 and is currently an Instructor in

Training for HTP.

Her practice consists mainly of church members, friends and family, including her dogs and cats, and has done some work by referrals from local doctors and chiropractors.

Along with her peers, Lisa is introducing HT and HTSM to Knoxville, TN and the surrounding areas. The hospice population is her current focus.

My Reflections on Healing Touch in **UGANDA**

by Claire Marie Tebockhorst, HT Practitioner Apprentice

In June 2011, sponsored by an organization called Outreach Uganda, I had the privilege of giving and teaching Healing Touch to women in Uganda, Africa during the two weeks my daughter and I volunteered with a group of other volunteers in Uganda. Outreach Uganda was founded by Carol Davis to support and enable Ugandan women to generate income for their families by making and selling handmade beaded jewelry. Other supportive endeavors offered to the women of Outreach Uganda are classes in English, business, nutrition, solar cooking, and beekeeping.

Our first experience was in the city of Jinja, where I taught classes in Beginning English to 25 women. I asked Carol if I could also teach an **Introduction to Healing Touch** class to these same women. Since Carol had already taken an HT introductory class in Colorado, she encouraged and supported me to teach Healing Touch to different groups of women during our stay in Uganda.

With the help of an interpreter when the Beginning English class ended, I described the **Introduction to Healing Touch** class. Immediately following my short talk a couple of women sent a paper around for students to register. At 4:00 PM the next day, after taking their English classes all day, thirty-nine women met me outdoors under a large cloth awning (poor protection against the heat).

I began with the quote *“Love is the source of all healing.”* I then



read *“What is Healing Touch?”* from the **“Healing Touch Program: Creating Healing Relationships”** brochure. I also gave them a handout that I had prepared from my own notes taken at Nancy Burns Healing Touch Level 1 workshop.

I explained that I was not the only one who could have the intention for healing, but that each of them could set the intention for healing themselves and others. I talked about loving yourself first, so that you can love others. Having experienced the openness, spirituality, and hospitality of these women since arriving in Uganda, I knew they would be open to sending love to themselves and to others.

First, I guided them to experience the love energy in their own hands. One of the ladies said she could feel *burning* in her hands and another: *“My hands are shaking.”* Next I had them pair up and hold their partner’s hands in silence, while sending love to their partners. Then I taught them the **Self Chakra Connection**. Everyone followed my example by placing their hands on their own bodies and chakras. At the end of class, I asked, *“Any questions?”* One woman wondered *“have you ever known what is wrong with a person and they didn’t tell you? I have done this!”* I told her she had a gift and when I asked if she was using this gift she said, *“Yes.”*

The next town to which our group of volunteers traveled was Kitgum which is North of Jinja and took 11 hours by car - on paved and dirt roads. The group of women making the beads there had been together for two years since leaving IDP (Internally Displaced Persons) Camps two years ago after a 20 year war ended. I spoke to them about Healing Touch with the help of an interpreter. After my brief talk, the women served us a

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meal. When we walked outside, one of the ladies asked me to give her Healing Touch for her pain - pointing to where it was. Her name was Mercy and she was asking God for mercy. First, I made sure I was grounded, centered, and focused - then I did a **Chakra Connection** for her. I was aware that other women were watching us from the small porch of their community room. Soon, eight or nine more women formed a line to receive Healing Touch. All of the recipients and I were standing for the treatments. At the end of each session, I would bow and release, and each woman would hug me, first on the left shoulder and then on the right one. It was a warm release each time. The last woman said, "It feels good. I feel strong!" She also asked me to give a treatment to her 17-year old niece whose mother had died.

The aunt told me that her niece had cancer. Indeed, she had an enormous growth or tumor that took over the left side of her face, from the bottom of her eye to her neck, and it was also growing inside, taking over her teeth and tongue. After a **Chakra Connection** and **Mind Clearing**, I intuited to just hold her hands and send unconditional love to her. She looked down the whole time and would not let go of my hands for a long period. I felt the inner gift of love as we were both connected deeply, in silent caring and in the present moment. Later I went into the home of one of the beaders who requested Healing Touch for herself and her 13-year old daughter. Their request was for "openness" for both of them.

I feel so blessed to have had this experience in Uganda. I received gifts of healing and love because of the relationship between Healing Touch, these women, the Divine Spirit and myself.

I am enriched and strengthened and a better Healing Touch Practitioner Apprentice because of giving Healing Touch to these Ugandan women.



Above: Clare Marie Tebockhorst giving Healing Touch to a woman in a village called Kitgum, in Uganda, Africa.



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Taking it to the Marines

By Nanette Sagastume, HTCP, RNP

Despite doing Healing Touch for years, it still amazes me when a single brief session significantly reduces the pain of decades' duration. When I attended my first Stand Down for homeless veterans at Dixon, California in 2009, I witnessed several instances in which pain, consistently at "7" or "8" on a "0-10" pain scale dropped to a "5" - for the first time in years - following a single twenty-minute Healing Touch session.

I was so inspired by the outcomes I decided to export the Stand Down concept and offer similar brief Healing Touch sessions at my husband's annual reunion of the Vietnam Veterans of 2nd Battalion 1st Marines held in November 2010 in San Antonio, Texas. These reunions have taken place in different cities for more than twenty years. Each year, more men come to the reunions to find friends they last saw in a jungle forty or more years ago, to compare stories with those who shared similar experiences, and to be supported by their "brothers." Each year there are attendees who have put off going to a reunion, fearing the emotions it could spark. Nearly always, these same men find so much healing that they wonder why they waited so long to attend.

Sadly, these Vietnam veterans are now aging. Each year I see more men leaning on canes, pushing walkers, toting personal oxygen tanks, or riding motorized carts. Simple aging and

chronic diseases, as well as the long-term effects of combat injuries, Agent Orange exposure, and post-traumatic stress debilitate these veterans. For these reasons I wanted to take Healing Touch to the Marines.

With the help of Susan Russell, a Healing Touch Certified Practitioner living in the area, and with the blessing of the reunion organizers, mini-sessions of Healing Touch were offered one afternoon to veterans and their families. No therapeutic services had ever been available at a reunion until now, so I was not sure these men would be open to this modality. On the contrary, they were very receptive and appreciative. Susan and I had a full schedule all afternoon.

As we "did the work," I could feel the beautiful energy of our hearts filling the room. Love welled up inside me and washed over the clients. Indeed, some of the clients commented that the energy of love and warmth that bathed the room was palpable to them. One veteran was so uplifted that, at the end of his session, he slipped into the far corner of the large meeting room and sat in lotus position to meditate and take advantage of the energy in the room.

As many family members as veterans sampled our services. Often it was the wives who, finding their own sessions helpful, prodded their spouses to also receive a treatment. One elderly veteran complained of left knee pain, due to a twisting injury three months before. He'd been informed years ago that this knee would eventually need a replacement. For the past three

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months his left knee pain was typically between a “5” and “8” on the zero to ten scale. He rated the pain at “8” that day. He assumed the longevity and intensity of the pain signaled the need for surgery.

After briefly assessing the energy field, and I did a **Chakra Connection** to connect and balance his energy centers. I followed with a **Pain Drain** to remove pain and congestion from his left knee and then filled the area with healing light. To enhance his relaxation, I did a **Magnetic Clearing**, and completed the session by grounding the client. By the end of the session he was snoring. Afterward, when I asked for feedback, to our mutual astonishment and delight, the pain was not just better -- it was gone. Moreover, for the remaining days of the reunion, he had no knee pain whatsoever. The client was thrilled that he might not need surgery after all. He offered this written comment:

At first I was hesitant. However, when done, my legs - were in total relief and I felt well rested. I now have no doubt that this therapy does really work. Thanks a bunch.

One of Susan’s clients, a retired officer, told her that while she worked on him, he found himself in another place. He was once again on a hospital ship off the coast of Korea and Susan was his Navy nurse. At one point he opened his eyes, took in his present surroundings, then drifted off again. He was not frightened by his reverie and, upon awakening, had the perception that after all these years something had resolved. He was not sure on a conscious level what had changed, but he felt as if there had been a resolution of some sort. He stated he felt *more peaceful*.

There were less dramatic results as well from Healing Touch, but, from the expressions on the clients’ faces at the end of the sessions, they seemed to feel they had obtained benefit, be it pain reduction and/or relaxation. At the end of the sessions, the president of the Vietnam Veterans of 2nd Battalion 1st Marines presented Susan and me with a plaque acknowledging the group’s gratitude.

In addition, having heard nothing but positive comments from the veterans and their families, the president requested that I

organize a Healing Touch presence for their November 2011 reunion in Tennessee.

For my part, it was an honor to serve those who serve, to facilitate healing, and to help make the veterans lives a little better.

About the author:



Nanette Sagastume is a retired nurse practitioner and a Healing Touch Certified Practitioner with a practice in Chico, California. She has a special interest in serving military families and veterans. In 2001 she started a support group—still going strong—for family members of those serving in the military. She recently completed a memoir of her experiences as the wife of a Vietnam vet with PTSD and the mother of Marine deployed to Fallujah, Iraq in 2004. *We Also Serve: A Family Goes to War*, is due to be published by iUniverse later this year. She can be contacted at: www.healing-heart2heart.com.

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Tents Down at Stand Down

By Nancy Khlafallah, HTCP

Dedicated healers can do important work even under the most dire conditions. I learned this two years ago at a special event for veterans called Stand Down in Dixon, California.

Several weeks had passed since the highlight of Patti Spark's and my dream to bring Healing Touch to a northern California Stand Down became a reality. Through a trial program offering Healing Touch weekly to Post Traumatic Stress Disorder (PTSD) vets at the Concord Vet Center in California and Patti's connection with the head supervisor, we were introduced to Stand Down plans for northern California. My original understanding of the term Stand Down was vague but learned that it is a carry over from actual war time. When the men/women are taken from the battle zone for rest and recovery they call it Stand Down. Stateside Stand Downs are one to three day events where services are provided to homeless Veterans such as food, shelter, clothing, health screenings, VA and Social Security benefits counseling, and referrals to a variety of other necessary services, such as housing, employment and substance abuse treatment. Stand Downs are collaborative events, coordinated between local VAs, other government agencies, and community agencies who serve the homeless. (Go to www.va.gov/HOMEL-ESS/StandDown.asp for information about Stand Downs in your area.)

Even though this was a small Stand Down with only 250 attendees expected, Patti and I planned every step of the way carefully. We wanted everything to run smoothly. The Concord Vet Center assigned a tent to us which was an impressive bonus. They also agreed to have a volunteer outside the tent to register those vets wanting to experience Healing Touch. Everything was running with impeccable ease. However, the universe does not always agree with well-laid plans.

A week before this event, the weather forecast was looking ominous. A storm was on its way, but I chose not to believe it. After all, California always talks about storms that turn out to be moderate to light rainfall. But, on October 13th the strongest October storm to hit this area since 1962 struck with a vengeance. Multiple inches of rain and up to 60 mile an hour winds! Without knowing what to expect Patti and I set out on our hour long drive to the Dixon Fair Grounds.

When we arrived nothing was as it should have been. There were no signs directing us where to find our contact person. Evidently the winds were too strong. We trudged through puddles over an inch deep, our umbrellas were blown inside out but we finally, after multiple attempts, found our contact in a dry building where we were told that "the tents are down"! They offered us space in a large building just across the way.

Again, we trekked though the wind and rain. When we arrived we were assigned to a small exposed area in a large room resembling a gymnasium. Not nearly enough space for the 11 other expected healers to set up their tables. Then there was a change of decision. An optometrist did not show and we could use an area that was enclosed by PVC pipe structures and tarp coverings, but it had even less space. We agreed to use fewer tables and work two-on-one in this enclosed setting right out of M.A.S.H.

Some volunteers were kind enough to retrieve our two treatment tables, brought there the night before, from our weather-beaten collapsed tent and left them at our feet. The covers were filled with rain water and the tables were drenched. The other healers began to arrive. We worked frantically trying to dry everything, including the floor, to set up in this cramped space. There were vets already anxiously waiting for their chance to experience HT.

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Just as we began our healing sessions the power failed. We and all the vets were soaked from the knees down and remained that way the whole day. There were neither lights nor heat. The door was open at all times and a constant draft reminded us of its presence as it chilled our legs through soaked pants and shoes.

Some of us felt uncomfortable in these less than optimal conditions and wondered if we could really be of help to the vets. But, despite the constant din of so many voices in the area and occasional shouts, chaos turned to calm, as each healer grounded herself, forgot her surroundings and began compassionately working with these needy men and women.

On the second day, we arrived to find our tables had been moved and stacked one on top of the other against a wall because the optometrist had arrived and wanted his assigned enclosure. He agreed to allow us part of his space while other healers worked half in/half out of an open kitchen to the smell of beef roasting in the oven.

Vets wandered in among the treatment tables asking questions while healers were working. Our very helpful volunteer ushered them out, set up a make-shift waiting area and asked them to sit down while waiting for their turn.

We worked almost continuously treating issues of pain. Some related to explosions or being shot in the back, some to PTSD and other issues that come with getting older. Every vet who received HT was friendly and grateful for the experience. Working two on one allowed us to give them all the attention they needed. We had the joy of providing loving and beneficial care to 70 veterans.

Some comments made by vets about their HT experience were:

"It woke up my imagination and I was dreaming about such beautiful things."

"I know what you were doing! Every time I was touched in a new place I heard a new tonal vibration. I'm going to look up Healing Touch Program online and learn more about this."



Healers in attendance either one or two days but not all pictured: Emily Barrett, Bobbi Beaudoin, Kathy Briner, Janine Clausen, Mary Eide, Janelle Embree, Karen Fong, Suzanne Mittica, Patti Sparks, Nanette Sagastume, Michele Stern, Mary Sindicic, and Siegrid Willgohs

Another vet who had just had a tooth extracted was shocked when his healer asked what was wrong with his shoulder. As his jaw fell open he said, "I didn't say anything about that?" He was awed and baffled that she knew he also had some discomfort in his shoulders which he said was due to lifting weights.

One vet was seen sitting outside in ecstasy because his hips were pain free for the first time in years!

Another vet experienced a PTSD attack while being interviewed prior to treatment but calmed quickly as he was grounded. He slept through the remainder of the session.

Then, all too soon, the event ended. We wanted to do more but were exhausted. We all had a better understanding and appreciation of how effective Healing Touch can be even under strained conditions.

There was some humor as well. One vet told his story of not wanting to spend the night sleeping on the floor with hundreds of other vets. He convinced some buddies to check out the collapsed tents. They did find one tent standing but the floor was soaking wet. He was not going to give up his plan for a peaceful

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night. Without our prior knowledge he told us they carried some of our massage tables out to the tent and returned them in the morning. We would never have known had he not told us.

The following Tuesday, our regular healing day at the Vet Center, I received hints and reminders there would be another Stand Down in August of 2010. They wanted us to do it again! As a result of this Stand Down in Dixon we made indirect

contact with the Palo Alto Health Care Center. They are anxious to have volunteers there as well. I passed this information to Helen Hann and she promptly followed through. The Humboldt representative in attendance asked about healers for their Stand Down and they were referred to HealingTouchProgram.com.

We all felt privileged to provide this rewarding service to so many deserving veterans. I extend heartfelt thanks to each healer in attendance for traveling in dangerous conditions, some through mountains and snow, to get there and another flew in from the southern part of the States. They have all expressed their wish to do another Stand Down. In spite of the wet conditions we were doing something we had all yearned to do -- help those who lost so much to help our country.

I have since learned that Healing Touch was the favorite event at the Dixon Stand Down!

Special thanks to Mary Sindicic's sister Roberta Davies for scheduling and providing exceptional organizational skills.

About the author:



My first experience with Healing Touch was an awakening. I knew immediately it was something I wanted to do ... to help others realize this same love, peace, sense of grace and connection to something greater than oneself. This realization became my purpose. I was certified as a Healing Touch Practitioner in 2007.

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This is a question you need to be asking yourself if you are seeing clients -- as a student, a practitioner with a private practice, an instructor, or a volunteer.

In the field of Energy Medicine the likelihood of having a claim is rare due to the non-invasive nature of our practice and the fact that we do not medically diagnose or prescribe to our clients. Because of this, the annual cost of coverage for liability insurance is quite low - starting at \$115 for students and \$140 for practitioners.

Even when you do your absolute best work, there's always some risk that someone with whom you interact will be dissatisfied and any dissatisfied client or the client's family could file a claim against you. Even if you are not at fault, without Professional

Liability insurance, you would have to pay for your own legal defense and any potential settlement costs.

One of the most common types of lawsuits brought against independent therapists deals with negligence in the performance of professional duties. These types of suits seek damages sustained when you fail to perform your job according to established standards of conduct for your field. The costs of a legal defense, not to mention a settlement, can be devastating in such cases.

Even if you work for someone else, your employer's Professional Liability coverage may not be enough to protect you in the event of a lawsuit. Ultimately, maintaining Professional Liability insurance is the responsible thing to do.

There are many important reasons why it is recommended that all energy healers – students, practitioners, instructors and volunteers - carry Liability Insurance, here are some to consider:

- Most employer-provided coverage does not cover you when you perform outside your job description or outside your workplace, nor does it cover a private practice.

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- Whenever you practice you are exposed to a negligent claim, even if you are employed, therefore your assets are exposed. You may not have assets presently but since malpractice suits generally take years to settle your future assets could be at risk of being used to satisfy a judgment. Having liability insurance coverage protects you from that exposure.
 - When you carry liability insurance, you are legally protected if your client slips and falls whether that might be when they are getting off the treatment table or walking around in your environment.
 - If you did have a lawsuit filed against you, it must be defended and the costs to defend yourself could be huge. Having professional liability insurance protects you from financial hardship, the insurance company would investigate and provide defense.
 - With liability insurance protection you are covered whether practicing in your home, in an office, on a street corner, while traveling and/or when volunteering. This is a relief from worry and provides a tremendous sense of comfort that is well worth the premium.
 - There could be a client who decides some time in the future that you did not render professional services of the type you described and they bring a claim but you no longer are practicing and have let your liability insurance expire. That would not be a problem if you had coverage at the time you treated that client as the policy HTPA offers will defend that type of scenario.
 - Often if you are practicing in a volunteer capacity or if you rent treatment space outside of your home you are required to show that you carry liability insurance.
 - If you are an instructor, liability insurance will protect you from accidents happening in your classroom. Often facilities where you hold your classes will require that you have this insurance.
- Just as it makes sense for you to insure your automobile but rarely do you need to use it, the same is true of your livelihood – better to protect yourself against the possibility of costly expenses associated with defending claims or court cases.

In addition to the above reasons, carrying liability insurance is yet another way to show that your Healing Touch practice is legitimate and professional. Clients and institutes will often view the fact that you have insurance as a sign that you are a responsible professional.

Bottom line – when you have professional and general liability insurance you are free to provide your services, teach, make recommendations, volunteer whenever/wherever knowing that you and your interests are protected. To learn more [Click here to view the full description of coverage for our HTPA Liability Insurance Program.](#)



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*According to the National Safety Council the average slip and fall claim can cost a practitioner as much as \$28,000.

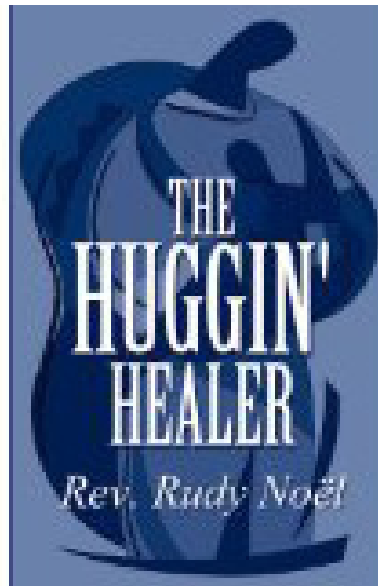
Do I need to have Liability Insurance for my Energy Medicine Practice? This is a question you need to be asking yourself if you are seeing clients as a student, practitioner, instructor or a volunteer. Even when you do your absolute best work, there's always some risk that someone with whom you interact will be dissatisfied. Professional Liability Insurance protects you against covered claims arising from real or alleged claims in your work.

Professional and General Liability Insurance available through
www.HTProfessionalAssociation.com



A Review of

by C. Jeanie Ballard



There are times in our lives when we are invited to circumnavigate the rules; times when we must *allow* ourselves to search for the deeper meaning of something in order to gain a richer experience. Rev. Rudy Noël's *The Huggin' Healer* is an open invitation to do just that. If you are willing to dive beneath the surface you may be very pleased with the pearls you find below. Rev. Rudy Noël offers a simple, no-holds barred, plain English perspective with regards to healing ourselves, as well as, others. In addition, you will receive handy, easy-to-follow directions for his world renowned **Mind Clearing** and **HOPi Techniques**, both of which are utilized in the Healing Touch Program.

Highly skilled, Rudy Noël was rigorously trained in the healing arts by Master Healer, Reverend Rosalyn Bruyere. He draws us in and regales us with his stories, experiences and insights. Then he tosses out morsels of advice, self-awareness and keen observation. Sometimes, he even surprises us by answering questions that we have not even thought to ask. These pearls of wisdom may appear to be bite-sized, but they are well worth their weight in gold. Healers of every degree will appreciate and benefit from having *The Huggin' Healer* in their holistic library.

The Huggin' Healer can be purchased through the Healing Touch Bookstore - [click here](#).

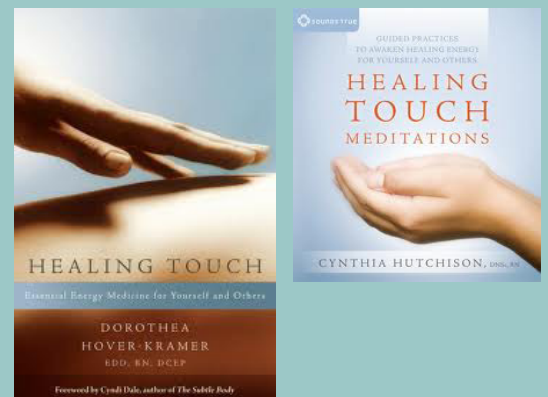
Above photo: Cynthia Hutchison, HTP Program Director with Rev. Rudy Noël.

New – Sounds True Store

Healing Touch Program has entered into an affiliate program with Sounds True. You can find the Sounds True Store under the **Shop** dropdown menu.

Ordering through the Sounds True Store on the HTP website means that you can order all your favorite Sounds True authors and support HTP at the same time. The website takes you seamlessly to Sounds True for ordering and payment.

There are new selections from Healing Touch community authors that you won't want to miss including Dorothea Hover-Kramer, Cynthia Hutchison and Cyndi Dale. In addition, you will find new selections by Carolyn Myss and Clarissa Pinkola Estés. [Check out the new Sounds True Store.](#)



HEALING TOUCH Class Schedule

The most up-to-date class schedule can be found on the Healing Touch Program web site www.HealingTouchProgram.com. If you have questions or need to change the information on your listing please contact the HTP office at 210-497-5529 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location	Coordinator	Phone	Email	Instructor
Intro					
1/7/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
4/7/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
9/15/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
11/10/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
Level 1					
12/9-10/2011	MI Grand Rapids	Debra Stalsonburg	(616) 401-7199	dstalsonburg@yahoo.com	Barbara Starke
12/29-30/2011	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinas.org	Jean Pruett
1/5-6/2012	Kyoto, Japan	Katrina Shibata	(714) 330-4030	HealingTouchConnection@gmail.com	Rumi Hashimoto
1/7-8/2012	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Walle Adams-Gerds
1/14-15/2012	PA Philadelphia	Nicole Mlodzinski	(215) 343-3001	nmlodzinski@yahoo.com	Jean M White
1/14-15/2012	MO St Louis	Mark Smith	(865) 964-5015	markds511@gmail.com	Linda Elaine Smith
1/14-15/2012	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Kasemir/Rolando
1/14-15/2012	CA El Cajon	Ed Long/ Julie Bennet	(619) 441-8771	elong@sheahealth.com	Yvonne Rawraway Wultz
1/14-15/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
1/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
1/14-15/2012	CO Fort Collins	Lauri Pointer	(970) 484-2211	LauriPointerHTCP@gmail.com	Lauri Pointer
1/14-15/2012	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
1/14-15/2012	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
1/20-21/2012	CT Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Beth Wright
1/21-22/2012	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Sherri Cote
1/21-22/2012	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
1/21-22/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
1/21--22/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
1/21-22/2012	MN St Louis Park	Denise Hulst	(612) 554-2462	dhulst@live.com	Tim McConville
1/21-22/2012	OR Portland	Constance Hammond	(503) 230-2331	recah@comcast.net	Constance Hammond
1/22 & 1/29/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
1/28-29/2012	CA Castro Valley	Beverly A Dixon	(510) 888-9858	beverlydixon@comcast.net	Beverly A Dixon
1/28-29/2012	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
1/28-29/2012	CO Boulder	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Cynthia Hutchison
1/28-29/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
1/28-29/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
1/28-29/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
1/28-29/2012	AB Okotoks	Tamara Mataga	(403) 652-7818	tamarapederson@hotmail.com	Nowicki/Besselink
1/28-29/2012	VA Yorktown	Dottie Graham	(757) 890-2940	gisaofova@aol.com	Dottie Graham
1/28-29/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
1/28-29/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
1/28-29/2012	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
2/11-12/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
2/10-12/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
2/11-12/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
2/11-12/2012	TX Austin	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
2/11-12/2012	AB Calgary	Mario Argento	(403) 668-1743	mario@7thchakra.ca	TBA
2/11-12/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
2/13-14/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
2/18-19/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
2/18-19/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
2/24-25/2012	NY New York	Enoe Aracely Brown	(212) 219-2527	aracelybrown@yahoo.com	Marilee Tolen
2/25-26/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
2/25-26/2012	PA Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
2/25-26/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
3/2-3/2012	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
3/2-4/2012	VA Newport News	Dottie Graham	(757) 890-2940		Dottie Graham
3/3-4/2012	WA Ellensburg	Anna Marie Newman	(509) 899-0099	meadowrose9@gmail.com	Anna Marie Newman
3/3-4/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
3/3-4/2012	SK Regina	Brenda Bieber	(306) 545-7008	bjbieber_99@hotmail.com	Betty Minifie
3/3-4/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
3/3-4/2012	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
3/17-18/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
3/17-18/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
3/18 & 3/25/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
3/24-25/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
3/24-25/2012	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
3/24-25/2012	OH Tipp City	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
3/31-4/1/2012	TX Austin	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
4/14-15/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
4/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
4/21-22/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
4/21-22/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
4/26-27/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
4/28-29/2012	SK Prince Albert	Tara Favreau	(306) 763-2287	tarafavreau@yahoo.com	Betty Minifie
4/28-29/2012	WY Riverton	Nancy Sehnert	(307) 856-5409	energyflowtherapies@wyoming.com	Jackie Page
5/4-6/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
5/5-6/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
5/6 & 5/13/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
5/12-13/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
5/19/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
5/19-20/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
5/19-20/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
5/19-20/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
5/19-20/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
5/19-20/2012	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
5/26-27/2012	AB Buck Lake	Jennifer Wolf	(780) 388-2370	echoss1@hotmail.com	Betty Minifie
5/26-27/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
6/2-3/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
6/2-3/2012	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
6/6-8/2012	Jerusalem, Israel	Constance Hammond	(503) 230-2331	recah@comcast.net	Constance Hammond
6/9-10/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
6/16-17/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
6/23-24/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
6/30-7/1/2012	TX Austin	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
7/13-15/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
7/14-15/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
7/14-15/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
8/4-5/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/4-5/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
8/11-12/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
8/11-12/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
8/18-19/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
8/18-19/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
9/8-9/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
9/8-9/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
9/8-9/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
9/8-9/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
9/15-16/2012	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
9/15-16/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
9/15-16/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
9/15-16/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/15-16/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
9/21-23/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
9/22-23/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
9/23 & 9/30/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
9/29-30/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Karen Wood
9/29-30/2012	TX Austin	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
10/6-7/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
10/13-14/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/13-14/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
10/20-21/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/20-21/2012	TX Houston	Healing Touch Texas	(281) 856-8340		Bonnie Morrow
10/20-21/2012	TX San Antonio	Susan Emily Russell		susanhtcp@gmail.com	Susan Russell
10/20-21/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
10/21&10/28/2012	IL Frankfort	Kathryn Hungness	(708) 258-0326	itsthe lady@yahoo.com	Kathryn Hungness
11/2-4/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
11/10-11/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
11/12-13/2012	OH Cleveland	Debra Davido	(440) 888-2061	thddsgmkj@sbcglobal.net	Hensse/Bregman
11/17-18/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
12/7-8/2012	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
12/8-9/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2					
12/10-11/2011	TX Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	TBA
1/7-8/2012	Kyoto, Japan	Katrina Shibata	(714) 330-4030	HealingTouchConnection@gmail.com	Rumi Hashimoto
1/7-8/2012	WI Madison	Jan Manthey	(608) 829-3616	jmmanthey@charter.net	Cynthia Hutchison
1/14-15/2012	AZ Tucson	Healing Touch Tucson	(520) 548-8052		Barb Hart
1/21-22/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
1/21-22/2012	MI St Joseph	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
1/21-22/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
1/28-29/2012	VA Herndon	Diane Black	(703) 787-5714	dblack@crystal-therapist.com	Maureen McCracken
1/28-29/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
2/4-5/2012	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Tina Devoe
2/4-5/2012	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
2/11-12/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
2/18-19/2012	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
2/25-26/2012	CO Boulder	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Cynthia Hutchison
2/25-26/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
2/25-26/2012	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
2/25-26/2012	CO Fort Collins	Lauri Pointer	(970) 484-2211	LauriPointerHTCP@gmail.com	Lauri Pointer
3/10-11/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
3/10-11/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
3/10-11/2012	SK Swift Current	Judy Ross	(306) 264-3653	jdross@yourlink.com	Betty Minifie
3/24-25/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
3/31-4/1/2012	CO Fort Collins	Lauri Pointer	(970) 484-2211	LauriPointerHTCP@gmail.com	Lauri Pointer
3/31-4/1/2012	NT Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Minifie
4/1 & 4/8/2012	IL Frankfort	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
4/20-22/2012	MB Winnepeg	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Minifie
4/21-22/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
4/21-22/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
4/21-22/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
4/27-28/2012	CO Longmont	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
5/5-6/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
5/5-6/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
5/19-20/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
5/19-20/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
5/26-27/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
6/2-3/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
6/8-10/2012	VA Newport News	Dottie Graham	(757) 890-2940		Dottie Graham
6/9-10/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
6/23-24/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
6/23-24/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
7/14-15/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
8/11-12/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
8/18-19/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
8/18-19/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
8/25-26/2012	TX Austin	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
9/8-9/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
9/15-16/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
10/6-7/2012	CO Longmont	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
10/13-14/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
10/13-14/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
10/20-21/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
10/20-21/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
10/20-21/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
11/3-4/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/4&11/11/2012	IL Frankfort	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
11/10-11/2012	TX San Antonio	Susan Emily Russell	(830) 890-5207	susanhtcp@gmail.com	Susan Russell
11/10-11/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
11/17-18/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/1-2/2012	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
12/8-9/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
Level 3					
12/10-11/2011	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
1/14-15/2012	TX Flower Mound	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
2/4-5/2012	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Cynthia Hutchison
2/4-5/2012	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Barb Hart
2/11-12/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
2/25-26/2012	NC Asheville	Denise Anthes	(828) 275-4704	denise.anthes@msj.org	Anne Boyd
2/25-26/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
3/3-4/2012	MI St Joseph	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
3/24-25/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
3/24-25/2012	YK Whitehorse	Judi Urquhart	(867) 456-4987	judi.urquhart@gmail.com	Betty Minifie
3/27-28/2012	Kyoto, Japan	Katrina Shibata	(714) 330-4030	HealingTouchConnection@gmail.com	Rumi Hashimoto
3/31-4/1/2012	DE Wilmington	Rachel Rasmussen	(302) 656-3569	rachelr1@comcast.net	Tina Devoe
4/14-15/2012	CO Boulder	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Cynthia Hutchison
4/21-22/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
4/21-22/2012	NC Asheville	Denise Anthes	(828) 275-4704	denise.anthes@msj.org	Anne Boyd
4/21-22/2012	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
5/5-6/2012	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
6/1-3/2012	MB Winnepeg	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Minifie
6/9-10/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
6/23-24/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
6/23-24/2012	AB Calgary	Betty Minifie	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Minifie
7/14-15/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
7/14-15/2012	PA Elizabethtown	Melinda Chichester	(484) 643-3657	melinda.chichester@gmail.com	Jackie Page
7/21-22/2012	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/18-19/2012	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
9/22-23/2012	TX San Antonio	Susan Russell	(830) 980-5207	susanhtcp@gmail.com	Bonnie Morrow
9/29-30/2012	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
9/29-30/2012	CO Fort Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
10/5-7/2012	VA Newport News	Dottie Graham	(757) 890-2940	gisaoftva@aol.com	Dottie Graham
10/20/2012	CA Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
11/3-4/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
11/3-4/2012	CO Longmont	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
11/10-11/2012	WI Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Rosann Geiser
11/10-11/2012	QUE Quebec	Y. Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/24-25/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
12/1-2/2012	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
12/1-2/2012	CA Long Beach	Nicole Panzich	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
1/19-20/2013	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder

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Date	Location	Coordinator	Phone	Email	Instructor
Level 4					
1/5-8/2012	ID Boise	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
2/2-5/2012	AB Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Minifie
2/9-12/2012	CA Orange	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett-Hibdon
3/8-11/2012	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
3/22-25/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
5/17-20/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
5/17-20/2012	PA Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Nancy Lester
5/31-6/3/2012	NY Niskayuna	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Maureen McCracken
7/5-8/2012	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
10/11-14/2012	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie
10/17-20/2013	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie
Level 5					
2/9-12/2012	CA Orange	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
3/8-11/2012	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett Hibdon
3/15-18/2012	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie
5/17-20/2012	PA Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
5/17-20/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	TBA
3/14-17/2013	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Minifie
Level 6					
5/3-6/2012	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/17-20/2012	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Advanced Practice 1 and 2					
2/25-26/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
3/10-11/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
3/31-4/1/2012	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/27-28/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
6/22-23/2012	PA Elizabethtown	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
8/25-26/2012	NY Amsterdam	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
Advanced Practice 1					
2/25/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
3/10/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
3/31/2012	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/27/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
6/22/2012	PA Elizabethtown	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
8/25/2012	NY Amsterdam	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
Advanced Practice 2					
2/26/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
3/11/2012	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/1/2012	OH Cincinnati	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/28/2012	CT Greenwich	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
6/23/2012	PA Elizabethtown	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
8/26/2012	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey

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Date	Location	Coordinator	Phone	Email	Instructor
My Helpful Healing Touch					
1/15/2012	AZ Tucson	Healing Touch Tucson	(520) 548-8052	barb@healingtouchtucson.com	Hart/Gaston
Level 2 Advancement - INSTRUCTORS ONLY					
2/3/2012	DE Wilmington	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Tina Devoe
Mentor Training Winter 2012-AM					
1/19-3/13/2012	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
Mentor Training Winter 2012-PM					
1/19-3/15/2012	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
HT Presentations Class					
12/11/2011	CO Fort Collins	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
3/24/2012	IL Edwardsville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
Self Care Training- FOR INSTRUCTORS ONLY					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	Barbara Starke
Childrens Class Training- Level 4 and Above					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	Cynthia Hutchison
The Power of Your Awareness Webinar					
	Online	HT Program	(210) 479-5529	registration@healingtouchprogram.com	David J. Fiala