October 2007 Issue no. 17

# Energy macazine<sup>™</sup> The Official Publication Of Healing Touch Program<sup>™</sup>

### SHOW UP for a STAND DOWN and much more...

Special Healthcare Facilities Issue part 2









- 3 HTP Contact Directory
- 4 A Letter from the Program Director
- 6 Our Contributors
- 7 Quote from Karen Matherly
- 8 Show Up for a Stand Down
- 12 How Healing Touch Has Affected My Nursing Career
- 13 Money as Energy: Can You Par-A-Digm?
- 14 Teddy Bears as Vehicles of Healing
- **18** Notes from my Watercolor Journal
- 21 Health Care Integration of Healing Touch in the Veterans Health Administration
- 25 DePaul Health Center
- 27 The 2007 Healing Touch Class Schedule

### HTP Contact Directory

General Info

MEDICINE

**Creating Healing Relationships** 

EADERS IN ENERGY

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### *Energy Magazine*<sup>™</sup> would love to hear your comments!



Greetings from Cynthia Hutchison, Healing Touch Program Director

Dear Readers,

This month's issue of Energy Magazine is a continuation of last's month theme on Healthcare Facilities and Healing Touch. The double issue is a result of numerous articles submitted by HT practitioners who wrote stories about the integration of HT into their facilities. I clearly remember the first time I went to a hospital to provide a HT treatment to a client about 14 years ago. I was questioned by a not-so-nice skeptical physician who assumed I was engaging in some kind of new age voodoo (Been there? Done that?). Several years later I had an experience at the bedside where the physician graciously excused himself from the patient's hospital room in order to accommodate the treatment I came to provide. The contrast was from one end of the continuum to the other, which more of us are seeing with increased frequency. *Times are a-changin!* 

If you are practicing Healing Touch at a healthcare facility, I ask you to please fill out the HT Program Healthcare Survey found on our website (www.healingtouchprogram.com). Since publishing our survey two months ago with the request for information about which facilities are incorporating HT, we have already heard from over 25 hospitals and related facilities. As healthcare administrators see the growing list of participating centers, they will increasingly realize the importance of including HT and related holistic therapies as part of their patient care services. So please, take a few minutes and inform us of your facility's HT activities if they currently exist.

If not, and you feel ready and inspired to promote HT at your local healthcare facility(s), HT Program has developed a *HT Healthcare Facility Packet* to impressively introduce to healthcare administrators the benefits of bringing HT as an effective holistic therapy that promotes the welfare of both clients and the caregivers who provide it. (That's a win-win!) The packet presents HT to administrators in a format to promote understanding and acceptance of HT and encourage the facility to hold classes in their facility for their staff. You can receive the first healthcare facility packet free by sending the name of the facility(s) that you are working with or intend to approach to Margaret@healingtouchprogram.com. As of this writing, over 79 requests for this packet have been made to our office in just the last two weeks. *Times are a-changin!* Get ready world, here we come!

Lastly, I wish to share a favorite inspirational verse that many of you already are familiar with. It is written by Marianne Williamson and was used by Nelson Mandala in his South Africa Inaugural Speech. To me, it reminds us to release the fear of our divinely given power to do good in the world...to be brave and allow ourselves to be liberated from our fears...which in turn inspires and liberates others. Those of you who have bravely brought HT to mainstream hospitals can certainly relate to this affirmation of our potential to be change agents for healing the world.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, "Who am I to be brilliant, gorgeous, talented, fabulous?" Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we subconsciously give other people permission to do the same. As we're liberated from our own fear, our presence automatically liberates others."

From A RETURN TO LOVE by Marianne Williamson

Thank you to so many of you who have bravely faced your fears of rejection, of looking foolish, or of feeling inadequate...and forged forward despite those fears with a hopeful, enthusiastic heart...in order to introduce those in mainstream healthcare to a heartfelt way to minister to those in need of Healing Touch.

With appreciation,

Cynthea

### Appreciation to:

We would like to thank Cecilia Baranowski who informed us that Barbara Schafer, CHTP/I, APRN is the Heaing Touch instructor who gave of her time, energy and personal funds to help get the Greenwich Hospital Healing Touch program started and rooted (see *Healing Touch at Greenwich Hospital*, Energy Magazine, September 2007).

### **Our Contributors**



Christine (Tina) Devoe, RN, CHTP/I, integrates her training in touch therapies with a holistic nursing philosophy to empower her clients with the self-awareness of body, mind and spirit. Her article <u>Notes from my Watercolor Journal: *The 11th Annual Healing Touch* <u>International Conference in Hilton Head, SC</u>, gives us a glimpse of her experiences at the conference using her beautiful watercolor paintings.</u>



Lia Farber, RN, CHTP, became interested in Healing Touch during her treatment for breast cancer. After her treatments were done she proceeded to take both Level 1 and 2. She then went on to become a Healing Touch volunteer at DePaul. Her article, <u>DePaul Health</u> <u>Center</u>, is a retelling of the events that transpired to make Healing Touch a well established part of the palliative care and pain management team at DePaul.



Mari Kelley, RN, CNN, CHTP/I, has 32 years experience in traditional nursing, outpatient and administrative roles. She has been an Energy Based Practitioner since 1995. Her article, <u>Health Care Integration of Healing Touch in the Veterans Health Administration</u>, gives us an inside look at what Healing Touch Practitioners, Instructors, students and even the U.S. Congress are doing to pursue the integration of Healing Touch.



**Carole A. Sarian**, CHTP, is a Special Education Teacher and Certified Healing Touch Practitioner currently in teacher training with visions of teaching Healing Touch to women in prisons, to Hospice volunteers, and to parents and staff of children with special needs. Her article, <u>Show Up for a Stand Down</u>, is about a grassroots, community-based intervention program to help our nation's estimated 200,000 homeless veterans "combat" life on the streets and how Healing Touch and *you* can make a difference in their lives.

Lisa Thompson, RN, CHTP, CMT, is a Registered Nurse, Holistic Health Practitioner and Certified Healing Touch Practitioner. She has been a Pediatric Nurse at Rady Children's Hospital in San Diego, CA. since 1986. Her article, <u>How Healing Touch has Affected My Nursing Career</u>, tells of her Healing Touch work with cancer patients through the Integrative Medicine Program at Rady Children's Hospital and how it has been a heart changing experience for her and those around her.



Marilee Tolen, RN, HNC, CHTP/I, is the author of our monthly column, <u>Money as</u> <u>Energy</u>. In this month's column, *Can You Par-A-Digm?*, Marilee reminds us that as Healing Touch becomes part of our daily lives, both personally and professionally, WE become part of the paradigm shift occurring in health care.



Hollie Vanderzee, RN, MSN, CHTP, is the founder of Bridging People and Places, a not-for-profit corporation whose mission is to make a difference in the lives of others. Her article, <u>Teddy Bears as Vehicles of Healing Energy</u>, describes how Bear Hugs are filled with the energy of love and used in a Healing Touch Buddies Program.

Healing Touch...

A true expression of unconditional love...

Creating an opportunity for me to give unconditionally.. Never feeling taken,

only an overwhelming feeling of gratitude to all that has happened to bring me to this very moment... -Karen Matherly



The term STAND DOWN comes from a military order reserved for a moment of extreme emergency. In times of war, exhausted combat units requiring time to rest and recover are removed from the battlefield to a place of relative security and safety. Battle-weary soldiers are given the opportunity to renew their spirit, health and overall sense of well-being.

In this article, STAND DOWN refers to a grassroots, community-based intervention program, designed in 1988 by a couple of Vietnam Veterans from San Diego, to help our nation's estimated 200,000 homeless veterans "combat" life on the streets. According to the Department of Veterans Affairs, the current number of homeless

Vietnam era veterans exceeds the number of fatalities that occurred during the war. It is estimated that 500,000 - 840,000 veterans are homeless at some time during the year.

Community and government agencies, along with hundreds of volunteers, come together in cities throughout our country (see list below) to help support the numerous needs of veterans who are labeled homeless. These weekend events, held for one to three days, offer "one stop" services. The guiding philosophy is "a hand-up, not a hand-out." For the past two years, I've had the good fortune of being San Diego's Healing Touch Volunteer Coordinator for the STAND DOWN. It's a perfect fit for me and I am most grateful to have been afforded the opportunity. My husband is a Navy veteran and as a Chaplain he has also led a men's group at St. Vincent de Paul's Village which houses those who are labeled homeless. He has shared numerous stories with me, primarily how so many of our veterans have never been thanked for serving our country -- an unhealed wound.

Further, we've both been serving veterans extensively at the La Jolla VA Medical Center for the past seven years as bedside volunteers and hospice volunteer trainers for the Twilight Brigade/*Compassion in Action*, a non-profit, National organization that trains people how to be at the bedside with those who are actively dying -- mostly veterans. (www.thetwilightbrigade.com)

A STAND DOWN is unlike anything I've ever seen before. Basically, a downtown high school athletic field is commandeered and transformed into a military camp reminiscent of the MASH movie set. It's a fantastic feat and I can't imagine the amount of work that goes into creating this tent city.

The predominant colors are khaki and shades of camouflage green. American flags are seen flying in every direction, along with the distinctive black and white MIA/POW flags. People are everywhere -- some in uniform, some carrying new clothing and shoes, and some wearing identifiable STAND DOWN ID badges required of all volunteers and personnel.

Wandering towards the Alternative Medicine Tent, sponsored by Pacific College of Oriental Medicine (PCOM), I passed by innumerable tents lined up in neat rows housing hundreds of cots, each sponsored by a different community organization. In the center of the field there's a sort of "town-square" made up of rows of tents identified by large signs offering specific services such as free legal and social security benefits counseling, employment services, and substance abuse counseling.

Twelve-step meetings could be seen in progress and I noticed a tent marked Spiritual Guidance with a few men meeting one-on-one with what I assumed to be Chaplains. There are people busy setting up food lines, (volunteers are urged to go to the front of the line) groups of people sitting under the shade of an expansive camouflaged net listening to someone play a guitar, and people waiting in line to use one of a long-line of port-o-potties.

A large white mobile unit attached to a loud generator is parked just outside the gate offering free medical and dental care. There's an enclosed area set-up for showering, and nearby I noticed several women standing behind men cutting their hair.

Inside the Alternative Medicine tent, there were over twenty massage tables set-up, along with a large assortment of folding chairs, all provided by PCOM. The surrounding perimeter of the tent was lined with folding chairs where clients watched and waited to be called and volunteers could sit and bear witness by listening to their stories. There was a large menu of healing options from which to choose: acupuncture, reflexology, massage, Tui Na (a form of Chinese acupressure), and Healing Touch.

All HT levels are welcomed to volunteer. Level 1 techniques are primarily used -- mostly the Pain Drain. Sessions are usually 10-20 minutes in length. Sometimes they last up to 30 minutes if there are no other clients waiting. During meals when there are very few clients, practitioners could be seen taking turns working on each other.

Mostly, though, men line up to be touched. Some of them come back repeatedly in the same day and often return

### Show Up for a Stand Down

the following days, as well. As a mother, I often found myself reflecting upon the fact that these men were once someone's child--a beloved son. Perhaps they're a brother, father, uncle, or grandfather, as well. I try to move past the thought of what might have happened...of why they are now living on the streets...or with what demons they might be dealing.

In addition to the healing benefits of the actual hands on of Healing Touch, listening...just listening, is extremely powerful. I listened with compassion as a man who just had a tooth "yanked" shared with me what it was like for him in Vietnam. I listened with tears in my eyes as



Above: A volunteer gives Healing Touch to a homeless veteran.

another man shared with me the unbearable pain he has in his left leg due to being shot and then having had surgery with a razor blade while he was a prisoner of war. And I listened with heartache as a man shared how "messed up" his back was from sleeping on the streets.

Whenever I responded with empathy and validation to each shared story, there seemed to be a letting go...a deeper sense of relaxation...a calmness and peacefulness, as we entered together into the stillness of the moment.

With our right hands gently connected, and my left hand placed on their hearts, I meet each man heart-toheart -- highest good to highest. I ask to be a channel of healing. I ask that all Divine Specialists, in whatever field each man may need, work through me so as best to serve them. I welcome all beings of the highest love, light and healing to assist me. And then... I just love them...unconditionally.

Some are easier to love than others. By late afternoon, under the heat of the sun, body odor can become more apparent. I'm grateful for the occasional breeze that blows fresh air into our tent and also for the trick I learned of rubbing a bit of Vicks Vapo-rub under my nose to mask unpleasant scents.

This year the most moving moment for me was when I entered the Alternative Medicine tent on Sunday in what seemed to be total silence, despite the hundreds of people milling about. I saw Michelle Lemarie, Shirley Smalley and Fran Prayfsa each working on a camouflage-dressed soldier, rather than our weekend population of people who are homeless. There was a sacred stillness that was palpable, accompanied by a major, full body rush. And from past experiences, I've learned to pay closer attention to both the energy and experience

What I saw were three men/boys lying on the treatment tables. And although these guys were active duty, they

looked to be about fifteen -- no facial hair and with such baby-faces. Being the mother of an adult son, I felt my eyes welling up. I thought of their mothers, their girlfriends, their families...

They shared with their practitioners how much the Healing Touch treatments meant to them and how it was the most relaxed they had been in the longest while. They also shared stories of deep aches, chronic pains and tales of stress.

I don't know how to go about manifesting it, but I so want to have a large facility, in every major city, where treatment tables could be permanently set-up and returning military could receive on-going treatments as often as necessary. And so long as I'm "putting it out there," I want these to be peaceful place of healing where practitioners can work full-time and be fully compensated, along with receiving health benefits.

I have no doubt that our work is important and needed. And it seems to me that we have a multitude of compassionate practitioners who are willing and available to serve, and a large military population who deserve to be served and supported with compassion.

### Carole's Bio:

Carole Sarian recently completed her first novel, Living with Lottie which delves into the daily dramas of dementia. She is a Special Education Teacher and Certified Healing Touch Practitioner currently in teacher training with visions of teaching Healing Touch to women in prisons, to Hospice volunteers, and to parents and staff of children with special needs.

In addition to being the San Diego trainer for The Twilight Brigade/Compassion in Action, she is also a Certified Grief© Specialist, a Certified Integrative Breathwork Practitioner in the Eupsychia Process, and a practicing Zen Buddhist married to a Zen Buddhist priest and Hospice Chaplain, with shared fantasies of traveling the country together on their Harley offering trainings, lectures, and book signings. She also offers Healing Touch and Massage at a Day Spa in Del Mar, CA.

### Opportunities to serve our country's over 200,000 homeless vets.



<b>10/04/07</b> (C) Port Angeles, WA	360-457-2112
<b>10/05/07</b> (B) Cedar Rapids, IA	319-892-5160
<b>10/06/07</b> (B) Libby, MT	406-756-7304
<b>10/08/07</b> (B) Algonquin, IL	866-338-4968
<b>10/12/07</b> (A) Nashville, TN	615-321-3919
<b>10/13/07</b> (C) Albany, NY	518-744-3208
10/18/07 (A) Bakersfield, CA	661-868-7303
<b>10/26/07</b> (C) St. Cloud, MN	320-656-6101
<b>10/27/07</b> (C) Lake City, FL	386-755-9026 x3122
<b>11/02/07</b> (A) Huntsville, AL	256-684-6521
11/09/07 (C) Las Cruces, NM	505-523-2219
<b>11/10/07</b> (C) Los Angeles, CA	310-518-1855
11/14/07 (C) Dallas, TX	214-857-0374
11/17/07 (C) Inverness, FL	352-628-4357
<b>12/25/07</b> (C) Los Angeles, CA	310-518-1855

A - Stand Down (3- or 4-day event with shelter)

- B Homeless Veterans Resource Fair (2-day event)
- C Homeless Veterans Resource Fair (1-day event)
- D Homeless Veteran Health Fair
- E Homeless Veterans Job Fair
- F Other Events

# How Healing Jouch Has Affected My Nursing Career

by Lisa M. Thompson CHTP, RN, CMT

*9* have been an Ortho/surgical nurse at Rady Children's Hospital in San Diego, California for the past 21 years. Two years ago we were blessed with a grant from a generous family for Integrative Therapies for the Hematology Oncology patients and their families. At the time I was a licensed massage therapist, trained in Reflexology and a Level 4 Healing Touch apprentice. I was thrilled to be asked to join the Integrative Team and began working two days a week with patients and their families on the Hematology/Oncology Unit.

Currently I am a Certified Healing Touch Practitioner and looking forward to completing my training as a Level One instructor. My goal is to begin teaching Level 1 classes at Rady Children's Hospital by the spring of 2008.

To say that HT has affected my career would be an understatement; it has changed my personal and professional life. My day to day nursing care on the Ortho Rehab Unit where I work part time has become more holistic and compassionate. As I continue to incorporate "Cura", Latin for the care of souls, into my daily care I become a more grounded nurse and person and at the same time my patients receive positive healing energy in a stress filled health care system.

My Healing Touch work with cancer patients through the Integrative Medicine Program has been heart changing. It is an honor to provide Healing Touch to children with cancer, their families and the nurses and doctors who care for them. Healing Touch is well received and now requested throughout the hospital, if only there were more of me, but I am working on that. We have a Healing Touch Clinic at the Hospital once a month that is open to all. The clinic provides time for our HT students to practice their techniques and it provides an introduction to Healing Touch for parents, visitors and staff at the hospital. Healing Touch has opened a door for me to be a certified practitioner, instructor and mentor for others looking for a different approach to nursing which includes balance and heart.

One of my favorite Healing Touch stories is about a young 5 year old boy who had just transitioned from IV pain medication to oral meds that did not meet his needs. As his nurse went to call the doctor I offered to do Healing Touch. While we waited and I did Magnetic Passes over his casted leg I tried to explain to him about the energy that surrounds us and how we can use our hands to make pain feel better. He said "Oh I get it...it's just like a HUG." From the mouth of a child, for what is a hug but transference of the energy of compassion. I learn every day in my HT work that compassion is everything and that Healing Touch is the vehicle for that healing energy of compassion.

### Lisa's Bio:

Lisa Thompson is a Registered Nurse, Holistic Health Practitioner and Certified Healing Touch Practitioner. She has been a Pediatric Nurse at Rady Children's Hospital in San Diego, CA. since 1986. Most recently she has been a member of the Oncology Departments Integrative medicine Pilot Program at Rady Children's Hospital where she provides Massage, Healing Touch and Reflexology. Lisa's immediate goal is to start teaching Level One Healing Touch classes at Children's Hospital in the spring of 2008. Her eventual goal is to have Healing Touch available to every hospitalized child.



As Healing Touch becomes part of our daily lives, both personally and professionally, WE become part of the paradigm shift occurring in health care.

Healing Touch is one of the many modalities whose research and success is helping to influence shifts to more natural, less invasive, low cost medicine in health care today.

The change that is taking place in health care systems toward accepting a holistic model is coming out of necessity rather than conscious choice (on the part of health care systems), because the old paradigm is not working anymore, and people are starting to demand a holistic approach to their care.

The ripple effect of this seems slow at times. We may even wonder if it is happening at all. But with proven research and great success stories from the work of Healing Touch, it reinforces the "YES! There IS something here taking place in a BIG way!"

The alternative health care movement is getting the attention of health care system administrators because of the "out of pocket" money people are willing to pay for these therapies. They see this as both an opportunity and a challenge. Many health care systems want to jump in on the game and get some of that out of pocket moola, yet at the same time they have difficulty figuring out how to place the charges.

What does that mean to you, the Healing Touch practitioner who wants to move Healing Touch into your health care system? It means that when you are preparing and presenting your pitch to "whom it may concern" at your facility, it would be helpful if you could wear the hat of an administrator temporarily, and let yourself think about the "bottom line". Maybe you can present your proposal that includes information on how Healing Touch can save or help make the institution money.

If it takes the bottom line to move Healing Touch into facilities – so be it! Join with your administrators to make it happen!

### Marilee's Bio:

Marilee Tolen is board certified in Holistic Nursing, a Certified Healing Touch Practitioner and Instructor (10 years), and a former board member of Healing Touch International. She is a graduate of the Barbara Brennan School of Healing Science and completed Intuition Training with Caroline Myss. Marilee has integrated abundance and prosperity principles into her professional life for over twenty years. Her studies of the energy of money became her specialty at the Brennan School in 1996 as demonstrated in her thesis "Currency As Consciousness" ©. She is a contributing author to the recently acclaimed award winning book Invitation to Holistic Health: A Guide to Living a Balanced Life (Bartlett and Jones) writing the chapter on "Financial Health". Marilee is currently packaging her years of experience and knowledge as a Nurse Healer to teach the people about self care and natural ways to heal which includes Healing Touch. She is marketing this information through the internet as "Home Spa Lady" and is having a "prosperous blast". She loves to teach people how to do this and much more. To learn about what she offers sign up for her Free Tips of the Week at www.HomeSpaLady.com.

Teddy Bears as Vehicles of Healing Energy

Bear Hugs and a Healing Touch Buddies Program

by Hollie Vanderzee, RN, MSN, CHTP



With the death of my husband, the sale of our business and an empty nest – my 50th birthday presented me with the challenge of creating a new life. I was sure of one thing...I wanted to make a difference, and it would have to be in a meaningful way.

Two catalysts led me to creating a not-for-profit corporation that has affected many people. One was volunteering at Double H Ranch, a camp for children with serious and life threatening illnesses. Synchronicity played a role in the second. Standing in line at a Body, Mind, and Spirit conference, I met a woman who founded an organization that gave teddy bears to people with cancer. I had an immediate ah-ha experience...creating a project to give bears to campers at Double H Ranch.

In July of 2000, I founded Bridging People and Places with the mission to make a difference in the lives of others. Our first project sent 900 "Bear Hugs," teddy bears filled up with love by people who care, to campers at Double H Ranch.

Later that year, synchronicity occurred again. A Board Member in my newly formed not-for-profit organization suggested I listen to a presentation on Healing Touch (HT) by one of her nurses who had taken a Level I class taught by Sister Rita Jean Dubrey. That was the beginning of my HT journey. I was in the next class she offered. By the end of that Level I weekend, it was clear to me the Bear Hugs Program and HT shared the same core value...sending healing energy by giving love and compassion without expectation of outcome.

### Teddy Bears as Vehicles



The Bear Hugs Program touches the hearts of knitters across the country as over 2,000 sweaters arrive each year. The act of giving through knitting has a positive, and often healing, effect on our knitters. Gertrude Waldron, a volunteer with severe arthritis and pins in many of her fingers,

wrote, "I knit love into every stitch.

Knitting is a great form of physical therapy for my hands and nourishment for my heart."

June Murphy, an octogenarian, says, "The Lord has blessed me with the ministry to give of myself. My legs don't move much. I'm in a wheelchair, but my arms and hands are still good,



and I don't waste my time. I just keep knitting; it's a joyful time for me. With the teddy bears, I feel like my sweaters are a painting. I keep them cheerful with a pretty design because the people to whom they are going have had enough darkness in their lives. I feel I have a real good purpose in my life. I'm able to give to someone else. I go to bed at night and say, 'Thank you God. I've done something for someone today.' I get more back than I ever give."

Above: (from top) June Murphy lives independently and has knit almost 1,000 sweaters. Alice Mastaitis, a resident in assisted living said "I look forward to hugging the bears; each bear makes a difference to people and I like that." Many of our bears are dressed and hugged by young children. Each year, Suzanne Myers teaches her 2nd grade class to hug the teddy bears tightly and fill them with love, hope, and strength. Suzanne says, "Dressing the bears and giving them that loving hug is the children's way of helping others. It's an important job, and it's fun. Our kids have a lot of love and strength to give. The project helps build their character by sharing with people in need."

Vickie Yattaw, an oncology nurse and Brownie leader who dresses bears with her troop, said, "The bears are a fun, loving project. We talk to the girls about sick children needing something to love and a special friend to hug and tell their secrets and worries. We tell them about cancer patients who need a little hug to help them feel better. As each bear is dressed, the girls give big hugs and whisper words of hope in the ears of the bears to carry to the person who needs them. It is a wonderful experience for the girls."

Residents in assisted living also dress many of our bears. Geri Geruso, an Activities Director said, "The residents love it. It makes them feel they have purpose – they like doing something that benefits others." Corey Seeley Dixon, an Activities Director at another facility, commented, "They really get the idea of filling the bears with love. They can't get out anymore, and this gives them an opportunity to give from their hearts. The project has sparked its own reminiscence group – my first teddy bear, or the teddy bear I bought my child or first grandchild. It's wonderful, and they love it."

The bears take on an added dimension, symbolizing something unique to each organization whose clients receive them. At the conclusion of my Level I weekend, I offered the bears to Sister Rita Jean Dubrey for her HT Buddies Program. She enthusiastically embraced the idea, and the two programs have been collaborating ever since. The following comments are excerpted from an interview with Sister Rita on how she uses the bears in her HT Buddies Program.

### WHAT IS THE HEALING TOUCH BUDDIES PROGRAM?

HT Buddies is a program for women with breast cancer I started at St. Mary's Hospital in Amsterdam, N.Y. in 1989. It was the first program in mainland U.S.A. and was modeled, with her permission, after Hob Osterlund's Bosom Buddies at Queens Medical Center in Hawaii. I've helped numerous HT practitioners start programs since, and to my great joy, there are many throughout the country. The HT Buddies Program I coordinate is funded in part by a grant from the Susan G. Komen Foundation.

The women who come are breast cancer survivors ranging from newly diagnosed to diagnosed 25 years ago. Some are in chemotherapy and/or radiation treatments. They come once a month for a free 30-40 minute HT treatment from a volunteer. The minimum requirement for volunteering is to have completed HT Level I and gone through training specific to our program. We have 16 HT practitioner volunteers; many are now CHTPs. Our practitioners document the initial interview, their assessment, the treatment, and the client's reaction to the session afterward.

### What similarities do you see between Healing Touch and the "Bear Hugs" Program?

Both programs are based in compassion and caring and come from our heart centers with unconditional love and no expectation of outcome. Clients tell us what they've experienced with the bear, just as they do with their HT session. Janet Mentgen, our founder, said, "We're bringing light to the table." Both organizations are spreading love, light, and healing energy. Nothing will stop the work of HT or the healing bears.

### HOW DO YOU USE THE BEARS IN YOUR PROGRAM?

The bears are in a basket outside the HT treatment area. As each new client leaves, I say, "We would like to give you a bear from Bridging People and Places that is filled with love." I read them the message on the bear tag:

"We all need hugs just to get along; Some hugs are weak, these hugs are strong. I'm filled up with love from people who care, So if you need a hug, I'll always be there. When you look in my eyes, you can see who you are; You're special and priceless, a shining bright star."

Each woman picks a bear that speaks to her, usually one with a sweater in her favorite color. The volunteers and I hug her bear, filling it with our love and God's divine love. Each client is sent off knowing when she hugs her bear, love is present to her.

### WHAT DO THE BEARS SYMBOLIZE TO THE WOMEN WHO RECEIVE THEM?

The bears are symbolic of the heart centered love and compassion the women receive in HT. The bear is a tangible symbol of our love, our prayers, our compassion, and our caring. Many women tell me they take their bears for comfort to their chemotherapy sessions. One woman recently said, "I just love my bear. I have it sitting on the bedside stand where I can see it during my chemotherapy treatment. It brings me comfort and helps me relax, just like I do during my HT treatment."

### DO YOU HAVE A PERSONAL REACTION TO THE BEAR HUGS PROGRAM?

I love the bears. Since you brought them to our program 6 years ago, I've given away over 300 Bear Hugs. I love giving something filled with compassion and love to people in stress, in grief, and with life challenges. The bears, and the unconditional love they symbolize, provide another dimension of caring to the healing process. My heart feels expanded with joy to be able to do that. I'm very grateful for receiving these wonderful bears and being able to give them to our clients. In addition to the HT Buddies Program, Bridging People and Places donate bears to a number of other organizations. The bear has come to symbolize something unique in each setting. We give away over 2,000 teddy bears each year to programs serving children with serious and life threatening illnesses, abused and neglected children, centers for domestic violence, children who have lost a loved one, and women with cancer.

For information on Bridging People and Places, visit our website at www.bridgingpeople.org or contact the author at bridgingpeople@aol.com. For information on the HT Buddies Program, contact Sister Rita Jean Dubrey at 518-841-7146.

### Hollie's Bio:

Hollie Vanderzee, RN, MSN, CHTP, has been a Certified Healing Touch Practitioner since 2005. She is the founder of Bridging People and Places, a not-for-profit corporation whose mission is to make a difference in the lives of others. "Teddy Bears as Vehicles of Healing Energy" describes how Bear Hugs are filled with the energy of love and used in a HT Buddies Program.





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Sept 21-23	Boston, MA	Oct 5-7	Norfolk, VA	Sept 14-16	Baltimore, MD	Sept 28-30	N. Canton, OH
Sept 21-23	San Bernardino, CA	Oct 12-14	Chicago, IL	2008 LEVEL 3		Oct 19-21	Cincinnati, OH
Sept 28-30	Tacoma, WA	Oct 12-14	Memphis, TN	April 11-13	Norfolk, VA	2008 LEVEL 4	
Oct 19-21	St. Louis, MO	Oct 12-14	Minneapolis, MN	May 2-4	Calgary, AB	Mar 28-30	Baltimore, MD
Oct 26-28	Baltimore, MD	Nov 2-4	Tampa, FL	May 30-June 1	Minneapolis, MN	April 18-20	Denver, CO
Oct 26-28	Cincinnati, OH	Nov 9-11	Boston, MA	Aug 15-17	Denver, CO	Oct 3-5	Minneapolis, MN
Nov 2-4	Calgary, AB	2008 LEVEL 2	2	Aug 22-24	Cincinnati, OH	Oct 17-19	Cincinnati, OH
Nov 2-4	Denver, CO	Apr 11-13	Calgary, AB	Sept 12-14	Baltimore, MD		
Nov 30-Dec 2	Dallas, TX	June 20-22	Denver, CO	Ductothoi	ncreasing demand	for LITA Morile	hans we highly
2008 LEVEL 1		June 20-22	Cincinnati, OH		led that you regist		
Feb 1-3	W Palm, FL	July 25-27	Baltimore, MD	workshop.	······		
Mar 7-9	Denver, CO	Oct 17-19	Minneapolis, MN	W	orkshops are conti	ually being up	dated.
Mar 14-16	Richmond, VA	2			ur website for a co		
Mar 28-30	Cincinnati, OH			Concession in the local division in the loca			
Apr 18-20	Minneapolis, MN			-	CHARGE A		10 B
April 25-27	Sheridan, WY	1		BY CA	Start Charles		
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Oct 24-26	Baltimore, MD	1 America	aper and				
Nov 7-9	Denver, CO	1. 1.		-	16/10	AND IN	A CONTRACT



by Christine (Tina) Devoe, RN, CHTP/I

### Notes from my Watercolor Journal

The 11th Annual Healing Touch International Conference in Hilton Head, SC

SUNPAGE - 7 SEPTEMBER HILTON HEAD S.C.



**/t is a beautiful setting here for conference.** Faces of my fellow healers are radiant. We gather together to learn about our whole selves. The bright Sun shows definitive shadows. I am challenged to paint the "darks" dark enough in my paintings. As a healer I am challenged to hold light and love to my shadow side. The Instructor's Meeting was a modeling and experiential piece to hold love and light for the community too.

I found the cormorant sitting on the bridge and found pleasure in his movement. Sunrise is a new beginning with peace on the horizon. Yoga refreshes body, mind and spirit.

SEPTEMBER & 2007 The Conter of myumiverse

TEA BARRETT

HARBUR YACAT

The HTI Conference "Consciousness" Theme kept weaving its way though the days. I was illuminated by the futurist, Leanne Kaiser Carlson. Her words and images from the black and white photojournalist, Eddie Adams from the book, *Speak Truth to Power* by Kerry Kennedy, followed me in my dreams. I have 108 Wisdom Principles to live and breathe by, thanks to Leanne Kaiser Carlson's generosity.

Sacred Singing and Holy Dancing on Friday Night to the drumming of KIVA shook the heavens and earth. Inspired by Lynne McTaggert's keynote, we were asked to hold intention for ten min-

> ness for the University of Arizona's research on Consciousness and Health. Standing by for the results, sends chills through me.

utes for seeds in an experiment in conscious-

Dr.Valerie Hunt, vibrant at 94, made a virtual visit to share her Bioscalar Technique and urged me to teach my clients to do this at home. All Healing is Self Healing!

HUTON HEAD SC. SER OATS, WEODARS PRIMS SLOOK CONSTAL DUNES... TROPICAL JTORM CREATLS WILD WAVES AND R.IP TIDE...

In the Soul Journaling class with Laurie Pointer, I went deep and quick with her guided instruction.

Healing Waves on the beach was a Tai Chi/Chi Kung Class playing in the wind and sun.

The Banquet offered delicious food, friendship and fellowship. It was followed by a concert by KIVA.

It is hard to believe that on Sunday there was more to share. We had a time to share our Healing Touch Stories and view the developments of Healing Touch around the world.

Homselves at the prease ad

In ceremonial goodbye, we huddled together like the Emperor Penguins. We each took away a gift from another expansive experience of Healing Touch International Conference. And to think, I had time to paint...

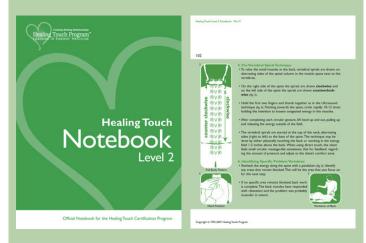
### Christine's Bio:

Christine Devoe integrates her training in touch therapies with a holistic nursing philosophy to empower her clients with the self-awareness of body, mind and spirit. She draws from her 20 years of maternal child health experience as a labor and delivery nurse and patient educator for high-risk pregnancies. As a member of the Department of Integrative Medicine at Calvert Memorial Hospital, she pioneered the practice of Healing Touch and Massage. Tina has written coursework to include Holistic Approaches to Wellness and Medical Massage for College of Southern Maryland. Through her teaching and workshops, she aims to increase knowledge of the human biofield and its relevance to health. Tina resides in Amelia Island Plantations where she is growing a new Healing Touch Community. Watercolor is her passion.



Register Online @ www.AnatomyforHealers.com Sue Hovland, 303-759-8966, suehovland@aol.com Elfie Holst, 289-407-0414, elfie@elfieholst.com

## The new **Level 2 Notebook** will be available on October 3rd.



HTP is offering all existing students, the opportunity to purchase the new Level 2 notebook at wholesale pricing until October 30th. The notebook has 192 pages and includes new and revised sections, including:

- Illustrations for all the techniques
- The Four Attributes of the Heart -article
- Informed consent
- Sample consent forms
- Expanded description of the Trauma Interview
- Expanded Creating the Healing Environment
- Expanded energy assessment
- New documentation forms
- Sample documentation forms
- 10 Anatomy Charts

The retail price of the Level 2 Notebook is \$30.00. Existing students can purchase the notebook at the wholesale price of \$22.50 anytime before October 30th. An order form can be downloaded from the HTP website at: http://www.healingtouchprogram.com/ studentnotebookorder.pdf. It can be emailed or faxed to the HTP office with credit card information. If you prefer, you can call the office at 303-989-0581 to place your order.

Health Care Integration of Healing Touch in the

### **Veterans Health Administration**

by Mari Kelley, RN, CNN, CHTP, CHTI

The popular demand for Complementary and Alternative Medicine (CAM) therapies was demonstrated by the 1997 National Household Survey which showed the total visits to CAM providers (629 million) exceeded the total number of visits to all primary care physicians (386 million) in the United States in 1997. The Baldwin Archives Internal Medicine 1997 showed that 50% of veterans use some form of CAM. The 2002 Veteran Affairs (VA) CAM report showed that 84% of facilities provide some form of CAM.

U.S. Congress established the Office of Alternative Medicine (OAM) in the Office of the Director of the National Institutes of Health (NIH) in 1992. OAM is presently known as the National Center for Complementary and Alternative Medicine. On March 8, 2000 President Clinton established a White House Commission on Complementary and Alternative Medicine Policy. The commission was to address the education and training of health care practitioners in CAM, coordinate research to increase knowledge about CAM practices and products, provide reliable and useful information about CAM to both health care professionals and the general public, and provide guidance for appropriate access to and delivery of CAM.

On March 13, 2003 the CAM Workgroup Charter was established and tasked to:

- Analyze the VHA 2002 Complementary and Alternative Medicine Report
- Review the March 2002 White House Commission on CAM Policy

- Make recommendations on appropriateness of CAM practices and processes in VHA
- Suggest strategies for providing ongoing national guidance related to CAM for VHA facilities and providers.

The CAM Workgroup had a number of recommendations, one of which was that VHA should establish a CAM advisory group for CAM integration within Veterans HealthCare Administration (VHA). In July of this year, the Veterans Integrated Services Network (VISN) 22 and the VA Employee Education System (EES) offered a one-day conference in Long Beach, California, "Bringing Integrative Medicine to a Veteran Population, Creating a New Paradigm for Healing." At the conference, Stephen Ezeji-Okoye, MD, Chairperson of VA CAM Advisory Board presented updates within the VA on CAM. I was fortunate enough to be able to present Healing Touch updates within the VA during a panel presentation, as well as, represent Healing Touch with a poster presentation.

My intent was two-fold: to increase the awareness of the CAM Advisory Board on utilizing Healing Touch (HT) as the complementary energy based modality throughout VHA for national implementation, and to provide HT education and training to VA employees through EES. One recommendation from the CAM Workgroup was to establish a uniform methodology within VA for adoption of CAM modalities, with training, licensure and credentialing of practitioners. Healing Touch already is a standardized credentialed program which utilizes a professional nursing continuing education framework, and principles of nursing practice that is established and well recognized for its professionalism.

My vision is that, as their education and competency in Healing Touch increases, the nursing staff and other healthcare professionals will embrace HT as the energy therapy modality for VHA. This would return nursing to the essence of caring, compassion and self care, as well as, provide veterans access to this modality...for Energy Medicine is an intricate part of the patient's expectation for healthcare.

Employees of the VA who are pursuing the integration of Healing Touch have done a tremendous amount of work! I would like to share with you some of the outstanding work by VA Healing Touch Certified Practitioners/ Instructors, Practitioner Apprentices, and Students:

At the VA Black Hills HealthCare Center in Hot Springs, SD, Julie Jones, MS, RN, CHTP/I established a Healing Touch clinic for patients with chronic pain, substance abuse, and PTSD. She provided 1 hour HT sessions on Monday, Wednesday and Friday afternoons and all day on Tuesday and Thursday.

With the permission of Sr. Rita Jean Dubrey, CSJ, RN, MSN, CHTP/I, Julie utilized her QA model for data

collection, measuring the pain, stress, emotional and spiritual health before and after treatments. She presented her QA results at the VA National Pain Management/ End of Life Conference over three different years. One of those years, Julie, Terry Sparks and Mari Kelley presented two break-out sessions to the National Leadership Conference: Pain Management and End of Life on Healing Touch: Biofield, Research and Experiential.

Julie has transferred to the Sioux Falls VAMC and has carried on the work of energy therapy. She has provided educational lunch sessions for employees and she was asked to present to the VISN Pain Committee through PM&RS (Physical Medicine and Rehabilitation Service) on Healing Touch in August of this year.

At the Amarillo VA Health Care System, Terry Ann Sparks J.D., M. Div., CHTP/I had a Healing Touch managed Complementary Medicine Pain Clinic for five years. It was 30 hours a week. She received consults from several areas of the hospital, mainly pain patients, but also oncology, substance abuse, and Women's clinic. They received a Best Practices Award from the National Center for Excellence VA Chaplaincy in 2005.

Terry later transferred to Oklahoma City VAMC. She reported that one of the Ambulatory Care physicians at Oklahoma City is awaiting approval of a proposal she has submitted for an integrated Western pain clinic, which would include Healing Touch as a complementary medicine modality.

At Hampton VAMC, in Virginia, Mari Kelley, RN, CNN, CHTP/I was part of the Interdisciplinary Team in the Palliative Care Program as the Healing Touch practitioner, where she provided comfort care to end of life veterans as a collateral duty. Consults from providers for Healing Touch were also received from ICU, OR, Spinal Cord Injury and Nursing Home for veterans. Mari was also consulted from the Orthopedic service for Healing Touch during an OR procedure at Portsmouth Naval Hospital in Virginia. She has provided Level 1 and Level 2 classes at Hampton, VAMC.

Mari has also presented a number of VA and Nursing National Presentations on HT.

The following reflect some of the presentations:

- VA National Geriatrics and Extended Care (GEC) & GRECC Leadership Conference: Meeting the Challenge Ahead poster presentation on <u>Introduction</u> of <u>Healing Touch into a Hospice Unit</u>.
- 33rd National Symposium of American Nephrology Nurses Association National Conference on <u>Strategies</u> for Innovative Energy-Based Nursing Practice: The <u>Healing Touch Program</u>.
- 18th Annual Conference of American Association of Spinal Cord Injury Nurses National Conference on Strategies for Innovative Energy-Based Nursing Practice: The Healing Touch Program.
- AMSUS 107th Annual Conference Federal Nursing Poster Presentation on <u>The Healing Touch Program</u>.
- Department of Veterans Affairs Medical Center, Hampton VA, Pain Management Fair Day Platform Presentation on <u>Strategies for Innovative Energy-</u> <u>Based Nursing Practice: The Healing Touch Program.</u>
- 101st National Virginia Nurse Association (VNA) Convention Commission on Nursing Practice, Nursing Research Poster Session, "Pearls of Practice," Poster Presentation on <u>The Healing Touch Program</u>.

Mari Kelley transferred to the Greater Los Angeles VAMC in California where she has provided educational offerings at the VA. She has taught Level 1 to VA staff at the Red Cross Center. A poster presentation and HT material were available to staff during National Nurses Week. Mari is working on a research proposal to submit to the IRB (Institutional Review Board) on *HT with Traumatic Brain Injury Patients*. Mari is also working with the EES to sponsor Level 1 and Level 2 classes in VISN 22.



Above: a nurse gives Healing Touch to hospital patient.

Lynne O'Donnell, RN, MSN, ANP-BC, a student of Healing Touch at Jesse Brown VAMC, in Chicago, Illinois taught Introduction to HT classes to over 70 staff employees and volunteers, which were transmitted live through VISN 12. In January a Level 1 class was taught to over 20 VA employees. Information and mini HT sessions were provided during Nurses Week and a Women's Health Fair with over 30 staff employees. Mini presentations were also provided on a unit basis i.e. Specialty Clinics and Women's Health Clinic staff.

HT practice rooms, which are available Friday afternoons, have been set up in the Women's Health Clinic. Executive Leadership has received HT and is supportive of the process. Lynne has added a request for 1 or 2 HT FTE's (Full Time Equivalents) to the new proposal for the Chronic Pain Clinic. Three of the students will be continuing to Level 4 in September.

At Atlanta VAMC in Georgia, Rosie Shultz RN, CHTP set up educational groups for the pain resource committee and student nurses who rotate through the Outpatient Substance Abuse Clinics. She is waiting for approval to start using Healing Touch with patient pain groups as HT will be a part of the revised Pain Program plan of care. She coordinated several Level 1 and 2 classes for VA staff at the Atlanta VA. Of these students, one RN completed certification, two completed Level 4 and are HT Practitioner Apprentices, and one is a Level 3 student.

Kris Wang, MSN, APRN-BC, CHTP at the Prescott VAMC co-taught Introduction to Healing Touch classes with a CHTP from the community. HT was provided to the patients in the Dementia Special Care Unit and inpatient Hospice Unit. She also had a HT booth at the VA wellness fair, where she showed the new Introduction to Healing Touch video and conducted demonstrations of HT.

As the awareness grows among VA VISNs, provider consults, as well as, patient and staff requests for Healing Touch modalities and education will increase. With an implementation process for Healing Touch within VHA, the more likely it will be for the CAM Advisory Board to take notice of the credentialed program in energy therapy that is accelerating though the VA's to the VISN's and veterans will have access to this service. We here in VHA hold the light during this transformational process in the Department of Veteran Affairs.

### Mari's Bio:

Mari has 32 years experience in traditional nursing, outpatient and administrative roles. She is at the Department of Veterans Affairs West LA. She has been an Energy Based Practitioner since 1995. Mari's private practice offers Healing Touch, Tuning Forks, Continuing Education, Presentations and Hospital consultations. She is a charter member of Healing Touch International, and holds membership in the American Holistic Nurses' Association (AHNA), the American Nephrology Nurses' Association (ANNA), and the Association of Military Surgeons of the United States (AMSUS). She has presented the Healing Touch Program at a number of National Conferences and has published. She continues to combine conventional and complementary therapies.

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# DePaul Medical Center

by Lia Farber, RN, CHTP

DePaul Health Center is a 472 bed community-based hospital in a suburb of St. Louis, Missouri. In the late 1990's Susan Schnirring, then clinical director of the oncology unit, introduced Healing Touch to her unit. She secured a grant that allowed several RN's to take level one. In addition, volunteers visited with patients and offered Healing Touch to those who were open to this modality.

My interest in Healing Touch began during my treatment for breast cancer. I had left my job as an oncology nurse and after my treatments were done I proceeded to take both Level 1 and 2. I then became a Healing Touch volunteer at DePaul. However, Susan left the Health Center and the Healing Touch program dwindled without her leadership. By chance, I met Susan again at the Level 4 workshop and while talking with her I promised to continue the Healing Touch program in the hospital. With plans of organizing the volunteers, I went to the Director of Nursing. Instead, she offered me an RN position with the palliative care team that was being formed with the option of providing Healing Touch to a select group of patients.

At this time, only the oncologists had been exposed to Healing Touch. However, with this position, all MD's were exposed to this complementary therapy due to the fact that I now provided in-services on every unit. I also asked permission from treating physicians to introduce Healing Touch to their patients. While most doctors were willing to allow this treatment if the patient wanted and benefited from the treatment, there were a few that were not at all in favor of Healing Touch. Several times I was called to the Director of Nursing because a physician objected with the way that I charted my findings, even though that was how we were taught in class. In addition, one doctor even gave me a copy of the JAMA article arguing that energy was not measurable (which we know is measurable and is of high scientific interest to physicists studying quantum mechanic).

Physicians were not the only people that were critical of this modality. There were also some RN's that reacted negatively and patients who thought that this was the work of the devil. Looking back now, those first two years definitely pushed me out of my comfort zone. I continued to reach out to those people who were interested in learning more about and experiencing this modality.

Now, five years and a lot of hard work later, Healing Touch at DePaul is a well established as part of the palliative care and pain management team. We currently have three part-time RN's and two volunteers who cover five week day afternoons and provide care throughout the hospital.

Although we often visit with patients who are facing lifedefining illnesses, we are also called for general pain management. Pain, as we well know can be on all levels of our being. Sometimes the patient is overwhelmed just being in the hospital and HT provides an oasis of peace as several patients described their experience. Several cases come to mind where pharmaceuticals brought little relief including a migraine-like headache and post-op sluggish bowels, which came to life after Healing Touch. A well-respected and much loved neuro-surgeon received numerous HT sessions for cancer pain relief and other support during his dying process. He often had many visitors but when the sign "Healing Touch in Progress" was put up he did not want to be interrupted by any one. He shared that during HT sessions he felt he was in heaven with God and experienced total peace and no pain. These were profound experiences for him as well as the HT practitioner. Other patients have stated they also felt as if they were carried by invisible hands and personally I saw the picture of the wellknown footsteps in the sand before me.

DePaul Health Center's mission statement is so fitting to what Healing Touch is about: "Through our exceptional health care services we reveal the healing presence of God's blessings". Healing Touch has been acknowledged as a patient satisfier by the hospital's administration and we are thankful we are able to continue our healing ministry.

And so the journey continues.

### The Healing Touch Healthcare Facilities Program

Healing Touch Program has put together a packet of material to help promote Healing Touch in Healthcare Facilities. This packet contains information on "What is Healing Touch", "How Can Your Facility Benefit?", "Healing Touch Research", "Healing Touch Healthcare Proposals" "Where Healing Touch is Being Embraced". It includes sample brochures, "Embracing compassion in health care" and "Creating Healing Relationships through Healing Touch", the DVD "What is Healing Touch" and sample forms as appropriate. Everything is packaged in a professional folder with the HTP logo.

These packets are being sent out upon requests from those looking to have a professional packet to introduce Healing Touch in their facility. We are currently getting requests from nurses, practitioners and facility administrators. Some requests involve facilities who are looking at Healing Touch as a possible CAM therapy and want information on costs to include in upcoming budgets.



The "Healing Touch Healthcare Proposals" outlines three choices, holding independent classes, asking HTP to sponsor and promote a class and a flat fee for a large class. In all cases, Healing Touch Program is looking to promote and/or use local instructors and practitioners.

If you would like to request a packet or have questions about the program, contact Margaret at <u>Margaret@HealingTouchProgram.com</u>. We welcome your feedback and ideas on how to continue to improve and implement this program.

## HEALING TOUCH Class Schedule 20072008

The most up-to-date class schedule can be found on the Healing Touch Program web site www.healingtouchprogram.com. If you have questions or need to change the information on your listing please contact the HTP office at 303-989-0581 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accrediataion. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location		Coordinator	Phone	Email	Instructor
Intro						
10/13/2007	МІ	Ann Arbor	Barbara Mc Connell	(517) 914-4133	mcconb51@bigplanet.com	Barbara McConnell
11/3/2007	MI	Jackson	Barbara Mc Connell	(517) 914-4133	mcconb51@bigplanet.com	Barbara McConnell
			hada Barana	(0.40) 0.44,0000		1
10/5-6/2007 10/5-7/2007	MI CA	Ann Arbor Belmont	Judy Rascano	(248) 241-6636	judy.rascano07@comcast.net	Janet Tait Elizabeth Helms
			Margie Ford	(650) 968-6324	margie_ford@yahoo.com	
10/5-7/2007	FL	Daytona Beach	Joanne Vogel	(386) 441-0685	jovo-oh@peoplepc.com	Judy Ray
10/5-7/2007	MN	Minneapolis	Janet Dahlem	(651) 690-7836	jldahlem@stkate.edu	Nola Schmitt Renate Reichenberger
10/5-6/2007 10/6-7/2007	GA	Munich, Germany Atlanta	Sylvia Kraus Ines Hoster	64919646	sylviakraus@gmx.net	Ines Hoster
				(404) 257-1843	ihenergy@mindspring.com	Bobbi Pedrick
10/6-7/2007	NJ	Galloway	Laura Freire	(609) 204-0227	lefreire@hotmail.com	
10/6-7/2007	HI	Hilo	Sally Mermel	(808) 967-7426		Anne Warren
10/6-7/2007	HI	Pali Momi	Joyce Wong	(808) 487-5824		Anne Day
10/6-7/2007	MO	Scopus	Kay Cook	(314) 772-6333	kay_cook@prodigy.net	Kay Cook
10/6-7/2007	AK	Soldotna	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Susan Shoemaker
10/6-7/2007	WA	Spokane	Sharon Fletcher	(509) 328-3331	shatir444@comcast.net	Sharon Fletcher
10/12-14/2007	MN	Bloomington	Jennifer Bell	(952) 887-1390	jbell@nwhealth.edu	Jackie Mielke
10/12-14/2007	МО	Springfield	Mary Braun	(417) 866-8633	mary-braun@sbcglobal.net	Mary ONeill
10/13-14/2007	IL	Aurora	Joanne Spence	(630) 898-8335	jospence@sbcglobal.net	Ann OMalley
10/13-14/2007	IA	Centerville	Nell Gates	(641) 895-2084	bassgal@mchsi.com	G. Hardinger-McCarthy
10/13-14/2007	SC	Charleston	Janet Neal	(843) 388-1834	healingtouch1@msn.com	Maggi Hutchinson
10/13-14/2007	ОН	Cincinnati	Diane Kelly	(513) 985-6736	diane_kelly@trihealth.com	Charlette Lev Gordon
10/13-14/2007	MI	Clinton Township	Barbara Welcer	(248) 882-1706	barbwelcer@sbcglobal.net	Barbara Welcer
10/13-14/2007	со	Colorado Springs	Myra Tovey	719-622-0703	davidmyra7@msn.com	Myra Tovey
10/13-14/2007	NJ	Hammonton	Evie C Tomasella	(609) 561-0719	evie@good4lifewellness.com	Marilee Tolen
10/13-14/2007	со	Highlands Ranch	Wendy Werpetinski	(303) 898-2484	classes@energymedicinespecialists.com	Janna Moll
10/13-14/2007	MI	Muskegon	Kay Bazzette	(231) 865-6070	westmichiganhealers@core.com	Barbara Starke

### Date

Location

### Coordinator

Phone

### Email

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### Instructor

Bernie Clarke

#### Level 1 continued

10/13-14/2007	WA	Olympia	Sherri Cote	(360) 753-2276
10/13-14/2007	MO	St Louis	Kay Cook	(314) 772-6333
10/19-21/2007	IL	Alton	Chplain J. Greenwood	(618) 463-7491
10/20-21/2007	FL	Miami	HT Program	(303) 989-0581
10/20-21/2007	OH	Cincinnati	Daniel Snyder	(513) 221-1660
10/20-21/2007	CA	Davis	Susan Reed	(707) 928-6565
10/20-21/2007	WI	Eau Claire	Sue Peck	(715) 835-5801
10/20-21/2007	NB	Edmunston CAN	Joseph Davies	(207) 834-2837
10/20-21/2007	FL	Fort Myers	Pam Cooper	(941) 921-3821
10/20-21/2007	ТΧ	Houston	Healing Touch Texas	(281) 856-8340
10/20-21/2007	NV	Las Vegas	HT Program	(303) 989-0581
10/20-21/2007	со	Longmont	Nicole Kasemir	(303) 772-4018
10/20-21/2007	IL	Palatine	Mary Sinclair	(630) 913-9090
10/21-22/2007	NC	Asheville	Anne Boyd	(828) 252-9419
10/26-27/2007	ТΧ	Austin	HT Program	(303) 989-0581
10/26-28/2007	MN	Duluth	Karen Alseth	(218) 786-4431
10/27-28/2007	BC	100 M. House CAN	Jody Malm	(250) 593-4314
10/27-28/2007	GA	Atlanta	Gail Winston	(404) 501-5428
10/27-28/2007	IA	Boone	Sandra Sanchez	(515) 669-5389
10/27-28/2007	QLD	Brisbane, Australia	Natalie Pennisi	07-3256-9841
10/27-28/2007	IN	Evansville	Peggy Graul	(812) 465-1161
10/28-28/2007	AK	Anchorage	Mary Szczepanski	(907) 790-2402
11/2-3/2007	OH	Cleveland	Gertrude Hensse	(440) 888-2061
11/2-4/2007	AB	Calgary CAN	Mount Royal College	(403) 440-3833
11/2-3/2007	ON	Thunder Bay CAN	Keeler Prouty	(807) 344-2404
11/3-4/2007	со	Buena Vista	HT Program	(303) 989-0581
11/3-4/2007		Den Haag, Nethrind	Wietzke Van Oene	
11/3-4/2007	ΤN	Knoxville	Margaret Leslie	(865) 607-0173
11/3-4/2007	NE	Omaha	Vicki Baines	(402) 397-5670
11/3-4/2007	PA	Philadelphia	HT Program	(303) 989-0581
11/3-4/2007	AZ	Tucson	Barb Hart	(520) 807-4530
11/4 & 11/2007	IL	Chicago	Janice Senra	(847) 673-2909
11/8-10/2007	AR	Fayetteville	HT Program	(303) 989-0581
11/9-11/2007	FL	West Palm Beach	Lindsay Babich	(561) 596-2727
11/9-11/2007	MB	Winnipeg CAN	Norma Bettess	(204) 256-4288
11/10-11/2007	MI	Ann Arbor	Barbara Mc Connell	(517) 914-4133
11/10-11/2007	PA	Aston	Laura Freire	(609) 652-6750
11/10-11/2007	MI	Farmington Hills	Barbara Welcer	(248) 882-1706
11/10-11/2007	WI	Fond du Lac	Debra Bruflat	(920) 921-9404
11/10-11/2007	CA	Huntington Beach	Yuki Gonthier	(714) 757-6711
11/10-11/2007	MO	Kansas City	Jody Hueschen	(816) 237-1217
11/10-11/2007	MO	St Louis	Kay Cook	(314) 772-6333
11/10-11/2007	FL	Tampa	Maria Rego	(813) 870-4983
11/16-17/2007	ТΧ	Austin	HT Program	(303) 989-0581
11/16-17/2007	MN	Coon Rapids	Sheila Judd	(763) 433-1402
11/16-18/2007	FL	Ft Lauderdale	Marcia Gill	(954) 973-1928

Kay Cook Mary ONeill Aleida Drozdowicz Daniel Snyder Susan Reed Nola Schmitt Jeanne Balcom Judy Turner Bonnie Morrow Vickie Smith Nicole Kasemir Mary Sinclair Anne Boyd **Bonnie Morrow** Jackie Mielke Marilyn Blair Margie Miller G. Hardinger-McCarthy Debbie Smyth-Raven Vicki Slater Mary Szczepanski Nancy Strick Betty Petersen Brenda Prouty Janna Moll Geraldine Hartmayer Vicki Slater G. Hardinger-McCarthy M. Tolen/J. White Barb Hart Marcia Bregman Gail Cox Judy Ray Betty Petersen Barbara McConnell Bobbi Pedrick Barbara Welcer Rosann Geiser Rumi Hashimoto Jody Hueschen Kay Cook Kimberly Gray **Bonnie Morrow** Jackie Mielke Carole Burkhart

### Date

Location

Coordinator

Phone

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### Instructor

Level 1 continued

44/47 40/0007	~	Olive in set	Diama Kalla	(540) 005 0700		
11/17-18/2007	OH	Cincinnati	Diane Kelly	(513) 985-6736	diane_kelly@trihealth.com	Charlette Lev Gordon
11/17-18/2007	VA	Yorktown	Jean M. Givens-Myers	(757) 220-2897	cocr8or@yahoo.com	Jean M. Givens-Myers
11/25-12/2/2007	ON	Toronto CAN	L. Watson-Davids	(905) 785-7486	lwatsondavids@pathcom.com	Marguerite Langley
11/30-12/2/2007	NC	Asheville	Judy Lynne Ray	(828) 553-8146	judylynneray4@yahoo.com	Judy Lynne Ray
11/30-12/2/2007	IL	Herrin	Lorie Allen	(618) 549-7661	touchingpaws@aol.com	Mary ONeill
10/13-14/2007	OR	Tualatin	Linnie Thomas	(503) 454-0469	linthom@juno.com	Linnie Thomas
11/30-12/1/2007	OR	Tualatin	Linnie Thomas	(503) 454-0469	linthom@juno.com	Linnie Thomas
12/1-2/2007	NY	Albany	Diane Stredny	(518) 262-4575	strednde@mail.amc.edu	Elfie Holst
12/1-2/2007	со	Highlands Ranch	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Janna Moll
12/8-9/2007	PA	Elizabethtown	Jackie Page	(717) 361-7972	jackiep13@earthlink.net	Jackie Page
12/9-10/2007	ΤN	Nashville	Bonnie Johnson	(615) 383-3337	jbonnie@aol.com	Bonnie Johnson
1/11-12/2008	SD	Milbank	Jeanne Thune	(605) 862-7807	jeannethune@hotmail.com	Barbara Schommer
1/12-13/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
1/12-13/2008	CA	Chula Vista	Ann Taylor	(858) 431-9884	ataylor@swccd.edu	Ann Taylor
1/12-13/2008	со	Highlands Ranch	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Janna Moll
1/11-13/2008	AZ	Yuma	Nancy Nelson	(928) 336-2336		Margie Miller
1/19-20/2008	со	Englewood	Deborah Gotto	(303) 431-7653	dgdesigns@qwest.net	Carol Komitor
1/19-20/2008	IL	Peoria	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Rachel Tuhy
1/26-27/2008	ΤN	Nashville	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Vicki Slater
1/26-27/2008	СТ	New London	Kathy Noyes	(860) 886-1960		Jeanne Zuzel
2/2-3/2008	CA	Chula Vista	Ann Taylor	(858) 431-9884	ataylor@san.rr.com	Ann Taylor
2/15-17/2008	NT	Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
2/22-23/2008	MN	Coon Rapids	Sheila Judd	(763) 433-1402	sheila.judd@anokaramsey.edu	Jackie Mielke
2/22-24/2008	МВ	Winnipeg CAN	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Petersen
3/14-16/2008	AB	Edmonton CAN	Joanne Ross	(780) 463-1553	0	Betty Petersen
3/28-30/2008	AB	Medicine Hat CAN	Medicine Hat College	(403) 529-3811		Betty Petersen
4/11-13/2008	AB	Lethbridge CAN	Community College	(800) 572-0103		Betty Petersen
4/12-13/2008	CA	Chula Vista	Ann Taylor	(858) 431-9884	ataylor@san.rr.com	Ann Taylor
4/19-20/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
5/2-4/2008	AB	Calgary CAN	Mount Royal College	(403) 440-3843	aabrooleenma.org	Betty Petersen
9/13-14/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
11/8-9/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
11/0 0/2000		Amotoruum	of Kild Joan Dubley	(010) 042 7200	dubies@sinita.org	of fille been bubley
Level 2						
10/5-7/2007	IL	Alton	Chplain J. Greenwood	(618) 463-7491	jag0824@bjc.org	Mary ONeill
10/5-7/2007	FL	Daytona Beach	Joanne Vogel			•
10/5-7/2007			Janet Dahlem	(386) 441-0685	jovo-oh@peoplepc.com	Nancy Wingerter Barb Schommer
	MN	Minneapolis		(651) 690-7836	jldahlem@stkate.edu	
10/6-7/2007	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
10/6-7/2007	IN	Hobart	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Sandra Lutz
10/6-7/2007	CA	La Jolla	Liz Fraser	(858) 554-3360	Fraser.Elizabeth@ScrippsHealth.org	Rauni King
10/6-7/2007	HI	Oahu	Lori Potzman	(808) 456-2869		Lori Protzman
10/6-7/2007	MD	Solomons	Christine Devoe	(410) 326-1644	tdevoe@comcast.net	Christine DeVoe
10/6-7/2007	VA	Suffolk	Marilyn Stulb	(757) 539-4413		Mari Kelley
10/12-13/2007	MN	Stillwater	Gloria Mondor	(651) 439-1965	westmichiganhealers@core.com	Barb Schommer
10/13-14/2007	BC	Victoria CAN	Karen Hoskin	(250) 474-0400		Marilyn Blair
10/20-21/2007	NY	Amsterdam	Sr. Rita Jean DuBrey	518-841-7146	dubres@smha.org	Sr. Rita Jean DuBrey

### Date

Location

Coordinator Phone Email

Instructor

Level 2 continued

10/20-21/2007	WI	Fond du Lac	Debra Bruflat	(920) 921-9404	deb@fcsh.org	Marcia Bregman
10/20-21/2007	NJ	Galloway	Laura Freire	(609) 204-0227	lefreire@hotmail.com	Maggi Hutchinson
10/20-21/2007	MD	Glen Burnie	Tracy Miciche	(410) 721-7805x3	tmiciche@comcast.net	Nancy Lester
10/20-21/2007	RI	Westerly	Cathy Meiklem	(401) 783-8115	Meiklemc@aol.com	Jeanne Zuzel
10/21-22/2007		Stuttgart, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
10/26-28/2007	MN	Duluth	Karen Alseth	(218) 786-4431	kalseth@smdc.org	Carol Schoenecker
10/26-28/2007	VA	Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
10/28-28/2007	LA	Covington	Mary Frost	(228) 342-1519	tothealt@aol.com	Mary Frost
10/27-28/2007	IN	Evansville	Peggy Graul	(812) 465-1161	pgraul@usi.edu	Bonnie Johnson
10/27-28/2007	VA	Hampton	Dottie Graham	(757) 890-2940	gisaofva@aol.com	Dottie Graham
11/2-3/2007	NC	Asheville	Judy Lynne Ray	(828) 553-8146	judylynneray4@yahoo.com	Judy Lynne Ray
11/2-4/2007	AZ	Payson	Betty Merritt	(928) 474-4268	betty@merrittcenter.org	Sue Kagel
11/2-3/2007	ОН	Perrysburg	Healing Arts Institute	(419) 874-4496	info@haiohio.com	Debra Reis
11/3-4/2007	ΤN	Knoxville	Margaret Leslie	(865) 607-0173	margaret_leslie@hotmail.com	Bonnie Johnson
11/3-4/2007	MI	Muskegon	Kay Bazzette	(231) 865-6070	westmichiganhealers@core.com	Barbara Starke
11/3-4/2007	NJ	Morristown	Maggi Hutchinson	(973) 214-2582	htnjclasses@yahoo.com	Maggi Hutchinson
11/3-4/2007	MI	Pontiac	Judy Rascano	(248) 241-6636	judy.rascano07@comcast.net	Janet Tait
11/9-11/2007	FL	Orlando	Trish Huster	(386) 574-9216	trishly55@yahoo.com	Nancy Wingerter
11/10-11/2007	WA	Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
11/10-11/2007	CA	Sacramento	Susan Reed	(707) 928-6565	bluesky <b>z@</b> idiom.com	Susan Reed
11/10-11/2007	WA	Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	Barbara Dahl
11/16-18/2007	FL	Ft Lauderdale	Marcia Gill	(954) 973-1928	marciag@bellsouth.net	Nancy Wingerter
11/16-18/2007	SK	Swift Current CAN	Judy Ross	(306) 264-3653		Betty Petersen
11/17-18/2007	GA	Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
11/17-18/2007	KS	Baldwin	Robin Goff	(785) 255-4583	info@lightcenter.info	Robin Goff
11/17-18/2007		Geelong, Australia	Rosemary Stewart	03 52786008	shiatsur@pipeline.com.au	Rosemary Stewart
11/17-18/2007	CA	Santa Barbara	Noemi Larreta	(805) 566-3712	NLarreta@aol.com	Anne Day
11/30-12/2/2007	AB	Calgary CAN	Mount Royal College	(403) 440-3833		Betty Petersen
11/30-12/2/2007	BC	Terrace CAN	Bluette Haegi	(250) 635-8892		Brenda Anderson
12/1-2/2007	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
12/1-2/2007	QLD	Brisbane, Australia	Jan Patty	07-38206635	janpatty@powerup.com.au	Debbie Smyth-Raven
12/1-2/2007	NY	Clifton Springs	Charlotte Wytias	(315) 462-0396	charlotte-wytias@cshosp.com	Sr Rita Jean DuBrey
12/8-9/2007	ОН	Cincinnati	Diane Kelly	(513) 985-6736	diane_kelly@trihealth.com	Charlette Lev Gordon
12/8-9/2007	МО	St Louis	Kay Cook	(314) 772-6333	kaycook@prodigy.net	Kay Cook
12/8-9/2007	AZ	Tucson	Barb Hart	(520) 807-4530	bhart19@cox.net	Barb Hart
12/8-9/2007	FL	West Palm Beach	Lindsay Babich	(561) 596-2727		Judy Ray
2/9-10/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
2/9-10/2008	SC	Charleston	Janet Neal	(843) 388-1834	healingtouch1@bellsouth.net	Maggi Hutchinson
4/18-20/2008	NT	Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
4/25-26/2008	MN	Coon Rapids	Sheila Judd	(763) 433-1402	sheila.judd@anokaramsey.edu	Jackie Mielke
4/25-27/2008	MB	Winnipeg CAN	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Petersen
5/17-18/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey
10/25-26/2008	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 842-7280	dubres@smha.org	Sr Rita Jean DuBrey

#### Date

Location

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Phone

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### Instructor

Level 3 continued

#### Level 3 10/5-7/2007 CA Burlingame Carol Kinney (415) 454-9689 cskinneyenergyhealing@comcast.net Carol Kinney (651) 690-7836 10/5-7/2007 ΜN Carol Schoenecker Minneapolis Janet Dahlem jldahlem@stkate.edu 10/6-7/2007 03 52786008 Geelong, Australia **Rosemary Stewart** shiatsur@pipeline.com.au **Rosemary Stewart** 10/13-14/2007 Heather Wiest (808) 250-4004 Savitri Kumaran н Maui waterfallway@yahoo.com 10/13-14/2007 CA Sacramento Susan Reed (707) 928-6565 blueskyz@idiom.com Susan Reed 10/20-21/2007 WI Eau Claire Sue Peck (715) 835-5801 Carol Schoenecker pecksd@uwec.edu Suffolk 10/20-21/2007 VA Marilyn Stulb (757) 560-4744 Mary Ann Geoffrey mhstulb@yahoo.com 10/23-24/2007 Munich, Germany Sylvia Kraus 64919646 sylviakraus@gmx.net Renate Reichenberge 10/26-28/2007 BC Vanderhoof CAN **Cindy Chipchase** (250) 567-6767 cindychipchase@telus.net Brenda Anderson 10/27-28/2007 FL Tampa Maria Rego (813) 870-4983 maria.rego@baycare.org Judy Turner 11/2-3/2007 OH Cleveland Gertrude Hensse (440) 888-2061 hensseg@sbcglobal.net Charlette Lev Gordon 11/2-4/2007 MN Stillwater Marv Beth Miller (651) 735-8184 marrod63@comcast.net Barb Schommer 11/2-4/2007 NY Amsterdam Sr. Rita Jean DuBrey (518) 841-7146 Sr. Rita Jean DuBrey dubres@smha.org 11/3-4/2007 ΤN Knoxville margaret\_leslie@hotmail.com Margaret Leslie (865) 607-0173 Mary Ann Geoffrey 11/3-4/2007 н Oahu Lori Protzman (808) 456-2869 Anne Dav 11/9-11/2007 OH Cincinnati Theresa Kajs (513) 683-0987 tmkajs@cinci.rr.com Theresa Kajs 11/10-11/2007 SD Mitchell Claretta Cunningham (605) 996-8490 cunning@santel.net Barbara Schommer 11/17-18/2007 CA La Jolla Liz Fraser (858) 554-3360 Fraser.Elizabeth@ScrippsHealth.org Rauni King 11/23-25/2007 Betty Petersen BC Invermere CAN Anne Morin (250) 342-0436 11/30-12/1/2007 CO Colorado Springs Susan Comeau (719) 540-0373 suzi890801@msn.com Judy Turner 11/30-12/2/2007 СТ Norwich Kathy Noyes (860) 886-1960 kathynoyes@snet.net Jeanne Zuzel Kerry McKeown 8/11-12/2007 QLD Brisbane, Australia 07-5494-8488 kerrymckeown@yahoo.com.au 12/1-2/2007 LA Covinaton (228) 342-1519 tothealt@aol.com Marv Frost Mary Frost 12/1-2/2007 со Ft Collins Lauri Pointer (970) 484-2211 LMPointer@aol.com Lauri Pointer 12/1-2/2007 CA Sacramento Susan Reed Susan Reed (707) 928-6565 blueskyz@idiom.com (314) 772-6333 12/1-2/2007 St Louis MO Kay Cook kaycook@prodigy.net 12/8-9/2007 GA Atlanta Ines Hoster (404) 257-1843 ihenergy@mindspring.com Ines Hoster 1/18-20/2008 MD Glen Burnie Tracy Miciche (410) 721-7805x3 tmiciche@comcast.net Judy Turner 3/7-9/2008 NY Amsterdam Sr Rita Jean DuBrey (518) 842-7280 dubres@smha.org 3/8-9/2008 OH Cincinnati Diane Kelly (513) 985-6736 diane\_kelly@trihealth.com 3/8-9/2008 N.J Denville HT New Jersey (973) 214-2582 htnjclasses@yahoo.com Donna Duff 6/6-8/2008 MB Winnipeg CAN Norma Bettess (204) 256-4288 nbettess@hotmail.com Betty Petersen 6/12-13/2008 NC Asheville Anne Boyd (828) 252-9419 homelight@aol.com Anne Boyd 6/27-29/2008 AB Betty Petersen (403) 275-6288 Betty Petersen Calgary CAN fpbetty@telusplanet.net 9/19-20/2008 NY Amsterdam Sr Rita Jean DuBrey (518) 842-7280 dubres@smha.org 11/7-9/2008 NT Yellowknife CAN Cathy Landry (867) 873-9476 cathy.landry@gmail.com Betty Petersen 12/5-7/2008 Sr Rita Jean DuBrey NY Amsterdam (518) 842-7280 dubres@smha.org Level 4 BC

- 10/4-7/2007 10/9-12/2007 10/26-29/2007 11/1-4/2007 11/1-4/2007 11/8-11/2007
- Nanaimo CAN со Loveland Geelong, Australia BC Prince George CAN Munich, Germany ΜN Minneapolis

HT Canada **HT** Program **Rosemary Stewart** HT Canada Dora Kostlin HT Program

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B. Rogers/D. S. Raver To Be Announced Sr Rita Jean DuBrey Charlette Lev Gordon Sr Rita Jean DuBrey Sr Rita Jean DuBrey To Be Announced Judy Turner Barbara Rogers To Be Announced Ines Hoster

Maureen McCracken

Date	Lo	cation	Coordinator	Phone	Email	Instructor
Level 5 conti	nued					
11/15-18/2007	OR	Portland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Maureen McCracken
11/15-18/2007	ON	Puslinch CAN	HT Canada	705-652-0506	HTCanada@healingtouchcanada.net	To Be Announced
12/6-9/2007	FL	Sarasota	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Nancy Wingerter
1/23-26/2008	GA	Atlanta	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Nancy Wingerter
3002/6-9/2008	HI	Honolulu	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
2/14-17/2008	IL	Chicago	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
2/28-3/2/2008	MD	Baltimore	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Maureen McCracken
4/3-4/6/2008	MN	Minneapolis	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
5/29-/6/1/2008	NY	Amsterdam	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Maureen McCracken
7/9-12/2008	CA	Mill Valley	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
Level 5						
10/9-12/2007	со	Loveland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
10/10-13/2007	AK	Juneau	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Mary Szczepanski
10/28-31/2007		Munich, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
12/6-9/2007	FL	Sarasota	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
1/23-26/2008	GA	Atlanta	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
2/6-9/2008	ні	Honolulu	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
2/14-17/2008	IL	Chicago	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
2/29-3/1/2008	MD	Baltimore	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
4/3-6/2008	AB	Calgary CAN	HT Canada	(705) 652-0506	HTCanada@healingtouchcanada.net	To Be Announced
4/3-6/2008	MN	Minneapolis	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
7/9-12/2008	CA	Mill Valley	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Mary Szczepanski
7/23-26/2008	NE	Omaha	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
Adv. Practice 1	. —					
10/6/2007	VT	Burlington	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
10/20/2007	HI	Waimea	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
10/27/2007	BC	Nanaimo CAN	Joyce Tinney	(250) 754-3254		Donna Duff
11/10/2007	MO	St Louis	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
12/9-10/2007	FL	Sarasota	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
7/12-13/2008	CA	Mill Valley	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
Adv. Practice 2						
10/7/2007	VT	Burlington	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
10/21/2007	HI	Waimea	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
10/28/2007	BC	Nanaimo CAN	Joyce Tinney	(250) 754-3254		Donna Duff
11/11/2007	МО	St Louis	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
1/26-27/2008	GA	Atlanta	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
2/10/2008	HI	Honolulu	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
AP 1 & 2						
10/6-7/2007	VT	Burlington	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Judy Turner
10/20-21/2007	HI	Waimea	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Anne Day
10/27-28/2007	BC	Nanaimo CAN	Joyce Tinney	(250) 754-3254	- gier aller en	Donna Duff
11/10-11/2007	MO	St Louis	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
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Date	Location	Coordinator	Phone	Email	Instructor
Presentations					
10/20/2007	MN St Paul	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Lauri Pointer
11/1/2007	IL Chicago	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Lauri Pointer
12/8/2007	NC Asheville	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Lauri Pointer

### Healing Touch Level 3 **Technique Review Cards**

### The Techniqu Review Cards include:

- Healing Touch Sequence for Level 3
- Hara Alignment Meditation
- Chakra Meditation
- Core Star Expansion
- Chelation of 1st Four Bodies
- Additional Deep Cleansing Treatments 7th Level Intervention
- Spinal Cleansing Method
- Etheric Template Clearing Spiritual Surgery Lymphatic Drain • 6th Level Intervention

• 5th Level Interventions:

- Chakra System

### Level 3 Technique Review Cards are:

- Designed to work with your clients while they are on the table
- Spiral bound Include technique description, its purpose and use
- 35 Illustrations for quick reference Coated cardstock for durability

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