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Energy

magazine™

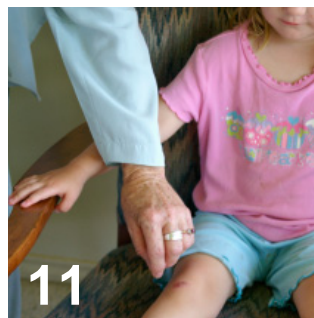
The Official Publication Of Healing Touch Program™



Healing Touch and Children

In this issue: My Best Teachers • Magic Hands
Elder Wisdom: *Cindy Aspromonte*
Conscious GrandParenting
HT and Wound Care • and much more...

Healing
Touch
Program
Celebrating
20
Years



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General Info

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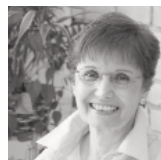
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Energy Magazine™ would love to hear your comments!

Greetings

from Cynthia Hutchison
Healing Touch Program Director

Dear Readers of the March issue of Energy Magazine,

Please see page 10 of this issue for information about our summer HTP worldwide conference!!!

This month's issue features several articles about **Children and Healing Touch**. Not only have many children benefitted from receiving Healing Touch from family, friends and practitioners, but many children have embraced with ease the willingness to apply this healing art for the sake of another's comfort. **Young people are** very open to receiving HT as well as being **receptive students** who take to HT like fish to water. They watch, listen and do (often skipping the listening due to their innate gift of inner knowing!) without skepticism or intellectual inquiry. Children often describe how they see energy and the colors of the field. They engage in a playful perspective and are able to stay focused and attentive. In a way, they remind me of my experience teaching in Lima, Peru, a few years back, because many of the students / practitioners from this culture were also extremely natural at learning HT -- effortlessly embracing "the work" with eager and confident attitudes with no hint of skepticism.

What young children love to do more than anything is to imitate us. We all know how much pre-schoolers love sweeping, washing dishes, retrieving the mail, folding clothes and cooking. (Unfortunately we don't always role model the behaviors in which we would like to see children engage, but that's another story.) Wouldn't it be wonderful if more and more children could see adults and other children administering HT on themselves and others in all kinds of environments? Can you imagine watching more children discovering the healing power of their hearts and hands rather than spending hours watching TV, playing virtual games or isolating themselves in their own world with an iPod?



Maybe we can all set the intention

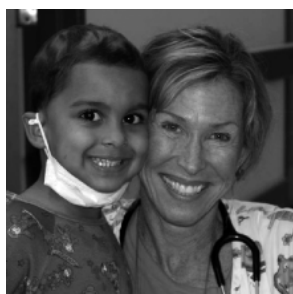
to be increasingly open to sharing Healing Touch with more children in whatever ways the doors open to us -- A sweet thought to hold in our hearts is that **the children who receive HT today may be the adults who administer it to you years from now as an elder or as a more frail human being.**

There is a growing interest in developing a HT Program class specifically for teaching children of various age groups. Many of you have already taught children's classes adapting the principles and practices of our adult education version to their growth and development level. Please share your HT experiences of children and join us in creating HTP classes for teaching children and teens. Are you called to this creative venture? We can start with sharing stories, building a team and doing some pilot programs!

I was fortunate enough to receive HT during my pregnancies and homebirths of my daughters, who over the years have received many HT sessions. Administering HT to them not only eased their pains but enhanced our relationship through this human gesture of caring that does not require words, machines or ingestion of a substance. They are now students in the Healing Touch Program and are gradually incorporating the principles and practices of HT into their lives. I am blessed and grateful.

Cynthia

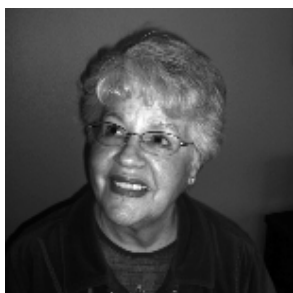
Above: Cynthia with daughters (left to right) Philana, Catherine and Crystal



Walle Adams-Gerdt, RN, BA, HTCP is a practicing hematology/oncology bone marrow nurse at A. I. duPont Hospital for Children in Wilmington, DE. In addition to her nursing shifts, she offers Healing Touch to patients and their caregivers sixteen hours per week. Her article, [My Best Teachers Come in all Ages, Shapes and Stages](#), tells of the wonderful experiences and learning opportunities she has had from her “teachers.”



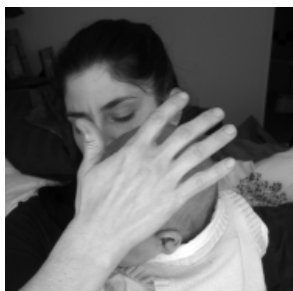
Cindy Aspromonte, RN, CNP, AHN-BC, HTCP/I, has been a Certified Women’s Healthcare Nurse Practitioner since 1984 and a Board Certified Holistic Nurse since 1993. Cindy has the honor of being our second author in our new monthly series, [Elder Wisdom](#). You will laugh out loud as she shares many of her experiences from the “early days” and birth of Healing Touch - from marshmallow fights at Shadowcliff to Janet’s pony ride.



Barb Dahl, BSN, RN, HCTP/I, studied with Janet Mentgen in Denver in the 80’s, was in the first group of Healing Touch Instructors and has taught well-over 200 workshops in the USA, Canada, and the Netherlands. This month’s [Featured Healing Touch Certified Practitioner](#) is Victoria Stewart who has two kinds of clients; the two-legged and the four-legged. You will be inspired and amazed at how many times Victoria has been featured on the news and in the newspaper. Let her example be a guide for all of us to spread the word of Healing Touch.



Anne Dorsey Emmons, MS, RN, CS, HTCP, has practiced in behavioral health for over 25 years. She received her BS in Nursing at Johns Hopkins University and her MS in Nursing at University of Pennsylvania. Her article, [Conscious Grand Parenting](#), tells us how consciously aware grandparents can facilitate the process of shifting family patterns introduced by pregnancy by remaining grounded and creating a healing space for the family.



Michelle Emanuel, is a Level 3 student of Healing Touch, she has also taken HT for Babies. Michelle is blessed to have a large baby clientele in her healing practice. “*Parents bring their babies to see me typically because there was either some type of birth trauma or the baby has reflux/colic symptoms, problems with sleeping or some other type of irritability.*” In her article, [Some Notes about Babies](#), Michelle shares with us the HT techniques she has found most useful in her work.

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Sharon Greenspan, M. Ed, CLFL, is a Board Certified Holistic Health Practitioner and is also a Healing Touch Practitioner located in Maryland, near Washington, DC. Her article, [Meet Two Sharons](#), is a sweet story of her experience preparing for her Healing Touch Level 4 class.



Rita Kluny, RN, HTCP/I, lives in Austin, TX and has been enthusiastically “spreading Healing Light throughout the World” since 1990. Rita has created a class, Healing Touch for Babies, specifically focused using Healing Touch techniques with babies. Her article, [Magic Hands](#), is filled with stories from some of her most memorable experiences working with children and what she learned in the process.



Ellen Laffey, HTCP, works as an Administrative Assistant in Wound Care at Aurora St. Luke's Medical Center, Milwaukee, Wisconsin. Her article, [Healing Touch and Wound Care](#), tells about her experiences working with patients who, sometimes, have wounds that would not heal with regular medical treatments. She has been able to show the amazing affects of HT in healing these wounds and in the process, has been able to share this information with many doctors and nurses in her field.



Marilee Tolen, RN, HNC, HTCP/I, is the author of our monthly column, [Money as Energy](#). In this month's column, *Remembering Who We Are As Creative Beings*, Marilee tells us “Do you identify who you are by what you do? Or do you identify who you are by how you are? Minimizing the doing and maximizing the being allows the creative essence to show up more readily in your life.”

“Children are life’s most precious resource. They determine our future. They carry on family legacies. They inspire our everyday lives and provide us with an opportunity to make a difference.”

Jan Blaustone, [The Joy of Parenthood](#)



My Best Teachers Come in all Ages, Shapes and Stages

by Walle Adams-Gerdt, RN, BA, HTCP



My teachers don't have formal degrees in education. They don't have classrooms of 25 or so students nor do they assign homework or group projects. They don't drive to and from work and they certainly don't have time to serve on committees. My teachers are the patients at Alfred I. duPont Hospital for Children.

Over the past year, I have had the incredible opportunity to learn from these wise and wonder-filled young people – and it all started with the dream of sharing Healing Touch.

My dream became a reality in January 2008 when the doors opened to a room in the hospital specifically designated for Healing Touch. This was a huge shift for this traditional institution, recognized nationally for its Nemours name and internationally for its medically savvy staff. However, integrative therapies were unknown entities and a bit too progressive for the hospital to immediately embrace. So, when I committed to bringing Healing Touch to the patients and their caregivers and presented a proposal to the top administrative board, they were surprised yet curious.

Thankfully, Nursing Administration was completely supportive and proactively voiced the importance of complementary therapies in patient and family-centered care. After much discussion and negotiation, the proposal was accepted, a space assigned,

and the Universe opened the way for Healing Touch at A. I. duPont Hospital in Wilmington, DE. The “student” was ready to do the work.

My first “teachers” were reluctant experts in the field of Oncology and Bone Marrow Transplants. They would visit my HT room with complaints related to chemotherapy and radiation treatments. All ages, all shapes, all stages—but all with one thing in common -- hope in Healing Touch. Never did I detect a moment when they doubted the possibility of healing. Often we would talk during the session—sometimes it was about the latest “Dora the Explorer” video they had watched the night before, other times it might have been about how they missed being home for Christmas or out with their teenage friends, or other times my “teacher” would just rest on the table, eyes closed, trusting in my hands and the power of the healing.

As I moved forward in my studies, other “teachers” in the GI and General Pediatrics sought treatment. *Magnetic Passes: Hands in Motion* and *Mind Clearing* seemed effective, along with *Full Body Connections* for those seeking balance and centering. It was not uncommon for these “teachers” to be heavily scheduled with limited time and so I would remember what my Healing Touch mentor taught me... “energy follows intention and if you have a limited amount of time, set the goal (intention) and go for it!”

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Most professional work is evaluated with performance reviews. After 100 treatments with my various “teachers,” the evaluations for the Healing Touch program and its practitioner were unanimous in support of the program continuing and expanding. One “teacher” even raised funds from her alma mater (high school) and donated the money to a separate Healing Touch Fund within the hospital for the purpose of growing the program! This has financed a Level 1 Healing Touch class for the hospital staff and the preparation for the Level 6 Instructor Training course.

I am grateful to my “teachers” for their commitment to the success of the Healing Touch Program. Their wisdom and openness are virtues that I strive to honor every day that I am “doing the work.” May it be so.

About the author:

Walle Adams-Gerds, RN, BA, HTCP is a practicing hematology/oncology bone marrow nurse at A. I. duPont Hospital for Children in Wilmington, DE. In addition to her nursing shifts, she offers Healing Touch to patients and their caregivers sixteen hours per week, coordinates Healing Touch classes for the hospital, and in April is scheduled to attend Level 6 training to become a Level 1 Healing Touch Instructor. Her vision is to introduce an integrative health care department to the hospital in the near future. She can be reached at walle@verizon.net or (302) 651-4325 (HEAL).



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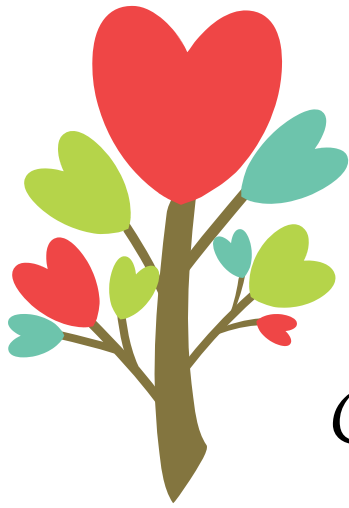
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Magic Hands

by Rita Kluny, RN, HTCP/I

It is hard to believe that over twenty years ago, I was sitting in the back seat of a car when my three-year old nephew started screaming that he had been stung by a bee. I took Ben's hand and began doing *Magnetic Passes: Hands in Motion* - soothing him with a calm voice, telling him that this would take away the pain, the sting and the fear. Moments later, he stopped crying. In an excited voice, he exclaimed, "MOMMY! Aunt Rita has *magic hands*!

And so *Magic Hands* it was. That was the name of my healing modality during the time that I worked as a pediatric nurse in New Orleans. It was all still so new to me back then - not able to perceive energy at all - but willing to just do the work in hopes that someday my assessment skills would kick in. That day came during a busy shift in the pediatric Emergency Room, packed with patients and parents. I was taking care of a little boy who had developed cellulitis in his shin that was so involved, he had inguinal tenderness. After the physician decided to admit him, I was cleaning up around him, and inadvertently passed my hand over his leg. I was a bit shy about doing Healing Touch in a public place, but forgot that for a moment when I discovered I could sense a pain ridge over his leg.

"Wow! Your leg must *really* hurt!" That ridge was so intense. I told this little six-year old that I had Magic Hands and that I could help him get rid of his pain. Up to this point, our conversation had been quiet, but his reaction was all but quiet! "Magic Hands? Magic Hands? YOU CRAZY????? You don't have magic hands!

It didn't take a rocket scientist to know that the eight patients and sixteen parents waiting to be seen were now all paying attention. Luckily, my back was to them, and I decided we would have a breakthrough or they would all go home thinking I was indeed crazy. So I started to do *Magnetic Passes: Hands in Motion* over his leg. I could feel the ridge dissipate from about two feet high - to about six inches. Kids are so easy to work on! But then I made the mistake of assuming that he was having the same experience I was, so I said, "Well, there, that should feel better."

His response, once again, was loud and clear. "You do **not** have Magic Hands."

Great! Now I had to walk past all those people who were watching. There was a part of me that really wanted to explain and there was a part of me that knew I had to move on. When I reached the middle of the room, I decided I didn't have time to explain myself, so I just said, "I thought it was worth a try." No one had a reaction, it was as if they were watching TV. When I think about it now, it still makes me laugh. The best part about this story was that while getting my supplies together to start an IV and preparing antibiotics for this child about fifteen minutes

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had passed. As I approached him (same audience), he was sitting upright on the stretcher with his hands on his hips. I cringed, expecting another expletive. This time he exclaimed, "Where did you get them magic hands?"

The beauty of this story was twofold. I learned that sometimes it takes awhile for the recipient to experience results. I also discovered that doing Healing Touch during the onset of a condition could have dramatic results. This young boy was admitted for what was to have been a two-week course of antibiotics. However, I saw him leave with his mom a mere four days after our encounter in the ER. I found that to be thrilling!

Another touching experience was giving an HT session to a sensitive young boy, about 10 years old, brought in by an obviously overbearing dad who wanted his son to be "fixed." The dad admitted that he was worried about his son's insecurities. Luckily, "Luke" was okay to be alone in the healing room with me, so I was able to tune into what he needed. Since Luke was ten, I prepared him for how things would play out, which hand placements I would probably be using, and asked for his permission - since all this had been his dad's idea.

What followed was another "first time" event in which I noticed while working that when I thought back to his dad - just the thought made the boy's field contract. Hmmm. I thought about how sweet Luke was, and his field expanded. Dad - down. Love - up. One of the braver things I have done is to share this experience with the father once his son was out of the healing room. I assured him that there was absolutely nothing wrong with Luke, except for maybe his fear of his father. The dad took it all in, and when he came back, he was so happy to know what needed to happen between the two of them in order to make his son feel safe and happy again. I saw the dad several days later and he reported that Luke was singing in the shower in the mornings.

My last story tells it all. It was Family Week at Omega, and a father brought his two little ones in for HT treatments. The kids were both recovering from bronchitis, and they were still weezing. The father felt that some energy work would hasten their healing process. Smart dad! So in walk Lilly (age three)

and Jeremy (age six). I decided to work on Jeremy first since he was older and perhaps not as afraid as she was. I pulled out my Inner Child Cards, my toys and puppets. Lilly sat with all my playful objects, but was very watchful while I worked on her brother. She asked me what I was doing. I told her that I had Magic Hands, and that whatever made them both sick was going to disappear. Then she asked, "Are you going to make my brother disappear, too?"

When it was Lilly's turn to be on the table, she really surrendered. The more passes I did, the more relaxed she became, and she looked more and more like she was love-drunk. I could feel this so sweet spirit FILLING up, it was intoxicating! I smiled at her and commented, "You really like this stuff, don't you?"

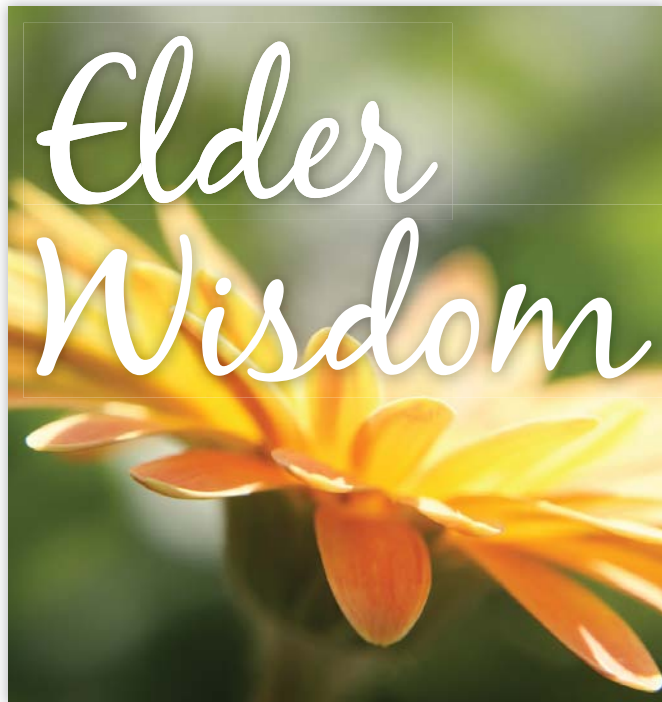
Her answer: "Well, I never met anyone who did real magic before!"

Children are a true love story. They are so resilient, so adaptable, and so strong. I always find it amazing how willing they are to love and how perceptive they are when they feel safe and respected.

My recommendation is to teach them Healing Touch, because it is part of their intrinsic natures. My nephew learned early on -- the value of receiving it and giving it.

About the author:

Rita Kluny, RN, HTCP/I, lives in Austin, TX and has been enthusiastically "spreading Healing Light throughout the World" since 1990. A nurse since 1970, Rita Kluny became a member of the American Holistic Nurses Association in 1985. In 1988, Rita met Janet Mentgen, founder of the Healing Touch Program. In 1994, Rita was named Holistic Nurse of the Year. Rita has been teaching Healing Touch since 1994. She has extensive experience in integrating Healing Touch in the area of critically ill infants and children. She consulted on a NIH-funded project that researched the effects of Healing Touch on infants in neonatal intensive care. Rita can be contacted by phone at 512-350-4513, or e-mail at healingbabies@yahoo.com



By Cindy Aspromonte, RN, CNP, AHN-BC, HTCP/I

I received my Women's Healthcare Nurse Practitioner Degree from the University of Colorado Health Sciences Center in 1984. The previous year I attended a Therapeutic Touch class and immediately knew this was my calling. I traveled to Orcas Island off the coast of Seattle in June of 1986, to take a Therapeutic Touch class from Delores Krieger, RN, PhD, founder of Therapeutic Touch, the first western application of energy medicine with a nursing focus. I was "hooked" on this work and felt dismayed that I had no other contacts in Denver with whom I could study. However, a week after my return to Denver, I serendipitously learned that there was a woman by the name of Janet Mentgen who was teaching classes at Health Control Centers.

I'll never forget my excitement upon my first meeting with Janet Mentgen. It was July of 1986. Earlier that day I had called her office at Health Control Centers in Denver, planning to leave a message, but instead, she answered the phone. "Where can I learn more about Therapeutic Touch in Denver?" I asked. Remarkably, she answered, "Right here. Come on over and I'll tell you all about it." That was the start of many years of study, training, and mentoring with Janet.

I told Janet that I had just taken a class from Delores Krieger and was eager to learn more. She said, "Well, I just happen to

*This monthly article, by one of our Elder Council Members, is sponsored by Healing Touch Program and Healing Touch Professional Association. We are especially happy to bring these stories to you as part of our **20th year celebration** of Healing Touch Program. Our HT Community is rich with practitioners and instructors who were with Janet Mentgen when she created her Healing Touch Program. Many remain active today - all have experiences and stories that contribute to our "Healing Touch Historical Roots."*

HTP & HTPA have joined together to develop the historical stories of Janet Mentgen's Healing Touch Program by documenting the memories and experiences of those that were in the first classes, attended the first gatherings, witnessed the early growth and held the Vision with Janet. They supported her and blazed the trail with & for her and for those of us who came later. These individuals are the Elders. Note: Because each Elder story is a unique personal memory back in time, we recognize the potential challenge of accuracy; we appreciate, accept and will publish corrections if needed.

be teaching Therapeutic Touch classes, and the next one starts next week." Thus began my journey with Janet. From 1986-1999 I took about 100 hours of classes per year from Janet. Then I slowed down to just attending the American Holistic Nurses Association (AHNA) and Healing Touch conferences and took one or two classes per year.

When I met Janet, she was co-owner of Health Control Centers along with fellow nurses Dona Leiper and Susan Greenburg. It was a small facility with several classrooms and a treatment room. Some of the classes that were being taught at that time were Beginning Therapeutic Touch, Intermediate Therapeutic Touch, Advanced Therapeutic Touch, Beginning Meditation, etc. Each class met weekly for about 4-6 weeks. Some classes lasted 12 weeks, others 20 or even 32 weeks! I took these classes with Janet almost every week for the next 10 years.

Basically, Janet kept developing classes so that we could meet together every week. This was very important because it truly nurtured our development, encouraged mentoring, and helped us to hone and perfect our skills. When Janet would say, "You have to do at least 100 treatments to begin to develop your skills" or "You have to use the pendulum 100 times to be able to trust it" -- she was right. We were fortunate to have the opportunity to meet with her so frequently. This intense practice is what helped us develop our skills so well.

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I feel extremely lucky to have had so much direct attention and direct experience of Janet's amazing abilities and wonderful teaching style. After all of us completed the Advanced Therapeutic Touch classes, Janet added classes such as Meditation, Development of the Healer, and Yoga Nidra. She offered several classes where we just studied Alice Bailey's books -- for months at a time. In 1987 we learned another healing system called Mari-el, taught by Shirley Horstman. We studied hypnosis and advanced hypnosis with Janet's teacher, Claire Ethridge. Janet invited outside speakers quite often as she felt that it was always good to learn from as many traditional healers and elders as possible.

We were introduced to healers such as Barbara Brennan, Rosalyn Bruyere, Brugh Joy, Rudy Noel, Carolyn Myss, Emmett Miller, Louise Hay, Shakti Gawain, and many others. We were also very involved with the AHNA. We studied with traditional native elders through AHNA, as well as with Charlotte McGuire, Vivian Rice, and others. We were thrilled when Janet was honored with the AHNA Holistic Nurse of the Year award in 1988.

Janet held yearly retreats and conferences at a very special and beautiful retreat center called Shadowcliff at Grand Lake, Colorado. The healing that occurred there was phenomenal. One room was designated as the healing room where we set up treatment tables. Anyone could use the room to give or receive a treatment. Walking into that room was like walking into a little piece of heaven. The warmth, the light, the angelic presences would encircle us like a warm healing shawl and fill us with peace and joy -- every time we entered the room. Receiving a healing treatment from Janet was especially cherished.

Another special recollection of my time with Janet was in 1987 during a class. She was demonstrating a technique and I happened to be on the table. As her hands assessed my energy field, she remarked, "You're pregnant." I said, "No I'm not." She insisted, "Yes, I can feel the energy field of the baby. It's different and separate." Of course, all the other class participants wanted to feel also. Two weeks later my pregnancy was confirmed. Janet had detected the energy field of my child at about twelve hours after conception!

Janet always had a fun-loving streak. Our retreats were filled with laughter, music, singing and lots of fun activities. We had

talent shows. During one of the retreats we had a "marshmallow" war. We divided the room into "forts" with half of the people on one side behind the chairs we had set up as walls -- and half the people behind the other set of "walls". We then distributed about 20 bags of marshmallows with instructions to "throw as many marshmallows over to the other side as possible." We could hardly throw because we were laughing so hard at all of the marshmallows flying all over the room.

Janet loved walking into Grand Lake from Shadowcliff to get ice cream. One evening after buying ice cream, I found her riding one of the children's motorized ponies - - the kind where you put in a penny and you get a 2-minute ride.

One day in 1989, Janet returned from a class she taught in Gainesville, Florida, and described a new program that she was launching called Healing Touch. For the next six years she taught classes all over the United States and Canada - after developing the Healing Touch Program curriculum with the help of Dorothea Hover-Kramer, Susan Morales, Sharon Scandrett-Hibdon, and Myra Tovey.

In 1993, Janet told us about a new group of educators and administrators who were going to be certified as practitioners and instructors. Because they were given the chance to become certified and pinned before us, there were many hurt feelings among those of us in Denver. We were the ones who had been teaching for much longer. However, as time went on, a few of us saw the bigger picture and the importance of certification and of expanding Healing Touch nationally, and even internationally. We realized that Janet needed the academic support that she was getting outside the Denver area and that Healing Touch was bigger than all of us and needed the chance to grow. We came on board to support Janet and to continue teaching and "spreading the light". Also, it was enriching for us to connect with colleagues in other cities and countries. This has become a cherished gift which we renew at each conference and gathering. We have accomplished amazing things!

It is with profound and humble gratitude that I share these recollections of my time and experience with Janet. Her mentoring and teaching enriched my life and the lives of my clients, colleagues, and friends. As I continue to "do the work"

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-- I know that Janet is looking out for us -looking over us - and smiling.

About the author:

Cindy has been a Certified Women's Healthcare Nurse Practitioner since 1984 and a Board Certified Holistic Nurse since 1993. She is nationally recognized as a Healing Touch Certified Practitioner and Instructor and Certified Arvigo Mayan Massage Practitioner and Instructor. She has successfully blended modern medicine with complementary and integrative healing modalities, into her care for women for over twenty years. She has a special interest in herbal medicine, utilizing this knowledge for conditions such as PMS, menopause, chronic pain, fertility issues, and for general good health and well being. She has studied with many indigenous elders and travels to Belize yearly to study with Mayan midwives and traditional healers. She likes to inspire women to find their own inner wisdom in dealing with health challenges and to maintain balance in their lives.

An additional note from Cynthia Hutchison, HT Program Director: *"I would like to add a brief note to supplement Cindy's story.*

Cindy was the HT instructor who became a mentor to me when I was an instructor-in-training. Her wisdom, support, positivity, unconditional love and skill as an instructor continues to influence and inspire me as I teach HTP classes. Thank you Cindy!"

Correction: in the Feb. 09 Elder Wisdom Article it was misstated that certification for HT began in 1994. The year certification began was 1993.



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Featured Healing Touch Certified Practitioner



by Barb Dahl, BSN, RN, HTCP/I

Victoria Stewart, HTCP, HTACP

What brought you to Healing Touch? We listen to the stories at every workshop and marvel at the variety of paths that have led us to “the work.” When the workshops come to an end with Level 5 we “lose touch” with many of our classmates and the rest of their stories – and especially lose touch with what follows after certification. Certification, of course, is only the beginning. Healing Touch changes our lives and together we are changing the world. This column will present profiles of these agents of change.

VICTORIA STEWART, HTCP, HTACP

AND THE OSCAR GOES TO...

Victoria Stewart has two kinds of clients; the two-legged and the four-legged. The two-legged receive Healing Touch in her home treatment room but, because of her dog, Cleo, at home, she prefers to travel to her animal clients. You can read the many testimonials to her work on her website www.chtp.com.

Victoria left a 25-year career as an Accountant/Executive Administrator to pursue the study and vocation of a healer. A brother's terminal illness prompted her to explore healing modalities but Victoria then found purpose and fulfillment in Healing Touch for herself and has built a thriving practice over the years, first in Annapolis, Maryland and now in Oxford, Pennsylvania. She has served as a Helper or Coordinated close to 30 HT and Healing Touch for Animals (HTA) workshops. In addition to her private practice and coordinator roles, Victoria has created a monthly Healing Touch practice group with practitioners from Pennsylvania, Delaware, and New Jersey.

She has been on Retirement Living Television talking about Healing Touch and on Fox 45 Baltimore Television where she did an animal and people story that ran over three minutes on the news. “They taped at one of Carol Komitor's classes that I was coordinating in Maryland and interviewed some of my people clients too.” Once during lunch with a friend and her friend, Victoria mentioned what she did for a living and the

friend said that she could do a story on that. “So she did a *Healing Touch for Animals in the local newspaper*. Someone who saw the article contacted me to do a story in a magazine for *complementary medicine*.”

“I am establishing relationships with radio and television news broadcasts and newspapers throughout Pennsylvania to educate the viewers about *Healing Touch*.” How does one make those connections? “Fortunately I do know some people in the business. However, when I contact the TV, Radio and newspaper I say to them, ‘You would love to do a story about the work that I do with people and animals.’ I ask to contact them and ask for their business card or the name of the person that I need to contact about the story.”

Victoria also will stop to see if she can leave information about her work and then ask who the owner is so that she can follow up in one or two weeks, either by letter, by making an appointment or by phone contact. “I will wait a few weeks and then will call to verify that they received my letter and see if I could set something up with them. I have found that people are preoccupied and struggle about committing so I ask if it is a good time to meet or chat. They usually want to continue the conversation but, they're not always ready to make a commitment.”

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Post Conference Session Preview
for more information on Post Conference Sessions visit
www.HealingTouchProgram.com

Physics and Spiritual Healing For Healers

Vicki Slater RN, PhD, HTCP/I

August 3 - 4 *This post conference session is limited to 30 participants.*

The electrical “mechanism” that is part of the physical body can be broken, leading to all dimensions of pain. It also can be repaired. Five threads are woven through this 15 hour experiential workshop: increasing the healer’s capacity to deliver healing energy, principles of sound and electromagnetism that may underpin energy healing, spiritual healing, self-care, and healing techniques. Guided visualizations that can lead to personal healing will be interspersed through the course.



Vicki Slater, RN, PhD, HTCP/I, took Healing Touch I in 1989 and was convinced that laws of physics underpins it. She studied with physicists, electricians, and mechanical engineers to answer her question: “How does Healing Touch work? Her nursing practice now includes Healing Touch, aromatherapy, flower essences, crystal healing, hypnotherapy and guided imagery, the Bowen Technique, Craniosacral Therapy, and Tuning Fork treatments physics principles she understands, and 40 years of nursing practice and thought to offer her clients deep spiritual healing.

She published in the Journal of Holistic Nursing and in Dossey and Keegan’s Holistic Nursing: A Handbook for Practice, 5th edition. She participates in Healing Touch research, teaches Healing Touch Levels 1 and 2, Reiki, and “Physics and Spiritual Healing for Healers.”

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Some Notes about Babies

by Michelle Emanuel

I am blessed to have a large baby clientele in my healing practice. Parents bring their babies to see me typically because there was either some type of birth trauma or the baby has reflux/colic symptoms, problems with sleeping or some other type of irritability.

I am a Level 3 student of Healing Touch and have taken HT for Babies. I began to incorporate HT techniques immediately after my Level I class. I have found that *Magnetic Clearing* and *Magnetic Passes: Hands in Motion* and *Hands Still*, work well for most babies.

As with all clients, It is imperative to be grounded and centered when working with a baby. For me this means feeling fully embodied and present without distractions. It also means that I have been receiving the work as well so that I can truly connect with the baby - who relies on the caregiver or healer to Create a safe space for Healing. In addition, I fully accept the baby and parent(s) exactly as they come to me -- without judgement, regardless of the situation. It also means that I support the babies by paying special attention to their body language and eye contact.

Healing Touch techniques help release congestion and smooth imbalances in the energy field – which facilitates healing for the physical body. I have found that most babies are able to release quite easily. It's powerful work when we can provide a way for a baby to learn how to deal with difficult emotions or situations by releasing. Babies do not have the strong defense mechanisms that adults have, therefore treatments usually last between 20-30 minutes maximum.

The feedback I receive from parents after a baby receives HT include observations such as relaxation, calmness, improved digestion and sleeping. They usually mention feeling more connected to their baby after HT.

Editors Note: The above length of time of a HT treatment for babies is based on the author's experience. There are discrepancies in the anecdotal literature about how long to work on babies. Many practitioners have described success with shorter treatments (5-15 minutes) and feel that babies only need shorter sessions. Some practitioners have worked with sick babies who needed longer sessions and who responded well.

Healing Touch and Wound Care: The Cutting Edge

by Ellen F. Laffey, HTCP

While working as an Administrative Assistant in Wound Care at Aurora St. Luke's Medical Center, Milwaukee, Wisconsin, I completed my certification for Healing Touch.

One day, I overheard our Wound Care nurses talking about attending a Wound Care Case Study evening. A Case Study evening is where the nurses from our Wound Care sites gather and present cases that have been successful, or difficult, or teach about a new product/treatment, how it works and its outcomes.

I was a Level 2 student at the time and offered HT to a patient who was discouraged because she had a recalcitrant abdominal wound that had worsened. She agreed to try HT, and I did the *Spiral Meditation*, *Charka Connection*, and Wound Sealing. She opened herself to healing -- and the wound healed quickly after the session.

I thought the nurses might like to know more about Healing Touch. I asked Kathy Nelson, our research nurse, if she thought the group might be open to a case study on Healing Touch. She loved the idea and provided an outline for me to follow.

I reviewed the patient's chart, which took about a week, documenting diagnosis, past medical history, medications, wound care treatments utilized, wound measurements, when HT was initiated and ended, and outcomes with photo documentation. After completing my chart review, I reduced my presentation to the most pertinent facts. When the evening arrived, I was nervous. These were all RNs, yet friends, and our Medical Director, Jeffrey Niezgoda, MD. I had insisted on going first -- or I would never be able to enjoy the delicious display of food we all brought for the evening. When my presentation was finished, the nurses had more questions about Healing Touch and why I felt called to do this work -- than questions about the patient.

The next day, Dr. Niezgoda phoned me. He said that my presentation was excellent, and "How would you like to prepare a poster and present it in San Diego at the 18th Annual

Symposium on Advanced Wound Care?" Being in shock, my answer was "I guess so." I called my husband, Bill, and he said, "No wife of mine is going to turn down this opportunity."

As I did not know how to put together an abstract and poster, others attending this same symposium said they would help. When the time came, everyone was too busy. So, off I went to get good old white poster board. I retrieved the photos I needed and taped papers to where I felt the poster looked balanced. I gave my work to the Medical Director, and lo and behold a poster was formed. Interesting how the universe pushes you into learning when you hope someone else will do the work for you.

SAN DIEGO

Conference presenters Dr. Niezgoda, Mary Verhage, RN, Greg Raleigh, Hyperbaric Technical Lead, Poster Presenter Kathy Nelson, RN (all co-workers), my husband, Bill, our son, Mike, and I flew to San Diego. Until they gave me my badge saying "Presenter," I felt Bill was the one presenting and I was the wife along for the ride. The Healing Touch/Wound Care poster entitled Wound Care and Complementary Medicine: The Impact of Healing Touch was one of 300 posters chosen. At the opening ceremony it was announced that these posters were the 'cutting edge' of wound care.

My responsibility was to stand next to the poster for two hours each day and talk about Healing Touch in the Wound Care setting. "Hi there, have you thought about including HT in your Wound Care Clinic?" was my pitch. One doctor said he wanted energy medicine in his orthopedic clinic but was afraid his colleagues would laugh at him. A nursing home administrator thought this would be a good complementary therapy for his residents. I did *Ultrasound* on a lady's wrist while talking with others gathered around the poster. Greg noted that the HT poster had more people surrounding it than any other.

As the conference and my introduction of HT to the Wound Care world ended, I had a feeling that I had never had before.

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What is this I asked myself? All of a sudden the word 'self-esteem' came to me. I had never experienced self-esteem before. Amazing! Healing for this patient, healing introduced to the Wound Care world and healing for me!

NASHVILLE, TN

A call went out for posters for the Clinical Symposium on Advances in Skin and Wound Care in Nashville, TN. I wrote the abstract and won second place and an all expense paid trip to Nashville. This poster's theme was quality of life and was entitled Journey to Self-Healing Through Healing Touch. Spreading my wings with self-esteem on board, I traveled alone to my second poster presentation. After my arrival, I joined Dr. Niezgoda and three other nurse co-workers who were also presenting posters.

My poster presented a patient with left leg wound. She felt she was going to die with these wounds. After each HT treatment, her homework was always to have fun and report back to me about what she did. Her 'fun' list grew each session. The wounds shrunk enough to have a skin graft. I called the surgeon and asked if she would say - while the patient was under anesthesia - "The graft was a success and the wounds can now close." The surgeon agreed. The wound closed much to the patient's amazement.

At this conference, the requirement was that I stand by my poster for three hours each day. This time I was pretty comfortable about reeling in passersby with my HT sales pitch. I met a woman from Alaska who shared her alternative energy healing techniques, as she couldn't always get medicine to those who were in need. One man stopping by remarked, "Doesn't just holding their hand make people feel better?" Where does one begin to answer that statement and teach about HT in one minute's time? Talk Fast!

At dinner, Dr. Niezgoda asked me, "Well, Ellen, are you ready to do an oral presentation?" I think it was the wine that said 'Yes.'

The third poster is completed and submitted to an Advanced Wound Care Symposium in Dallas, TX for April 2009. My intention: An oral presentation and poster presentation at this symposium with practitioners from the Dallas area offering HT to attendees. If accepted, that really will be 'cutting edge'!



Initial Consultation



Healing Touch initiated



2 days after Healing Touch initiated



Wound closure

Above: photos of wound healing progress taken from one of Ellen Laffey's poster presentations.

Find both posters at <http://www.hwca-inc.com> Select "Professional Information"; Select "Case Studies"; Choose the appropriate poster to download.

1. Wound Care and Complementary Medicine: The Impact of Healing Touch
2. Journey to Self-Healing Through Healing Touch



Conscious Grand Parenting

by Anne Dorsey Emmons MS, RN, CS, HTCP

Of course, every pregnancy is magical. I think this is especially true for new grandparents. We remember the awe and wonderment of holding our babies for the first time. We can anticipate the profound joy our children will experience. Often we enjoy a more intimate connection to our children when they become parents. They seem to need us again. It is a time of heightened gratitude.

Pregnancy can also be a time of new challenges as dynamics shift and old patterns are challenged. Shifting hormones accentuate emotions and activate the family's emotional field. As individual and family patterns become more pronounced so do the opportunities for self examination and healing. This is especially true for persons who understand the change process and make a commitment to "Heal Thyself."

Consciously aware grandparents can facilitate the process by remaining grounded and creating a healing space for the family. Deal with your own issues first and then work on the entire family. It is crucial to clear your own issues to free your children from inherited karmic patterns. When we heal ourselves, seven generations forward and seven generations backward are healed.

Your personal work may be related to your own pregnancies, miscarriages, abortions, and adoptions. It may involve clearing trauma or letting go of regrets about your parenting. It may be learning to love your child's partner and respecting his or her choices. The greatest gift you can give new parents is nonjudgmental support. Encourage your children to become the experts, tapping into their own wisdom.

How do you clear your own issues? First, self awareness is crucial. When you are upset ask yourself, "What part of me needs healing?" This can be a real challenge if you do not agree with your children's prenatal care, home environment, birth plan or parenting style. Recognize these feelings come from your stuff, not your children's issues. Several tools can assist you to release the old and set up a Healing Space.

Tips for Clearing:

In Meditation set an intention to "clear all issues that no longer serve your Highest Good, from every cell, in all dimensions, beyond space and time." You do not have to be aware of all the issues. You may use whatever imagery you are drawn to – color, love, light, water, earth, sun, moon, stars, etc.

Here is a Shamanic technique:

Connect your ethereal spine to the center of the earth (Pachamama) and send all heavy energy (hucha) to the earth. After the body is cleared, connect with the stars through your Crown Chakra and fill up with light energy (Sami). End the session by retracting your ethereal spine and replacing the thin veil on your Crown Chakra. Note: Think of energy as light or heavy. This removes the 'judgement' of good and bad from your consciousness.

Alchemy:

Use the Alchemy of the Heart to clear by visualizing the Purple Flame of Transmutation in your heart. As blood flows through the heart visualize the flame transmuting all energies for your highest benefit. Flood your mitochondria with Light to clear your entire body and visualize *Magnetic Clearing* of all cells. Set an intention for your DNA to permit Alchemical Transformation of all family and tribal issues that no longer serve the Divine Plan.

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Develop a Soul Perspective:

Adopt the mantra "Let Go and Let God." Trust that your grandchild will be fine. Many cultures believe babies choose their parents and they arrive with the perfect circumstance for their Soul. Let go of your personal agendas.

Tips to create a Sacred Healing Space for your family:

1. Send love to the new parents, the delivery team and hospital. Imagine love and light infusing all the places your pregnant daughter or daughter-in-law frequents; job, doctor's office, home and community.
2. Bathe your family in light and love knowing the Highest Good will prevail. Live from your heart.
3. Using your Intuition (and with the permission of Higher Selves) set up a geometric grid connecting all of your hearts, including the baby's. Ask the Ascended Masters and Angels to help you build and nourish this grid for the Family's Highest Good in support of the Divine Plan.
4. Open a Coning or a vortex with The Over lighting Deva of Healing, Pan, your family's Devas, Higher selves and Ascended Masters/Angels. Ask for assistance in healing all tribal and personal issues for the highest good of the baby and your family. Ask that your children be free of all your unresolved issues so they may follow their own Divine Plan and leave their child free to do the same. (To learn more about conings check out MAP – Medical Assistance Plan with The Co-creative White Brotherhood by Machel Small Wright, 3rd edition).

About the author:

Anne has practiced in behavioral health for over 25 years. She received her BS in Nursing at Johns Hopkins University and her MS in Nursing at University of Pennsylvania. She was trained in Mind/Body Stress Reduction at Harvard's Mind/Body Institute. As an Ordained Minister of Spiritual Science, she has studied esoteric healing and embraces all cultures and belief systems. In addition to Healing Touch, Anne has received a broad spectrum of training in energy work including: Shamanism, Reiki, SKHM, One Breathe, Yoga, Meditation, Abraham-Hicks Deliberate Creation, Sound Healing, Crystal Healing and Devic Healing.



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The Fairmont Newfoundland went under new management as of Jan 13, 2009 with name changed as above.

MONEY AS Energy

by Marilee Tolen, RN, HNC, HTCP/I

Remembering Who We Are As Creative Beings

Lessons from Children

Children love to create things.

They are often in a state of “creative essence” which is a natural state of being for all people, and most easily accessible for children. It is a place of timelessness, joy, creativity, fun, and is totally void of ego. Amazing things can happen from this place, and much can be manifested.

Barbara Brennan, healer and author of “Hands of Light,” often alludes to this state of Creative Essence in her Healing Science work and calls it the “Core Star.” According to Brennan, the Core Star, or Creative Essence, is the place where we truly experience our co-creative nature with the Divine. It is where we can experience miracles and manifest things beyond our individual human abilities. It is where healing happens.

All people have this creative essence but most forget. If you want to be reminded of your creative essence, spend some time with a child at play. Make sure it's a child who has not yet been trained about the “doing-ness” of life but rather one who has been allowed to have “being-ness”.

It is easy to forget how to access this creative essence. Another thing you can do to remember is to observe how you identify yourself in the world.

Do you identify who you are by what you do? Or do you identify who you are by how you are? Minimizing the doing and maximizing the being allows the creative essence to show up more readily in your life. And the place where it needs to show up the most is right in front of you.

So if you want to practice accessing your Creative Essence or

Core Star, schedule a day with your favorite child and play, play, play.

About the author:

Marilee Tolen is board certified in Holistic Nursing, a graduate of the Barbara Brennan School of Healing Science, completed Intuition Training with Caroline Myss, and has practiced and taught Healing Touch for over 12 years.

She has integrated abundance and prosperity principles into her professional life for three decades. Her studies of the energy of money became her specialty at the Brennan School in 1996 as demonstrated in her thesis “Currency As Consciousness” ©. She is a contributing author to the recently acclaimed award winning book *Invitation to Holistic Health: A Guide to Living a Balanced Life* (Bartlett and Jones) writing the chapter on “Financial Health.”

Marilee has taken her healing work to the World Wide Web and has created a virtual community for holistic health care professionals and others interested in natural healing.

She is now teaching marketing for healers helping them to launch (or re-energize) their practices. Her e-book “Eight Steps to Kick Start Your Practice” http://snipurl.com/8steps_ebook is now available and her very popular course in Internet Marketing <http://www.introtointernetmarketing.com> has been successfully attended by many in the Healing Touch community.

Follow Marilee on her new podcast program The “Green Tea with Marilee” Show at <http://www.GreenTeawithMarilee.com> and sign up for her free Tips of the Week at her website <http://www.HomeSpaLady.com>.

Meet Two *Sharons*

by Sharon Greenspan, M. Ed, CLFL

A few weeks before my Level 4 class, I arranged to attend a practice group. Many of the other attendees had completed Level 2 together and were registered to take Level 3. Since I was preparing for Level 4, the group facilitator suggested we work together. She began to tell me what to expect and, frankly, she frightened me. She insisted that I had to know all the techniques backwards and forwards. Using books or cheat sheets would be completely unacceptable and, according to her, if I didn't know the correct hand placements before going to the class then I should reschedule.

I'd already bought my plane ticket, as I was treating myself to a class in Hawaii!

After the practice session a friend and I met for dinner. I relayed the story and my fears to her. She had completed Level 2 and is a certified massage therapist. I told her that I planned to practice as much as I could, although I was swamped at work and didn't really have time to schedule proper appointments with people. I thought that I could just go through the hand motions to create muscle memory with the exception of Mind Clearing, where placement was impossible to practice on thin air.

A few days later she called and asked me to stop by her house.

She pulled out a canvas bag and unwrapped a sculpture she'd done in art class some years ago. "Does she have a name?" I asked. "You know," my friend replied, "I was thinking about that last night -- and remembered that her name is Sharon."

Now I know that part of HT training is self care...but this took it to a whole new level! Now I know that part of HT training is self care...but this took it to a whole new level! I deeply thank my friend, Monica, for loaning Sharon to me so that I could learn the techniques -- by practicing on Sharon! (My Level 4 class was fine. I knew all the techniques without cheat sheets and completed my Level 5 class.)

About the author:

Sharon Greenspan, Board Certified Holistic Health Practitioner is also a Healing Touch Practitioner located in Maryland, near Washington, DC. She looks forward to adding Healing Touch to her business, Wild Success (www.wildsuccess.us) which offers Defining Life Purpose, LifeStyle Coaching, and Diet/Health Consulting. She gives classes regionally and been chosen to present at this year's Raw Spirit Festival. Organizations, governments and individuals have used her services for over a dozen years. Her work spans five continents and changes people's lives.



HEALING TOUCH

Class Schedule

2009

The most up-to-date class schedule can be found on the Healing Touch Program web site www.HealingTouchProgram.com. If you have questions or need to change the information on your listing please contact the HTP office at 303-989-0581 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location	Coordinator	Phone	Email	Instructor
Level 1					
3/6-8/2009	VA Hampton	Dottie Graham	(757) 890-2940	gisaofva@aol.com	Dottie Graham
3/6-8/2009	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
3/7-8/2009	Berlin, Germany	Beate Grabow	07022 56 03 81	beategrabow@online.de	Renate Reichenberger
3/7-8/2009	MD Frederick	Krista Hall	(301) 865-1514	htlevel1@comcast.net	Krista Hall
3/7-8/2009	OR Ontario	Marilyn Jackson	(541) 889-5673	mj@intuitiveoptions.com	Sharon Myrah
3/7-8/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
3/11 & 3/18/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
3/13-15/2009	AB Calgary CAN	Mount Royal College	(403) 440-3833		Betty Petersen
3/13-15/2009	Meran, Germany	Maria Kaserer	390473563203	kaserermaria@yahoo.de	Hoster/Grabow
3/13-15/2009	WA Seattle	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Keela Marshall
3/14-15/2009	CO Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
3/14-15/2009	PA Elizabethtown	Tim Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
3/14-15/2009	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barb Hart
3/14-15/2009	IL Warrenville	Ann OMalley	(630) 674-8040	healerann@hotmail.com	Ann OMalley
3/20-22/2009	SK Lethbridge CAN	Lethbridge College	(800) 572-0103		Betty Petersen
3/21-22/2009	CA Chula Vista	Ann Taylor	(858) 412-5457	ataylor@san.rr.com	Ann Taylor
3/21-22/2009	VA Fredericksburg	Ren Fields	(540) 371-4274	ren4yoga@aol.com	Maureen McCracken
3/21-22/2009	CO Ft Collins	Lauri Pointer	(970) 484-2211	lpainter@aol.com	Lauri Pointer
3/21-22/2009	NV Reno	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
3/27-28/2009	OH Medina	Elaine Nichols	(330) 721-7030	efnichols@zoominternet.net	Nancy Strick
3/27-29/2008	VA Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
3/27-28/2009	Stuttgart, Germany	Beate Grabow	07022560381	beategrabow@online.de	Hoster/Kostlin
3/28-29/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
3/28-29/2009	KY Louisville	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Wendy Grace Rolf
4/4-5/2009	MD Glen Burnie	Tracy Miciche	(410) 721-7805x3	tmiciche@verizon.net	Nancy Lester
4/4-5/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
4/4-5/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
4/4-5/4009	CA San Diego	Sharon Robbins	(858) 481-1184	robbinsnest1@attglobal.net	Yvonne R-Wultz
4/10-11/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
4/17-18/2009	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
4/18-19/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
4/18-19/2009	CA Chula Vista	Ann Taylor	(858) 412-5457	ataylor@san.rr.com	Ann Taylor
4/18-19/2009	CT Greenwich	Beth Wright	(203) 622-6338	beth@bethwright.net	Jackie Page
4/18-19/2009	VA Keswick	Dottie Graham	(757) 890-2940	gisaofova@aol.com	Dottie Graham
4/18-19/2009	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
4/25-26/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
4/25-26/2009	NC Charlotte	Joanne McMurtrie	(704) 814-4962	crown444@aol.com	Joanne McMurtrie
4/25-26/2009	TX Forth Worth	Sharon S-Hibdon	(940)365-3347	Sharon.Scandrett-Hibdon@unt.edu	To Be Announced
4/25-26/2009	AZ Sedona	Dee Gerken	(928) 282-1704	dgerken@q.com	Dee Gerken
5/2-3/2009	PA Elizabethtown	Tim Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
5/2-3/2009	PA Emporium	Debra Spotts	(301) 845-1084	yogadeb83@comcast.net	Krista Hall
5/2-3/2009	IL Pewaukee	Jacyntha Shaw	(262) 538-3813	jacyntha@voyager.net	Marcia Bregman
5/2-3/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
5/4-6/2009	BC Vancouver CAN	Langara College	(604) 323-5322		Brenda Anderson
5/6-9/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
5/16-17/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
5/16-17/2009	TX Forth Worth	Sharon S-Hibdon	(940)365-3347	Sharon.Scandrett-Hibdon@unt.edu	Barbara Starke
5/16-17/2009	OR Portland	Constance Hammond	(503) 230-2331	revcah@earthlink.net	Constance Hammond
5/30-31/2009	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	Sharon Fletcher
5/30-31/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	McConville/Wille
5/30-31/2009	CO Lafayette	Nicole Kasemir	(303) 772-4018	nk@health-options.net	Nicole Kasemir
6/6-7/2009	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
6/13-14/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
6/13-14/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
6/13-14/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
6/13-14/2009	BC Vancouver CAN	Langara College	(604) 323-5322		Brenda Anderson
6/19-21/2009	WA Seattle	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Keela Marshall
6/20-21/2009	SK Swift Current CAN	Judy Ross	(306) 264-3653	DJRoss@yourlink.ca	Betty Petersen
7/4-5/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
7/10-12/2009	MO St Louis	Jim Brauner	(636) 227-7445	jimbrauner@earthlink.net	Lynn Placek
7/18-19/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
7/25-26/2009	SC Charleston	Janet Neal	(843) 388-1834	htpclasses@bellsouth.net	Christine DeVoe
8/1-2/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
8/8-9/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Ines Hoster
8/11-12/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
8/14-15/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
8/15-16/2009	CO Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
8/29-30/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
9/12-13/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
9/12-13/2009	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	Sharon Fletcher
9/25-27/2009	WA Seattle	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Keela Marshall

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
9/26-27/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
9/26-27/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
9/26-27/2009	Stuttgart, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Reichenberger/Kostlin
10/3-4/2009	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
10/3-4/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
10/10-11/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
10/16-17/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Hoster/Grabow
10/17-18/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
10/23-25/2009	AB Edmonton CAN	Joanne Ross	(780) 463-1553	joanne.ross@shaw.ca	Betty Petersen
10/24-25/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
10/24-25/2009	NV Reno	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
11/7-8/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
11/7-8/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
11/14-15/2009	Berlin, Germany	Beate Grabow	07022 56 03 81	beategrabow@online.de	Renate Reichenberger
11/14-15/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
11/14-15/2009	QUE Quebec CAN	Yolande B-Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande B-Douglas
Level 2					
3/7-8/2009	OH Hudson	Nancy Strick	(330) 665-3425	nancy@healingtouchhudson.com	Nancy Strick
3/7-8/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
3/16-18/2009	Meran, Germany	Maria Kaserer	390473563203	kaserermaria@yahoo.de	Ines Hoster
3/20-22/2009	VA Hampton	Dottie Graham	(757) 890-2940	gisaofova@aol.com	Dottie Graham
3/21-22/2009	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
3/28-29/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Renate Reichenberger
3/31-4/1/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
4/3-5/2009	MB Winnipeg CAN	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Petersen
4/4-5/2009	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
4/4-5/2009	NC Asheville	Anne Boyd	(828) 252-9419		Anne Boyd
4/4-5/2009	NV Las Vegas	Vickie Smith	(702) 878-6652		Dee Gerken
4/4-5/2009	TN Loudon	Mary Ann Geoffrey	(865) 567-5634	Thdtenn@charter.net	Mary Ann Geoffrey
4/4-5/2009	IL Warrenville	Ann OMalley	(630) 674-8040	healerann@hotmail.com	Ann OMalley
4/17-19/2009	BC Prince Rupert CAN	Cornerstone Center	(250) 627-7255	cwcentre@citytel.net	Brenda Anderson
4/18-19/2009	GA Augusta	Jane Hightower	(706) 860-9537	janehightower@comcast.net	Jane Hightower
4/18-19/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
4/18-19/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
4/25-26/2009	TX Forth Worth	Sharon S-Hibdon	(940)365-3347	Sharon.Scandrett-Hibdon@unt.edu	Sharon S-Hibdon
4/25-26/2009	IL North Brook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
4/25-26/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
5/2-3/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
5/2-3/2009	CO Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
5/2-3/2009	PA Oxford	Victoria Stewart	(610) 723-1725	victoriachtp@yahoo.com	Tina Devoe
5/8-10/2009	AB Calgary CAN	Mount Royal College	(403) 440-3833		Betty Petersen
5/9-10/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
5/16-17/2009	MD Glen Burnie	Tracy Miciche	(410) 721-7805x3	tmiciche@verizon.net	Nancy Lester
5/22-24/2009	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
6/13-14/2009	AZ Sedona	Dee Gerken	(928) 282-1704	dgerken@q.com	Dee Gerken
6/22-24/2009	BC Vancouver CAN	Langara College	(604) 323-5322		Brenda Anderson
7/15 & 7/22/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
8/1-2/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
8/14-15/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
9/5-6/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
9/19-20/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
9/26-27/2009	CO Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
10/17-18/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/17-18/2009	Stuttgart, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Renate Reichenberger
10/24-25/2009	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	To Be Announced
11/7-8/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
11/14-15/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
12/5-6/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
12/12-13/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
Level 3					
3/6-8/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
3/7-8/2009	TX Carthage	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
3/14-15/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
3/19-20/2009	Meran, Germany	Maria Kaserer	390473563203	kaserermaria@yahoo.de	Ines Hoster
3/21-22/2009	MD Glen Burnie	Tracy Miciche	(410) 721-7805x3	tmiciche@verizon.net	Nancy Lester
3/21-22/2009	BC Vancouver CAN	Langara College	(604) 323-5322		Brenda Anderson
3/27-28/2009	OH Cleveland	Gertrud Hensse	(440) 888-2061	hensse@sbcglobal.net	Barb Starke
3/28-29/2009	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergy@comcast.net	Carol Kinney
3/28-29/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
3/29-30/2009	Stuttgart, Germany	Beate Grabow	07022 56 03 81	beategrabow@online.de	Ines Hoster
4/18-19/2009	MD Bethesda	Eileen Buese	(301) 365-4375	bzknees@comcast.net	Maureen McCracken
5/1-3/2009	AB Edmonton CAN	Joanne Ross	(780) 463-1553	joanne.ross@shaw.ca	Betty Petersen
5/2-3/2009	CO Ft Collins	Lauri Pointer	(970) 484-2211	lmpointer@aol.com	Lauri Pointer
5/16-17/2009	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
5/16-17/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
5/16-17/2009	TX Forth Worth	Sharon S-Hibdon	(940)365-3347	Sharon.Scandrett-Hibdon@unt.edu	Sharon S-Hibdon
5/16-17/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
5/23-24/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
6/5-7/2009	MB Winnipeg CAN	Norma Bettess	(204) 256-4288	nbettess@hotmail.com	Betty Petersen
6/6-7/2009	IL North Brook	Marcia Bregman	(847) 831-3680	mbreght@comcast.net	Marcia Bregman
6/26-28/2009	AB Calgary CAN	Betty Petersen	(403) 275-6288	fpbetty@shaw.ca	Betty Petersen
6/27-28/2009	GA Augusta	Jane Hightower	(706) 860-9537	janehightower@comcast.net	Jane Hightower
7/18-19/2009	PA Oxford	Victoria Stewart	(610) 723-1725	victoriachtp@yahoo.com	Tina Devoe
8/22-23/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
9/11-13/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
9/12-13/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/18-19/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Ines Hoster
10/24-25/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll

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Date	Location		Coordinator	Phone	Email	Instructor
Level 3 continued						
11/7-8/2009	CO	Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
12/4-6/2009	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
12/5-6/2009	CA	Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
Level 4						
4/16-19/2009	PA	Quarryville	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Nancy Lester
5/6-9/2009	MN	St Paul	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Janna Moll
6/11-14/2009	YK	Whitehorse CAN	Judi Urquhart	(867) 633-2493	urquhart@klondiker.com	Betty Petersen
7/9-12/2009	IL	Chicago	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Mary Ann Geoffrey
7/23-26/2009	CA	Mill Valley	HT Program	(303) 989-0581	registration@healingtouchprogram.com	To Be Announced
8/20-23/2009	AB	Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
10/22-25/2009		Wessobrunn, Germ.	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
10/28-31/2009	CO	Loveland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Lauri Pointer
11/6-8/2009	SK	Hazenmore CAN	Judy Ross	(306) 264-3653	DJRoss@yourlink.ca	Betty Petersen
Level 5						
4/16-19/2009	PA	Quarryville	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Mary Ann Geoffrey
5/6-9/2009	MN	St Paul	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
5/28-31/2009	NY	Amsterdam	HT Program	(303) 989-0581		Maureen McCracken
7/9-12/2009	IL	Chicago	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
7/23-26/2009	CA	Mill Valley	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Carol Kinney
8/27-30/2009	AB	Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
10/26-29/2009		Wessobrunn, Germ.	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
10/28-31/2009	CO	Loveland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
Level 6						
4/1-4/2009	CO	Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
9/28-31/2009	AB	Calgary CAN	Betty Petersen	(403) 275-6288	fpbetty@shaw.ca	Cynthia Hutchison
11/10-13/2009	CO	Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
Adv Practice 1						
3/22/2009		Meran, Germany	Maria Kaserer	390473563203	kaserermaria@yahoo.de	Ines Hoster
10/11/2009		Amsterdam, Neth.	Beate Grabow	(070) 225-60381	beategrabow@online.de	Ines Hoster
Adv Practice 2						
3/23/2009		Meran, Germany	Maria Kaserer	390473563203	kaserermaria@yahoo.de	Ines Hoster
3/31/2009		Stuttgart, Germany	Beate Grabow	07022 56 03 81	beategrabow@online.de	Ines Hoster
10/12-13/2009		Amsterdam, Neth.	Beate Grabow	(070) 225-60381	beategrabow@online.de	Ines Hoster
Presentations						
3/25/2009		Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Ines Hoster
4/1/2009	CO	Ft Collins	HT Program	(303) 989-0581		Lauri Pointer
6/27/2009	GA	Atlanta	HT Program	(303) 989-0581		Ines Hoster