

June 2010 Issue no. 45

Energy magazine™

The Official Publication Of Healing Touch Program

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Happy Birthday Energy Magazine!

In this issue: Healing Touch: *A Path to Higher Level Wellness* • Healing Vs Cure
Elder Wisdom: *Barbara Hart* • Returning to Healing Touch Beginnings • and more



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General Info

Classes in your area	info@HealingTouchProgram.com
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Certification Questions	Certification@HealingTouchProgram.com
Web Support	Webmaster@HealingTouchProgram.com

Additional Resources

Healing Touch Practitioner Directory	www.HTPractitioner.com
Healing Touch Research	www.HealingTouchResearch.com
Healing Touch Professional Association	www.HTProfessionalAssociation.com
Healing Touch Worldwide Foundation, Inc.	www.HTWFoundation.org

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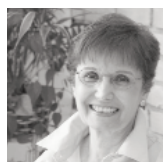


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 Healing Touch Professional Association
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Energy Magazine™ would love to hear your comments!

Greetings

from Cynthia Hutchison
Healing Touch Program Director



Dear Readers,

Welcome to our 4th Anniversary Issue of Energy Magazine! It is hard for me to believe, but we are now entering the fifth year of publishing Energy Magazine. We are also busy with our Annual Worldwide Conference preparations which will take place in Denver August 5th – 8th ([click here](#)) where we will be celebrating HTP's 21st year! Twenty one years represents, at a developmental level, our Adulthood. Janet Mentgen, our founder, created a strong and energetically vibrant foundation with the HTP standard curriculum which has worldwide recognition. Carrying her legacy forward to a new level of organizational maturity and recognition, we are lovingly and confidently taking HTP into the future and expanding our horizons beyond the circles of our HTP communities.

As an example of our forward movement and growth, HTP is fostering and creating professional affiliations with other like organizations whose goal it is to move energy medicine into the future as a legitimate, reimbursable field of holistic health care. Healing Touch Program was the first certificate program of the American Holistic Nurses Association in 1990. Since the mid 1990's HTP has also been endorsed by the Canadian Holistic Nurses Association. We have professional affiliations with Healing Touch for Animals (HTA) and the Institute of Spiritual Healing and Aromatherapy (ISHA) and together our three organizations are cosponsoring the Healing Touch Worldwide Conference.

We will have booths at three conferences this month - the American Holistic Nurses' Association (AHNA), the Association for Comprehensive Energy Psychology (ACEP) and the International Society for the Study of Subtle Energy and Energy Medicine (ISSSEEM). In addition, HTP will be represented at the Watson Caring Science Institute International Conference in Hiroshima next May - to continue building the Asian-Pacific community that is very interested in Healing Touch at the academic and social level.

Sharon Robbins, Executive Director of HT Professional Association, will play a key role in meeting with leaders in Energy Medicine and energy medicine educational programs at this June's ISSSEEM conference in Westminster, Colorado. The time is right for energy medicine programs that are standardized and have reputations for excellence to band together to advance the field of energy medicine into the future; to work toward insurance reimbursement and to have lobbyists representing us at the state and federal levels to support both our qualified practitioners and the patients/clients who want to receive energy medicine as part of their health care.

With national accreditation getting closer for HTP and our expanded accreditation with the American Nurses' Credentialing Center (ANCC), we are positioned in a pivotal place to make an even greater impact in national health care and we continue to strengthen holistic modalities worldwide.

Don't miss reading the articles in this issue of Energy Magazine which will inspire you in your HT practice and in considering how you can help Healing Touch to grow in your communities. Lisa Mentgen Gordon, Cindy Dale, Rob Ivker and Lauri Pointer's articles in particular are addressing the current and future potential of how Healing Touch changes lives and impacts our society, our health care system, our profession of Energy Medicine and the lives of our clients and their families. Perhaps the greatest personal reward is how those of us who have stepped into the shoes of being a Healing Touch Practitioner have grown personally and professionally.

Hoping to see you or meet you at our Worldwide Conference!

Joyfully,

Cynthia

Announcements & Letters



Congratulations to Aleida Drozdowicz, HTCP/I, HN-BC

Congratulations to Aleida who teaches Levels 1 and 2 for HTP in Florida. She became Board Certified in Holistic Nursing through AHNA in November 2009. Recently at the AHNA 30th Annual Conference in Colorado Springs, CO (June 3rd-6th), she was awarded the Charlotte McGuire Scholarship for pursuing her graduate education-BSN-PhD in Holistic Nursing at Florida Atlantic University (FAU), Boca Raton, Florida, an honor just awarded to one AHNA nurse per year at the graduate level. "I am excited about pursuing my graduate education in holistic nursing. I feel honored to have been chosen to receive the Charlotte McGuire Scholarship and look forward to utilizing and implementing the knowledge I obtain toward making a difference in the healthcare system and to help promote Healing Touch Program."

Pictured above (left to right): Lisa Mentgen-Gordon, CEO Healing Touch Program; Aleida Drozdowicz; and Cynthia Hutchison, Healing Touch Program Director.



Healing Touch Program Event from Tucson, AZ by Judi Gaston, HTCP (pictured above)

As part of the Nurses Week Celebration, the Tucson Nurse Week Foundation held its annual Conference and Health Fair May 7, 2010. As part of the Health Fair, our local Healing Touch Program (HTP) group had a booth with materials, the Introduction to Healing Touch DVD and offered mini chair treatments. There were close to five hundred attendees including presenters and vendors at this event.

I first began by doing a mini chair treatment on my husband, John to give people an idea of why we were there. By the end of the day we did over 60 chair treatments using techniques such as: *Magnetic Passes: Hands in Motion* and *Hands Still*, as well as, *Pain Drain*, *Ultrasound* and *Mind Clearing*. It was amazing to see the changes in expressions and demeanor as they received treatments -- relaxed with many smiles. I think "stress" was the primary complaint I heard -- head, neck, and shoulders. We also donated two HT treatments that were raffled along with other vendors' donations.

We missed Barb Hart our local Healing Touch Certified Instructor, who was unable to attend, but I thank her for encouraging us to do this. Thank you to the HTP folks in San Antonio for your support and for the many volunteers that took time from their busy schedule to help. It was fun and not only a great experience, but also a great opportunity to spread the word and the work of Healing Touch in Tucson.

You are a living magnet.
What you attract into your
life is in harmony with
your dominant thoughts.

--Brian Tracy



Healing Touch: A Path to Higher Level Wellness



by Lauri Pointer, HTCP/I

Higher level wellness is more than an absence of symptoms. It includes vitality, a joy of living, and a feeling of self-worth. These are all qualities that are present when our life force energy is flowing vibrantly and radiantly. **Healing Touch** is an integrative energy based therapy with a goal of doing just that -- increasing the flow of energy through the body to facilitate the conditions for optimal health and well-being. These non-invasive techniques utilize the hands to clear, energize, and balance the human and environmental energy fields, thus affecting physical, mental, emotional and spiritual health and healing.

Our bodies are phenomenal communicators that let us know when something is out of balance energetically. Symptoms in the body- such as headaches, colds, insomnia, lethargy, depression, and fatigue - appear when our flow of energy is compromised. All kinds of situations can effect our energy flow - environmental toxins, stress, lack of exercise, lack of sleep, poor nutrition, etc. When the flow of energy is compromised, the overall vibration of the energy is lower. When our vibration is lower, symptoms begin to appear. Conversely, when we clear the blockages through a Healing Touch treatment, the overall

vibration is higher and when the vibration is higher it is impossible for symptoms to remain in the body.

If we think of a wellness wheel, consisting of spokes that represent all the categories of health such as physical, mental, emotional, spiritual, social, and environmental, very often, if we can simply improve our situation in one of those categories, we begin to see improvement in all of them. The better we feel, the more inspired we are to take good care of ourselves. If we keep our vibration high through regular Healing Touch treatments, we begin to crave healthier, higher vibration foods, our bodies naturally crave more water, we are drawn to other people with higher vibrations, we spend time in places with higher vibration, we partake in activities that keep our vibration high such as exercise, time in nature, and reading that is inspiring. We begin to attract to us more opportunities for experiencing joy and abundance and a feeling of being excited to get up in the morning. Waking up happy and excited for your life is a great sign of higher level wellness!

Our energy system consists of three parts: The biofield (aura), the chakras (energy centers) and the meridians (energy tracts throughout the body). Our energy biofield is considered to be the blueprint for the physical body, meaning it holds the tem-

continued on page 8

plate for how our physical body is building and repairing. Symptoms appear in the energy field before they are noticed on a physical level. With Healing Touch, we can approach health preventatively by clearing the symptoms from the field before they have a chance to manifest on the physical level. We call Healing Touch a “subtle energy” therapy. Indeed, it is subtle and we can fine-tune our subtle awareness to this energy by practicing Healing Touch. The more we learn about our own energy, the more effectively we can recognize when something is out of balance BEFORE it has a chance to take hold as a physical symptom.


Every single human being is created to be able to flow energy - to ourselves and to others. It is a skill, and just like any other skill, your ability to do it improves with practice. Your subtle awareness of your own energy also improves with practice. Take a powerful step toward higher level wellness by learning about energy medicine and Healing Touch today!

About the author:



Lauri Pointer is a Healing Touch Certified Practitioner and Instructor and a Certified Journal to the Self Instructor with a full time private practice in Fort Collins, Colorado. She has a degree in Exercise and Sport Science from Colorado State University. Lauri is the Lead Instructor for

both Level 2 Healing Touch and the Healing Touch Presentations class for HTP. She regularly teaches Healing Touch and Journaling classes around the country and in Northern Colorado.



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For more information:
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Book Review:

Healing Touch Guidebook *Practicing the Art and Science of Human Caring*

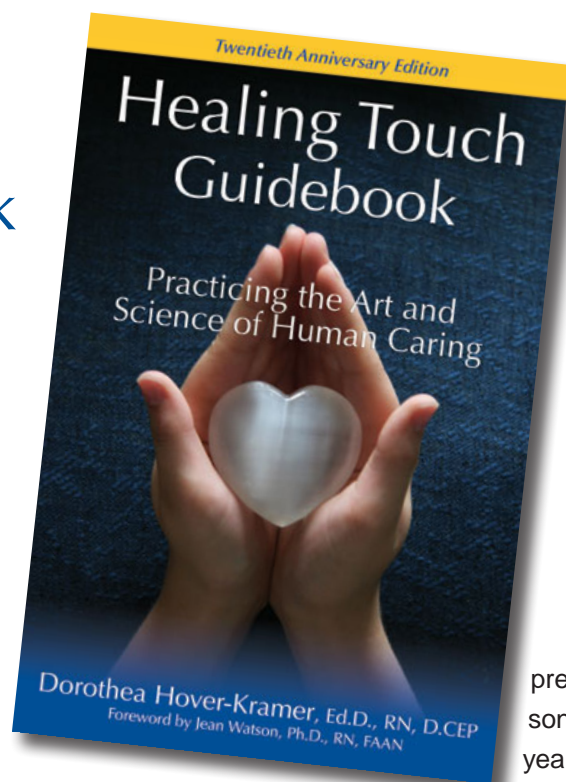
by Dorothea Hover-Kramer, Ed.D., RN, D.CEP

by Dr. Robert S. Ivker, DO, ABIHM, FAAFP, HTCP

What a wonderful tribute to the legacy of Janet Mentgen, the founder of Healing Touch (HT). This book takes the reader on an inspiring twenty-year journey from Janet's initial vision, to the creation, naming, and early development of this remarkable energy healing art and science - to the current state of the art Healing Touch Program (HTP). I felt the author's pride and triumph as she reported in 2009 there were more than 700 HTP classes taught. Currently there are more than 3000 practitioners certified in the original HTP curriculum.

Dorothea was instrumental in both launching and teaching HT from its inception in 1989. As a result of her close professional and personal relationship with Janet, she has had an unobstructed view of the origins of Healing Touch and the psyche of this dedicated, humble healer who was recognized in 1988 by the American Holistic Nurses Association as Holistic Nurse of the Year. From the author's unique perspective she is able to state unequivocally that despite the phenomenal growth of HT, *the standard curriculum of the HTP remains consistent with the intention and vision of the original collegial group who participated with Janet Mentgen in co-creating this beautiful, professional, and effective program of hands-on healing.* To me, this statement supports the book's credibility as the authoritative reference for Healing Touch.

As a certified practitioner, I felt re-inspired after reading the book. I found it to be comprehensive, clearly written, well organized, and highly instructive for both practitioners and neophytes. I liked the way the author established the basis for Healing Touch within Energy Healing. In the scientifically-focused world of health care, this is an especially challenging subject to



present. I have personally struggled for years in teaching this vitally important

topic to my medical colleagues. The chapter on HT Research strongly reinforces the science of Energy Healing. I think she has done an excellent job in clearly and concisely presenting what I strongly believe will soon become the foundation of twenty-first century health care, what integrative holistic physicians are calling energy medicine.

The chapter on the applications of HT throughout the life cycle was well done. The value of her many excellent contributing authors is obvious throughout the book, which is replete with client/patient stories.

For anyone who is not familiar with Healing Touch, the presentation of HT practices is quite thorough. At the same time, I thought it also provided the practitioner with a brief but adequate overview of Levels One through Five. However, the greatest benefit for the practitioner lies in the last section of the book – the ongoing development of the Healing Touch practitioner. Far more than technique, this is the most critical component of HT practice -- healing oneself.

Dorothea, a visionary in her own right, has a good grasp of the bigger picture and how health care is evolving. I think she is accurate in her assessment of how Healing Touch will complement integrative health care, and in her projection of the extent of public recognition. Although I am in complete agreement with her vision of the future for HT, it was thrilling for me to connect with this kindred soul through her book and realize that we shared a similar vision.

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As a *Guidebook* to the energy healing modality of Healing Touch, this book sets the standard. As both an historical and visionary reference on the integration of HT into 21st century health care -- it is inspirational. For me, what most distinguishes this work of art and science, are the success stories of people whose lives have been transformed through Healing Touch. I am proud to be a Healing Touch practitioner. The power of Healing Touch and its increasing impact on changing the face of health care lies in its simplicity and efficacy. Pure and simple-- it works! Thank you Dr. Dorothea Hover-Kramer for elegantly conveying that message.

About the author:



Dr. Rob Ivker is a physician healer, health educator, and best-selling author. He is a board-certified holistic physician (ABIHM), a Fellow of the American Academy of Family Physicians, and Healing Touch Certified Practitioner (HTCP). He has

been practicing medicine since 1972. For the past 20 years his holistic medical practice has focused on the treatment of respiratory disease – chronic sinusitis, asthma, and allergies – and the creation of optimal health.

Dr. Ivker is the Co-Founder and Past-President of the American Board of Integrative Holistic Medicine (ABIHM); co-creator of the Annual ABIHM Review Course, ABIHM certification examination, and the ABIHM evidence-based curriculum. He is also a Past-President of the American Holistic Medical Association (AHMA). Dr. Ivker is a former Assistant Clinical Professor in the Department of Family Medicine and is currently a Clinical Instructor in the Department of Otolaryngology at the University of Colorado's School of Medicine.

He is the author of four editions of the best-selling *SINUS SURVIVAL: The Holistic Medical Treatment for Sinusitis, Allergies, and Colds*. Dr. Ivker has also written six other books including *Asthma Survival, Arthritis Survival, Headache Survival, Backache Survival, The Complete Self-Care Guide to Holistic Medicine*, and *Thriving: The Holistic Guide to Optimal Health for Men*.

Married for 42 years to Harriet, a psychiatric social worker, they have two daughters and sons-in-law and four grandchildren. They live in Littleton, CO. His website: www.physicianhealer.com.

HTP Mentor Training Class

The HTP Mentor Training Class is a 9-week advanced practice Healing Touch Program course that enables any Healing Touch Certified Practitioner (HTCP) to become a "Qualified Mentor." This course prepares HTCPs to mentor students of HTP through Healing Touch Level 5 graduation/completion and application for HTP Certification. Topics include: Utilizing the Mentor's Tools, Conflict Resolution, Criteria 1-8 requirements for both Level 5 completion and Certification, essential elements of a case study, safe practice, transference and counter-transference, ethics and professionalism, mentor responsibilities, and more.

A post class advisory period is offered each student, beginning directly following the completion of the nine (9) week course attended and continuing for six (6) months.

Fall classes:

Tuesdays, 9:00a.m. - 11:00a.m. MST - September 14th –November 16th

Thursdays, 6:00p.m. - 8:00p.m. MST - September 16th - November 18th



To learn more click [here](#).

Instructor: Janna Moll, HTCP/I, MSN, CMT, Serves on HTP Ethics and Certification Committees. Janna has been involved with Healing Touch since 1995. She is an HTCP and HTCI, teaching levels 1-5. Janna has backgrounds in ethics, business, HTP certification and counseling, and is trained in 10+ disciplines in the Energy Medicine (EM) field.



Healing Touch Worldwide Conference 2010 Post Conference Workshop Preview

Register Today

Healing Touch for Animals Level 1

Carol Komitor, CMT, HTCP/I, CHBMT, HTACP, ESMT

Two Day Workshop - August 9th and 10th

The Healing Touch for Animals Level 1 workshop will teach you the fundamental energetic techniques to assist our animals through their life's journey. You will learn the differences between the human and animal energy systems. Each participant will learn the basics of how we can assist animals with their health and well-being, their behavioral issues and their physical, mental or emotional healing process. The Level 1 curriculum includes techniques from supporting animals with behavioral issues to building the animal-human bond to the last moments of life. Workshop participants work hands-on with dogs and horses. Life-changing experiences await you and the unconditional loving animals around you



As a Healing Touch Certified Practitioner/Instructor, Certified Massage Therapist, Certified Hospital Based Massage Therapist and Equine Sports Massage Therapist, **Carol Komitor** has taken her thirteen-year background as a veterinary technician and deep love for animals to develop energy-medicine techniques for animals. The teaching that offers a cooperative model that bridges holistic animal healthcare with traditional veterinary medicine. The Healing Touch for Animals® Techniques have been developed or adapted by Carol through study, private practice and experiential knowledge of energy-based healing.

* * * * *

Touching Body, Tending Soul Retreat: Speaking Quietly of Spirit Together

Janet Quinn, PhD, RN, FAAN, PhD

Three Day Retreat - Begins evening of August 8 and ends August 11 at 2:00p.m.

Location: Sunrise Ranch

The purpose of this course is to provide opportunities for people who have completed Touching Body, Tending Soul, or by permission of the instructor, to deepen knowledge and develop new skills in the practices of deep inquiry, inner stillness, and connection with Source as the fundamental competencies for tending the soul. Participants will learn and practice Group Spiritual Direction. The course takes place in a retreat setting and context to facilitate personal renewal and spiritual deepening.



Janet Quinn is an interspiritual spiritual guide in private practice; former Spiritual Director in Residence of the Claritas Institute Interspiritual Mentor Training Program, a retreat/workshop facilitator; a professor of nursing; an international speaker and consultant in Healing, Caring, Spirituality and Healing and Integrative Medicine/Nursing; and the owner, artist, and everything person for Wisdom Stones, which manufactures/distributes her "touchstones to what matters most." She is one of the earliest pioneers in Therapeutic Touch practice and research and has taught both all over the world. Janet is a long-time practitioner/student of the Christian Contemplative Tradition, a practicing Sufi in two lineages and a student of the Perennial Wisdom.

Visit the 2010 Healing Touch Worldwide Conference Website for information on all the Post Conference Workshops.

Join us for this Journey with Heart!



Healing Touch Worldwide Conference 2010 Conference Breakout Session Preview

Register Today

Somatic Archaeology: Unearthing Joy in Your Body

Ruby Gibson, ThM, LMT

Saturday, August 7th 2:00 - 3:30pm

Do you every wonder about the cause and effect of your life story? Are you carrying generational burdens inherited from your family? How do we heal imprinted beliefs to create a new life story of harmony, health, joy and happiness? The Five Steps of Somatic Archaeology teaches you how to 'excavate your soma' for conscious remembering of seven generations, breaking limiting patterns, reconciling traumatic events, and accessing connection to your original blueprint through guided imagery, aromatherapy and breathwork.



Ruby Gibson, has a Masters Degree in Theology with a Special Emphasis in Transformational Psychology. She is a gifted empath, earth-centered ceremonialist, national educator, aromatherapist and Certified Somatic Therapist specializing in generational reconciliation of trauma and suffering for thirty years. The author of *My Body, My Earth, The Practice of Somatic Archaeology*, Ruby developed Somatic Archaeology in 1995 and teaches certification programs nationwide. Ruby passionately brings her unique perspective on healing historical trauma in our body and our earth to her current doctoral research and studies at Holos University.

* * * * *

2012 - Working with Guides, Ascended Masters and Spirit to Create a Successful Business in These Times of Great Change

Cherry-Lee Ward, B.S.B.A., M.Ed., HTCP

Saturday, August 7th 2:00 - 3:30pm

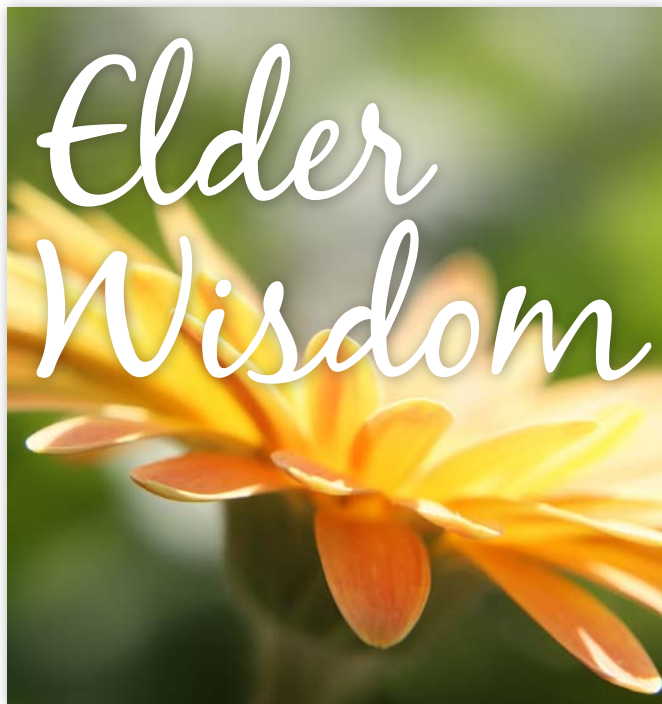
Create your own Spiritual Mastermind Team to support you in growing a fluid business that is responsive to current changes on the planet. Work with members of the Devic Realm, Pan, Guides, Angels, Ascended Masters, Spirit and your Higher Self. After creating your team, you will have an opportunity to work with them and receive a healing/gain information. Your team will work with you after class any time you request. Bring a notepad.



Cherry-Lee Ward is certified in both Healing Touch and Shamanic Energy Medicine. She believes that we change the world most effectively by changing ourselves and helps clients and students in the deep and sacred work of that pursuit. As a mentor to apprentice healers in Healing Touch and beyond, Cherry-Lee supports fellow healers as they grow and step more strongly onto their path. She has created and taught classes including "Shamanic Techniques for Healers" and the Chakra Series Teleseminar. It is with passion and enthusiasm that Cherry-Lee approaches her work. Her mission is to bring healing, wholeness, and a joyful sense of possibility to the lives she touches.

Visit the 2010 Healing Touch Worldwide Conference Website for information on all the Breakout Sessions.

Join us for this Journey with Heart!



By Barbara Hart, RN, HTCP/I

A HEALING TOUCH CLASS IN A BAR?

I thought that might get your attention and yes, it's true, but I will tell you more about that in a bit. First, I want to thank Sharon Robbins for asking me to submit an elder article for Energy Magazine. It has given me a chance to walk down memory lane and share some of those memories. As a nurse in Indiana, I had attended several American Holistic Nurses Association conferences and had taken Therapeutic Touch classes. When Janet Mentgen was named Holistic Nurse of the year in 1988, her enthusiasm was contagious and I became hooked.

In the early days, Janet worked out of her home, packing handouts and heavy books about energy medicine, preparing for each class she would teach. She carried these books in her suitcases and physically hauled them to her classes. Good thing that was in the days before they started charging for luggage. Janet travelled many weekends of her life while starting a movement of healers and friends and doing this all by the seat of her pants as she developed the curriculum we have today. In the beginning we took classes as we could - sometimes out of the current order. Janet was getting the information to as many of us as she could in an effort to develop as many instructors for the program as she could. Many of us, who are now elders, were in the same Level 4 class in Arkansas. Janet was developing the class as she taught it.

*This article, by one of our Elder Council Members, is sponsored by Healing Touch Program and Healing Touch Professional Association. We are especially happy to bring these stories to you as part of our **20th year celebration** of Healing Touch Program. Our HT Community is rich with practitioners and instructors who were with Janet Mentgen when she created her Healing Touch Program. Many remain active today - all have experiences and stories that contribute to our "Healing Touch Historical Roots."*

HTP and HTPA have joined together to develop the historical stories of Janet Mentgen's Healing Touch Program by documenting the memories and experiences of those that were in the first classes, attended the first gatherings, witnessed the early growth and held the Vision with Janet. They supported her and blazed the trail with & for her and for those who came later. These individuals are the Elders. Note: Because each Elder story is a unique personal memory back in time, we recognize the potential challenge of accuracy; we appreciate, accept and will publish corrections if needed.

Many of you know that, for Janet, Healing Touch was all about service and in the early days, she mentored hundreds without any financial gain. She often prayed for guidance to follow students wherever they were. As she taught classes, she put a lot of her earnings right back into the program.

Another thing I would like to share with you about Janet, she could be very playful and was known for the many different hats she would wear. Some hats were unusual, some she bought and some were gifts. She often arrived for class in one of her hats.

Now to return to the bar story. In April of 1991, Janet had a Healing Touch Level 1 class scheduled at a lodge in the mountains outside of Las Vegas, Nevada. At the time I was living in Tucson, Arizona. I drove to the lodge with Lynne, a friend of mine, who was going to attend the class and I was going to be a teaching assistant. We arrived early to get things set up for the class. Someone else was to meet Janet at the airport and drive her to the lodge. This particular day the weather was snowy, making the mountains quite picturesque.

After arriving at the lodge, we learned that an error in scheduling had occurred and that the meeting room for our class was not available for that Friday night. At that time all Level 1 classes were Friday evening and all day Saturday and Sunday. We were told that our class could have the use of the bar for that Friday evening. As we walked into the bar, we were

surrounded by trophy heads of animals hunted in the area, and met by the pungent smell of alcohol and cigarettes. Other

continued on page 14

students, some brand new and others re-taking the class began to arrive but no Janet.

Time for the class came and went and still -- no Janet. We did not know what was happening with her as those were the days before cell phones. We decided to get the barroom ready by dragging tables out of the way and moving the bulky bar chairs into a circle -- trying to create a sacred space. Still, no Janet. So, what would Janet want us to do? We decided to get started with introductions, so each person had a turn holding the talking stick and told his or her story of what led them to this class. It was kind of funny sitting in that atmosphere, telling our stories, dead animal heads on the wall and all.

We were in the middle of introductions when Janet arrived - having been delayed by the snowstorm. She walked into the bar and as was her fashion, took the situation in stride. She had us finish the introductions and get to work. We were able to create a safe, sacred space in this bar and do what is now called *Magnetic Passes Hands in Motion and Hands Still*. Fortunately, the following two days we were able to hold our class in a regular meeting room.

Janet Mentgen changed many lives, mine included, and her legacy lives on - continuing to affect lives all over the world. I am grateful for all of the sacrifices that she and her family made and which her family continues to make in order to "do the work" and give us a world with more healing.

About the author:



Barbara Hart is a RN with over 18 + years experience with the Healing Touch Program as an Instructor and Practitioner. Barb started training with the founder of the Healing Touch Program Janet Mentgen in 1990. Barb continues her studies with Rev. Rosalyn Buryere. She has a background of treating clients with variety of health diagnosis's and her goal is to help others to create balance and more energy in their life. Barbara is available to teach Healing Touch Levels 1 and 2. Barbara also teaches Introduction to Healing Touch, Healing Touch for Self Care and Healing Touch for Children.

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A Spiritual and Energetically-Based Model Supporting the Practice of **Healing Touch**

By Lucia Thornton, RN, MSN, AHN-BC

The Model of Whole-Person Caring™ (WPC) is a spiritual, holistic and interdisciplinary model that serves as a guide for healthcare personnel and offers healing touch practitioners a framework for practice. This model is derived from theorists in the fields of nursing, physics, and systems theory and was developed to assist healthcare organizations in creating a healing and nurturing environment for consumers and healthcare personnel. It provides a common frame of reference so that people from various disciplines and also various cultural backgrounds can work together to provide quality care and compassionate service. Moreover, it redefines who we are in a way that supports the practice of Healing Touch in hospitals and healthcare organizations.

REDEFINING WHO WE ARE

Defining who we are is the first step in establishing a model of care. The Model of Whole-Person Caring™ uses nurse theorists Florence Nightingale, Martha Rogers and Jean Watson to redefine who we are. Florence Nightingale stated, “We are a reflection of the divine, with physical, metaphysical, and intellectual attributes.” Martha Rogers saw each person as an “irreducible, indivisible, pandimensional energy field that is open

and infinite in nature, and inseparable from the environment.” Jean Watson, a contemporary nurse theorist, states, “We are sacred beings [and] we must regard ourselves and others with deepest respect, dignity, mystery, and awe.”

The definition for “person” within the context of the WPC Model is an amalgamation of these concepts and states that each person is: “An energy field that is infinite and spiritual in essence and in continual mutual process with the environment. Each person manifests unique physical, mental, emotional, and social patterns that are interrelated, inseparable, and continually evolving.”

CONCEPT OF WHOLE-PERSON

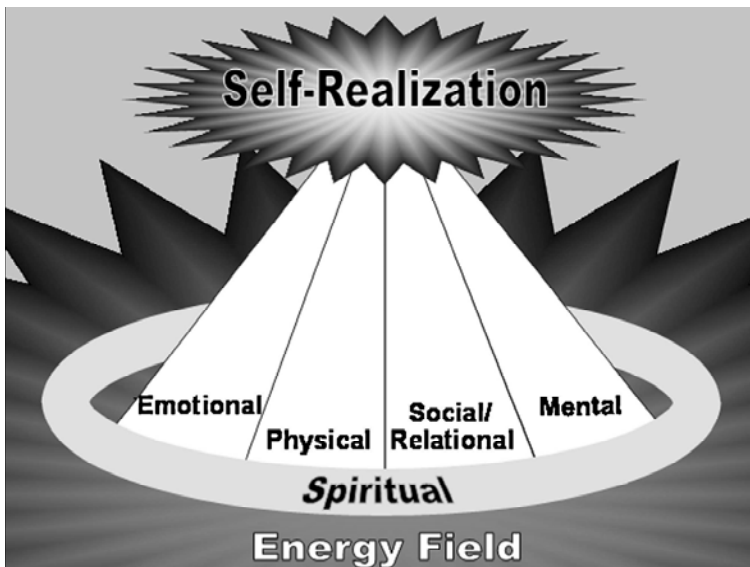
The metaphor of a diamond is used to describe who we are. In the Model of Whole-Person Caring the Energy Field is considered to be the first field of the “manifest” universe. It is from this field that all of material existence emerges. Each of us comes from this field and at this primordial level all of existence is “one.”

The first manifestation of who we are and the foundation of our being is our Spiritual Self. Unlike other models that view the spiritual as an “aspect” of our being this model purports that the “foundation” of our being is Spiritual. As Teilhard de Chardin has said, “We are not physical beings having a spiritual experience; we are spiritual beings having a physical experience.”

Arising from this Spiritual foundation is the Spiritual Self which is the essence of who we are. Some may refer to this essence as our Soul. This Self, with a capital “S” cannot be seen in the diagram but is hidden beneath our various aspects and is our closest experience and is inseparable from the divine and infinite energy field. This Self is clothed in the various aspects of our existence: our physical, emotional, social/relational and mental selves. Like a diamond each of these aspects is interrelated and inseparable.

When we begin to access and acknowledge our Spiritual Self then this spiritual essence becomes integrated into each of the facets of our lives and gently transforms us. We begin to realize

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and understand the sacred and infinite nature of our being and move toward Self-realization.

KEY CONCEPTS AND BENEFITS

These key concepts serve as the foundation of the model and the associated programs that have been developed to promote healing at both an individual and organizational level:

- Sacredness of being.
- Self-care and self-healing.
- Optimal health and well-being.
- Therapeutic partnering.
- Transformational leadership.
- Caring as sacred practice.

The implementation of the model in hospitals has resulted in improved patient/client satisfaction, increased employee satisfaction and retention, increased health and vitality of participants, improvement in workplace morale, enhanced communication and teamwork, and considerable cost savings for hospitals. The Model has received numerous awards including the Norman Cousins Award, Professional Excellence in Healthcare Leadership Award, Innovation in the Workplace Award, and recognition from the Nursing Executive Center of the Advisory Board and the Samueli Institute.

SUPPORTING THE PRACTICE OF HEALING TOUCH

What is exciting about this model is that it is the first and only interdisciplinary model that acknowledges who we are as “fields of energy.” As such, it serves as a very useful framework for the practice of energy-based therapies. The current bio-medical model cannot explain the phenomena associated with energy healing since it is limited to bio-mechanical laws. This model provides a framework for explaining energy healing and supports the practice of energy-based therapies as credible and essential in the healthcare setting.

The model stands on the shoulders of Florence Nightingale, Martha Rogers and Jean Watson - highly regarded nurse theorists whose concepts have been repeatedly supported by numerous masters theses and doctoral dissertations. In addition, being interdisciplinary, the Model creates a common ground of practice for all healers – whether practicing as nurses, physicians, lay-people, administrators, therapists, educators etc. Therapeutic partnerships exist among all caregivers and clients and each member is regarded with mutual respect, value, courtesy and compassion.

Caring is regarded as “sacred practice” and both the client and the practitioner are enriched when actions arise from caring and unconditional love. As we begin to see existence as “sacred,” the way we treat ourselves and each other dramatically changes. Our interactions, work and relationships begin to arise from a place of deep regard and reverence. This is when true healing begins to occur.

For more information and articles related to the Model of Whole-Person Caring™ go to: www.LuciaThornton.com

About the author:



Lucia Thornton, RN, MSN, AHN-BC is immediate Past-President of AHNA and has been involved in nursing, holistic healing and health care for more than 30 years. For the past 15 years, Lucia has been involved in developing and teaching programs to help nurses and other healthcare workers create healthier and more wholesome ways of being. She developed the Model of Whole-Person Caring™ to provide a holistic, spiritually-based, interdisciplinary framework for individual and organizational change. Her work in transforming hospitals into “healing environments” has received national, state and local recognition. Lucia can be contacted at:

lucia@luciathornton.com

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Returning to Healing Touch Beginnings: Joining AHNA's 30th Conference



by Lisa Gordon, CEO Healing Touch Program

I had the great pleasure of attending the 30th annual American Holistic Nurse's Association (AHNA) Conference this past weekend in Colorado Springs, Colorado. It felt extremely important to attend and represent Healing Touch Program (HTP) at this event because of the connection we have had to AHNA since 1988 and the beginnings of Healing Touch being so supported by AHNA. Our HT Program was AHNA's first endorsed certificate program! I was thrilled to share Healing Touch Program with around 500 conference participants, many who were familiar HT friends or had taken their classes with Janet Mentgen, our founder, and with those who were just being introduced to this program and the field of Energy Medicine.

I managed the HTP exhibit with the help of several volunteers: Janna Moll, HTCP/I, Joy Heartsong, HTCP/I, Kay DuBois, HTCP and Ginny Altmeyer, HTP Apprentice. Trying to show the full extent of our curriculum and support materials, our six foot booth was packed. Our booth included: the standardized curricular notebooks from Levels 1-6, Advanced Practice curricular notebooks, the HT Presentations Notebook, the Healing Touch Children's book, the new Healing Touch Guidebook text (for which we sold many copies), three levels of Technique Review Cards, program brochures, practitioner brochures, Healing

Touch Professional Association (HTPA) membership brochures and the professional liability insurance forms. The favorite item that we brought was our new Healing Touch Energy Balls that we used to attract people to the table by demonstrating how energy flows through the body and lights up the ball.

Cynthia Hutchison, Healing Touch Program Director, also attended the conference and answered many questions about Healing Touch and the program. We received numerous inquiries about how Healing Touch is different from Reiki, how to get the program started in a healthcare facility and how to re-enter the program after not taking a Healing Touch class in a long time. In addition, we both had many rewarding networking discussions and opportunities with other practitioners and programs.

I am delighted to congratulate Dr. Jean Watson, Ph.D. RN, who received the AHNA Holistic Nurse of the Year award. The Holistic Nurse of the Year (HNY) award is presented annually at the AHNA conference to recognize outstanding achievement in the field of holistic nursing. Since 1983, when the award started, five Healing Touch nurses have received this award. They include (1988) Janet Mentgen, (1992) Linda Smith, (1994) Rita Kluny, (1997) Mildred Freel, and (2002) Vicki Slater. Dr Jean Watson, who is part of HTP's Advisory Board, and who has been a great advocate of Healing Touch Program, is now a member of this group of distinguished nurses.

In addition, I was overjoyed that Aleida Drozdowicz, HTCP/I, HN-BC, one of our Healing Touch Program instructors, received the AHNA Charlotte McGuire Scholarship. This

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scholarship is granted annually to AHNA members who are pursuing undergraduate or graduate professional education. Aleida is pursuing her graduate education-BSN-PhD in Holistic Nursing at Florida Atlantic University (FAU), Boca Raton, Florida. Congratulations Aleida!!

Among the many inspiring presentations, a few were given by Healing Touch Program instructors, practitioners and supporters. They were: (1) "Finding the 'Collective Genius' Among Holistic Nurses: Focused Dialogue" by Rumi Hashimoto MSN, RN, HTCP/I and Katrina Shibata, MPH, CHES and (2) "Stepping Stones: Achieving an Integrative Healthcare Framework" and (3) Education, Practice & Research by Lourdes Lorenz RN, MSN-IH, AHN-BC, Denise Anthes RN, BSN, MBA, HTCP/I, HN-BC, Sandra Barkei RN, BSN, HTCP, HN-BC, and Kat Knihnicki Yarboro RN, BSN, PhD, ThD, HN-BC. Lourdes is the Nurse Director of Integrative Medicine at Mission Hospital, which was featured in Energy Magazine over this last year in a series of three articles about how they are committed to their nurses being Healing Touch Practitioners and are providing HTP education to all the nurses who want to become HT Practitioners.

Additionally, Janet Quinn's, PhD, RN, FAAN, PhD, keynote for the AHNA conference was entitled "Habitats for Healing: Tending the Garden of Mind Body and Spirit." She defined creating a healing habitat as "sustaining nurses and putting patients in the best condition for nature to act upon them." Janet believes sustaining nurses will help solve the nursing shortage and improve patient care. Janet Quinn, who has been teaching telecourses for HTP on "Touching Body: Tending Soul" this last year, will also be a keynote at the Healing Touch Program Worldwide Conference being held in Denver on August 5 - 8, 2010.

It was very exciting to be a part of AHNA's 30th conference, to be present to spread Healing Touch as well as to catch up with countless HT students, practitioners and instructors at this event. It is easy to see that Healing Touch is a significant part of AHNA, historically as well as the in the number of AHNA members that are Healing Touch participants. The relationship between AHNA and Healing Touch Program will continue to support and grow both organizations. I am proud of all that we have accomplished and excited about what the future holds for the Healing Touch Community and the Holistic Nursing Community.



Above: Cynthia Hutchison, Healing Touch Program Director (on left) and Janet Quinn

Pg 18: Lisa Mentgen Gordon, CEO HTP and Cynthia Hutchison behind the Healing Touch Program vendor table at the AHNA conference.

About the author:

Lisa Mentgen-Gordon is the CEO of Healing Touch Program. Lisa believes that Healing Touch, founded by Lisa's mother, Janet Mentgen, is a magnificent and significant gift to the world, which makes it easy for her to spend most of her time expanding, enhancing, and spreading this program. Her love lies in helping others to spread the work of Healing Touch to all and is dedicated to awaken the idea of deliberate living, and to raise the vibration and quality of life worldwide through Healing Touch. Lisa has always been an entrepreneur at heart and started her first business when she was 7 years old trying to sell a wagon full of puzzle grass to anyone that was interested! Lisa began working with Janet in Healing Touch Program in 1993 and now as CEO continues to share her inner passion with everyone involved in helping to spread Healing Touch.

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Combining Modalities to Relieve Fibromyalgia

by Timothy P. McConville, HTCP/I

In July of 2009, I attended the Cleansing Flow™ Workshop developed by Healing Crucible™. Cleansing Flow™ is an energy healing modality targeted specifically to treat fibromyalgia, with applications for other health issues. This modality is being taught to practitioners with the idea that it can be combined with their modalities.

The results I have experienced in using Cleansing Flow™ with my foundation of Healing Touch have been very promising. I have worked with a number of clients who have fibromyalgia and other autoimmune diseases. Previously I have gotten mixed results with these diseases -- always a positive benefit, but never completely satisfactory. When including Cleansing Flow during a treatment session, I still spend over half of the time applying Healing Touch techniques.

Michael Rocheford was guided to create this modality based on the idea that the root cause of fibromyalgia is at the cellular level of the body. The cells have lost their ability to cleanse themselves causing blockages all over the body. In order to restore the body's natural energy flow, the body must be reeducated at the cellular level. This work gets to the root of the problem, reeducating the cellular memory on how to cleanse itself. This is accomplished using a sequence of energy based techniques and intention - much like the work we do in Healing Touch. The techniques are primarily hands-on or movements just above the body - designed to activate and move energy. Part of the work, involves breaking up the stores of toxins and getting them moving to be treated. Our Healing Touch techniques are wonderful for that portion of the work. One of the real beauties of this work is that it is firmly rooted in self-care. Susan, the other co-founder of Healing Crucible™, herself a fibromyalgia sufferer, was guided to develop this portion of the program. At the second session, the client is taught how to use the technique and is instructed to spend 10-15 minutes daily with the homework. After

six weekly sessions they should be able to manage the disease if they continue to do self-care.

Following my weekend training, I decided to take on two pro bono test cases to verify the validity of my new knowledge. Here are summaries of these two cases.

#1 - 55 year old male with fibromyalgia. The diagnosis was made two years ago, but he has been suffering since middle school years. Pain has been constant for years and since he experienced pain daily, his physical activity was quite limited. His pain at our first meeting was a level 6 out of 10. In the succeeding weeks the number of good days increased and the frequency of pain diminished. The pockets of debris became smaller and fewer and overall muscle tension was improved each week.

After the 3rd week he found that most of the days he had pain were the result of doing things that he had previously not done, in a sense overdoing physical things because he felt so good. I have not seen him since his 6th weekly visit (the typical time-frame in this program for the client to be on his own) and he reports that he continues to improve and is virtually pain free. He is confident he has the skills to continue on his own and will stay with the self-care work. He no longer dreads climbing stairs and has now started an exercise program to become more physically fit. He is very pleased with the work and considers it a wonderful gift.

#2 - 55 year old female with lupus and primary biliary cirrhosis. The Lupus diagnosis was made within the last year. The liver diagnosis was more recent and initially thought to be autoimmune hepatitis when we started, but was changed to cirrhosis during the treatment interval. Primary biliary cirrhosis is an autoimmune disease with supposedly no known cure and a dire prognosis. The client's pain had been up and down for months.

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The pain level at our first meeting was 0/10, although it had been as high as 8/10 a week earlier. Good days fluctuated in the first couple of weeks, but by week four almost all her pain was gone.

An interesting “coincidence” happened after week two. I had talked to her about the idea of finding a way to shift medication if the treatments worked. That afternoon her doctor said he was unsure of the liver diagnosis and stopped her use of the immune suppressant that she was previously taking, giving her a four week window with no drugs. She has noted that she is feeling much better physically and to her surprise she has found the self-healing work to be spiritual and quieting in a way she had not previously experienced. She continues to do the self-care work and now reports that after two months she continues to be pain free and her liver enzymes are completely normal.

I am very pleased with the results I have seen with Cleansing Flow™ and find that it wonderfully melds with my Healing Touch skills to expand my capacity to serve. I am using it on additional clients and readily encourage other practitioners to explore this option. Currently, the Cleansing Flow™ Workshops are only taught in the Minneapolis area, but may be expanded where there is an interest in classes.

More information on Cleansing Flow™ Workshops can be found at www.HealingCrucible.com.

About the author:



Tim is a Healing Touch certified practitioner and instructor. He also has completed two levels of Reiki. His healing work serves a wide variety of clients, which includes a

private practice, as well as volunteering in hospital and long term care settings. He supports the local healing touch community with a leadership role in the regional planning group as well as helps facilitate a Healing Touch practice group. He has recently retired from his first career as an environmental engineer to devote more time to healing and spiritual practices.

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Essential Energy with Cyndi Dale

by Cyndi Dale

CELEBRATION! For A World Full of Love

It is wonderful, to be around someone who loves birthdays. Children especially delight in reaching the next stage, assigning a magical power to the flip of the calendar. Case in point, my youngest son Gabe turned eleven in December, yet when asked how old he is, he answers this:

“I’m turning thirteen.”

Explaining the discrepancy between his “real age” and “preferred age,” he states, “I’m close enough to being a teenager, and I certainly act like one already.”

Even if we do not like “getting on,” it is certainly better than the alternative. Besides, every birthday or anniversary is an opportunity to erase the old and call in the new. Why not throw a party, eat an entire chocolate cake, or revel in the super excitement of what is to come?

This month, we are celebrating the anniversary of Healing Touch. WOW! What is it like for Healing Touch Program to be in it’s 21st year of achievement and vitality? For what are you going to wish, when blowing out the candles?

I am going to answer these questions in a unique way - by playing the Fairy Godmother. No, not the nasty one that crashed Sleeping Beauty’s birthing ceremony and dumped her into years of depressive nightmares. I would rather fashion myself on Cinderella’s winged sponsor, as she not only granted wishes, but dreamed her protégé into an incredible future. My observation of Healing Touch, as well as, my wish for it, is that it be celebrated as the movement that it is. Yes, Healing

Touch is a group. It’s an organization. It’s a protocol, a philosophy, and a teaching. But it’s much, much more than that, and deserves to be recognized as such. It is also a movement.

Healing Touch Program is a group, and a great one. Groups are important. At any given time, each of us belongs to hundreds of them. There are ethnic, family, and friendship groups. There are groups we like and groups we do not like. Groups that exist and groups we long to join. (I have applied for card-carrying privileges to the group that grows money on trees, but I am continually rejected.) To qualify as a movement, however, a group’s central idea has to affect more than its member constituents or the people circling the outside hub. Unlike a mere group, a movement transforms those who do not even know the group exists.

As a movement, Healing Touch curves around corners, moves through walls, and bends minds. Its practitioners grasp stars and deliver them to earth. Its mere existence invites grace and light into lives everywhere, even into the hearts of those who have never heard of Healing Touch Program; even into the souls who have no hope of healing. You see, Healing Touch is about shared love and it is the giving of love that heals. The most powerful calling on this planet is to share love, for the slightest offering yields enormous results. Once started, love lights the world like strings of dynamite. There is simply no stopping it.

Love cannot be contained. If it were, it would not be love. It cannot be destroyed or it would not enable healing. A single group, organization, religion, institution, or paradigm cannot own love, but it can be spread love amongst them all. In that Healing Touch Program teaches, demonstrates, and upholds the sharing of love, it moves everyone toward healing, not only the relative few who participate in or through it.

As a practitioner, you know that your life has been changed for the better because of Healing Touch. You have given love, and now, you probably could not discontinue if you wanted to. Once

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a person starts sharing love, he or she cannot quit. We are not light bulbs that glow only if plugged into a socket. We do not burn out from the beaming of our light. In fact, the more love we give, the brighter we become. The more we give and the more brilliant our love -- the more empowered the healings.

Love is, quite simply, something that can never be reduced. It can only expand. It can only advance, never retreat; catch, not sputter. Shift one person and everyone else with whom he or she connects is also transformed. Believe in love and there will be increased reasons to believe in love. Count your blessings and more appear.

So now I am taking out my magic wand and maybe a big box of Kleenex. For what would I wish? What future might I foretell for Healing Touch Program? How about following in the footsteps of a few other enormous greats and, quite simply, change the world?

As Buddha said, "There's a different way." Those who believed created it.

As Amelia Earhart said, "We can fly higher and longer." Those who opened their wings did.

As Martin Luther King Jr. said, "I have a dream." He did. Those who dreamed along with him, made it real.

As Healing Touch says, there is love. To share it is to become it. Perhaps one day, we will each become this love, and the entirety of the world will be healed.



About the author:
Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other

bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in the past 20 years. To learn more about Cyndi, her work, books and products please visit: www.cyndidale.com

Cyndi will be a Keynote speaker at this year's HT Worldwide Conference in Denver, CO.

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Aug 20-22 Richmond, VT
Aug 27-29 Billings, MT
Aug 27-29 Hudson, WI
Aug 27-29 Schenectady, NY
Sep 10-12 Chicago, IL
Sep 17-19 Cincinnati, OH
Sep 24-26 Philadelphia, PA
Oct 29-31 San Diego, CA
Nov 12-14 Denver, CO

LEVEL 2

Jun 4-6 Chicago, IL
Jun 11-13 Denver, CO

Jul 16-18 Philadelphia, PA
Aug 27-29 Zuid Limburg, Netherlands
Oct 1-3 Sheridan, WY
Oct 15-17 Minneapolis, MN

LEVEL 3

Jun 25-27 San Diego, CA
Jul 30-Aug 1 Chicago, IL
Aug 13-15 Denver, CO
Sep 24-26 Richmond, VA
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Healing Vs Cure

by Navroz J. Sunderji, HTCP, Healing Touch Instructor

Cure – by definition means to eradicate – to get rid of – and as much as we would like to believe in a cure, in reality, this is extremely rare! As integrated beings we are body, mind, emotion, and spirit. Hence, any effort that is solely directed to the body will superficially repair the damage and will rarely lead to a cure. The reason being that the cause is still operative and may at any time demonstrate its presence in another form.

Healing – “Healing comes from the root word “whole” -- to be one.

Webster’s first definition of the word to heal is, “to make sound or whole”.

Wholeness occurs when body, mind, emotion and spirit come together in syncopation - creating a balance, which is the essence of true healing.

How do we define “disease” or “illness”?

Disease emerges, as a realization that particular energy expressed by the illness is either lacking or is not integrated in the consciousness of the individual’s life. When the element of consciousness is acknowledged and activated, the disease leaves and the individual is freed. In other words illness is a disharmony in the organizing patterns of the body.

Healing is basically a process of re-organizing and reintegration of these patterns of the body.

In general, the principle of healing is the realization that the restoration of health is both permissive and active.

In addition, healing is concerned with addressing relationship issues be they with oneself, work, business, others, or the environment. The individual needs to re-evaluate his/her relationship

to the issues involved in a personal healing process and set them into a new context. It requires the individual to be in a state of awareness.

Healing, in its essence is an adventure in self-discovery.

The act of healing is in fact, an act of empowerment. It is a personal journey, a rite of passage designed by the individual. It is a path that bestows untold benefits merely by walking upon its soil.

Healing requires a change of mind, a change of emotions, as well as, any necessary physical changes.

Healing is not a linear process. It is cyclical and is affected by the issues that arise at each stage, which then have to be addressed in order for the healing process to continue.

Healing is NOT about outcome but rather about who the individual becomes in the process. It is a spiritual opportunity for awakening. A journey for which one is unprepared because it catapults him/her into a place that may be unfamiliar, disorienting and that may seem to be beyond hope of recovery.

The path of healing is not back from where one has come, but it is the beginning of a new cycle in life. Though one moves through the cycle from illness to health, one does not return to where one began, but moves forward to a place of new potential. The person who arrives at the destination is not the one who departed.

In conclusion, healing leads to rebirth and a creation of new life that requires forgiveness of both oneself and others.

Healing

The process of psychotherapy, then, can be defined simply as forgiveness, for no healing can be anything else. The

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unforgiving are sick, believing they are unforgiven. The hanging-on to guilt, its hugging-close and sheltering, its loving protection and alert defense, -- all this is but the grim refusal to forgive. Healing occurs as a patient begins to hear the dirge he sings, and questions its validity. Until he hears it. He cannot understand that it is he who sings it to himself. To hear it, is the first step in recovery.

From *Psychotherapy: Purpose, Process and Practice*.
P-2.VI.1 (Supplement to A Course in Miracles)

About the author:




Navroz J. Sunderji is a Healing Touch Certified Practitioner. He attended the first HTP Level 6 Instructor training held in Calgary, Alberta Canada last September and is in the process of becoming a Healing Touch Certified Instructor. He was inspired to write this article after seeing many people, including physicians, use the term “cure” and “healing” interchangeably. “I think it is very important for holistic practitioners to use the right terminology and communicate accurately with their clients without misleading them.”



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Level 1 teaches the energetic experience of the normal body systems and organs. Prerequisite: HT 3 or similar experience.

Date	Location	Contact	Instructor
4/22-25/10	Baltimore, MD	Nancy Lester	410-721-7805 Hovland
4/30-5/3/10	Long Island, NY	Pat Jeski	631-987-7337 Hovland
5/27-30/10	Calgary, Canada	Thelma Shulyk	403-288-3703 Hovland
9/2-5/10	St. John's, Newfoundland	Maxine Gladney	709-364-6919 Hovland
9/16-19/10	Atlanta, GA	Ines Hoster	404-257-1843 Lester
10/13-16/10	Chicago, IL	Kathy Van Duser	847-894-5951 Hovland
11/4-7/10	Suffolk, VA	Lynne Whitlock	757-934-4900 Hovland

Level 2 teaches an anatomical energy approach to diseases (including allergies), and a deeper experience in the body. Prereq: Anatomy 1

Date	Location	Contact	Instructor
4/8-10/10	San Diego, CA	Mary Jane Aswegan	760-633-6312 Hovland
11/19-21/10	Atlanta, GA	Ines Hoster	404-257-1843 Hovland

Level 3 studies in detail the brain and nervous system addressing stress, trauma, neurotransmitters and diseases. Prereq: Anatomy 1

Date	Location	Contact	Instructor
5/13-15/10	Portland, OR	Linnie Thomas	503-454-0469 Hovland

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HEALING TOUCH Class Schedule 2010

The most up-to-date class schedule can be found on the Healing Touch Program web site www.HealingTouchProgram.com. If you have questions or need to change the information on your listing please contact the HTP office at 210-497-5529 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location	Coordinator	Phone	Email	Instructor
Intro					
6/27/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
7/19/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
7/31/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
8/28/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
9/20/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
10/16/2010	GA Augusta	Jane Hightower	(706) 860-9537	janehightower@comcast.net	Jane Hightower
10/18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
10/24/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
12/5/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
Level 1					
6/10-11/2010	NC Asheville	Denise Anthes	(828) 213-1042	Denise.anthes@msj.org	Denise Anthes
6/12-13/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
06/12-13/2010	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
06/12-13/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
06/12-13/2010	MO St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Linda Elaine Smith
6/12-13/2010	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
06/17-18/2010	AZ Sun City West	Judith Axelson	(623) 584-3839	gaxelson1@juno.com	Judith Axelson
06/18-19/2010	OH Columbus	Paula Kobelt	(614) 395-4469	pkobelt@ohiohealth.com	Sue Keiser
06/19-20/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	slourido@sheahealth.com	Kathy Allan
06/19-20/2010	VA Fredericksburg	Ren Fields	(540) 371-4555	ren4yoga@yahoo.com	Maureen McCracken
06/25-26/2010	LA Shreveport	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
06/26-27/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
06/26-27/2010	CO Arvada	Barbara Salage	(720) 495-6658	barbarasalage@hotmail.com	Barbara Salage
06/26-27/2010	NC Charlotte	Arlene Mauney	(704) 724-1912	afmauney@yahoo.com	Henderson/Pruett
6/26-27/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
6/26-27/2010	Kamenz, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
07/10-11/2010	Ags Rincon de Romos, MX	Nora Rodriguez	014659510516	norita-mar@yahoo.com.mx	Connie Silva
7/10-11/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
7/10-11/2010	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
07/10-11/2010	MD Frederick	Krista Hall	(301) 865-1514	khealenergy@comcast.net	Krista Hall
07/10-11/2010	MO St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
07/10-11/2010	NC Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Jean Pruett
07/10-11/2010	PA Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
7/10-11/2010	TX Austin	Veronica Rice	(512) 944-0814	varice@austin.rr.com	Susan Russell
7/16-17/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
07/17-18/2010	AZ Surprise	JM Givens-Myers	(757) 206-6943	cocr8or@yahoo.com	JM Givens-Myers
7/17-18/2010	IL Chicago	Lynne O'Donnell	(708) 848-0420	okprklynne@aol.com	Ann OMalley
07/17-18/2010	S.L.P San Luis Potosi, MX	Martha Landeros	(011) 524-448179949	landerosmartha@hotmail.com	Connie Silva
7/17-18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
7/17-18/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
7/18&25/2010	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
07/24-25/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
7/24-25/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Monica Nebauer
07/31-08/1/2010	OR Portland	Constance Hammond	(503) 348-2557	revcah@earthlink.net	Constance Hammond
7/31-8/1/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
8/2-3/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
8/7-8/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
8/14-15/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
8/14-15/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
08/14-15/2010	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
08/14-15/2010	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
08/20-21/2010	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
08/21-22/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
8/21-22/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
08/21-22/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
8/21-22/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
8/21-22/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/21-22/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
8/21-22/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
08/28-29/2010	CO Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
8/28-29/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
8/28-29/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
08/28-29/2010	PA Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
08/28-29/2010	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
9/11-12/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
09/11-12/2010	NC Charlotte	Susan Thomasson	(704) 344-8797	susan.thomasson@carolinas.org	Pardee Henderson
9/11-12/2010	NV Reno	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
9/11-12/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
09/11-12/2010	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
09/17-18/2010	MI Coloma	Jessica Bigley	(269) 934-1516	bstarke@comcast.net	Barbara Starke
9/18-9/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
9/18-19/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jpgastonaz@msn.com	Barbara Hart

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
9/18-19/2010	IL Chicago	Lynne O'Donnell	(708) 848-0420	okprklynne@aol.com	Ann OMalley
09/18-19/2010	MD Frederick	Krista Hall	(301) 865-1514	khealenergy@comcast.net	Krista Hall
9/18-19/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
9/18-19/2010	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
9/18-19/2010	QUE Quebec	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
9/18-19/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Susan Russell
09/24-25/2010	MI Coloma	Jessica Bigley	(269) 934-1516	bstarke@comcast.net	Barbara Starke
9/24-26/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
9/25-26/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/25-26/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
9/25-26/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
9/25-26/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
9/26-27/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
10/2-3/2010	IL Chicago	Janice Senra	(847) 673-2909	jsenra4440@comcast.net	Marcia Bregman
10/2-3/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/2-3/2010	MO St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Linda Elaine Smith
10/2-3/2010	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
10/2-3/2010	Bayern, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
10/9-10/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
10/9-10/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/9-10/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
10/9-10/2010	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
10/9-10/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
10/9-10/2010	TX Austin	Veronica Rice	(512) 944-0814	varice@austin.rr.com	Susan Russell
10/13-14/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
10/15-16/2010	Munich, Germany	Dora Kostlin	(497) 117-194083	dora.koestlin@gmx.de	Ines Hoster
10/16-17/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
10/16-17/2010	NT Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
10/16-17/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
10/16-17/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/16-17/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
10/23-24/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
10/23-24/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/23-24/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
10/29-30/2010	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
10/30-31/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
11/6-7/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
11/6-7/2010	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
11/6-7/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/6-7/2010	PA Philadelphia	Jean M White	(215) 750-8884	jeaniew@comcast.net	Jean M White
11/6-7/2010	SK Swift Current	Judy Ross	(306) 264-3653	djross@yourlink.ca	Betty Petersen
11/6-7/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
11/8-9/2010	QUE Quebec	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/13-14/2010	AB Calgary	Mount Royal College	(403) 440-3833	therapeuticbalancing@gmail.com	Betty Petersen
11/13-14/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
11/13-14/2010	MD Frederick	Krista Hall	(301) 865-1514	khealenergy@comcast.net	Krista Hall

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
11/13-14/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/13-14/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
11/13-14/2010	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/19-21/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
11/20-21/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
11/20-21/2010	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
11/27-28/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
12/4-5/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/4-5/2010	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
Level 2					
06/12-13/2010	CO Longmont	Nicole Kasemir	303 772-4018	nk@health-options.net	Nicole Kasemir
06/12-13/2010	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
6/19-20/2010	BC Vancouver	Betty Petersen	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Petersen
06/19-20/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
6/19-20/2010	QUE Quebec	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
6/26-27/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
6/26-27/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
6/26-27/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
6/26-27/2010	PA Elizabethtown	Timothy Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
6/26-27/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
6/26-27/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
07/3-4/2010	AB Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
07/10-11/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
07/17-18/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
7/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
7/17-18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
7/23-25/2010	VA Newport News	Dottie Graham	(757) 890-2940	gisaofva@aol.com	Dottie Graham
07/30-31/2010	OH Hudson	Nancy Strick	(330) 665-3425	nancy@healingtouchhudson.com	Nancy Strick
7/31-8/1/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
07/31-8/1/2010	VA Fredericksburg	Ren Fields	(540) 371-4555	ren4yoga@yahoo.com	Maureen McCracken
8/7-8/2010	FL Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Kimberly Gray
8/11-12/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
8/21-22/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
8/21-22/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
08/28-29/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
8/28-29/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
9/4-5/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	To Be Announced
09/11-12/2010	OR Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Barbara Dahl
09/11-12/2010	PA Wellsboro	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
9/11-12/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
09/18-19/2010	AB Edmonton	Joanne Ross	(780) 416-9494	joanne.ross@shaw.ca	Betty Petersen
09/18-19/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
09/18-19/2010	CO Ft Collins	Lauri Pointer	(970) 484-2211	LMPPointer@aol.com	Lauri Pointer
9/18-19/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
09/18-19/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
9/25-26/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
9/25-26/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/2-3/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/2-3/2010	MO St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
10/2-3/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/9-10/2010	NC Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Donna Duff
10/9-10/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/9-10/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Keela Marshall
10/16-18/2009	CA Burlingame	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
10/16-17/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
10/16-17/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/16-17/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon Hibdon
10/23-24/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
10/23-24/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Keela Marshall
11/6-7/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
11/6-7/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
11/6-7/2010	MO St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Linda Elaine Smith
11/6-7/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
11/13-14/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
11/13-14/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
11/13-14/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
11/13-14/2010	Stuttgart, Germany	Dora Koestlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
11/18-19/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
11/20-21/2010	QUE Quebec	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/27-28/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
11/27-28/2010	ON London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
12/3-5/2010	AB Calgary	Mount Royal College	(403) 440-3833	therapeuticbalancing@gmail.com	Betty Petersen
12/4-5/2010	CA San Diego	Lisa Goodman	(619) 233-6036	lisa.goodman@sharp.com	Lauri Pointer
12/4-5/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
12/4-5/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/11-12/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
12/11-12/2010	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
Level 3					
07/10-11/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
06/12-13/2010	ID Boise	Jeanie Scepka	(208) 229-2005	jeanie@ctcweb.net	Barbara Starke
06/19-20/2010	MI Grayling	Marian Long	(989) 348-0428	longmm@trinity-health.org	Barbara Starke
06/25-27/2010	AB Calgary	Betty Petersen	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Petersen
6/25-27/2010	AB Calgary	Betty Petersen	(403) 275-6288	therapeuticbalancing@gmail.com	Betty Petersen
07/2-3/2010	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
7/8-9/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
07/13-14/2010	S.L.P San Luis Potosi, MX	Martha Landeros	(011) 524-448179949	landerosmartha@hotmail.com	Connie Silva
07/17-18/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
07/17-18/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	slourido@sheahealth.com	Kathy Allan
07/17-18/2010	CO Ft Collins	Lauri Pointer	(970) 484-2211	lmpointer@aol.com	Lauri Pointer
7/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced

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Date	Location	Coordinator	Phone	Email	Instructor
Level 3 continued					
07/31-08/1/2010	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
08/10-11/2010	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@comcast.net	Ines Hoster
8/14-15/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
8/14-15/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
8/14-15/2010	MN Minneapolis	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
08/21-22/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
9/9-10/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
9/10-12/2010	AB Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
09/11-12/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
9/17-19/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
09/17-19/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/18-19/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
09/25-26/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Cynthia Hutchison
10/2-3/2010	PA Elizabethtown	Timothy Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Tina Devoe
10/2-3/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/17-18/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
11/6-7/2010	MO St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Lynn Placek
11/12-14/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
11/13-14/2010	CO Ft Collins	Lauri Pointer	(970) 484-2211	LMPpointer@aol.com	Lauri Pointer
11/13-14/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Barbara Rogers
11/20-21/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/20-21/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/4-5/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jpgaston@msn.com	To Be Announced
12/4-5/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
12/4-5/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
12/4-5/2010	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinas.org	Donna Duff
12/4-5/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	To Be Announced
Level 4					
6/23-26/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
7/8-11/2010	IL Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
8/26-29/2010	ON London	Cindy Palajac	(519) 685-1353	cpalajac@rogers.com	Betty Petersen
9/9-12/2010	OH Columbus	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
9/23-26/2010	AB Calgary	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
9/23-26/2010	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sharon Hibdon
09/23-26/2010	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sharon Hibdon
10/17-22/2010	CA San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Geoffrey/Moray-Allan
10/20-23/2010	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
10/21-24/2010	SK Swift Current	Judy Ross	(306) 264-3653	djross@yourlink.com	Betty Petersen
10/28-31/2010	MB Winnipeg	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
10/31-11/3/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
11/3-6/2010	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
12/2-5/2010	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek

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Date	Location	Coordinator	Phone	Email	Instructor
Level 5					
6/23-26/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
7/8-11/2010	IL Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
7/13-16/2010	BC Nanaimo	Jeanette Nienaber	(250) 247-7297	emeraldchakra@gmail.com	Betty Petersen
9/23-26/2010	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Carol Kinney
10/17-22/2010	CA San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
10/20-23/2010	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/3-6/2010	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
12/2-5/2010	OH Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sharon Hibdon
Level 6					
11/9-12/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Advanced Practice 1					
08/28/2010	NY Amsterdam	HT Program	(210) 479-2259	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
10/2/2010	CA Long Beach	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
10/22/2010	Stuttgart, Germany	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Advanced Practice 2					
8/29/2010	NY Amsterdam	HT Program	(210) 479-2259	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
10/3/2010	CA Long Beach	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
AP 1 & 2					
08/28-29/2010	NY Amsterdam	HT Program	(210) 479-2259	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
10/2-3/2010	CA Long Beach	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
L2 Instructor Training					
12/03/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lauri Pointer
L3 Instructor Training					
9/17/2010	NY Amsterdam	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
Mentorship Training Course					
9/14-11/16/2010	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
9/16-11/18/2010	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
Presentations Class					
10/21/2010	Stuttgart	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Therapeutic Communication					
09/10-12/2010	OH Loveland	Micah A Richey	(513) 720-5046	agagamassage@gmail.com	Sharon Hibdon