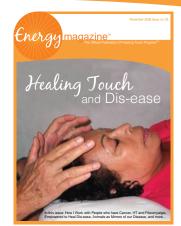
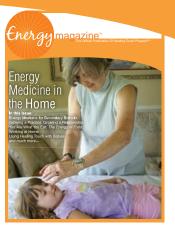
# **EVERY MAGAZINE**<sup>TM</sup> The Official Publication Of Healing Touch Program

December 2010 / January 2011 Issue no. 50

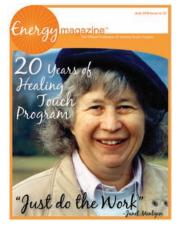
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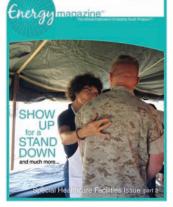


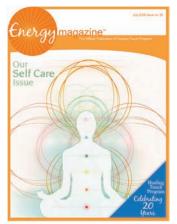
# Our 50th Issue! Sharing the energy - transforming the world.















Healing Touch and Children



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*Energy Magazine*<sup>™</sup> would love to hear your comments!



Dear readers and HT community,

Welcome to the December/January combined issue of Energy Magazine. As the holiday season approaches, I would like to take this opportunity to thank you for your continued support and enthusiasm for Healing Touch. We feel that it is our loving and heart-centered community who make our jobs a pleasure and keeps the work of Healing Touch so successful.

We are winding down 2010, but the excitement is really building here at Healing Touch Program for 2011. Last month I reported to you that we had just finished our three year strategic planning and that we felt that it was important to communicate our vision, goals, and company values with our community.

Our business coach, Julie Wright, is an expert in taking businesses and people to the next level. She has taught us that when we make goals, we need to make "Big Audacious Goals!" Over the coming year we will be sharing more of our Big Audacious Goals and where we plan to be growing in the year 2011.

In this issue of Energy Magazine you will see an update and information about the national accreditation that we are moving towards. I would like to thank the many practitioners that are contributing their time and expertise toward this important accreditation for Healing Touch. In addition, I would like to thank Chris Gordon, Accreditation Project Manager, Janna Moll and Dale Ferg, Consultants with Energy Medicine Specialists, and Sue Walker, who is working directly with all the Subject Matter Experts (SMEs), these leaders are making accreditation with the National Commission for Certifying Agencies (NCCA) a reality.

Also in this issue you will find the Healing Touch Professional Association (HTPA) review of what it has accomplished over the past year as well as the new goals for 2011. I attribute the growth and success of this professional association to Sharon Robbins, the Executive Director of HTPA. Sharon is an outstanding leader



for HTPA and, as you can see, has wonderful things in store for 2011. She is helping all our HTCPs to grow and achieve their professional goals with the tools she is creating and providing through HTPA.

In addition to these two articles that show you where HTP is headed this year, Julie Wright has an excellent article, *Energy Medicine Practice: Attracting Wealth in Your Practice, Step 2: Cleaning Up Messes*, which is a continuation of her series (*Step 1: Getting Clear*, was published in the July 2010 issue). It is a must read for all who want to grow their HT business.

Our theme for the December issue is JOY, and I hope as you read the articles you will feel the JOY that Healing Touch has brought to so many and the JOY that we all feel in belonging to this amazing community. We are ever thankful for the heart filled contributions that Cynthia Hutchison, Healing Touch Program Director, continues to make in helping create our strong and blessed Healing Touch Community.

Lastly, I would like to congratulate Billy Courtney, editor of Energy Magazine and her team, Nancy Strick, assistant editor and Margaret Nies for accomplishing the publishing of 50 issues! We are extremely proud of this publication and feel that it is a great contribution to Healing Touch and the field of Energy Medicine.

May your holiday season and the New Year be filled with much joy, happiness, and success, and remember to take the time for yourself to create your own Big Audacious Goals! We look forward to working with you to help you achieve your goals in the coming year.

Happy Holidays!

Lisa Mentgen-Gordon CEO, Healing Touch Program Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

-Leo Buscaglia



by Rebecca Harmon, MPM, RHIA

 $M_{
m V}$  journey into healing began many years ago when I sought an alternative to treatment for my son who was diagnosed with generalized anxiety disorder. At that time the medical establishment's only option was a pharmaceutical one. Unhappy with this, I searched for another answer and found Reiki - an energy medicine modality from Japan. Reiki was a blessing to my family; along with Bach Flower Rescue Remedy, it enabled me to provide relief for a child in a way that did not include side effects or potential long term complications. Reiki is a fine modality and provided much-needed relief for my son, but as someone professionally rooted in the scientific and business communities, it was not a practice I was comfortable integrating into my life beyond the walls of my home. As my son improved and grew into a healthy teenager, I drifted away from the study and practice of energy medicine, consumed with my career and professional endeavors, or so I thought.

Throughout my life, both personally and professionally, I have been drawn to the theme of healing in one form or another. My career has spanned work as a nursing assistant in high school, a Hospital Corpsman in the US Navy, medical laboratory professional, mother, and a stint in nursing school (I left to return to the clinical laboratory). Currently, I am an educator, grandmother and daughter of aging parents. All of these opportunities have provided rich experiences in life, healing and the wonders of things unknown, but none have been as incredible as those involved in being a grandmother.

My grandson was born beautiful and healthy and at age three, he keeps all of us hopping. My granddaughter, just a year old at this writing, was also born beautiful and seemingly healthy, but with a very different approach to life. Little Ella was due toward the end of September, but my daughter's pregnancy was difficult, and combined with the obstetrician's schedule and other issues, her C-Section was set for two weeks before the estimated due date. I was uncomfortable with the timing, but who among us would stand between their pregnant daughter and obstetrician? Ella was delivered and except for a light vascular birthmark on one side of her body, she was a healthy newborn.

Ella settled into life in our family, although much differently than had her brother. Ours is a boisterous and noisy family. While her brother fit right in, leading the noise and activity most days, as a small infant, Ella was bothered by noise, light and commotion. We have all commented at various times that "Ella didn't know what she was getting herself into coming into *THIS* family!" In my gut, I continued to feel that she had been delivered too soon, but since we were seeing no physical complications, I ignored my instincts, grateful for yet another healthy baby.

At four months, we noticed Ella's left leg seemed to be swollen. After checking for tight clothing, rash or bug bite and finding nothing, my daughter called the pediatrician, who referred Ella to a pediatric dermatologist, suspicious that her birthmark was involved. After examination, we were told that Ella had Klippel-Trenauay-Weber Syndrome (KTWS); a rare genetic defect that is characterized by a port-wine stain, varicose veins, and hypertrophy (excessive growth) of bone and soft tissue involving an arm or leg (and sometimes both). He told them that there was nothing that could be done, and that she would have to buy two different sizes of shoes, might need a shoe insert as one leg may grow longer than the other, and cautioned them not to surf the web because it would scare them. While initially shellshocked, we eventually settled into a sense of gratitude, since in the realm of bad news, this seemed minor. However, I kept wondering about the timing of her delivery, healing and the nagging sense that modern medicine may not have every answer.

Not long after completing Healing Touch Level I in April 2009, I assessed Ella's energy system and found an extremely congested root chakra. Instinctively I began *Magnetic Passes – Hands in Motion* to clear this energy block, then did a *Chakra Connection*. I shared this finding with my daughter and taught her to assess Ella's energy, and showed her the *Hands in Motion* technique – suggesting that she do this at bedtime. The root chakra represents our grounding in this physical world; our place among our "tribe" and our connection to this time and space. I remembered my concern about Ella's delivery -- her seeming reticence to embrace the noise and activity of daily life. I pondered the connection, and continued regular Healing Touch interventions with her. In the meantime, she was scheduled for a series of imaging scans, and a follow up with the pediatric dermatologist.

This past Summer Ella had her follow up. After examining Ella, the physician could not believe what he saw. He called in the physician's assistant and another physician to compare the pictures from her initial visit to how her leg appeared now. He looked at my daughter and said, "I can't explain this. I've never seen KTWS get better – it usually gets worse. It looks as though your daughter is healing herself!" He went on to tell my daughter that at this time, there is no need to follow up with their specialty practice.

In Healing Touch, we emphasize the difference between healing and curing. I do not speak of Ella as being cured, but I do know that she is benefiting from the practice of Healing Touch in ways none of us may ever fully understand. As noted in the literature, the goal of Healing Touch "*is to restore balance and harmony in the energy system placing the client in a position to self heal.*" Ella is now crawling like a champ, pulling herself up and will be walking any day. I continue to provide regular Healing Touch treatments to balance her energy system - to encourage self-healing - and I am proud to report that she now competes with her brother in noise and activity level. We recently purchased a new pair of walking shoes for her – a single pair in one size. We are very grateful to Healing Touch community for continuing to "do the work" that enabled this grandmother to bring home the gift of healing.

About the author:



Rebecca Harmon, MPM, RHIA, a Healing Touch Level 3 Student, is an Assistant Professor in the department of Health Information Management at the University of Pittsburgh's School of Health and Rehabilitation Sciences. She is nearing completion

of her PhD in Education where her research focus is on the use of holistic (non-pharmacological) interventions in elementary students believed to be exhibiting signs/symptoms of Attention Deficit Hyperactivity Disorder (ADHD). Healing Touch will play a prominent role in the research which she hopes will change the way children with behavior disorders are evaluated and treated/ managed -- moving away from the default response of prescribing stimulant medications and looking to more natural interventions.With a BS and MA in education, Jackie taught hight school for eighteen years before becoming an RN and "coming home" to Healing Touch (HT).



# On the path to National Accreditation

#### By Chris Gordon, Accreditation Project Manager

Imagine Healing Touch recognized as a standard medical practice, Healing Touch Certified Practitioner (HTCP) as a standard occupation in the medical field, and Healing Touch treatments prescribed as an integral part of a medical treatment plan.

This is the vision we have at Healing Touch Program and this recognition for Healing Touch starts with meeting the standards of accepted medical professions. Healing Touch Program has been working hard for over a full year, with the help of numerous volunteers and professional consultants, to make accreditation with the National Commission for Certifying Agencies (NCCA) a reality.

Time has gone by very quickly, and we have made great progress so far. One of the key components needed to qualify for accreditation is a criterion-referenced test, which will be used to qualify certified HTCPs. Most recently we have made a huge effort to create questions for our certification test.

We would like to thank and recognize the over 80 people who volunteered and participated in the question writing. This process has been going on since September and is still ongoing with a smaller group that is finalizing the questions in preparation for creating the pilot test.

Some people have asked if the test is really necessary. The reason that incorporating a test into the already rigorous certification process is the best choice, is that we need to have an easily quantifiable process of evaluation, in order to qualify for national accreditation. Several additional benefits have come from the process of creating this test. We have a clearly written set of Learning Objectives for every level and aspect of the program, a tighter set of standards as to what is part of the curriculum, and higher standards for the program overall.

practitioners regarding the test and test creation process. Here are answers to a few of the most frequently asked questions:

## Will all Healing Touch Certified Practitioners be required to take the test?

When the test is implemented as a part of the certification process, it will be necessary for all those who hold our certification to pass the test. HTCPs who are currently certified at the time the test is implemented will need to take the test before their next certification renewal date, but will be considered grandmothered/grandfathered until their next certification renewal.

## Will the test need to be taken every time a practitioner is up for recertification?

Our understanding is that, according to the current accreditation requirements for the program as it is, the HTCP will only need to pass the test once.

#### What is the timeframe for the test becoming available?

Our current goal is to make a pilot test available in the spring and begin offering the test in the summer.

#### What if I take the test and do not pass?

There will be a protocol in place for re-testing.

#### Is it true that a percentage of test takers have to fail?

On the final form of the test, which is the one that will be required for certification, there will be a minimum acceptable score determined from the statistical results of the pilot test. The pilot test will need to be taken by a pool of Certified Practitioners and of people who have not studied HT. The results from the pilot are then used to ensure that the questions are valid (answered correctly by HTCPs) and determines the score that separates HTCPs from those who have not studied HT. The test should be able to distinguish those two groups reliably and accurately.

There are several questions we have been asked by certified

We will work to keep everyone updated on the process as we move towards accreditation, and look forward to achieving the higher standards we are capable of. Cathy McJannet, who has years of experience writing questions for the Emergency Nurses Association and is the Director of Nursing and Health Occupations Programs at Southwestern College in Chula Vista, CA and is genuinely passionate about the question writing process, is generously offering her skill and experience to help us complete the test creation process. Sue Walker is coordinating the volunteers and doing a great job of keeping everything moving in the right direction.

Cathy has written a great article, Understanding and Embracing the Certification Examination, which is on the following pages and will help to answer more questions and hopefully alleviate any fears you may be having about the test.

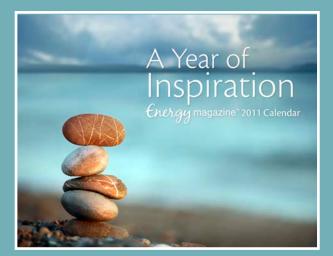


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# Understanding and Embracing the Certification Examination

by Cathy McJannet, RN, MN, CEN, HTCP/I

We are sure that there are some of you may be feeling some angst as we approach finalization of the certification exam for HTP. Fear not! We are here to help you prepare and want to reassure you that all of this is worth the effort! "Why do we have to have this exam?" some of you are asking. I believe that this is an opportunity for HTP to raise the bar to demonstrate to the public that a Healing Touch Certified Practitioner meets similar certification standards as other Healing Arts Programs. Those of us that are HTP certified know how rigorous our current process is, but this certification is not in a format that meets the higher caliber professional standard that agencies such as Magnet Status hospitals are requested to meet. Expectations of the level of knowledge, ability, and professionalism that the HTCP must have, need to be demonstrated at this higher level in order to qualify for national accreditation. HTP's certification exam process will facilitate HTP meeting those requirements, maintain our position as a leader in the field of energy medicine, and will make your credential more valuable and more versatile.

The new HTP certification exam is being developed "by the people for the people." This means that HTCPs, current professionals in the field, have volunteered to be Subject Matter Experts (SME). The SMEs are writing the questions, reviewing the questions to ensure appropriateness and accuracy, and are directly involved in structuring the exam. In fact, the SMEs are directly involved in the entire process of creating the test to ensure that it is an evaluation that shows that the applicant has the level of knowledge, understanding, and expertise required of an entry level HTCP. The SMEs are choosing the exam questions for the actual examination that is coming soon to a neighborhood near you! We are anticipating the multiple-choice, proctored exam to be approximately 100 questions that can be taken in a variety of proctored settings. Having a proctored exam means that it will be strictly supervised (no taking it at home in your PJ's!) and it is our plan that this test will be offered at such places as community colleges, or libraries.

There are many levels of preparation that fellow practitioners are going through to help us move forward with this new component of the certification process. I will address just the actual testing components, as that is the process that I am involved with.

**Phase 1** of this test question development is almost complete. Over 80 of our fellow HTCPs (SMEs) have written almost 250 questions. Strict guidelines were followed regarding question development, matching learning objectives to the questions, the writing format and which resources were used (such as the current curriculum materials for each level of HT). Detailed instructions have helped our SMEs place all of the questions into the correct format that allows for tracking of the questions, as well as for easy organization and retrieval. A committee led by our consultants in the spring created a detailed HTCP job analysis from which a list of program objectives was identified for each level of Healing Touch. The SMEs then followed these as they developed the questions.

**Phase 2** of the test question development is starting in mid-December. A select group of approximately ten experienced SMEs will now look at all 250 questions. They will be responsible for the preliminary review of the content validity for each question. These dedicated practitioners will closely scrutinize approximately 25 questions each. They will then follow detailed guidelines and complete documentation on the validity of each question. They will address such issues as, "Are the questions written appropriately?" and, "Is the question written at a basic entry level to reflect the knowledge base of a new HTCP?"

Phase 3 utilizes a selected group of five SMEs that are tasked

with providing final content validity for all of the questions. This group will be comprised of five SMEs from various geographical areas and occupations, including male and female HTCPs. Each of these SMEs will answer all 250 questions and make recommendations regarding the questions for the pilot exam.

This brings us to a concern that some may have, test anxiety. The best solution for this is knowledge. Test anxiety comes from the unexpected whether it is the format of the test, the presentation of the material, or a question what material is covered specifically. The more familiar a person becomes with the process presentation and the material, the more their anxiety dissipates. We want to make sure that you know you have no need for concern. We are here for you! There will soon be a certification booklet that includes a test blueprint which outlines the test categories, a study guide, practice test questions, and information on how to increase performance on multiple-choice questions. These are all effective test anxiety reduction tools.

In the near future we expect to also have a review course specifically to help you prepare for the certification exam. Remember, the test will not ask for anything that you have not already learned in one of your HTP courses. We all have some level of test anxiety (me too!), but you can have confidence that we are working to make sure your experience is as easy and stress free as possible.

We are working towards making the pilot test available to HTCPs in the spring of 2011. The pilot test is the ultimate validation of the questions on the test. It is a test taken by a mixture of practitioners and lay people, and the results show whether each question is likely to be answered correctly by the candidates and incorrectly by lay people. This helps to eliminate "bad" questions, and establishes a reasonable level to measure performance of HTCPs. The finalized certification exam may be offered as early as summer 2011. The accreditation agency states that all people within the organization must meet the same standard, in this case pass the criterion-referenced test, to hold our certification. This is why all certified practitioners will be required to pass the test. The HTP Leadership is working closely with the accreditation agency to supply answers to all of our questions as they arise, so keep watching for updates and articles!

Embrace this spectacular new opportunity to demonstrate your basic knowledge of Healing Touch curriculum and practice. Wear your certification pin proudly knowing that we will have met the same standards as those recognized by national accreditation agencies. Change is often difficult, but having a positive attitude certainly goes a long way toward making this whole process all about celebration and achievement! I hope to see you taking the pilot test!

#### About the author:



Cathy McJannet is a Director of Nursing Programs at a local college as well as a practicing emergency dept. nurse. She became involved in Healing Touch in 1997 when her patients and peers introduced her to the wonders of Healing Touch. Cathy works in the ER as an

Advanced Clinician and practices Healing Touch in the hospital setting on a regular basis. Her 'Planetree' hospital strongly supports complimentary therapies and has a paid CHTP on staff to provide treatments for staff and patients. Cathy teaches Healing Touch in the hospital setting and at the community college where she teaches. Cathy is blessed to live in San Diego which has many very experienced Healing Touch practitioners and instructors who are wonderful mentors and role-models for her.

# MARK YOUR CALENDARS!



August 25th - 28th, 2011

Selebrate Celebrate

# Composing Joy

by Sarah Moor, HTCP

Joy to the world and tidings of comfort and joy are words I always associate with this time of year. Singing those words in community as a little girl, I remember feeling swept away in rapture. I not only felt joy, I WAS joy. The feeling was palpable yet difficult to put into words. It could be sensed though in familiar faces, gleaming eyes, loving embraces, voices joined in celebration and the warmth of the candlelight as the organist carried the melody that sent our message out to the world.

From a different vantage point now, I simply call that very palpable experience - Heart. Indeed that is where I felt it - right smack in the center of my chest. I believe Heart and the arms of Heart were present - love, care, compassion and gratitude - to name a few. Heart is what brought us all together and instilled a sense of peace in each of us and hope for greater harmony among all. In those joy-filled moments we became stewards of Heart and felt Heart longing to live in and through us each day, in each interaction, in each project.

No wonder we were filled with wonder and awe as that is the power inherent in the heart - my heart, your heart - in each and every beat. That magnificent organ that is so much more than a rhythmic pump for each beat carries an encoded message. We are the composers who determine just what that message is.

When we experience emotions such as frustration, anger, disappointment and anxiety we are indeed sending a chaotic message to every cell in our bodies and into our environment. A smooth sine-wave-like heart rhythm pattern, however, is indicative of emotional states like care, contentment, peace, passion and joy! No wonder we felt so good while singing those hymns. In all likelihood our hearts were sending an encoded message of the love and joy we felt and that signal was being broadcast to every cell in our bodies and to each other as well.

Equally powerful is that we do not have to wait for those Heart moments to show up in our lives. We can be the source of them in any moment and in doing so we empower ourselves to create environments within and without that are more peaceful, more healing, more hopeful, and more joyful.

What Heart qualities do you most want to bring to the world? What are the Heart qualities you most need to support you? More than likely, they are qualities that bring a sense of contentment, balance, fulfillment, peace and - comfort and joy. The world needs our Hearts to come alive and we can do so in a very tangible way. It is up to us to bring joy into our world. What message will your heart contribute to the song of your life and to our collective symphony? Together we can each be the composer for more joy and lasting peace in ourselves, in our communities and in our world.

About the author:



Sarah's own health challenge led her to practice, in earnest, the training she had as a HeartMath(R) Provider (coach). In doing so, living from the heart took on new meaning and touches every aspect of her life, everyday. Engaging the power of her heart turned obstacles into opportunities and cre-

ated more personal fulfillment, resilience and power to perform.

She mentors people in accessing their heart intelligence and facilitates the process of understanding Heart conceptually by learning to engage the measurable power of the heart into the

foundation for Heart-based living. She likes to describe it as 'amping-up' and deepening one's heart connection. She is also specially trained in HeartMath's Cut-Thru(R) course,

Stopping Emotional Eating program and the HeartMath De-Stress Workshop(TM), as well as, coaching those who wish to become HeartMath Providers. She is a Healing Touch Certified Practitioner - and - the mother of two great kids (young adults)!

Her website is <u>www.depletiontorenewal.com</u>. She invites you to call or email for special offers extended to the Healing Touch community to learn more about activating your own heart's intelligence and power.

HeartMath and Cut-Thru are registered trademarks of the Institute of HeartMath.



For the practitioner who wants to know more about the spiritual realms, issues in healing, and energy work, please join me for a live web radio program every Monday night at 8PM mountain.

Please go to www.blogtalkradio.com/DavetheMystic . You may also download episodes for later! Thanks for listening and calling in! -David Barnett, HTCP, Littleton, CO www.holisticbeliefs.com



#### **Coming Spring 2011 - HTP Mentor Training Class**

The HTP Mentor Training Class is a 9-week advanced practice HTP course. It prepares HTCPs to mentor students through Healing Touch Level 5 graduation/completion and application for certification. Topics include: Utilizing the Mentor's Tools, Conflict Resolution, Criteria 1-8 requirements for both Level 5 completion and Certification, essential elements of a case study, safe practice, transference and counter-transference, ethics and professionalism, mentor responsibilities, and more.

A post class advisory period is offered each student, beginning directly following the completion of the nine (9) week course attended and continuing for six (6) months.

Section 1: Tuesdays, 6:00p.m. - 8:00p.m. MST - February 8 - April 5 Section 2: Thursdays, 9:00a.m. - 11:00a.m. MST - February 10- April 7

Instructor: Janna Moll, HTCP/I, MSN, CMT

For all the class details click here.



"The Qualified Mentor course was one of the best trainings I have ever taken. There was a tremendous amount of material that provided excellent learning that was directly applicable to mentoring. Janna was an excellent instructor and not only answered questions competently and accurately but also led discussions that were focused and valuable. The input from all the experienced mentors was very valuable and provided a depth of insight that would not be reached any other way. I highly recommend anyone who is mentoring, regardless of their experience level, to take this course for their own benefit and the benefit of those they mentor. I am very pleased the HTP cares enough about their mentors and the process of mentorship to offer a course of this caliber."

# Energy Medicine Practice™ Attracting Wealth in Your Practice Step 2: Cleaning Up Messes

by Julie M. Wright, Financial Planner, Profit Coach, Executive Financial Architects

Samantha is a smart, dynamic, heartfelt healer. As part owner of a holistic health business, she got the courage to call after a particularly bad few months.

"Julie, I hear that you help business owners like those of us who are stuck."

"Tell me about yourself and how I can help you," I asked.

"Where should I begin?" she asked. "I guess it all started when I left a high paying job at the hospital to pursue something I have always wanted to do — open a holistic, integrated medical office where we help the whole person. Another friend of mine, Dr. Sue was someone I have always admired professionally. During lunches we talked about starting our dream practice. Well, one day we took the big step. We bought this building and spent months renovating it. Our grand opening was just six months ago."

"But something is not working -- we have some clients, but not enough to pay our bills or ourselves. I did not think opening a business would be this hard," she sighed. "We are wondering if we made the right move?"

"Can you help us determine what we are doing wrong?" she asked.

"Sure," I said. "What if you take me to your office and give me the nickel tour." She laughed. "Great" she replied, "you can ride with me."

#### **Getting Unstuck**

While Samantha was driving, she commented, "I cannot wait to show you our offices. I am just surprised. I thought a business

and financial coach would ask to see our financial statements or a bunch of paperwork first," she laughed.

I just smiled.

Did she know Money is Energy? To get the money flowing it starts with a thought. Just like a business - which also starts with a thought and very clear intentions. I wanted to take Samantha back to the beginning of her dream, to Clarity--Step One in the Seven Steps to a Profitable Practice<sup>™</sup>. I wanted her to remember what her original vision was for her business —what did she first envision when she had this idea of her ideal practice? How close was this practice to that original dream? We were about to learn.

I suspected that the real culprit was an energetic block in her business. Walking around the business might give me some clues, as would listening to her talk about what was going on or what was not happening as planned.

#### **The Walkabout**

The building, a 1960's square box, had little architectural detail. Samantha and Dr. Sue had added beautiful modern awnings on the exterior, along with their attractive logo by the front door.

As we entered, the stark white walls and imposing front desk caught me off guard. No color, no warmth, no flow.

Next--the therapy rooms. There was nothing to distinguish them from any other massage practice or medical office - other than a few dimly lit rooms with fountains, soft music and a few crystals on a table near the massage table. It did not say "unique" or even say "holistic" -- words Samantha had used when she shared her vision with me. A disconnect from the vision, but what had caused it?

We then looked at the reception area and workspace. Piles of files, a cluttered desk with post it notes everywhere. I asked, "Where are the file cabinets, copier, and scanner"? "Oh, those are in a back storage space. I told our office manager we would have the files in the front reception area, but when we built an expanded front desk, we did not have room. I told our office manager we could decide how to arrange things after we opened. In the meantime, they run to the back room to make copies and get files. Not the most convenient, but hey, we all have to make do, right?"

My tour ended in her personal office. Her desk was covered with piles of files ready for dictation, professional journals, things "to read someday," bills and financial papers, and some pictures of her family. All of this had overtaken the desk.

The brief tour and our chat had revealed the real Money Culprit.

#### Making and Keeping Promises

Your money moves in its own rhythm, as if you were dancing with it. This energy of money flows through you, sometime swiftly, and other times more sluggishly.

As a conduit of this energy, you get to direct this energy intentionally - to create what you truly want. In doing this you co-create the dance of energy. The goal is to keep the energy of money moving in the conduit—and remove any blockages or plug any leaks.

#### Preventing Messes—Keeping Promises

A promise is your word, whether spoken or implied, a thought brought forth into physical reality. It is a covenant you make with the world. It says, "This shall be done." When you make a promise you create a natural energy imbalance.

In the hustle and bustle of setting up their business, Samantha and her partner had made several promises, to themselves, their staff, and their families. This created a tension, the expectation of something yet to be done. When you put your word out before you, you create a gap that can only be closed when you do what you said you would do. When you fulfill your promise, the tension resolves.

*Tip*: Remember, you can always renegotiate a promise if things change. You are not locked in, never able to respond to situations.

To remain flexible, and give yourself permission to always be congruent, make sure you communicate to others if you cannot keep the original promise. Renegotiating is always encouraged!

#### Samantha's Money Problem #1: Broken Promises

Consider the effect of not keeping our promises. When we do not do what we said we would, we are left with the tension of incompletion. Unfulfilled promises are energy drains, because we expend more energy keeping open a gap than we do when we resolve it. Each unfulfilled promises draws energy to it and becomes a block to the flow - which then saps our energy.

**Samantha:** I know I told my office manager I would figure out a better layout at the front desk. I usually am able to think better. But with all this financial stress, she is just lucky I am able to meet payroll. I know I said I would do it. She does not understand that I have bigger issues to worry about, like keeping the doors open.

**Samantha:** I told my family we would take a vacation this year. However, things have changed, and with earning so little money, I would feel guilty about spending more. Besides, I think I should be working more, not less, when things are not going well here at the business.

**Samantha:** Even though my partner and I told ourselves we would never have stark white offices, when it came down to delaying the opening or painting the office, we felt it was more important to get our doors open and the patients scheduled. I know we told ourselves we would do it the month after opening, but I just do not have the energy to think about moving all the furniture to paint. We cannot afford to hire anyone to have it done now.

#### Samantha's Money Problem #2— Unfinished Business

Are you aware that the bridge between you and financial miracles is built from the promises you keep?

Unfinished business –that pile of unpaid bills, forgotten loans, missed appointments weigh you down. By keeping your word, you gain energy to bring your dreams from the metaphysical, invisible world, into the physical realm - especially when it comes to money.

Each promise you fulfill by taking care of incomplete business will clear your conduit and allow money energy to flow.

Samantha's conversations revealed what I suspected was one of the issues affecting her business -- Unfinished Business.

The solution in Samantha's case called for realignment and a clearing of energy messes. After that we were able to focus on Marketing strategies, Systems, and building her team. I directed Samantha to look at herself as a pipe or conduit of money.

Here is the exercise I gave her.

#### Action Step 2: Find the Leaks and Blockages

Samantha: I see patients all day. For years, I have been avoiding balancing my checkbook by rounding up to the nearest dollar. That way I am not overdrawn. You asked me to balance my checkbook to the penny. I thought, right, how is that going to bring me more clients. I admit I was skeptical - until I found \$893 in my account that I did not know I had. That is the good news. The bad new is that last month I passed up going on that weekend getaway with my family because I thought I did not have the money.

Samantha had just experienced the consequences of money leaks and blocks. These past several months she had tied up all her energy in the worry, anxiety and uneasiness that goes with not being fully conscious about money. I know because I have been there a few times. Maybe you have, too, or are there right now? You get stuck, and stay stuck even with help in plain sight.

#### Action Step #3 – Taking Inventory of Your Messes -- Your Incomplete Money Business

*Exercise:* Look at the following partial list of Incomplete Business and Messes in your life. When you find an item that applies to you write in your journal whatever is true about it.

- 1. Is your checkbook balanced to the penny? When you balance your checkbook to the penny, you are balancing the energy of money—as well as energy in others areas of your life. This is a hologram! Do This First! I know, no one likes to do this, but this is where the shift begins.
- 2. What is your credit card situation? Do you have high balances?
- **3.** Have you put off having medical, dental or eye exams? How about Healing Touch for your own self care? You must take care of your conduit. It is the only one you have.
- **4.** In what condition is your car? Do you need new tires, brakes, or other work done? Have you put off having repairs? Do you have any unpaid parking or speeding tickets?
- **5.** If you are a professional, do you have malpractice insurance? (*Tip*: check out the HT Professional Association's <u>Professional Liability Insurance</u>—an easy and affordable way to plug this potential leak).
- 6. Do you owe people money that you have not arranged to pay back in a systematic way? Do you owe your family? Friends? Co-workers? Boss?
- 7. Are all your home repairs up to date? Do you have leaky faucets? How is the roof? (Leaky water issues usually means money is leaking out of your accounts or business too.)
- 8. Have you arranged to pay overdue bills?
- 9. Are you charging enough for your services?
- **10.** If you bill for your services, is your billing done on time? Do you have a lot of accounts receivable?
- **11.** Are your financial records in order? Are your records organized? Or are they stuffed in a closet, piled high on your desk or shoved into a shoebox?

*Note*: If you'd like the complete list --all 27 items on Julie Wright's Incomplete Money Business Inventory--just send an email to <u>JulieWrightCoach@gmail.com</u> with "Please send Incomplete Money Business List," in the subject line. Start 2011 completing your list and aligning your Money energy.

# Action Step #4 – Take Action to Clean up the Messes

Please take at least one Action Step toward completing each item on your Incomplete Money List within the next two weeks. It is one of the most powerful things you can do to prepare yourself for a shift in your relationship with money.

Complete all the items as soon as possible. Map out exactly what you are going to do. Get specific and concrete, even though your Critical voice wants you to delay, procrastinate and be vague.

Samantha did just that. The week we talked, she decided she would take half of the money she 'found' in her checking account and buy better file cabinets to fit the front office. Her office manager, thrilled that her boss kept her promise, offered to stay late and organize the space, including the files and equipment. With the left over money, Samantha bought some paint. Then, she, Sue and their families had a painting party that Sunday. When her staff returned on Monday morning, they were shocked to see the change.

Energized by seeing another promise kept, the staff asked if they could implement the "New Movers" campaign which would attract new clients, a campaign I had suggested in our sessions together. (For more information on the "New Movers campaign," join us in the Business Mastery Series beginning in January).

Samantha even surprised her family the following weekend with a spontaneous mini vacation to downtown Chicago to see the Christmas windows and holiday lights.

Who knew that balancing that checkbook could start the energy of money flowing?

And her client flow? Samantha said it was the strangest thing. "After I finished all your suggestions, the strangest things happened. After the last file was dictated, the last bill was paid and filed, my desk was finally cleared for the first time since we opened. No more messes! Then it happened --we received four new clients referrals the very next day!

"I thought I understood energy and health. I guess now I understand that money is also energy. It works!" she said.

Join us next time, as we tackle one of Samantha's toughest Money issues –Charging What you are

Worth, another key to your Energy Medicine Practice Blueprint<sup>™</sup>.

#### About the author:



Join Julie beginning January 2011 for HTPA's new series titled Energy Medicine Practice -Business Mastery Series<sup>™</sup>," unique practice management session to help you build the practice and life of your dreams. The first 4 week webinar "What Works- Getting Clear" will begin Jan 27 8-9pm EST. Email JulieWrightCoach@

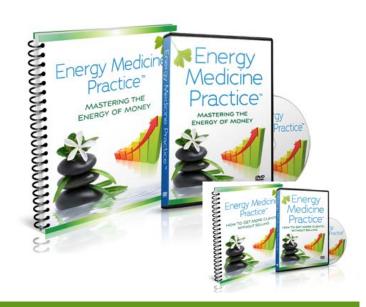
<u>gmail</u>.com for details or join in the sign-up beginning January 11th during the HTPA Teleseminar. Start 2011 with a Jump Start! Mark the date.

Julie works with Energy Medicine Practitioners, small business owners and entrepreneurs in increasing their profits and designing balanced lives. She is owner of Executive Financial Architects and Essential HealthWorks, an energy medicine practice. Julie is creator of The Intuitive Advantage Method, author, producer and host of the radio shows, For the Good Life, and Dollars and Sense. She may be reached at <u>JulieWright-Coach@gmail.com</u>; <u>LinkedIn.com/in/TheRealJulieWright</u>; and <u>Facebook.com/JulieWrightCoach</u>.

	Anatomy for Healers®
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l	<b>Level 2</b> teaches an anatomical energy approach to diseases (including allergies), and a deeper experience in the body. Prereq: Anatomy 1
	Date 5/20-22/2011Location Grand Rapids, MIContact Betsy Willey Nancy LesterInstructor 616-863-81466/10-12/2011Annapolis, MDNancy Lester410-721-7805Hovland
	Level 3 studies in detail the brain and nervous system addressing stress, trauma, neurotransmitters and diseases. Prereq: Anatomy 1 Workshops are being planned for fall 2011Check website
	Plans are in progress for workshops in 2011 taught by Nancy Lester, 410-721-7805

Keep watching the website for new classes Register Online @ www.AnatomyforHealers.com Sue Hovland, 303-759-8966, suehovland@aol.com

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# Essential Energy with Cyndi Dale

by Cyndi Dale

## The Healing Touch of Joy --No Matter What You Eat

My dad grew up during the Depression. His father had been a mechanic, but because of the poor economy, my grandfather did not work for much of my father's childhood. He drank instead. My grandmother took in laundry. I cannot imagine there were happy times, even at the holidays. There was a story my father told, however, that suggested otherwise, and which taught me a lesson about joy.

My father was one hundred percent Norwegian, a rather stubborn and profound heritage. Imagine a tribe that spends eleven months buried in a snow bank and the leftover month shoveling out. Well, it would get to you, too. Your life view would reduce to this:

#### If you are not too miserable, you might be happy.

Holidays were spent eating foods (it would be a stretch to suggest the word "enjoying meals") that were mainly white, boiled, and if lucky, swathed in butter. One such necessity in my father's household was a version of lutefisk made with this recipe.

#### Norwegian Recipe for Joy Take dry stockfish (cod) Soak in strong lye for two days Salt the jellied solution Put in a barrel Bury in ground for several months Consume at Christmastime (Clothespins for the nose recommended)

According to folklore, lutefisk was actually an Irish invention, conceived during the invasion of Ireland by the Vikings. Saint Patrick, in defense of his country, sent poison fish to the raiders to kill them off. Norwegians being Norwegian, they greedily imbibed the poisoned fish, smacking their lips, so Saint Patrick had his men pour lye on the next batch, sure that this would do the trick. The Vikings declared lutefisk an incomparable delicacy.

As my father tells it, he loved the holidays because he and his sister were given a nickel to ride the streetcar to Ingebretsen's, the Norwegian deli, located all the way across town. Not only that, but everyone would vacate the streetcar on the way home because, even wrapped in several layers of newspaper, the prize was so pungent, the other streetcar riders would flee or refuse to board.

The holidays are a time for joy; at least, that is our expectation. Joy is different to different people. To my father, joy was chasing people off the streetcar—not the one named "Desire," the more aromatic version. To others, holiday joy involves opening presents, greeting relatives, or attending a place of worship.

There are many people, however, who do not have much to celebrate during the holiday season. Perhaps a loved one has just died or they have no loved ones. Maybe they have lost their job, home, health, or hope. It is for these individuals that Healing Touch can make a tender difference.

A Healing Touch practitioner does not have to enter the home, clinic, or hovel of the desperate, or even know the name of one in need to find someone lacking joy. The healing power of love is available to anyone, always, through the heart. Because of love, healing is timeless and priceless, especially at the holidays. No special wrapping is needed, just plain newsprint works, even if it surrounds lutefisk! Can you imagine the definition of healing in a culture devoted to the stoic denial of misery? At least there was no need for anesthesia. Given the constant state of hypothermia, you would be too cold to feel anything. And yet, in the midst of a frozen season, in fact, a decade of despondency, my father found healing in a joyous moment.

In addition to our own traditions, what if we were to each take a moment every day of the holy-days and send good wishes to those who do not have the energy or capacity to imagine goodness for themselves? Love truly does make the world go around, near and far -- it touches each and every one of us.

#### About the author:

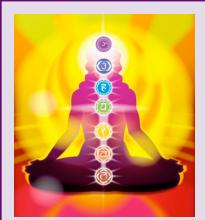


Cyndi Dale is the author of *The Subtle Body:* An Encyclopedia of Your Energetic Anatomy, and eight other bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in the past 20 years. To learn

more about Cyndi, her work, books and products please visit: <u>www.cyndidale.com</u>

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#### **Coming Spring 2011 - Chakras - Transformation for You and Your Clients**



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them - informing your personal experiences and your work with clients.

Wednesdays, February 2 - March 16 7:00 p.m. - 8:30 p.m. (Eastern Time) CE contact hours: 10.5 CE

Instructor: Cherry-Lee Ward, M.Ed. is certified in both Healing Touch and Shamanic Energy Medicine.

For all the class details click here.

"This class shifted something in me: I have become more aware, more spiritually alive, more involved and in touch with my own energy system. I am grateful to have participated in this wonderful, healing circle and feel my life is headed in a new and very inspiring direction. Thank you!"



# The Plight and Flight of Hummers

#### by Deb Klueter, RN, BSN, HNB-BC, HTCP

Upon returning from the 2010 Healing Touch Program Conference on "The Joy of Healing, A Journey with the Heart," with all the talk of hummers and their symbology, I recalled an event that occurred a few years ago, following a previous Healing Touch conference where I heard a neurologist speak on trauma. I feel compelled to write about it now as I complete another phase of my personal healing journey. Delightful little creatures that they are, hummingbirds bring us the message to "lighten up" and find joy. Just like the laughing Buddha or Jesus' laughter, hummers, like these spiritual masters, remind us that life is not to be taken too seriously. Of course, this is easier said than done when one enters their "dark night of the soul" but, nevertheless, it is well worth the effort and the journey!

It was a beautiful sunny day. A perfect one to pull weeds and ground myself among the flowers I had planted by my large kitchen window where we loved to sit and watch the beauty of nature unfold. We also had a feeder in a basket of flowers near the window. It was a perfect place to watch the many hummingbirds as they came to our garden -- a simple way to bring nature in close.

Before I knew it, I heard a "thud" and a sweet little hummingbird was lying to my right on the ground on foliage. It had unknowingly flown right into the shiny window and "knocked itself silly", a phrase heard from elders when I was a child. In its beautiful heart chakra green body and red banded throat, it lay there quivering. A bit in shock myself, I just knelt there watching it shake, bemoaning its experience. Then I was drawn to **Set Intention** for its highest good and just hold my hand about six inches above it, sending it healing energy and Light, known in HT as *Magnetic Passes Hands Still*. It just continued laying on the ground shaking, its whole body quivering as I watched silently sending healing - half in horror and half in amazement. Simultaneously I recalled the trauma workshop at the HT conference where I had heard Dr. Peter Levine speak, and I hoped this was a trauma discharge.

Continuing to hold space for healing, it seemed that time stood still and that hours passed, as I watched what seemed like endless quivering. When the tiny bird finally stopped quivering, I removed my hand upon seeing no more movement but remained watchful, hoping, wondering if "the worst" had happened. Suddenly right before my eyes, it occurred! Just as quickly as it landed on the ground, the hummer rose up and flew straight up into the wild blue yonder as if nothing had happened.

Witnessing what I had learned from Dr. Levine, I realized how nature's "innate wiring" allows for the natural discharge of trauma. It is absolutely amazing what healing potential exists naturally within the animal kingdom of which we, too, are a part! Allowing this trauma discharge brings one back to life in seemingly miraculous ways. Putting theory into practice, I learned in just a short time "Trauma discharge brings one back to life." To life!

What other gifts does the hummer bring? Reminders that accessing the joyful journey of healing requires experiences that open our hearts, and often these situations are not pleasant. It is during our "low" or "down" times that our hearts open wider. In addition, finding practices and tools that facilitate "lightening up", assisting one in finding joy among the grief, and creating ways to allow the natural discharge of trauma helps one through whatever comes forth with the "dark night." This is when Healing Touch can be beneficial.

#### The Plight and Flight of Hummers

Life provides ample opportunities to "**Do the WORK**" - the healing - in our professional practices but also in our personal lives. It is that personal **Self Care** work that creates the ability to "**hold the space**" for deeper healing to occur with others and our world. So as our beloved founder, Janet Mentgen said, "**Just do the work!**" Allow the natural transmutation of traumatic events in your life to change into joy, just like the hummer did! It will bring you back to life!

This year's HTP Conference was the "icing on the cake" for my recent self-growth work and allowed me to access deeper levels of joy. I am grateful to everyone who helped make it happen! The time and money spent is well worth the healing! I, too, am grateful to that hummer for showing me what is possible and to unknowingly prepare me to survive the "dark night."

#### About the author:



In her personal journey of seeking greater health, well-being and joy, Deb has been led to explore and integrate various forms of healing. She was introduced to Healing Touch via the American Holistic Nurses Association (AHNA) in the 1980's while simultaneously learning about healing from a clairvoyant minister. As a nurse and ordained

minister, healing has always been a part of Deb's work. These abilities were expanded and deepened with her efforts to attain her Holistic Nursing Certification and to become a Healing Touch Certified Practitioner. Her own journey with "chronic" illness provided much opportunity for healing and trauma release - creating greater access to joy and wholeness. In her professional practice Deb empowers individuals to achieve greater health, well-being and wholeness. She offers, either in person or at a distance, a holistic approach to healing which includes simple tools to foster self-healing. She also offers Introduction to Healing Touch classes to any size group. To reach her, call 618-656-5052 or email <u>debklueter@yahoo.com</u>.

"Cynthia's intention of grounding the listener is so helpful that I can stay present with the experience and not drift off into a light sleep as have in other meditations. The music is beautiful, allowing expansion of the energy body."

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# Healing Touch Professional Association Celebrates Another Great Year!

by Sharon Robbins, HTPA Executive Director

We hope you have had a great 2010 – HTPA certainly has! The only regret we have is that the year has zoomed by far too quickly.

#### In refection we have much to celebrate:

- We are so grateful to all our members and friends for their support and their voice as they help to guide our direction into the future.
- Our new memberships are on track to double this year and our renewal rate remains terrifically high.

# Membership Benefits appear to be the key to our rapid growth:

- Our Professional and General Liability Insurance Program is filling much needed protection coverage for the HT Community. We are now able to offer this protection to ALL energy-based practitioners who meet our high standard of training criteria (<u>click here</u> for more info about Liability Insurance).
- Our monthly Business Support "Live" Interview Calls are providing practical, usable advice and tips for all who desire to create, maintain or expand a private practice whether for a fee or as a volunteer. The business information gleaned from these calls offers guidance on how to manifest goals and bring an energy practice into your community (for info click here). Our attendance on these calls has surpassed our expectations. All are welcome to join us.
- By our exhibitor presence at several national and regional conferences this past year, we are creating a collaborative relationship with other heart-centered, energy-based communities to strengthen our profession and enhance our collective voice. At these events we are uniting with old friends and making many new friends. (A complete list of conferences in which we have participated is available on the HTPA website www.HTProfessionalAssociation.com).
- To further advance our collaborative efforts we have been working with the Association of Comprehensive Energy Psychology's (ACEP) Humanitarian Committee – One Voice,



to help establish an outreach program that will give us the opportunity to participate in Trauma and Disaster Relief. We have also become a member of Voice for Hope. (A complete article about their work is in the November 2010 issue of Energy Magazine).

- We have contributed our support to the Smart Start Program which to date has launched three programs that have guided our community of healers to develop websites, learn how to become a part of the new social networking systems, market their practices and make a living doing what they love. You can purchase the new book "Smart Start Guide to Marketing Your Holistic Healing Practice" from the <u>HTP store</u>. (HTPA members receive nearly 75% off! To request your HTPA discount code e-mail <u>info@HTProfessionalAssociation.com</u>).
- We continue to bring additional discounts to our members for teleseminars, classes, products and conferences (the HTP conference alone just about pays for your HTPA Membership).
- Our HTPA Member Directory and Forum/Message Board are providing networking and information sharing, leading to stronger community connections. This year we had several local HTPA networks host gatherings with the goal of establishing more connection in 2011.
- Thanks to Lisa Gordon, we have a strong presence on Facebook gathering new fans daily.

continued on page 24

#### As our commitment to bring our members what they have requested continues - along with more benefits - we look forward to 2011. Just a glimpse of what is on the horizon:

- Our goal is to double our membership in 2011. You can help!

We have begun a Referral Reward Program which offers a free HTPA membership to anyone referring 10 new members to HTPA. This free membership may be used personally or given as a gift. (Instructors will have special added rewards).

- We have developed an Associate Program to establish partnerships with other like-practice organizations. We see this as the next step to growing our leadership role in the advancement of Healing Touch and Energy Medicine.
- We are working with Healing Touch Worldwide Foundation (HTWF) to bring an avenue of fund-raising to our membership so we can financially support services like bringing Healing Touch to the Military, funding Rapid Response Teams for Trauma and Disaster Relief, bringing HT to the poor in the U.S. and worldwide.
- Monday January 31, 2011 from 9:00 10:00 pm EST we will offer a new monthly "live" chat open to All who would like to share HT experiences and discuss Healing Touch practice. This is a free benefit offered the last Monday of every month. Watch for call-in details
- We will be sponsoring a new teleseminar series on Business Mastery offered by Julie Wright. This series will begin soon after the New Year. See Julie's article in this issue of Energy Magazine for more information. Join us for HTPA's "Live" Interview with Julie January 11, 2011 – register now.
- Our Annual Membership Meeting will be held via conference call May 26, 2011 from 8:00 – 9:30 pm EST. This will enable many more to participate in the meeting. Call-in info will be sent to all members.
- HTPA will participate in the Healing Touch
   Program (HTP)/Healing Touch for Animals (HTA)/
   Institute of Spiritual Healing and Aromatherapy
   (ISHA) Worldwide Conference in San Antonio, TX

August 25–28, 2011. We will be offering an exciting interactive panel discussion -- "What's in it for YOU!" We will be exploring ways to tap the resources, benefits and support HTPA provides, as well as, answering questions about how you can get actively involved, take advantage of all that is available to enhance your personal practice and/or help you bring Healing Touch into your local Community. Audience participation will play a major role. Come join us!!

#### HAPPY NEW YEAR EVERYONE - it is certain to be another great one!!

To Join HTPA or for information go to www.HTProfessionalAssociation.com

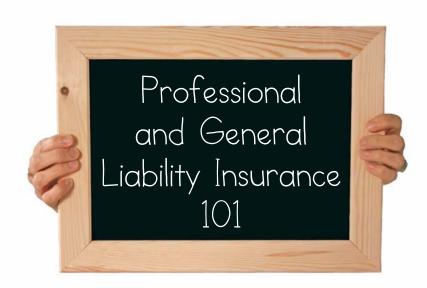
#### About the author:



Sharon Robbins is Executive Director of the Healing Touch Professional Association. She is a Holistic Nurse in private practice offering CAM therapies to her clients since 1980. Sharon has been committed to the advancement of HT into main stream professional business

arenas and believes payment for HT service should elevate to the level of other well respected professional practices.





by Sharon Robbins, HTPA Executive Director

As Healing Touch and other energy healing practices continue to gain their rightful place in wellness management, as well as, complementing all health care services, we experience the rise in legal exposure, "professional" scrutiny and the need to adhere to higher "professional" standards. Whatever the profession, society expects those who are in it to meet and maintain standards.

Healing Touch Program (HTP) has set its professional standards with an established Code of Ethics (to read the full Code of Ethics <u>click here</u>). Within HTP's Code of Ethics, it is clearly stated (#11 – Legalities), that "it is expected that HT Practitioners will carry liability/malpractice insurance according to state, federal and professional laws to protect themselves and clients."

There are other important reasons to carry Liability Insurance. It is protection against financial devastation and/or career ruin. Protecting yourself, your assets and/or your business with Professional Liability Insurance is a very low cost, wise step to guard against any potential legal claims that might arise from client dissatisfaction, claims of negligence, misrepresentation, etc.

Along with the rise in demand for our services there is also a rise in potential legal claims – whether you practice as a volunteer, charge a fee or do not charge, Liability Insurance gives you the peace of mind that if such a claim were made you will have the legal representation needed without the exorbitant costs otherwise associated with that type of legal defense. Even if you practice with the utmost care and provide the best quality of service, clients can perceive you did them harm. In addition, along with Professional Liability Insurance you receive General Liability Insurance that will cover claims from accidental bodily injury, property damage or personal injury (e.g. slip and fall) that might occur to your client while you are rendering your services.

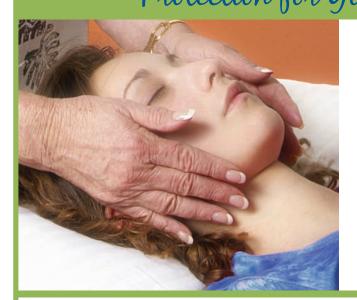
Through Healing Touch Professional Association (HTPA) you are able to obtain General and Professional Liability Insurance coverage specifically designed for energy-based practice (in addition to Healing Touch, there is coverage offered for an extensive number of energy-based modalities) and HTPA's staff understands the special needs of energy practice.

Most employer-provided coverage does not cover you when you practice outside of your job description, during non-work hours or outside your workplace, nor does it cover a private practice. It is necessary to carry your own Liability Insurance policy. The reward is that for pennies per day you will be covered while practicing any where - in your home, office, traveling and/or even volunteering. Homeowners' insurance rarely covers homebased business losses nor does it cover what a Professional Liability policy covers. If you rent space for your practice you may be required to have your landlord listed on your coverage as an additional insured, this too is available on request for a very nominal administrative fee.

It is easy to apply. Simply go to the <u>HTPA website</u> where you will find the Liability Insurance application which you can print, complete and either mail or fax to the HTPA office.

This is protection for you and the practice you love!

# Liability Insurance for your Energy Practice Protection for You and the Practice You Love



## For All Energy Healers Volunteers, Students, Practitioners and Instructors

- Low Cost Professional Liability Protection
- Practicing In Your Home, Office, While Traveling and/or When Volunteering
- Coverage Specifically Tailored for Energy-based Practice

# Modalities Covered

\*Healing Touch \*Healing Touch For Animals (excl. Equine) \*Healing Touch Spiritual Ministry \*Acupressure Alexander Technique **Applied Kinesiology** Aura Healing & Aura Reading Barbara Brennan Healing Science Breathwork \*Bodytalk **Clairvoyant Reader Color Therapy** \*Craniosacral Therapy **Crystal Healing** Eden Energy Medicine \*EFT Energetic Healing (EH) **Energy Balancing Energy Field Work Energy Tapping** Esoteric Healing. Jin Shin Jyutsu Integrated Energy Therapy<sup>®</sup> (LET) Kinesiology

Lionheart Institute's Energy Healing Therapist (EHT) Magnified Healing **Matrix Energetics** \*Pranic Healing **Polarity Therapy** Psvch-K **Reconnective Healing** \*Reiki **Rising Star Healing Rosen Method** Shamballa Multi-Dimensional Healing Shamanic Healing \*Sound Healing \*Therapeutic Touch Touch For Health \*Qigong \*Quantum Touch Zero Balancing **Massage Therapy** \*Reflexology Amma Therapy **Bowen Technique** Hawaiian Bodywork **Kripalu Bodywork** 

#### **Talking Modalities**

\*Guided Imagery \*Hypnotherapy **Energy Psychology** Health Coaching Laughter Leader Life Coaching Spiritual Counseling **Movement** Feldenkrais Method **Pilates** \*T'ai Chi Yoga **Subtle Energy of the Senses** \*Aromatherapy **Raindrop Therapy** Assessment **Biofeedback** Iridology

\* On original application



Other modalities may also be covered. Contact us if your modality is not listed.

available through the Professional Association

Find out more at HTProfessionalAssociation.com or call (210) 497-5529

# So, why are you going to Peru?

by Helene Cohen, MA, CCC-SLP

So, why are you going to Peru? Is this a spiritual journey? Do you know people there? Are you interested in the culture? These are questions that were being asked of me by people when they learned that I was travelling by myself to a country I knew nothing about to meet up with people I did not know. Truth was that I couldn't clearly define my answer, as I did not quite know myself. Sounds crazy but let me explain.

Steve Jobs in a commencement address given several years back stated (and I paraphrase) that you can never connect the dots going forward but in looking backward you can see how all the experiences you have had up to that point have prepared you for the next one. For years, I have been interested in energy medicine and have dabbled in it through many forms – a little healing touch, a little reiki, a little dousing, a little meditation, a lot of books, etc. etc.

In November 2009, while reading Energy Magazine, Healing Touch's monthly e-magazine, I saw the ad for Eagle-Condor Adventures, which got my attention immediately. Later that evening, I told friends about the trip and talked about my interest in going as Peru had always held an attraction for me for reasons unknown. I would see posters of Machu Picchu and felt drawn into the photo and knew that this was a place that I would like to visit someday.

I started looking into the logistics and then got caught up with life. Somehow time had gotten by and the idea dropped – temporarily. The universe was not going to let me get away that easily! In February 2010, I was with a diverse group of people at a neighborhood gathering and one gentleman started talking about the book "The Celestine Prophesy" which was set in Peru. The conversation got my attention for several reasons. For



one, the person who brought up the book was someone I would never imagined to every pick up a book that was not scientifically or historically based. Secondly, I had read that book when it first came out years back and hadn't thought about it much in recent years. I thought the Peru coincidence random and put it aside. By this time in my life, I should have known better.

The next day, another friend mentioned to me on the phone that he was re-reading "The Celestine Prophecy." Now, I started listening – something is telling me to take that trip to Peru. I re-visited the Eagle-Condor website and had planned to email Mike and Tajinder that evening. When I got home and opened up my e-mail, awaiting me was an email from them announcing another option for the trip.

At this point, I felt that the universe was not nudging me but pushing me and I knew that I needed to go on this trip. I did not know why but I was clear that there was something for me in Peru and I needed to go to find out what that was. I also knew that I would come back changed but had no idea what that change would look like. So, in the absence of a known story, our ego often makes one up. My expectation was that I was going to come back with the desire to leave my job and my close relationships. However, thankfully that was not what happened. My biggest gift from the trip was a profound sense of gratitude for all that I have. My heart was opened in ways that I could not have imagined. Instead of leaving those things of dissatisfaction behind, I now have such an appreciation of my life and everything within it. Another gift that I received was a renewed connection with the earth. The Peruvian's live in such harmony with their environment and I felt that in my busy life I had lost that. Now I take the time to spend a few moments (or more if I can) soaking up and giving thanks for the wonders of this earth.

A third gift is recognition of the interconnectedness of the universe and our role in energetically contributing to the world we want to see. Since returning from Peru, I feel an awakening and huge acceleration in my personal development. My intuition is sharper, my dreams more vivid, my senses enhanced. I've been very busy reading, taking workshops and integrating Peruvian energy medicine and other energy healing modalities into my own personal practice and not to be trite but "shift" did happen.

Throughout the journey and beyond, I feel very blessed to have been part of such ac caring, inquisitive, supportive and fun group of travel companions who are all dedicated toward their spiritual development and especially toward each other. Mike and Tajinder went out of their way to accommodate everyone's physical and learning needs. Anytime a need/desire was expressed, the opportunity was presented to fulfill it for which I was and remain very grateful. Their love and commitment to the spiritual traditions of Peru are unparalleled and they are natural and enthusiastic teachers.

In reflection, I can easily answer the question of why the universe was pushing me to go on this trip to Peru with Eagle Condor Adventures. I believe it was the catalyst for personal renewal and transformation and a beginning rather than an end in itself. And so the journey continues...

About the author:



on Peru tours.

Helene has a Master of Arts in Communicative Disorders and Sciences from SUNY Buffalo and has taken Healing Touch Levels 1-3 and Reiki I. She is a member of the Appalachian Chapter, American Society of Dowser's.

Visit www.hatunmunay.com to for more information

## **Eagle-Condor Peru Adventures**

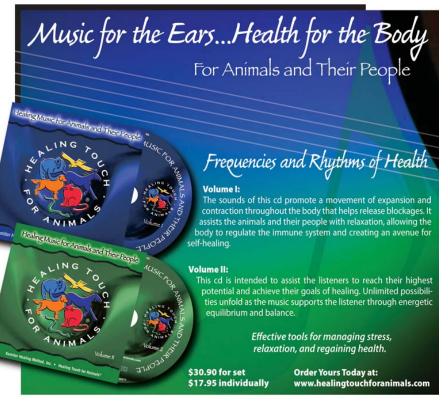
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We work with some of the most extraordinary medicine men and women, in this opportunity to enhance your healing skills and open your heart. Join us to experience the Peruvian Medicine Teachings about unconditional love (Munay), joy, radiant health, and harmony (Anyi). Our journey will be one of profound experiences, transformation, as well as fun and laughter.

Mike and Tajinder Hammer, CHTP (858) 793-7949 info@HatunMunay.com







# Janet Mentgen Vision Fund

August 2010 Recipient

## Aparna Bhatta, HTCP

"Namaste" is the traditional greeting in Nepal, meaning "I honor the spirit in you - which is also in me." This is the way Aparna Bhatta will greet you in her clinic in Kathmandu, Nepal.

Aparna Bhatta is a ball of energy and gets things done. She loves Healing Touch and completed Level 5 while living in the United States. Recently she became the only Healing Touch Certified Practitioner in India and Nepal. She started three clinics and a school.

In August 2010, Healing Touch Worldwide Foundation approved a Janet Mentgen Vision Fund Scholarship of \$3000 to assist in Aparna's return to the United States for her Instructor training in Healing Touch. She said, "The next time you come, I will meet you in Delhi for a class and then we will also teach in Thailand because I speak the language." The door for HT in Nepal, Thailand and India is being propped open by Aparna Bhatta.

<u>Click here</u> to see a 30 second video introducing Aparna.



# A Year End Note From the Healing Touch Worldwide Foundation



Now is a good time to honor your mentor, thank your teacher and make a tribute to your four legged friends. 'Tis the season for blessings, gratitude and giving. Donate to the HTWF now and receive the 2010 limited edition charm as a thank you for your contribution. This is your last chance as this unique gift will not be available after this year. Donations help spread the work of HT through research and outreach programs. This holiday season, what could be a better way to show your support for the work you do, appreciation for special friends, and dedication to the future of Healing Touch? A note will be sent to your honoree from the Foundation on your behalf. Go to htwfoundation. org for more information and click on the DONATE tab. Donations are tax deductible. The HTWF Board of Trustees wishes the Healing Touch Community a happy and healthy holiday. We also thank you for your tremendous support this year. Together we can all make a difference!

# Healing Touch Introduced to Japan



by Rumi Hashimoto, MSN, RN, HTCP/I and Katrina N. Shibata, MPH, CHES

In August 2010, the first official Healing Touch Program Level 1 Class was taught in Japan. The class was conducted in Japanese by Rumi Hashimoto, MSN, RN, HTCP/I, a native of Japan and Healing Touch Certified Instructor (cofounder, Hashiba Institute, www.hashibahealth.com). The Level 1 Class, sponsored by the Japanese Holistic Nurses Association (JHNA), brought together Nurses and Professors of Nursing from various specialties across Japan to experience Healing Touch in their native language.

"Having the opportunity to learning Healing Touch in Japanese, I feel like I truly understand the deeper meaning of this healing work. It was both enjoyable and meaningful to learn Healing Touch in my own language," said a Level 1 Class participant.

Hashimoto, who has been studying Healing Touch for over 15 years, incorporates her ancestral understanding of energy into her practice and teaching. "The concept of 気 ("ki"), or "energy," is deeply rooted in the Japanese language and culture. It carries meaning and strength that I believe can help broaden our understanding of this work," said Hashimoto. For example, Japanese often use the phrase, 気をつけて ("Ki-o-tsu-ke-te"), which is typically translated to "Be careful" in English. However, the literal meaning of 気をつけて ("Ki-o-tsu-ke-te") is "to pay attention to energy flow." Through our conscious awareness of energy flow within and around us, we will in turn be more attentive to all that is happening in our lives. Simply stated, we will be present in the moment and "careful" with our actions. Although inherent to Japanese culture, through the study of Healing Touch, all students are given an opportunity to reconnect with the philosophy and spirit of "気".

The Hashiba Institute, cofounded by Hashimoto and Katrina Shibata, MPH, CHES, is focused on weaving together the spirited influences of "気" in Japanese culture and the fundamental teaches of Janet Mengten and the Healing Touch Program. Through the creation of Healing Touch Japan, the goal is to support the long-term growth and expansion of Healing Touch Program in Japan while promoting international exchange and cultivating cultural sensitivity. "We are excited to lead the Healing Touch movement in Japan. Our hope (through Healing Touch Japan) is to provide students in Japan the opportunity to learn Healing Touch in their native language, as well as to support a growing and sustainable Healing Touch community within their country," said Shibata.

The Institute continues to work in collaboration with the Healing Touch Program to coordinate the translation of student materials, and will work directly with workshop coordinators and students within Japan. The Institute is also exploring ways to encourage ongoing practice groups in Japan through the JHNA local network groups. The Institute is now hosting a new Japanese-only website, www.HashibaHealth.com/ja, with up-todate information about Healing Touch in Japan and worldwide. Upcoming Healing Touch workshops in Japan are currently being scheduled for spring 2011 and will be announced to the public in the coming months.



About the authors:



Rumi Hashimoto, MSN, RN, HTCP/I, is a Japanese native. She is currently living in Long Beach, California and holds a Nursing license both in Japan and the U.S. Rumi received her basic Nursing education in Japan and later completed her graduate degree in Nursing at UCLA. She is a full-

time Nursing faculty at Golden West College, School of Nursing and co-founder of the Hashiba Institute where she explores ways to promote self-sustainable health through education, and community building. With over 15 years of experience in Healing Touch, she teaches both Level 1 and Level 2 classes at the Institute in Long Beach, California.



Katrina N. Shibata, MPH, CHES, is a third-generation Japanese-American. Katrina grew up in Southern California before working as an educator in Japan's public school system. During her time in Japan, she spent one year on scholarship, researching Japanese medical history

and the Japanese medical system. Katrina is a Certified Health Education Specialist and cofounder of the Hashiba Institute. She is also a student of Healing Touch. Twentieth Anniversary Edition

# Healing Touch Guidebook

Practicing the Art and Science of Human Caring

Dorothea Hover-Kramer, Ed.D., RN, D.CEP Foreword by Jean Watson, Ph.D., RN, FAAN

"Healing Touch Guidebook provides Janet Mentgen's vision for a healing modality that is now part of the recognized field of Energy Medicine. Dorothea is a master communicator as well as a wise, founding elder in the practice of energy therapies. The work is written from a comprehensive body-mind-spirit perspective that expands the existing science and art of Healing Touch. It offers new insights for practice, education, and research with guidelines to bring the modality to the forefront of healthcare."

—**Barbara Dossey,** PhD, RN, AHN-BC, FAAN, Author, *Holistic Nursing: A handbook for practice* (5th ed) and *Florence Nightingale: Mystic visionary, healer.* 

"The *Healing Touch Guidebook* is an extraordinary resource for healers, healthcare professionals and anyone interested in gaining a better understanding of the dynamics involved in Healing Touch. This book is a must-read for those interested in the research, conceptual underpinnings, and practical application of Healing Touch. It is certain to become one of the seminal, foundational books that address subtle, energy healing."

—Lucia Thornton, RN, MSN, AHN-BC Past-President American Holistic Nurses Association

Order your copy today through the Healing Touch Store!

#### 2010-11 Class Schedule

# HEALING TOUCH Class Schedule 2010•2011

The most up-to-date class schedule can be found on the Healing Touch Program web site www.HealingTouchProgram.com. If you have questions or need to change the information on your listing please contact the HTP office at 210-497-5529 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accrediataion. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Lo	cation	Coordinator	Phone	Email	Instructor
Intro						
1/13/2011	со	Del Norte	Joanne Kaufman	(719) 580-6158	joannekaufman@yahoo.com	Joanne Kaufman
1/15/2011	CO	Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
1/22/2011	CO	Alamosa	Joanne Kaufman	(719) 580-6158	joannekaufman@yahoo.com	Joanne Kaufman
Level 1						
1/6 & 1/11/2011	DE	Wilmington	Jill Connolly	(610) 268-0907	JillConnolly@comcast.net	Walle Adams-Gerdts
1/8-9/2011	VA	Herndon	Connie Hambrock	(571) 331-9208	connie.hambrock@gmail.com	Maureen McCracken
1/8-9/2011	VA	Winchester	Charles Kelsoe	(540) 974-0836	charles@kelsoe.com	Krista Hall
1/8-9/2011	NC	Charlotte	Arlene Mauney	(704) 724-1912	afmauney@yahoo.com	Pruett/Henderson
1/8-9/2011	CA	Chico	Susan Patricio	(530) 342-7092	susanlpatricio@yahoo.com	Susan Patricio
1/14-15/2011	ТΧ	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
01/15-16/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
01/15-16/2011	ОН	Dayton	N. Craig Hall	(757) 289-2778	ncraighall@gmail.com	Marilyn Stulb
1/15-16/2011	MO	St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
1/15-16/2011	MO	St Louis	Linda Elaine Smith	(314) 995-3999	lesrhs@sbcglobal.net	Linda Elaine Smith
1/15-16/2011	OH	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
1/15-16/2011	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
1/21-22/2011	OH	Hudson	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
01/22-23/2011	AZ	Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
1/22-23/2011	NJ	Egg Harbor Township	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Jean M White
1/22-23/2011	CO	Boulder	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Hutchison/Rolando
1/22-23/2011	ID	Fruitland	Marilynn Jackson	(208) 318-6010	RN@IntuitiveOptions.org	Jackson/Scepka
1/22-23/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
1/22-23/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
1/22-23/2011	CA	San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
1/22-23/2011	OH	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
01/23-24/2011	MD	Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
1/28-30/2011	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
01/29-30/2011	CA	Long Beach	Katrina N Shibata	(714) 330-4030	HealingTouchConnection@gmail.com	Rumi Hashimoto
01/29-30/2011	СО	Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
						continued on page 33

Date	Lo	cation	Coordinator	Phone	Email	Instructor
Level 1 cont	inued	k				
1/29-30/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
1/29-30/2011	DE	Wilmington	Jane Abbey	(484) 467-2012	stilllove3@verizon.net	Walle Adams-Gerdts
1/29-30/2011	OR	Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
2/4-5/2011	СТ	Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Beth Wright
2/5-6/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
2/5-6/2011	со	Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
2/11-13/2011	VA	South Hill	Marilyn Stulb	(757) 539-4413	mhstulb@yahoo.com	Marilyn Stulb
2/12-13/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
2/12-13/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
2/12-13/2011	CO	Fort Collins	Sue Walker	(970) 690-8865	sue@wellnesswithinus.com	Walker/Pointer
2/12-13/2011	AZ	Surprise	J.M. Givens-Myers	(757) 206-6943	cocr8or@yahoo.com	J.M. Givens-Myers
2/12-13/2011	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
	CO	Ft Collins	Corinna Kromer	. ,	corinna@healthawarenesscoach.com	Sharon Myrah
2/12-13/2011				(970) 310-9444		Janna Moll
2/19-20/2011	CO	Alamosa	Joanne Kaufman	(719) 580-6158	joannekaufman@yahoo.com	
2/19-20/2011	CO	Littleton	Drea Robertson	(720) 291-0967	drea@drearobertson.com	Carol Komitor
2/19-20/2011	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
2/19-20/2011	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
2/25-27/2011	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
2/25-27/2011	YK	Whitehorse	Judi Urquhart	(867) 633-2493	judi.urquhart@gmail.com	Betty Petersen
2/26-27/2011	VA	Winchester	Charles Kelsoe	(540) 974-0836	charles@kelsoe.com	Krista Hall
2/26-27/2011	CA	Redding	Susan Patricio	(530) 342-7092	susanlpatricio@yahoo.com	Susan Patricio
2/26-27/2011	IL	Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
2/26-27/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
2/26-27/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
03/1-2/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
3/4-5/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
3/4-6/2011	AB	Calgary	Mount Royal University	(403) 440-3833		Betty Petersen
3/5-6/2011	PA	Philadelphia	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Jean M White
3/5-6/2011	IL	Frankfort	Kathryn Hungness	(708) 258-0326	itsthelady@yahoo.com	Mary Sinclair
3/5-6/2011	MO	St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
3/12-13/2011	SK	Swift Current	Judy Ross	(306) 264-3653	djross@yourlink.ca	Betty Petersen
3/12-13/2011	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
3/12-13/2011	СО	Highlands Ranch	Janna Moll	(303) 346-3809	Janna@energymedicinespecialists.com	Janna Moll
3/12-13/2011	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
3/12-13/2011	CO	Arvada	Barbara Salage	(303) 422-2377	barbarasalage@hotmail.com	Barbara Salage
03/19-20/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
3/19-20/2011	NV	Reno	Susan Patricio	(530) 342-7092	susanlpatricio@yahoo.com	Susan Patricio
3/19-20/2011	OR	Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
3/25-27/2011	AB	Edmonton	Joanne Ross	(780) 416-9494	joanne.ross@shaw.ca	Betty Petersen
3/26-27/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
3/26-27/2011	IL	Chicago	Lynne O'Donnell	(312) 569-2842	lynne.odonnell@va.gov	Ann OMalley
3/26-27/2011	ОН	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
4/1-2/2011	WI	Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
4/2-3/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
4/2-3/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
4/9-10/2011	IL	Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
4/9-10/2011	VA	Winchester	Charles Kelsoe	(540) 974-0836	charles@kelsoe.com	Krista Hall

#### Date Location Level 1 continued

OH

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4/15-16/2011

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Regina

Norfolk

Reno

Cincinnati/Loveland

**Highlands Ranch** 

Elizabethtown

#### Phone Coordinator

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Susan Patricio

Katrina N Shibata

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#### Instructor

Nancy Strick Rumi Hashimoto Vickie Smith Susan DeSalvo Reed Susan Patricio Theresa Kajs Sharon Myrah Janna Moll Cindy Palajac Jackie Page Linnie Thomas Charlette Lev Gordon Nancy Strick Keela Marshall Daniel Snyder Sr Rita Jean DuBrey **Betty Petersen** Marilyn Stulb Susan Patricio Joyce Rudenick Dee Gerken Cindy Palaiac Janna Moll Betty Petersen Jackie Page Linnie Thomas Lvnn Placek Vickie Smith Susan Patricio Theresa Kajs Jackie Page Keela Marshall Susan DeSalvo Reed Nancy Strick Charlette Lev Gordon Jackie Page Cynthia Hutchison Vickie Smith Cindy Palajac Joyce Rudenick Susan Patricio Daniel Snyder Keela Marshall Cynthia Hutchison Nancy Strick Susan DeSalvo Reed Susan Patricio

continued on page 35

8/13-14/2011	CA	Sacramer
9/9-10/2011	OH	Akron
9/10-11/2011	OH	Cincinnati
9/10-11/2011	PA	Elizabetht
9/10-11/2011	CO	Boulder
09/17-18/2011	NV	Las Vega
9/17-18/2011	ON	London
9/17-18/2011	MN	St Paul
9/17-18/2011	NV	Reno
9/17-18/2011	OH	Cincinnati
9/23-25/2011	WA	Seattle
10/8-9/2011	CO	Littleton
10/14-15/2011	OH	Youngsto
10/15-16/2011	CA	Sacramer
10/15-16/2011	CA	Chico
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MN St Paul ΑZ Sedona ON London Alamosa CO BC Kimberley PA Elizabethtown OR Tualatin MO St Louis NV Las Vegas CA Chico OH Cincinnati/Loveland Elizabethtown PA WA Seattle nto ti ntown s ti own nto

Theresa Kajs Mary Brenzel Janna Moll Cindy Palajac Jackie Page Linnie Thomas Holly Stetter Linda Morrison Keela Marshall Daniel Snyder Sr Rita Jean DuBrey Brenda Bieber Debra Woodell Susan Patricio Joyce Rudenick Dee Gerken Cindv Palaiac Joanne Kaufman Susie MacDonald Jackie Page Linnie Thomas Kim Finck Teresa Kunz Susan Patricio Theresa Kajs Jackie Page Keela Marshall Susan DeSalvo Reed Nancy Strick Holly Stetter Jackie Page Deborah O'Sheerin Teresa Kunz Cindy Palajac Joyce Rudenick Susan Patricio Daniel Snyder Keela Marshall Deborah O'Sheerin Linda Morrison Susan DeSalvo Reed Susan Patricio

(707) 928-6565 (530) 342-7092 (513) 683-0987 (479) 571-3475 (303) 346-3809 (519) 685-1670 (717) 756-1861 (503) 454-0469 (513) 985-6736 (724) 658-5422 (206) 545-7387 (513) 221-1660 (518) 841-7146 (306) 545-7008 (757) 853-5930 (530) 342-7092 (651) 254-1497 (760) 774-1512 (519) 685-1670 (719) 580-6158 (250) 427-7800 (717) 756-1861 (503) 454-0469 (636) 259-0097 (702) 493-0695 (530) 342-7092 (513) 683-0987 (717) 756-1861 (206) 545-7387 (707) 928-6565 (330) 554-2466 (513) 985-6736 (717) 756-1861 (303) 447-3264 (702) 493-0695 (519) 685-1670 (651) 254-1497 (530) 342-7092 (513) 221-1660 (206) 545-7387 (303) 447-3264 (724) 658-5422 (707) 928-6565 (530) 342-7092

Date	Lo	cation	Coordinator	Phone	Email	Instructor
Level 1 conti	inued	k				
10/15-16/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
10/22-23/2011	ОН	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/22-23/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Joyce Rudenick
10/22-23/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/4-6/2011	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
11/5-6/2011	ОН	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
11/12-13/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/13-14/2011	IL	Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
11/19-20/2011	ОН	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/3-4/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
Level 2				/		
1/8-9/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
1/11-12/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
01/15-16/2011	PA	Harrisburg	Mary Pat FitzGibbons	(607) 217-7023	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
1/15-16/2011	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
01/22-23/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
1/28-29/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
1/29-30/2011	DE	Wilmington	Jane Abbey	(484) 467-2012	stilllove3@verizon.net	Jackie Page
1/29-30/2011	ТХ	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
2/4-5/2011	СТ	Greenwich	Beth Wright	(203) 622-6338	beth@bethwright.net	Jackie Page
2/5-6/2011	ID	Fruitland	Marilynn Jackson	(208) 318-6010	RN@IntuitiveOptions.org	Jackson/Pointer
2/5-6/2011	NJ	Egg Harbor Township	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Maureen McCracken
2/5-6/2011	WI	Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
2/12-13/2011	ТΧ	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
2/19-20/2011	NT	Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
2/19-20/2011	CA	Long Beach	Katrina N Shibata	(714) 330-4030	HealingTouchConnection@gmail.com	Rumi Hashimoto
2/26-27/2011	MD	Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
2/26-27/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
2/26-27/2011	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
2/26-27/2011	CO	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
2/26-27/2011	CO	Alamosa	Joanne Kaufman	(719) 580-6158	joannekaufman@yahoo.com	Janna Moll
03/5-6/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
3/5-6/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
3/19-20/2011	OH	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
3/19-20/2011	PA	Philadelphia	Jean M White	(267) 374-0187	PAhealingtouch@gmail.com	Jean M White
3/25-27/2011	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
4/1-2/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
4/2-3/2011	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
4/2-3/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
4/2-3/2011	AB	Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
4/9-10/2011	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
4/9-10/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
4/16-17/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
4/30-5/1/2011	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
4/30-5/1/2011	IL	Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
5/1-2/2011	AR	Fayetteville	Mary Brenzel	(479) 571-3475	mebrenzel@gmail.com	Sharon Myrah

Instructor

# DateLocationLevel 2 continued

5/6-8/2011	AB	Calgary	Mount Royal University	(403) 440-3833		Betty Petersen
5/14-15/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
5/14-15/2011	NT	Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
5/21-22/2011	СО	Highlands Ranch	Janna Moll	(303) 346-3809	Janna@energymedicinespecialists.com	Janna Moll
6/4-5/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
6/4-5/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
6/10-12/2011	MB	Winnipeg	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
06/11-12/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
6/11-12/2011	IL	Chicago	Lynne O'Donnell	(312) 569-2842	lynne.odonnell@va.gov	Ann OMalley
6/25-26/2011	OH	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
6/25-26/2011	MO	St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
7/15-16/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
07/16-17/2011	AZ	Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
07/16-17/2011	AZ	Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
7/16-17/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
8/6-7/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
9/17-18/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
9/17-18/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
9/24-25/2011	ОН	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/1-2/2011	MB	Winnepeg	Christine Antenbring	(204) 414-4888	cantenbring@gmail.com	Betty Petersen
10/8-9/2011	CO	Littleton	Deborah O'Sheerin	(303) 447-3264	dohealingtouch@hotmail.com	Janna Moll
10/14-15/2011	CO	Alamosa	Joanne Kaufman	(719) 580-6158	joannekaufman@yahoo.com	Janna Moll
10/15-16/2011	CO	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
10/15-16/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
10/21-23/2011	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
10/22-23/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
11/4-5/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
11/12-13/11	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
11/12-13/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/19-20/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
12/3-4/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
Level 3						
1/15-16/2011	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
1/15-16/2011	IL	Chicago	Lynne O'Donnell	(312) 569-2842	lynne.odonnell@va.gov	Marcia Bregman
1/22-23/2011	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
2/19-20/2011	OR	Lake Oswego	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
2/26-27/2011	ТХ	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
2/26-27/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
2/26-27/2011	ΤN	Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	S. Scandrett Hibdon
3/11-13/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
3/26-27/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
3/26-27/2011	MD	Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
4/1-3/2011	OH	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
4/9-10/2011	CO	Highlands Ranch	Janna Moll	(303) 346-3809	Janna@energymedicinespecialists.com	Janna Moll
4/9-10/2011	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
4/16-17/2011	CO	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison

Coordinator

Phone

Email

Date	-	cation	Coordinator	Phone	Email	Instructor
Level 3 cont	inueo	1				
4/40 47/0044	14/1		Marian Diazas	(000) 004 5000	marianhlanar@amail.aam	C. Cooperate Likedon
4/16-17/2011	WI	Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	S. Scandrett-Hibdon
5/14-15/2011	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
5/20-21/2011	OH 	Cleveland	Linda Morrison	(724) 658-5422	morlibrary@aol.com	TBA
5/21-22/2011	IL NO	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
6/4-5/2011	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
6/4-5/2011	AB	Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
6/11-12/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
6/24-26/2011	AB	Calgary	Betty Petersen	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Petersen
6/25-26/2011	CO	Highlands Ranch	Janna Moll	(303) 346-3809	Janna@energymedicinespecialists.com	Janna Moll
7/9/2011	PA	Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Tina Devoe
8/20-21/2011	OH	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/20-21/2011	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
9/17-18/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
9/24-25/2011	OH	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
10/1-2/2011	MO	St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek
10/22-23/2011	NT	Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
11/4-5/2011	OH	Cleveland	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	ТВА
11/4-6/2011	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
11/11-13/2011	ОН	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
11/19-20/2011	со	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
11/19-20/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
12/4-5/2011	CA	Sacramento	Susan DeSalvo Reed	(707) 928-6565	blueskyz@idiom.com	Susan DeSalvo Reed
2/25-26/2012	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	Tim McConville
5/5-6/2012	MB	Winnepeg	Christine Antenbring	(204) 414-4888	cantenbring@gmail.com	Betty Petersen
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Level 4						
1/20-23/2011	MI	Roscommon	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
3/3-6/2011	VA	Virginia Beach	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Maureen McCracken
3/24-27/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
4/28-5/1/2011	ΤХ	Houston	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
5/12-15/2011	MN	St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett Hibdon
5/12-15/2011	GA	Atlanta	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
5/19-22/2011	PA	Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Nancy Lester
7/21-24/2011	IL	Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
10/27-30/2011	AB	Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Petersen
12/8-11/2011	WA	Union	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
			C C			
Level 5						
1/13-16/2011	BC	Nanaimo	Jeannett Nienaber	(250) 247-7297	emeraldchakra@gmail.com	Betty Petersen
03/17-20/2011	AB	Calgary	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Petersen
5/12-15/2011	MN	St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
5/12-15/2011	GA	Atlanta	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Ines Hoster
5/19-22/2011	PA	Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
6/2-5/2011	NY	Niskayuna	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Maureen McCracken
7/21-14/2011	IL	Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
9/22-25/2011	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cynthia Hutchison
12/8-11/2011	WA	Union	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
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Advanced Practice 11/29/2011MDGlen BurnieHT Program(210, 497-5529 (210, 497-5529registration@healingtouchprogram.comCynthia Hutchison2/12/2010COBoulderHT Program(210, 497-5529 (210, 497-5529registration@healingtouchprogram.comCynthia Hutchison4/9/2011ABCalgaryDonnie Forry(403) 547-5284drforry@shaw.caCynthia Hutchison10/8/2011NYAmsterdamHT Program(210) 497-5259registration@healingtouchprogram.comSr Rita Jean DuBreyAdvanced Practice 21/30/2011MDGlen BurnieHT Program(210) 497-5529 (210) 497-5529registration@healingtouchprogram.comCynthia Hutchison2/13/2011COBoulderHT Program(210) 497-5529 (210) 497-5529registration@healingtouchprogram.comCynthia Hutchison2/13/2011COBoulderHT Program(210) 497-5529 (403) 547-5284registration@healingtouchprogram.comCynthia Hutchison4/10/2011ABCalgaryDonnie Forry(403) 547-5284drforry@shaw.caCynthia Hutchison10/9/2011NYAmsterdamHT Program(210) 479-2259registration@healingtouchprogram.comSr Rita Jean DuBreyAdvanced Practice 1 & 21/29-30/2011MDGlen BurnieHT Program(210) 497-5529registration@healingtouchprogram.comSr Rita Jean DuBrey	Date	Lo	cation	Coordinator	Phone	Email	Instructor
1/29/2011MDGlen BurnieHT Program(210) 497-5529 (210) 497-5529registration@healingtouchprogram.com registration@healingtouchprogram.com drforry@shaw.caCynthia Hutchison Cynthia Hutchison Cynthia Hutchison Sr Rita Jean DuBrey4/9/2011ABCalgary AmsterdamDonnie Forry HT Program(210) 497-5529 (403) 547-5284registration@healingtouchprogram.com drforry@shaw.ca registration@healingtouchprogram.comCynthia Hutchison Cynthia Hutchison Sr Rita Jean DuBreyAdvanced PracticzTMDGlen BurnieHT Program HT Program(210) 497-5529 (210) 497-5529registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com registration@healingtouchprogram.com offorry@shaw.ca registration@healingtouchprogram.com offorry@shaw.ca registration@healingtouchprogram.com Sr Rita Jean DuBreyAdvanced PracticzHT Program Donnie Forry HT Program(210) 497-5529 (210) 497-5529 (210) 497-5529 (210) 497-5529 registration@healingtouchprogram.com drforry@shaw.ca registration@healingtouchprogram.com Sr Rita Jean DuBreyCynthia Hutchison Sr Rita Jean DuBreyAdvanced PracticzHT Program HT Program(210) 497-5529 (210) 479-2259registration@healingtouchprogram.com registration@healingtouchprogram.com Sr Rita Jean DuBreyAdvanced PracticzSSSSSSAdvanced PracticzSSSSSS							
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Advanced Practice 2         1/30/2011       MD       Glen Burnie       HT Program       (210) 497-5529       registration@healingtouchprogram.com       Cynthia Hutchison         2/13/2011       CO       Boulder       HT Program       (210) 497-5529       registration@healingtouchprogram.com       Cynthia Hutchison         4/10/2011       AB       Calgary       Donnie Forry       (403) 547-5284       drforry@shaw.ca       Cynthia Hutchison         10/9/2011       NY       Amsterdam       HT Program       (210) 479-2259       registration@healingtouchprogram.com       Sr Rita Jean DuBrey	4/9/2011	AB	Calgary	Donnie Forry	(403) 547-5284	drforry@shaw.ca	Cynthia Hutchison
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10/9/2011       NY       Amsterdam       HT Program       (210) 479-2259       registration@healingtouchprogram.com       Sr Rita Jean DuBrey         Advanced Practice 1 & 2	2/13/2011	со	Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Advanced Practice 1 & 2	4/10/2011	AB	Calgary	Donnie Forry	(403) 547-5284	drforry@shaw.ca	Cynthia Hutchison
	10/9/2011	NY	Amsterdam	HT Program	(210) 479-2259	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
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4/9-10/2011 AB Calgary Donnie Forry (403) 547-5284 drforry@shaw.ca Cynthia Hutchison	4/9-10/2011	AB	Calgary	Donnie Forry	(403) 547-5284	drforry@shaw.ca	Cynthia Hutchison
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Self Care Class	Self Care Class						
3/5/2011 MD Glen Burnie Zinda Wienke (410) 439-0601 z.wienke@verizon.net Nancy Lester	3/5/2011	MD	Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
Mentorship Training Course	Mentorship Train	ing Co	ourse				
2/8-4/5/2011 Online HT Program (210) 497-5529 registration@healingtouchprogram.com Janna Moll	2/8-4/5/2011		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
2/10-4/7/2011 Online HT Program (210) 497-5529 registration@healingtouchprogram.com Janna Moll	2/10-4/7/2011		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
Chakras: Transformation for You and Your Clients	Chakras: Transfo	ormatic	on for You and Your Cl	ients			
2/2-3/16/2011 Online HT Program (210) 497-5529 registration@healingtouchprogram.com Cherry-Lee Ward	2/2-3/16/2011		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cherry-Lee Ward
HT Presentations Class	HT Presentations	s Class	i				
1/22/2011 CO Fort Collins HT Program (210) 497-5529 registration@healingtouchprogram.com Lauri Pointer	1/22/2011	со	Fort Collins	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
Self Care Training- FOR INSTRUCTORS ONLY							
Online HT Program (210) 497-5529 registration@healingtouchprogram.com Barbara Starke			Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
Childrens Class Training- Level 4 and Above							
Online HT Program (210) 497-5529 registration@healingtouchprogram.com Cynthia Hutchison			Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
The Power of Your Awareness Webinar	The Power of Yor	ur Awa	reness Webinar				
Online HT Program (210) 497-5529 registration@healingtouchprogram.com David J. Fiala			Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	David J. Fiala