

2010 Healing Touch Worldwide Conference











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Healing Touch Worldwide Conference 2010

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20822 Cactus Loop, San Antonio, Texas 78258 Phone 210-497-5529 Fax 210-497-8532

E-Mail: info@HealingTouchProgram.com
Web Site: www.HealingTouchProgram.com

General Info

Classes in your area Student Questions Certification Questions Web Support

info@HealingTouchProgram.com

Contact your Instructor or any Healing Touch Certified Instructor

Certification@HealingTouchProgram.com

Webmaster@HealingTouchProgram.com

Additional Resources

Healing Touch Practitioner Directory

Healing Touch Research

Healing Touch Professional Association

Healing Touch Worldwide Foundation, Inc.

www.HTPractitioner.com

www.HealingTouchResearch.com
www.HTProfessionalAssociation.com
www.HTWFoundation.org

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Energy Magazine™ Contact Info



Billy Courtney Editor



Nancy Strick Assistant Editor

energy@HealingTouchProgram.com 5411 Villa Mercedes, San Antonio, TX 78233 office 210-653-0127 fax 210-497-8532

Energy Magazine™ would love to hear your comments!

Greetings from Cynthia Hutchison Healing Touch Program Director

Dear Readers,

Welcome to the August Issue of Energy Magazine!

Each time I think of our recent annual Healing Touch Program Worldwide Conference, held August 5th-8th in Denver, I can't help but smile. For those of you unable to attend, I would love to share some highlights with you. To give you the feeling of the energy of our gathering, please click here to link to the conference photo album. An interesting aside is that just in the two weeks after conference, we discovered that the photos from the Flicker album were opened more than 24,000 times! A more detailed report, "Highlights from the HTP Annual Worldwide Conference" can be found further along in this issue.

This year's conference aligned closely in time with the fifth year anniversary of HTP founder Janet Mentgen's passing - September 15, 2005. Some of you are aware that our organization went through a transitional period as we moved forward to continue Janet's legacy and bring ourselves into alignment with sound business practices, technological innovations that would serve our community, and establish trusting, heart-centered relationships among the new leadership team which included Janet's choice of CEO, Lisa Mentgen Gordon and me as Program Director.

All organizations, including those spiritually oriented and in the healing arts, typically experience changes and challenges with the death of a founder, and many do not survive the transition. This year's conference theme, "The Joy of Healing: A Journey with Heart" appropriately matched our community's energy. We celebrated moving from the five year transitional phase of change to our current organization's chapter -- which reflects growing recognition in healthcare as Worldwide Leaders of Energy Medicine and our advancements toward bringing Healing Touch more and more into the arenas of life that Janet held close to her heart. These include her hope that HT would one day be in "every home, every healthcare facility, every hospital and every school."



HTP's growth and advancement includes the development of our children's and teen programs, availability of a wide variety of tele-courses, and making steady progress toward **becoming** the *first nationally accredited energy medicine program* in the United States, which has positive international ramifications as well.

Almost unanimously, attendees evaluated the conference with the highest possible ratings, with more than half taking time to write positive personal comments and words of gratitude. *More HT instructors attended this year's conference than any year* since our first "official" instructor meeting held in Arizona in 1996. (See page 12 for article). We are so grateful for the scores of volunteers and committee members who gave of their time and service to make this year's gathering the best ever. Thank you sooooooo much!

We hope to see you at next year's conference August 25-28 in San Antonio. The Conference will be held at the Grand Hyatt San Antonio Riverwalk.

As you continue reading, may you be filled with the love and joy experienced by each Conference attendee.

Jovfully.

Cynthia

Announcements & Letters

SPREAD HEALING TOUCH - HTPA OFFERS BUSINESS SUPPORT You are Invited to Our Informative "Live" Interviews

Join The Call Tuesday September 14th!

The Business Support "Live" Interview Conference Calls are held on the 2nd Tuesday of each month 9pm-10:15pm EST.

"Live" Interview conference calls are a FREE benefit for all HTPA members and non-HTPA members can listen in for only \$15.00.

Healer-preneurship
Bringing Together the Worlds of Business and Healing
with Marilee Tolen, RN, HN-BC, HTCP/I

Marilee is extremely experienced in business start-up, maintenance and expansion. She is among the most creative healers AND entrepreneurs (heavy on the "preneur"), in our Healing Touch Community. She has blazed trails as a Healer-preneur for over two decades battling challenges and enjoying empowerment for herself and others. Most recently (over the past 5+ years), Marilee has learned (through personal investment of time and money) and trained others in internet marketing and internet business know how. She has taken her healing work to the World Wide Web and has created a virtual community for holistic health care professionals and others interested in natural healing and the business of creating financial success. In this interview Marilee will be offering a perspective she encourages healers to embrace so they can amplify and accelerate their healing work in the world. She will do this by weaving insights and tips through her sharing her own journey.

To hear Marilee describe a bit of her interview follow this link to her video: http://www.youtube.com/watch?v=4ne8u-saCXQ

There's no doubt Marilee will inspire us and give us practical information that we can immediately apply. This conference call is for the open minded healer who wants to comfortably bring 'business' into his or her world of healing.

Click Here to Register Online Now!

ALL ARE WELCOME TO JOIN US

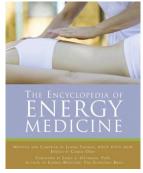


Congratulations to Linnie
Thomas, Healing Touch Certified
Instructor, who was interviewed by
Jody Seay for a half hour broadcast
on the topic of Healing Touch and her
new book The Encyclopedia of Energy
Medicine. This

was a wonderful and informative interview and is a great piece to pass on to others.

Click the link below to see the interview:

http://oregonstate.edu/media/srdgk-hiq



Save the Date

Healing Touch Worldwide Conference
Celebrate Healing: Bridging Science and Spirit
August 25-28, 2011
at the Grand Hyatt - San Antonio, Texas
on the world famous Riverwalk











photography by Cathy Anderson

Joy is the feeling of grinning inside.

-Melba Colgrove

Highlights from the 2010 Healing Touch Worldwide Conference

by Cynthia Hutchison, HTP Program Director, Photos by Cathy Anderson

For those of you who are interested in a summary of conference events here are some Conference highlights!

Pre-Conference events included two courses, *My Helpful Healing Touch* Children's Class Training taught by Lynn Placek, MA, HTCP/I and the *Healing Touch Presentations Class* taught by Lauri Pointer, BS, HTCP/I, Level 2 Lead Instructor with HTP. Both of these courses continue to grow in popularity as ways of expanding awareness of Healing Touch to wider audiences. Two **committees** also met - the international HTP Ethics Committee and the HT Certification Board which certifies practitioners and instructors around the world. The **Annual Instructor Gathering** met on Wednesday evening and all day Thursday for a total of eleven hours.

The **Main Conference Events** can be categorized into Celebrations, Keynotes/Workshops, Meetings and Social/Self Care Time.



The Welcome and Registration
Committee warmly greeted/oriented
everyone and then led registrants
to a table where they could add fun
ribbons to their name badges. For
example, along with my ribbons
- "Ask Me About Accreditation,
Ethics Committee, and Speaker"- a
few friends added "Easily Excitable!"

Chris Gordon (Lisa Mentgen Gordon's husband) had a ribbon that said "Cool Dude" and Kathy Layte, Co-Chair of the HTP Research Advisory Board ,had about 15 ribbons, reflecting her joyful and colorful personality.

We celebrated our togetherness in an inspiring **Opening Ceremony** that began with a slide show of photos submitted by attendees who shared joyful moments of their lives. The





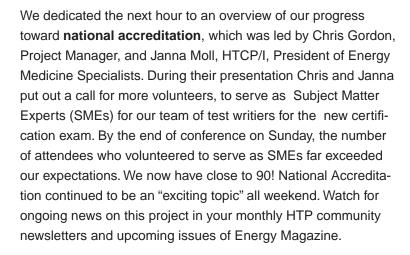
Above: Walle Adams-Gerdts, part of the conference entertainment committee, during the opening cerimony.

three sponsoring organizations which came together with one voice to create this wonderful conference were introduced by our Conference Mistress of Ceremonies, Mary Duennes, RN, MSN, HTCP/I. They are *The Institute of Spiritual Healing and Aromatherapy* (HT Spiritual Ministry) founded by Linda Smith, *Healing Touch for Animals*, founded by Carol Komitor and *Healing Touch Program*, founded by Janet Mentgen, and led by Lisa Mentgen Gordon (CEO) and myself (Program Director). With reverence, we lit the central conference candle fed by the lights of numerous single candles brought to the front of the great hall by representatives from each of the round tables. As the four leaders held hands, Mary, gave an invocation of joyful, healing intention for all attendees, speakers, volunteers and staff.

A dozen representatives of our worldwide community, including students, practitioners and instructors, individually shared **inspirational stories** about Healing Touch in their communities. We wish we could have told the scores of stories of which we are aware, but we hope that the samples that were offered brought joy, pride and motivation.



Above: Chris Gordon, National Accreditation Project Manager, gave an overview of the progress HTP has made towards accreditation.



The evening concluded with **Jetta Petrie**, LCSW, trauma therapist, Sundancer and Sacred Pipe Carrier, who led sacred **drumming** and then remained afterwards for those who wanted to continue. Drumming and dancing has historically been a favorite activity at HT conferences.

Regarding **Keynote Speakers**, HTP believes in sharing the wisdom that is rich in our own community and therefore consciously recruits HT practitioners who are inspirational speakers to be presenters at our conferences. At the same time, our philosophy is to extend our circle and our knowledge to other leaders in energy medicine who can enhance our knowledge and our community with additional and varied knowledge. This year we invited two keynote speakers who are not HT practitioners, but who are closely aligned with us in the field of energy medicine and in heart centered philosophy.

Cyndi Dale, a well known author and beloved teacher/





Above: Cyndi Dale and Janet Quinn during their keynote addresses.

speaker of Energy Medicine, presented *Celebrating! Healing With Joy*. She is an easy fit with HTP and has committed herself to collaborating with us for continued articles in Energy Magazine and future projects. The first word that pops into my mind describing Cyndi is JOYFUL. Other words include beautiful (inside and out), humble, funny, fun and deeply inspirational.

Janet Quinn, PhD, RN, FAAN, has been supporting HTP for over a year through her biannual offering of the telecourse *Touching Body, Tending Soul*, a spiritual perspective on healing which taps into Perennial Wisdom. She presented the closing keynote - *The (other) Joy of Healing: Dancing at the Edge of Evolutionary Transformation* - gracefully and joyfully bringing us to a place of completion. Janet is a longtime leader in holistic nursing, caring science and Therapeutic Touch. She shared perspectives on the inner path of the healer (which is different from the outer path), the characteristics of mature spirituality, the "dark night of the soul," the necessity of living out of the spirit of love, forgiveness and the present moment, and the requirement of stripping away our self identity in order to be an instrument of healing, which leads us to joy. Janet is truly one of the most inspirational speakers I have ever experienced.

Keynotes from within our community included **Sharon Scandrett-Hibdon**, **Carol Komitor**, **Linda Smith** and **myself**. Sharon, Carol and Linda - who are well loved, highly respected and knowledgeable - came prepared to teach from innovative and thought provoking perspectives. Sharon and Carol entered the room wearing Sherlock Holmes type hats while looking through gigantic magnifying glasses as they wove their way to the stage







Above: (clockwise from top) Sharon Scandrett-Hibdon on stage with Mary Duennes and Carol Komitor; Linda Smith and Cynthia Hutchison.

Disturbances. Linda's keynote address was The Transformational Power of Intention, Touch, and Earthly "Medicines". As for me, I offered my first ever keynote to the HT community on the topic of Symbology and Sacred Geometry in Healing Touch. I had great fun preparing for and presenting and I especially enjoyed showing so many beautiful slides that accompanied my words. As I explained to the audience, the interest in using symbology and sacred geometry in my HT practice was rooted in the fact that I am neither kinesthetic nor gifted with ESP, so using geometry and symbology has been a valuable tool for me.

Eleven workshops were offered during conference to provide a wide variety of optional topics of learning. You can <u>click here</u> to visit the conference site and read about these great presentations! **Rudy Noel**, Janet's friend and colleague, spent an afternoon



Above: Rudy Noel sharing his wisdom and experiences with a group of attendees during conference.

with a large group of attendees to share his wisdom and experiences in clinical practice. Rudy is known for bringing *Mind Clearing* and the *Hopi Back Technique* to the HTP curriculum. He continues to be a dedicated friend to HTP.

The annual Healing Touch Professional Association Members' Meeting (HTPA) open to everyone was led by our very heart-centered and unbelievably productive executive director, Sharon Robbins. Sharon shared an extensive list of HTPA accomplishments over the last two years. These included her report on high attendance of HTPA's monthly business teleconferences (interviews with successful HT practitioners who share their experiences in growing their practices). Sharon also reported on steady growth of membership which now exceeds 1200, liability insurance for students and practitioners (not only HTP but also 75 related energy medicine modalities), new or strengthened relationships with other professional organizations, extended member benefits, upcoming new programs/benefits, and the HTPA members' directory and website.

At the conclusion of the HTPA Membership Meeting, Sharon invited the HTP/HTPA Elder Council members and **Lisa Mentgen Gordon** to come to the stage. As Sharon Scandrett-Hibdon acknowledged the many contributions Lisa has made as leader of HTP these past five years, the Elders wrapped Lisa in the ceremonial quilt which had belonged to her mother. The significance of the ceremonial quilt is that Janet commissioned the quilt to be used in ritual to honor those in HTP leadership roles. This was the first time it was used since Janet wrapped me in the quilt at a ceremony with instructors in May 2005. (That



Above: Lisa Mentgen-Gordon (center) being honored during the HTPA member's meeting.

gathering was Janet's last meeting with her HTP instructors -with 44 in attendance- and was held at Shadowcliff Retreat Center in Grand Lake, Colorado, the place where Janet was inspired to create Healing Touch.) Lisa, totally taken by surprise, had no idea that she would be honored by the Elders in this way. Tears streamed down her face as she was held in love, honor and protection by the nine elders on stage, as well as, all the Conference attendees who rose to give her a standing ovation.

Our **annual Pinning Ceremony** held on Saturday afternoon honored many of our new HT Certified Practitioners, including the mentors who supported them. Check the conference photo album to see the smiling faces of some of our new practitioners!

HTP's Annual Banquet and HT Worldwide Foundation Live Auction was Saturday evening and included ALL attendees



Above: Rita Kluny entertaining the audience and showing off items to be auctioned during the HTWF live auction.

as part of the conference fee. The pre-dinner music and post-dinner dancing was a blast, the food was delicious, and when the Auction started, Rita Kluny HTCP/I, RN and Roberta Davis Lewis, HTCP, kept us laughing almost non-stop while **they raised a record-breaking \$13,000.00** for the HTWF who provides funding for *HT research and humanitarian projects*. Our entertainment committee, led by Walle Adams-Gerdts and Tina Devoe, "sprinkled in" comedic skits and songs brought by our talented community members! **The Canadians** humorously educated us *non-Canadians* about their provinces (eh?), and **Sue Hovland** and friends taught us "age defying" facial expressions which we all practiced together! **Bob Nunley**, Dean of Faculty at Holos University, who had serenaded us with his guitar for two days, also led us in several uplifting community songs at the end of the banquet.



Above: The Canadians during their skit at the banquet.

Morning Self Care Activities/Practices offered on Friday, Saturday and Sunday morning, included *Kripalu YogaDance* with Nancey Kinlin, *Spring Forest Qigong Exercise* with Ann Cathcart, and *Watsu* with Elaine Lutz. Based on their excellent evaluations and attendees' requests, we hope to incorporate some self care classes as part of next year's *afternoon* events for those who prefer to sleep in a bit longer in the mornings! Richard Shulman raised our joyfulness and consciousness with his inspiring and improvisational keyboard performance and storytelling. Richard is a longtime friend of Healing Touch and creator of *First Rites*, his well known CD for HT practice and meditation. Richard played for our ceremonies and also lifted our spirits with a concert Friday evening.

This year we also offered a film option on Friday evening - *The Living Matrix – The New Science of Healing*, sponsored by the HT Professional Association, which was well attended. The post-film discussion was facilitated by Mary Jo Bulbrook, HTCP, Ed.D.

Authors and Book Signing. HTP is boasting about several HT and HT related books authored by some of our practitioners, instructors and leaders. Recently published authors and their books that we proudly recommend to you are (1) Nancy Battilega, author of A Story of Grace: Holistic Healing after Diagnosis of Breast Cancer; (2) Joy Heartsong, author of Awakening the Tiger Within: Nine Paths of Healing; (3) Dorothea Hover-Kramer, author of Healing Touch Guidebook: Practicing the Art and Science of Human Caring, Creating Right Relationships: A Practical Guide to Ethics in Energy Therapies, and Second Chance at Your Dream; (4) Linnie Thomas, author of The Encyclopedia of Energy Medicine and (5) Cheryl Hardy, author of Collecting Your Bones: Becoming Your Authentic Self.

This year's conference featured over twenty **vendors** representing a wide variety of organizations, and energy, artistic and health related products and educational materials. The vending area was popular, spacious and easily accessible with something for everyone.

Energy Magazine, now in its fifth year of publication with readership over 15,000, distributed orange buttons which said "Energy Magazine – I've been published!"

to the Conference attendees who have been contributing authors, as a way to honor and thank them for their contributions over the years. We hope YOU will consider writing an article for Energy Magazine!

Post-Conference offerings included six courses and a four day retreat with Janet Quinn RN, PhD, FAAN, one of our keynote speakers. The course titles and instructors were:

Carolyn Eberle, LPC, MA and Franny Harcey, HTCP, Healing

Concepts to Transform the Energy of Illness and Emotional

Distress into Wisdom and Light.

Dorothea Hover-Kramer, EdD, RN, CNS, DCEP, *Healing Touch* and Energy Psychology Resources for Building Healthy Relationships.



Above: Participants who attended Janna Moll's *Energy Medicine in Surgery* post conference offering which included a hands on field trip to a major teaching hospital surgical department with hospital staff.

Janna Moll HTCP/I, CMT, SEM, MSN, *Energy Medicine in Surgery* (including a hands on field trip to a major teaching hospital surgical department with hospital staff).

Greg Pitstick and Bill Brown of LGM3, LLC, *Growing Your Practice Using Social Networking*.

Linda Smith RN, MS, HN-BC, HTCP, HTSM-CP/I, CCA, *How to Expand Your Healing Practice with Essential Oils*.

Julie Wright, SHTP, CCA, CEBS, CHC, *Energy Medicine Practice: Mastering the Energy of Money*.

In addition to listing the agenda, resources and vendors, the HTP Conference Booklet also included the list of our seventeen beloved HTP/HTPA Elder Council, nine of whom were able to be present at this year's Conference. Another listing included twenty groups/programs or affiliated professional organizations that support Healing Touch Program. Denise Lewis Premschack, Executive Director of the International Society for the Study of Subtle Energy and Energy Medicine (ISSSEEM) volunteered her services again this year at our conference and events.

Our hope is that you will plan now to attend the 2011 Conference August 25-28 in San Antonio and join us for continued growth and learning, community celebration and joyful, impactful togetherness!



Highlights of the 2010 Instructor Gathering held August 4th-5th, 2010

by Cynthia Hutchison, HTP Program Director, photo by Cathy Anderson

Eighty-six of our 175 instructors and instructors-in-training blessed our annual instructor gathering with their wisdom, leadership and sense of community. Several countries were represented ,with some HTCIs extending greetings from their homelands. (For example, Rumi Hashimoto, RN, NP, HTCP/I was busy preparing to teach HTP classes and presentations to the Japanese Holistic Nurses' Association and two Japanese universities!). We dedicated Wednesday evening to socializing and hors d'oeuvres, to group meditation and intention setting, to introducing staff and HTP committees and then to having each instructor introduce her/himself. A few of our instructors couldn't arrive until the next morning, so the group photo you see here is actually short four instructors!

Thursday's nine-hour agenda was packed, but we were ready for it after a luscious one-hour breakfast buffet where we enjoyed more **socializing** and catching up with old friends and meeting new ones. We **pinned** our new instructors and **honored** other instructors with pins to acknowledge **five**, **ten**, and **fifteen** years. We promised the new **TWENTY year teaching pins** as soon as they are produced!

Lisa and I shared a list of **recent accomplishments** including the recent publication of Level 1 Technique Review Cards in Spanish, progress on national accreditation, and the new offerings of tele-courses to assist students, practitioners and instructors who either cannot travel or would like the ease of learning from the comfort of their homes. One of the most valued telecourses is the nine-week **Mentor Training Course** which will help mentors to be up to date on mentorship requirements and

also deepen the quality of mentorship they provide to mentees. Other accomplishments discussed included the three levels of Children's Courses (young, middle school and teen), the Qualified Mentor (QM) Policy, new and strengthened professional associations, and the announcement of our first Level 4/5 courses to be taught on a cruise ship October 17-22, 2010 off the coast of California and Mexico. (Sorry, ...if you have not registered, these courses are already filled!)

We took time at the Instructor meeting to talk about HT Certification, mentorship and related new policies, about how to promote HTPA membership in the classroom, and how to build classes and community. After a refreshing break where we savored our healthy buffet lunch and enjoyed our togetherness, we went back to work. A few items on curriculum review were presented as was the announcement that **further automation at the HTP office** will allow instructors to list, monitor and change information about their class listings on the HTP website. (There was much excitement and gratitude about this!)

Lisa Gordon and I ended the meeting with an open forum to talk about anything that instructors had on their minds, which we did with open hearts and loving spirits. Lisa told us that this was the favorite part of the meeting for her! Instructors accepted her offer - coming forth with rich comments and important questions. Mary Ann Geoffrey, who inspired us with our opening meditation, also led us in our closing as we held hands and shared our love and energy for the continued spreading of healing light through our HT practices, classes and community outreach. We were bonded, full of gratitude, and ready to begin three days of "The Joy of Healing: A Journey with Heart"!

2nd Annual Eastern Regional Healing Touch Conference

Moving Forward in a Spirit of Hope, Joy and Love

Healing Touch Program

October 15th and 16th, 2010

Best Western Albany Airport Inn - Albany, New York

Join us for the 2nd Annual Eastern Regional Healing Touch Conference where we will continue in gratitude, our HT journey in Hope, Love & Joy!



A nationally recognized motivational speaker, John Pelizza, Ph.D. will focus on "Keys to High Energy Living: Lighting the World Through Healing Touch." Mixing insights with humorous stories, John will identify and share the latest principles that help to keep us healthy, happy and productive.



Sharon Scandrett-Hibdon, RN, PhD, HTCP/I, shares with all of us that we live privileged lives as healers! Sharon's presentation provides an experience of Being Hope, Joy & Love... to move us all! Sharon will bring to us the message: "Together let us polish our Beings so we can shine brightly... transforming our world.



Kathy Layte, RN, MScN, PhD Student, HTCP/I will share insights wherein we will no longer think of research as a dry, painful subject. How to get involved in research will be presented in the form of fun, intellectual "dessert"!



Sharon Robbins, RN, HNC, CCHt, HTCP Executive Director of HTPA, will share how you can tap into the HT Community Network whether you are seeking insights on how to explain Healing Touch to your family and friends or are on the other end of the spectrum looking for help to establish your business practice..

The privilege of sharing with Lisa Mentgen Gordon and hearing the latest in the Healing Touch Program is surely a highlight of the conference, as well as connecting with many from HT Communities throughout the East.

The conference begins Friday, October 15th at 6:00 p.m. with an opportunity for socializing and refreshments and ends Saturday, October 16th with the closing ceremony. In between will be an action packed time of listening and sharing with others from the area. Space is limited so be sure to register early.

Click Here for more informtation or to register online.



by Margaret Nies, photo by Cathy Anderson

As I sat at dinner, having been thanked once again for all my hard work, I wanted to shout out "WE made conference."

WE

We the team behind the scenes

We, the participants

We, the hotel staff

We, the vendors

We, who couldn't make it this year but spread the light of Healing Touch everyday and held us in their thoughts and hearts

We - all of us together made this conference - AND because of ALL of us, it was a wonderful success.

I watched as the Healing Touch Community came together to share, learn and celebrate with openness in their hearts. Three organizations, Healing Touch Program, Healing Touch for Animals and Institute for Spiritual Healing and Aromatherapy joined their endeavors to share the light of Healing Touch as one joyous point of light for four days. We laughed, talked, grew, sang and danced. We blessed those who came to share their knowledge and they in turn blessed us with their wisdom; giving

and receiving - a cycle completed again and again over this time together. We held those who could not be with us close in our hearts, honoring them.

As a community we actively demonstrated the principles of Healing Touch, spreading caring, healing, joy and light to each other and beyond our body to the hotel staff. The hotel staff served us and we applauded their excellence, touching their lives as they touched ours. We spent time supporting those who came to provide us with delectable treats for our bodies (self-care) and minds and gifts for ourselves and those we love.

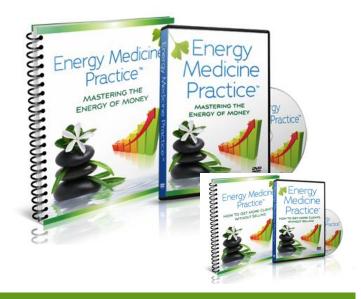
This conference renewed the flame within us all - the flame of joy. As we packed to leave for home, we carried this flame back into our families, workplaces and communities. We left behind an imprint of joy on each of those we touched in our travels and time together.

WE, all of us together, created this joyous experience. This flame of joy lives within each of us and is expressed in each next moment of our lives. Individually we carry it until we come together once again.

Beginning

October 14th, 2010

Don't Miss It!





Energy Medicine Practice™

Mastery

Series

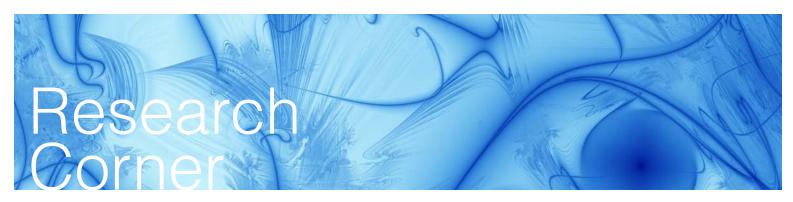
Who Else Wants to Build an Energy Medicine Practice that...

- Helps More People?
- Is More Profitable?
- Gives you More Freedom?



Thursday, Sept 23rd 7 pm Free Webinar to learn More.

Email JulieWrightCoach(at)gmail.com for details.



by Kathy Moreland Layte, RN, MScN, CNS, HTCP/I

I am still tingling from the joy and energy of the Healing Touch Program Conference in Denver because of the learning and, of course, the connections with old and new friends. I was honored to have been asked to speak about research to the general conference. I received so many requests for the talk that I decided I would summarize my presentation in this month's Research Corner. Unfortunately I cannot duplicate my facial expressions or my commented upon humor (I can't remember what I said!) but I will try to capture the essence of the presentation (the Power Point presentation is available without pictures in pdf format on the www.healingtouchresearch.com website).

Research can be a pretty dry topic to explain to a large group of people, particularly if they have not had research or statistics courses. I remain passionate about the need for all practitioners of Healing Touch to be good consumers of research. After all, one never knows when a client or organization will ask you about "evidence" for the work! My presentation was called Research Tapas: Appetizers to Wet Your Intellectual Whistle. An appropriate title - I was told - as the presentation was given at noon for 30 minutes just before lunch. NO CHAL-LENGE THERE, right?! In that short period of time I did a brief review about elements of research (based on the content of the Level 1 Notebook, Energy Magazine Research July 2008?, and Chapter Four of the new **Healing Touch Guidebook** which I wrote, edited by Dorothea Hover-Kramer). I reminded the group of the best quantitative studies done to date, briefly presented three new studies that support our work and shared a few other important "morsels."



Above: Kathy Moreland Layte giving her talk on research at the 2010 Healing Touch Worldwide Conference, photo by Cathy Anderson.

Review of Research

In a nutshell, there are generally three types of research studies that are done: quantitative, qualitative and mixed methods (both qualitative and quantitative in the same study with the same group). Currently, most organizations are looking for the "best evidence" or evidence based practice in order to consider including new practices in their organizations. Quantitative studies in the form of randomized clinical trials (RCT's) or systematic reviews (a synthesis of appropriate RCT's) are considered to be the "gold standard". The type of research that is conducted is based on the type of research question asked. Randomized clinical trial questions are based on an acronym "PICOT". P for patient, I for intervention, C for comparison, O for outcome and T (optional) for timeframe. So an example of a research question might be: Does Healing Touch (I) improve pain (O) in post operative abdominal surgery patients (P) compared to standardized therapy (C) over 24 hours (T)?

As I have mentioned in previous articles, there are many issues that plague the acceptance of research evidence in all energy based therapies such as Healing Touch. Small sample sizes (which makes even significant results suspect), poor randomization to treatment groups, poor or no blinding of subjects, poor control of variables often overshadow what appear to be hopeful or promising results. If there are not at least 30 subjects in each group of a clinical trial, the study is said to not have enough "power" to determine whether the results are accurate and/or reliable. There is not enough space to describe these statistical issues in this article. Clinical trials that have less that 30 subjects are still important to consider and are usually called pilot studies. These studies help future investigators know if a larger study is worth considering or if design issues in future studies need to be considered. Anyone discussing research should never use the word "prove" e.g. "this study proves that

-- improves -- " as even the best conducted study can only demonstrate/suggest that a treatment is worth consideration compared to another or no treatment. Practitioners must also remember that positive results from one sample can not be transferred to another sample, e.g. if there is demonstrated

significant improvement in a symptom with patients having coronary bypass surgery, it will demonstrate that same improvement in patients with all surgeries. Another study would be necessary.

In summary, when looking at clinical trials look for:

- Large number of participants/events of treatment to rule out effect by chance alone
- Blinded randomization of subjects
- Control of external variables, e.g. knowledge of energy based therapy, medications
- Number of outcomes being examined limited/related
- Control group used to control for presence (mock practice or usual practice)
- Therapy done as in real life vs.Prescribed (should be clearly stated)
- Expert Practitioner (desired)

Reminder about Some of the Best Studies

Three studies have been cited in earlier publications as being good examples of well conducted clinical trials or pilot studies. They are summarized in the table below:

Study Authors	Type of Study	Sample	Sample Size	Outcome	Where Published
MacIntyre et al. (2008)	Clinical Trial (quantitative)	Coronary Bypass Patients	237	Decreased length of stay Decreased anxiety	Alternative Therapies in Health and Medicine, 14(4), 24-32.
Cook et al. (2004)	Clinical Trial (quantitative)	Breast and gynecological cancer patients receiving radiation	62	vitality, pain and physical function in quality of life	Alternative Therapies in Health and Medicine, 10(3), 34-41.
Wilkinson et al. (2002)	Mixed methods study pilot	adults	22	Secreted salivary IgA Perception of enhanced health	The Journal of Alternative and Complementary Medicine. 8(1), 33-47.

The MacIntyre et al. study is still considered to be one of the best conducted studies in Healing Touch because of the rigorous methodology, large sample size and findings. The significant reduction in anxiety and length of stay demonstrated in the Healing Touch group of the study led to a projected cost saving of \$500,000/year for the institution. As a result of the study, all cardiac patients at the Center in the study now provide Healing Touch pre, intra and post operatively.

Links to copies of the articles can be found at: www.HealingTouchResearch.com www.HealingTouchProgram.com

THE LATEST NEWS (How exciting)

Tang, R., Tegeler, C., Larrimore, D., Cowgill, S. & Kemper, K.J. (2010).

Improving the well-being of nursing leaders through Healing Touch training.

Journal of Alternative and Complementary Medicine, 16 (8), 1-5.

In a recent edition of the Journal of Alternative and Complementary Medicine, a study was published exploring the impact of taking an introductory weekend to learn Healing Touch (Level 1) on 24 nurse managers' subjective measures of stress and heart rate variability 1–2 weeks before and 4 weeks after the training. Twenty of the managers (77%) completed the pre and post measures. The authors reported significant improvement in self-reported stress, depression, anxiety, relaxation, well-being, and sleep. The group's heart rate variability changes were also significant and suggested improved autonomic function consistent with greater well-being.

The authors concluded that "training nurse leaders in an academic health center in Healing Touch is associated with significant improvements in subjective and objective measures of stress". They suggested that additional studies are needed to compare the impact of this training versus stress management training on the nurses themselves and on the quality of patient care. Although this study had only 20 reported participants, the results on improvement in nurse managers outcomes are promising.

Jain, S. (2009). Effects of Biofield vs. Mock Healing for Fatigue, Cytokines, and Cortisol Variability in Breast Cancer Survivors: A Randomized, Controlled Trial. (Doctoral dissertation). Available from Dissertations and Theses database. (UMI No. 3359573)

Another promising study comes from the work of Dr. Shamini Jain of San Diego, CA. Although not published in a journal at the time of this publication, the results of this recently completed doctoral dissertation are exciting. In this placebo controlled clinical trial, thirty-three female breast cancer survivors were assigned to receive either Healing Touch or mock Healing Touch. Changes in pro- and anti-inflammatory cytokines and receptors, circadian rhythms of cortisol (a hormone) were explored. Also, fatigue, depression, mood disturbance, quality of life and self reported sleep quality prior to, and following four weeks of Healing Touch or mock Healing Touch, as well as, immediately before and after Healing Touch or mock Healing Touch.

Both groups reported significant decrease in fatigue over time. The Healing Touch group, however, showed significant differences earlier—in other words they felt better faster! There was also a significant reduction in depression scores for the HT group vs. the Mock group over time. Both groups showed a significant decrease in overall Total Mood disturbance over time. Cytokine IL-4 significantly decreased over time for the HT group which indicated less inflammation for the HT group.

Shamini's results suggest potentially improved outcomes for breast cancer survivors who receive Healing Touch sessions vs. those who receive mock sessions. She suggests that further research is warranted to better ascertain the specific vs. non-specific effects of biofield healing (such as HT) for fatigue and immune function in breast cancer survivors.

FINAL MORSELS

It is important for everyone to understand the recently published review of "touch" therapies for pain relief in the Cochrane Database. Some may tell you that it has been proven that HT does not work for pain. These people are talking about:

So, P.S., Jiang,Y., Qin, Y. (2008). Touch therapies for pain relief in adults. Cochrane Database of Systematic Reviews, Issue 4. Art. No.: CD006535. DOI: 10.1002/14651858.CD006535.pub2

This systematic review explored selected clinical trials involving Therapeutic Touch, Healing Touch and Reiki and their impact on pain. After an extensive literature review and exclusion of studies that did not match set criteria, the authors concluded that touch therapies (TT, HT and Reiki) may have a modest effect in pain relief but that more well conducted studies on these therapies and their impact on pain are needed. The authors also suggested that more studies involving children are needed to evaluate the effect of these therapies on children. The Cochrane Database does not say Healing Touch does not relieve pain or that Reiki is better than HT or TT. What is being said is that, we have not done enough studies in energy based therapies to say anything conclusively except that these therapies may have a modest effect on pain. Many of the studies that have been done have the aforementioned methodological issues so they have not been done as well as they could have been done. Biofield research is still in its infancy. The research in biofield therapies and other complementary therapies continues to improve.

From the other side of the Atlantic Ocean comes some exciting news of a French study by Hentz, F., Mulliez, A., Belgacem, B., Noirfalise, C., Barrier, H., Corrand, I., et al. (2009). **Assessment strategies of the impact of healing touch in nursing care**. Recherche en Soins Infirmiere (97), 85-91. The purpose of the research was to determine the efficacy of Healing Touch on the patient, especially with regard to pain relief and the decrease of anxiety using visual analog pain scale and/or Spielberg's test anxiety inventory. The study is a multicenter, randomized study involving 784 subjects and explores eight situations in which HT may be effective. The results of this study will be explained in a future Research Corner. For more information on this study "en français" see http://www.ncbi.nlm.nih.gov/pubmed/19642480

I ended the talk with a final comment about a recent article by Shamini Jain and Paul Mills that should be required reading for all practitioners of biofield therapies including Healing Touch. Rather than provide a systematic review, Jain & Mills have compiled a synthesis of some of the best studies in biofield therapies and ranked them. It is my hope that a more detailed explanation of this article will follow in a future Research Corner.

Jain, S. & Mills, P.J. (2010) Biofield therapies: Helpful or full of hype? A best evidence synthesis. International Journal of Behavioral Medicine 17(1), 1-16. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2816237

After 30 minutes of intellectual "tapas", the group was ready for their real food. I hope you will be able to digest this information and I encourage you to review archived "Research Corner" articles.

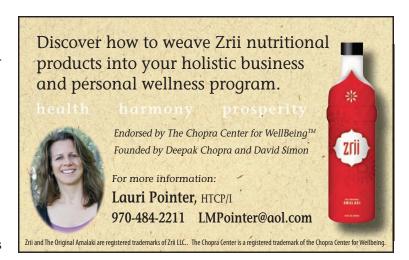
Until next time ---

About the author:



Kathy Moreland Layte RN, BScN, MScN, CS, HTCP/I,has been involved in energy based healing since 1994 and has been a certified practitioner of HT since 1998. She has been a Registered Nurse for twenty five years in a variety of roles in Canada and the United

States. She was the first person in Canada to do research in HT as part of her Master's thesis. Currently, she is a professor of nursing in the McMaster/Mohawk/Conestoga Collaborative BScN program and is pursuing her PhD in nursing. Her dissertation will explore the effect of HT on pain in the elderly. She loves teaching and bring the work to students and faculty of the nursing program. Her real passions in life are her husband Brian and their young children, Alexis and Austin. In her precious spare time, Kathy loves to be outdoors, read (something without references) and dance (to anything!).



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by Cyndi Dale

Joy as the True Reality

One of my favorite statements is this:

"Reality wins."

Think the dog is going to walk himself? The bills are going to magically animate and pay themselves or better yet, sprout money trees? No—but there is a reality above, below, and throughout this one that transforms the mundane and even painful into something meaningful, if not pleasant or delightful. I was awed to experience this enchantment during the Healing Touch Program Conference on Joy, at which I was honored to present a talk and a workshop.

Joy is many things to many people. For some of us, it's a broken cell phone and the ensuing silence, for others, a long-awaited outreach from a loved one. We might sniff joy in freshly baked chocolate chip cookies or inhale it through a roll in the grass. For healers, joy is the sharing of compassion, the smile—or tears—on a client's face, revealing a heart mending, a soul stretching, a child budding wings that were not there before.

Joy is not always the happy feeling we get when we arrive at the destination, however. It is also the sense of the route, the grit of the journey, the survival of the trials. Because of this, we might say that healing and joy are completely interchangeable. Healing leads to joy and joy opens to healing -- for both encourage a process that meets deep needs and desires. When sharing at the conference, I suggested that all of life is, in fact, about following the pathways to joy.

One of the chief pathways to both healing and joy involves listening to and respecting our feelings. Each feeling carries a message, which if responded to, encourages joy.

Anger insists we establish a boundary so that ensconced safely, like a turtle in its beautiful shell, we can get back to the joy of swimming freely.

Sadness reveals the "holes" caused by loss. Fill these holes and we return to the wholeness of joy.

Fear shouts—Stop! Go forward, backward, or sideways. Engineer a left or a right turn here, and safe again, you can give and receive joy.

Disgust is a body-based reaction to a poisonous or toxic person, substance, or situation. Rid ourselves of the offending agent and we return to a healthy state. Loving ourselves is necessary for joy.

Joy is the fifth feeling. Its communiqué is fairly easy to decipher. It says, "I want more of the same" - the same being love. To own our joy when it is clearly present is to accept the love that is always present.

Feeling our feelings to their natural conclusion frees us from the stress, negative programs, assumptions, and conditions that lead to all major and minor illnesses. It encourages the chemical, psychological, and behavioral activities that promote happiness, prosperity, and healing. But it also empowers our spirit, the eternal spark of self that knows that we are joyously connected to all other beings and that the Divine—the Source of All—is merrily sharing healing streams of grace with us at all times.

Have we not always, then, been moving toward joy? Perhaps reality is similar to a "joy map," with coordinates and landmarks and roller coasters and bells and whistles that all lead to the center point of joy and its favorite companion - love. The job of a

healer is to read this "carte blanche" (spiritual map) for self and others.

What if we were to assume a reality of joy, in a practical, not naïve fashion? Joy flourishes best with boundaries, companionship, security, responsible self-care, and the encouragement of love, -- the various gifts culled from the major feelings. It also grows when nourished by FUN.

What was my favorite take-away from the Healing Touch Program Conference? It was FUN. It was fun to look deeply into others' eyes and there discern acceptance and grace. It was fun to hear stories, some giggly, others painful, and sense truth. It was fun to watch the sidesplitting antics on the stage and thank God I was not up there because I could not have been so funny. The communion and yes, love, flew me home with a smile in my heart. One that kept on grinning despite the dust bunnies that greeted me and the teeth-chewed bills that

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had not escaped the wild maniac dog fast enough. Joy is reality, and you know, some of it really is fun.

About the author:



Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in

the past 20 years. To learn more about Cyndi, her work, books and products please visit: www.cyndidale.com
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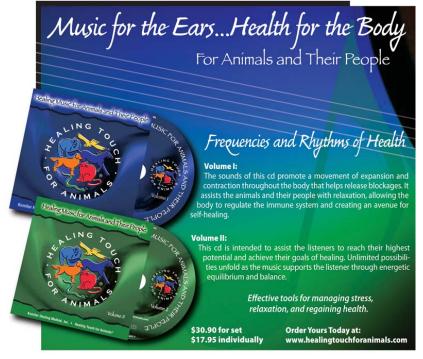


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by Susan Patricio MS, RN, HTCP/I, photos by Cathy Anderson

Before the glow of this past week fades, I offer my reflections on the 2010 annual Conference of the Healing Touch Program. I find it hard to start with anything other than "WOW!" That one word, although somewhat simplistic and non-descriptive, keeps hitting me. I remember the advice of a previous Healing Touch instructor who once said, "Just do the work...you will turn weird into WOW!" This statement was made when she encountered a student expressing how weird Healing Touch seemed to her. Wow! The Healing Touch Program, innovative and cutting edge as it was introduced and developed by Janet Mentgen over 20 years ago, has taken a quantum leap into the 21st century!

With this reflective message, I offer my sincere gratitude to all of the organizers, keynote speakers, facilitators, volunteers and participants of this year's Conference. After attending this Conference, I have no doubt that I have "come home" to the right organization. You see, for many reasons, I had not attended a gathering such as this in five years. Multiple turns in my life led me away from the Healing Touch community for a while, yet spiraling back, I returned with a mixture of hopeful anticipation and a little anxiety. At Conference end, I returned to my rural Northern California community with my heart smiling with joy, my mind enlightened with passionate fires of focused visions, and my will grounded in the guidance of clear leadership.

HTP is most definitely settling into its place as the worldwide leader in energy medicine. I came home with greater

confidence, clarity, and most importantly, a renewed sense of ease and enthusiasm. With deeper understanding of myself, and how this energetic mystery works, I feel more secure. From deep renewal, a commitment to "do the work," not only with my clients and students, but most importantly with myself, emerges stronger than ever.

Also, I left something behind in Denver. I released any shred of doubt that I am capable of sustaining the energy to do this work. I more fully trust that Healing Touch enhances everything else I do in my life. I am eager to share it with family, friends, clients and students. I believe that, as Janet taught us, "HT in every home" remains a viable and very noble goal. Each of us has the Light within and the capacity to create tremendous change in the world. Those of us drawn to this work can trust the spark of Divine knowing that woke us, seduced us into walking the rugged road of the healer, and demanded that we not look back. I know that, even when encountering the contrast of discomfort and darkness in the world, we can rest assured that our path is lined with eternal luminaries that never fail to be present. A loving Light is always available, asking only that we feed it with the fuel of our intention and attention.

In closing, I offer to all of you a short piece of poetry that literally rang through me yesterday. Spirit downloaded this lyrical message to me in my open state of coherence and readiness. How cool is that! It speaks of an alchemical process that matured some over the course of a few days in Denver, so I hand it now to you with Love and Light.

Return

Today I walk in ceremony, sweet smile upon my heart and warm juicy swirls, Safe Surrender, settling my gut.

Today I walk a hair smaller in worry and taller in truth for It speaks to me of promise.

The One Voice laughing, sighing with relief, as I put down leaden blocks handed forward fleast seven generations.

Burial fresh in my mind, the tearful release cleansing every bud of doubt and despair.

Today I walk in ceremony, to my gardens fading fruits mixed with next season's sprouting sorrel

Chrysanthemum petals pulsing further toward the Sun to highlight the borders of my path.

Today I walk in gratitude for the ceremony itself Knowing no more than when I first came, but all that I need know for a lifetime. ©

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9/15-18/10	Atlanta, GA	Ines Hoster	404-257-1843	Lester	
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11/4-7/10	Suffolk, VA	Lynne Whitlock	757-934-4900	Hovland	
11/4-7/10	St. Paul, MN	Carol Wille	651-439-8954	Lester	
Winter 2011	New Jersey	Ann Meredith	973-540-0373	Lester	
2/2-5/2011	Fort Collins, CO	Sue Walker	970-282-0050	Hovland	
2/17-20/2011	1 Tucson, AZ	Barbara Evans-Levin	e 520-760-0054	Hovland	
April 20II	San Diego, CA	Mary Jane Aswegan	760-436-5445	Hovland	
Spring 2011	Cincinnati, OH	Don Stouffer	513-770-4289	Hovland	
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 Date
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 Contact
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09/11-12/2010	WA	Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
09/11-12/2010	NC	Charlotte	Susan Thomasson	(704) 344-8797	susan.thomasson@carolinas.org	Pardee Henderson
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09/17-18/2010	MI	Coloma	Jessica Bigley	(269) 934-1516	bstarke@comcast.net	Barbara Starke
09/17-19/2010	PA	Harrisburg	Mary Pat FitzGibbons	(607) 217-7023	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
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09/24-25/2010	MI	Coloma	Jessica Bigley	(269) 934-1516	bstarke@comcast.net	Barbara Starke

Date Level 1 contin	_	cation	Coordinator	Phone	Email	Instructor
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9/24-26/2010	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
09/25-26/2010	MD	Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
09/25-26/2010	СО	Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
9/25-26/2010	ОН	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/25-26/2010	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
9/25-26/2010	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
9/25-26/2010	TN	Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
9/25-26/2010	TX	Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
9/26-27/2010		Stuttgart, Germany	Dora Kostlin	` '	dora.koestlin@gmx.de	Renate Reichenberger
10/2-3/2010	IL	Chicago	Janice Senra	(847) 673-2909	jsenra4440@comcast.net	Marcia Bregman
10/2-3/2010	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	TBA
10/2-3/2010	NY	Troy	Nina Lockwood	(518) 695-9266	nina.lockwood@gmail.com	Nina Lockwood
10/2-3/2010	OR	Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
10/2-3/2010	ID	Boise	Marilynn Jackson	(208) 318-6010	mi@intuitiveoptions.com	Jackson/Scepka
10/2-3/2010	DE	Wilmington	Kathie Lowe	(302) 766-4146	kathie.lowe@gmail.com	Walle Adams-Gerdts
10/2-3/2010	МО	St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Linda Elaine Smith
10/2-3/2010		Bayern, Germany	Dora Kostlin	` '	dora.koestlin@gmx.de	Renate Reichenberger
10/9-10/2010	VA	Richmond	Michele Garrigan	(804) 233-4902	creinc@vcu.org	Marilyn Stulb
10/9-10/2010	NJ	Egg Harbor Twnshp	Jean M White	(215) 750-8884	jeaniew@comcast.net	Jean M White
10/9-10/2010	ΑZ	Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
10/9-10/2010	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
10/9-10/2010	CA	San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/9-10/2010	MO	St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
10/9-10/2010	IL	Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
10/9-10/2010	DE	Newark	Jane Abbey	(484) 467-2012	stilllove3@verizon.net	Walle Adams-Gerdts
10/9-10/2010	TX	Dallas	Karen Russell	(830) 890-5207	synergisticbodywork@hotmail.com	Susan Russell
10/9-10/2010	RI	Pawtucket	Catherine Alexander	(401) 729-2947	beth@bethwright.net	Page/Wright
10/13-14/2010	NC	Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
10/15-16/2010	.,,	Munich, Germany	Dora Kostlin	(497) 117-194083	dora.koestlin@gmx.de	Ines Hoster
10/16-17/2010	CA	Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
10/16-17/2010	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
10/16-17/2010	СО	Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
10/16-17/2010	NT	Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
10/16-17/2010	ОН	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
10/23-24/2010	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
10/23-24/2010	ОН	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/23-24/2010	FL	Tampa	Tammy Dragel	(813) 870-4766	tammy.dragel@baycare.org	Kimberly Gray
10/23-24/2010	' -	Stuttgart, Germany	Dora Kostlin		dora.koestlin@gmx.de	Renate Reichenberger
10/23-24/2010	KY	Louisville	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/23 and 30/2010		Godfrey	Lewis & Clark College	(618) 468-5777	debklueter@yahoo.com	Lynn Placek
10/29-30/2010	OH	•	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
10/29-30/2010	VA	Youngstown Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
10/30-31/2010 11/6-7/2010	SK	Swift Current	-	(306) 264-3653	djross@yourlink.ca	Betty Petersen
			Judy Ross	• •		•
11/6-7/2010 11/6-7/2010	TX NC	San Antonio Charlotte	HT Program Pardee Henderson	(210) 497-5529 (704) 806-0146	registration@healingtouchprogram.com Pardee@carolina.rr.com	Rita Kluny Pardee Henderson
11/0-1/2010	INC	Chanotte	i aluee i iellueisuli	(704) 000-0140	i aiuec e carollila.ii.cUIII	continued on page

Date Level 1 contin		cation	Coordinator	Phone	Email	Instructor
Level i conti	iiueu	l				
11/6-7/2010	PA	Philadelphia	Jean M White	(215) 750-8884	jeaniew@comcast.net	Jean M White
11/6-7/2010	NY	Saratoga Springs	Nina Lockwood	(518) 695-9266	nina.lockwood@gmail.com	Nina Lockwood
11/6-7/2010	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
11/6-7/2010	CA	Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/6-7/2010	ID	Boise	Marilynn Jackson	(208) 318-6010	mj@intuitiveoptions.com	Jackson/Scepka
11/6-7/2010	CA	La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
11/6 and 13/2010	CT	Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Beth Wright
11/8-9/2010	QUE	Quebec	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/13-14/2010	ОН	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
11/13-14/2010	VA	Suffolk	Marilyn Stulb	(757) 539-4413	mhstulb@yahoo.com	Marilyn Stulb
11/13-14/2010	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
11/13-14/2010	AB	Calgary	Mount Royal College	(403) 440-3833	therapeuticbalancing@gmail.com	Betty Petersen
11/13-14/2010	CA	Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
11/13-14/2010	MD	Frederick	Krista Hall	(301) 865-1514	khealenergy@comcast.net	Krista Hall
11/13-14/2010	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/13-14/2010	GA	Atlanta	Ines Hoster	(404) 257-1843	ines@healingquestinfo.com	Ines Hoster
11/19-21/2010	WA	Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
11/20-21/2010	IL	Edwardsville	Lewis & Clark College	(618) 468-5777	debklueter@yahoo.com	Lynn Placek
11/20-21/2010	WI	Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
11/20-21/2010	TX	Kerrville	Susan Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
11/27-28/2010	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	TBA
12/4-5/2010	OR	Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Linnie Thomas
12/4-5/2010	ОН	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
12/4-5/2010	ΑZ	Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barb Hart
12/11-12/2010	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
1/14-15/2011	TX	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
01/15-16/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
03/1-2/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
4/1-2/2011	WI	Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
Level 2	10/0	Driebene Avetralia	Manian Nahawar	(072) 054 4004		TDA
9/4-5/2010	WA	Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	TBA
09/11-12/2010	GA	Atlanta	Ines Hoster	(404) 257-1843	ines@healingquestinfo.com	Ines Hoster
09/11-12/2010	PA	Wellsboro	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
09/11-12/2010	OR	Tualatin	Linnie Thomas	(503) 454-0469	linnie@iafeh.com	Barbara Dahl
09/11-12/2010	MI	Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
9/11-12/2010	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
9/13-14/2010	ME	Camden	Jean McKillop	(207) 326-4315	morgana@downeasthost.com	Tina Devoe
09/18-19/2010	AB	Edmonton	Joanne Ross	(780) 416-9494	joanne.ross@shaw.ca	Betty Petersen
09/18-19/2010	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
09/18-19/2010	CA	San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
9/18-19/2010	TX	Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Sharon S. Hibdon
09/25-26/2010	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
09/25-26/2010	CA	Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
9/25-26/2010	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
9/25-26/2010	OH	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
9/25-26/2010	WA	Ellensburg	Barb Dahl	(206) 938-4350	barbdahl@aol.com	Barb Dahl
10/2-3/2010	МО	St Louis	Kim Finck	(636) 259-0097	luv4badger@yahoo.com	Lynn Placek

Date Level 2 conti	_	cation	Coordinator	Phone	Email	Instructor
10/0.0/0010				(104) 0== 1010		
10/2-3/2010	GA	Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
10/2-3/2010	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
10/2-3/2010	MN 	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	TBA
10/3 & 10/2010	IL OU	Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
10/9-10/2010	OH	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/9-10/2010 10/16-17/2010	NC	Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Donna Duff
	TX	Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	TBA
10/16-17/2010	CO CA	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
10/16-18/2009		Burlingame	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney Keela Marshall
10/23-24/2010	WA	Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	
10/23-24/2010	NY	Binghamton San Antonio	Mary Pat FitzGibbons	(607) 217-7023	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
10/23-24/2010	TX PA	San Antonio Elizabethtown	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
10/30-31/2010		St Louis	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
11/6-7/2010 11/6-7/2010	MO		Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Linda Elaine Smith
	TN	Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
11/6-7/2010	AZ	Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
11/6-7/2010	CO	Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
11/6-7/2010	PA	Philadelphia	Jean M White	(215) 750-8884	jeaniew@comcast.net	Maureen McCracken
11/6-7/2010	IL	Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
11/12-14/2010	VA	Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
11/13-14/2010	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
11/13-14/2010	CA 	Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
11/13-14/2010	IL TY	Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
11/13-14/2010	TX	Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
11/13-14/2010		Stuttgart, Germany	Dora Kostlin		3 dora.koestlin@gmx.de	Renate Reichenberger
11/18-19/2010	NC	Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
11/20-21/2010		Quebec 	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/27-28/2010	ON	London	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/27-28/2010	MN	St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	TBA
12/3-5/2010	AB	Calgary	Mount Royal College	(403) 440-3833	therapeuticbalancing@gmail.com	Betty Petersen
12/4-5/2010	ОН	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/4-5/2010	CA	Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
12/4-5/2010	CA	San Diego	Lisa Goodman	(619) 233-6036	lisa.goodman@sharp.com	Lauri Pointer
12/11-12/2010	MO	St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
12/11-12/2010	CA	Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
01/15-16/2011	PA	Harrisburg	Mary Pat FitzGibbons	(607) 217-7023	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
1/15-16/2011	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
01/22-23/2011	NV	Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
1/28-29/2011	TX	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
2/5-6/2011	WI	Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
03/11-12/2011	PA	Elizabethtown	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
Level 3						
9/9-10/2010	NC	Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
9/10-12/2010	AB	Lethbridge	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
09/11-12/2010	CA	Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
09/17-19/2010	ОН	Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/17-19/2010	NY	Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey

Date Level 3 conti	_	cation	Coordinator	Phone	Email	Instructor
Level 5 conti	Hucc	4				
9/18-19/2010 09/25-26/2010	CO VA	Highlands Ranch Fredericksburg	Janna Moll Ren Fields	(303) 346-3809 (540) 371-4555	janna@hearthealingcenter.com ren4yoga@yahoo.com	Janna Moll Maureen McCracken
09/25-26/2010	CA	Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Cynthia Hutchison
10/2-3/2010 10/2-3/2010	TX PA	Houston Elizabethtown	Healing Touch Texas Timothy Nickel	(281) 856-8340 (717) 361-8814	healingtouchtx@aol.com tnickel@masonicvillagespa.org	TBA Tina Devoe
10/9-10/2010	MI	Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
10/16/2010	FL	Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Tina Devoe
10/16-17/2010	NC	Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
10/17-18/2010		Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
10/29-30/2010	ОН	Canfield	Stephanie Parrott	(724) 667-8193	stephanie.parrott@gmail.com	Barbara Starke
11/6-7/2010	CA	San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
11/6-7/2010	MO	St Louis	Catherine Beckmann	(314) 749-2016	ccabes6@sbcglobal.net	Lynn Placek
11/12-14/2010	ОН	Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
11/13-14/2010	CO	Ft Collins	Lauri Pointer	(970) 484-2211	LMPointer@aol.com	Lauri Pointer
11/13-14/2010	WA	Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Barbara Rogers
11/20-21/2010	CO	Boulder	Deborah O'Sheerin	(303) 447-3264	lightworksht@hotmail.com	Cynthia Hutchison
11/20-21/2010	ОН	Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/4-5/2010	CA	Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
12/4-5/2010	NC	Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinas.org	Donna Duff
12/4-5/2010	CO	Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
12/4-5/2010	GA	Atlanta	Ines Hoster	(404) 257-1843	ines@healingquestinfo.com	Ines Hoster
12/4-5/2010	TX	San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	TBA
2/26-27/2011	TX	Tenaha	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
4/2-3/2011	CO	Ft Collins	Corinna Kromer	(970) 310-9444	corinna@healthawarenesscoach.com	Sharon Myrah
4/16-17/2011	WI	Fond du Lac	Marian Blazer	(920) 921-5290	marianblazer@gmail.com	Sharon S. Hibdon
Level 4						
9/9-12/2010	ОН	Columbus	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
09/23-26/2010	CA	Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sharon S. Hibdon
9/23-26/2010	AB	Calgary	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
10/17-22/2010	CA	San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Geoffrey/Moray-Allan
10/20-23/2010	CO	Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
10/21-24/2010	SK	Swift Current	Judy Ross	(306) 264-3653	djross@yourlink.com	Betty Petersen
10/28-31/2010	MB	Winnipeg	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
10/31-11/3/2010		Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
11/3-6/2010	NC	Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
12/2-5/2010	ОН	Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lynn Placek
10/27-30/2011	AB	Calgary	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
Level 5						
9/23-26/2010	CA	Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Carol Kinney
10/17-22/2010	CA	San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
10/20-23/2010	CO	Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/3-6/2010	NC	Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
12/2-5/2010	ОН	Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sharon S. Hibdon
03/17-20/2011	AB	Calgary	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen

Date	Lo	cation	Coordinator	Phone	Email	Instructor
Level 6						
11/9-12/2010	СО	Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Advanced Practic	ce 1					
10/2/2010	CA	Long Beach	Healing Touch Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
10/22/2010		Stuttgart, Germany	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Advanced Practic	ce 2					
10/3/2010	CA	Long Beach	Healing Touch Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
10/2-3/2010	CA	Long Beach	Healing Touch Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
L2 Instructor Train	ining					
12/3/2010	CA	San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lauri Pointer
L3 Instructor Train	ining					
9/17/2010	NY	Amsterdam	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey
Mentorship Train	ing Co	urse				
9/14-11/16/2010		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
9/16-11/18/2010		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
HT Presentations	Class					
10/21/2010		Stuttgart, Germany	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Therapeutic Com	munic	ation				
09/10-12/2010	ОН	Loveland	Micah A Richey	(513) 720-5046	agagamassage@gmail.com	Sharon S. Hibdon
Touching Body,	Гendin	g Soul				
9/14-10/19/2010		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janet Quinn
Quantum Science	e for E	nergy Healers				
10/13-11/10/2010		Online	Healing Touch Program	(210) 497-5529	registration@healingtouchprogram.com	Jeannette Nienaber
Self Care Class Training - For Instructors Only						
		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
Childrens Class	Γrainin	g - For Level 4 and Al	bove			
		Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison