

Healing Touch Healthcare Facility Profile

William W. Backus Hospital

326 Washington St., Norwich, CT 06360

For more than 112 years, Backus Hospital has provided quality healthcare to the residents of eastern Connecticut. The 213-bed, not-for-profit, acute care community Hospital is the primary source of health services for nearly a quarter-million people. Since its founding in 1893, Backus Hospital has continually expanded, providing new programs and services and forming strategic alliances with other healthcare organizations and providers. Backus is the only state-designated trauma center east of the Connecticut River, and it is the only regional facility that can receive, via air medical transport helicopter, patients with severe traumatic injuries.

Type of Facility: Hospital

How Healing Touch is currently being used in your facility:

Healing Touch is used for relaxation, pain control, patients in transition, patients in labor and for anyone who needs support in their healing journey. It is used in Surgical Services in the pre and post operative areas and in every department in the hospital.

Contact for HT Services: Paula Novak, RN, MA, CHTP

Phone: 860-889-8331

Email: pnovak@wwbh.org

Can Patients Request HealingTouch: Yes. Patients, family, staff and physicians call Paula Novak, Clinical Coordinator for Healing Touch and Integrative Care, or they call the Center for Healthcare Integration.

Physician Referral: Yes

Physician Order Required: No

Billing for HT: No Sessions given in the hospital are complimentary.

Minimum Healing Touch Skill Level: Level 1

Healing Touch Policy and Procedure in Place: The Policy and Procedure has been written and is currently in the process of being reviewed by the Policy and Procedure committee.

When was HT Implemented and How? Healing Touch was implemented in our hospital as a pilot program in August 2005. We used a tool to measure pain and anxiety pre and post procedure. Pain and anxiety decreased significantly.



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Continued

Is There Marketing for HT Services: Yes The Healing Touch brochure is in the process of completion. You can also go to wwbh.org. Click on Hospital Services, click on Center for Healthcare Integration.

Other CAM Therapies Available: Massage, Acupuncture, Guided Imagery, Reflexology, Reiki, Therapeutic Touch

Other information you would like to include about your facility: We have the Center for Healthcare Integration which offers Healing Touch, Reiki, Massage, Reflexology and Acupuncture. These sessions are self pay and they are offered at a discounted rate for employees as an employee benefit.

