#### Inside:

Keynotes Post-Conference **Conference Schedule Registration Form** Hotel Information

# Earth, Wind, Sun and Sea Joyful Healing for You and Me

2nd Annual Healing Touch West Coast Regional Conference September 21-22, 2012 San Diego, CA Courtyard Marriot Old Town Sponsored by Healing Touch Program

## **Conference** Keynotes

### Humor, Laughter and Healing

Dr. Funshine (Caroline Meeks, MD)

Experience the stress reducing and joy producing facets of laughter yoga while learning firsthand about the healing benefits of humor and laughter!

### Xian Gung for Healers - How to Run Powerful **Frequencies of Energy**



Kathy Allan, RN, HN-BC, HTCP, HTCI, SEP

This is the best overall set of Qi Gong movements for general Qi cultivation for healers. It fills in the human aura in a very balanced way. These movements will

assist experienced healers, as well as those who have never felt the physical manifestations of Qi, to run powerful frequencies of energy. Even if you do other energy practices, this one is recommend for healers by Rosalyn Bruyere.

### **Crop Circles: Messages for 2012 from the Guides**



Ann Cathcart, BA, BSN, RN, HTCP, HNB-BC, LUT

Crop circles are a modern day phenomenon with implications beyond human comprehension. How can healers work with the energy and messages appearing on earth in grain fields...of all places? Many formations reference the Mayan calendar ending in 2012. Explore the enigma, feel the power,

and experience the joy. Awareness expands consciousness toward all possibilities, especially toward healing Mother Earth and our selves. There were over one hundred elaborate crop circles worldwide in 2011. What is the message?

### Joyful Healing for You & Your Clients - Optimizing Your Brain for Positive Change

Rev. Mary Ann Geoffrey, RN, HTCP/I



A funshop which will help the Healing Touch Practitioner gain greater understanding of the body/mind connection. Practical Neuro-Associative-Conditioning methods are explored to assist the practitioner

to not only make positive changes in their lives but work more effectively with clients. Leave this workshop armed with tools and skills you can put to immediate use.

### "Letting Go": Explore, Reflect and Experience the Four Elements for Self-Healing



Sharon Murnane, RN, HN-BC, HTCP

Through self-reflection, we will explore each of the four elements (Earth/Wind/Sun/Sea) as we weave our way energetically and interactively to connect to

ourselves and others using imagery and voice. The intention is to allow you to "let go of that which no longer serves you"; experience an energizing and healing journey as nature intended through the gifts of Earth, Wind, Sun and Sea increasing sensory awareness for joyful healing, wholeness, harmony and inner peace.

## Conference Schedule

Friday, September 21

Time	Content	
5:00 - 6:00 pm	Registration and Visiting Vendors	
6:00 - 6:30 pm	Sociailizing with Finger Foods	
6:30 - 7:00 pm	Welcome and Opening Ceremony Hara Alignment Meditation - Kathy Allan, RN, HN-BC, HTCP, HTCI, SEP	
7:00 - 7:30 pm	Pinning Ceremony	
7:30 - 9:00 pm	Humor, Laughter and Healing - Dr. Funshine (Caroline Meeks, MD)	
9:00 - 10:00 pm	Additional Networking Time - Vendors OPEN	
Saturday, September 22		

8:00 - 8:45 am	Registration - Vendors Open
8:45 - 9:15 am	Morning Meditation: Xian Gung for Healers - How to Run Powerful Frequencies of Energy Kathy Allan, RN, HN-BC, HTCP, HTCI, SEP
9:15 - 10:15 am	HTP/HTPA Update
10:15 - 10:45 am	Break
10:45 - 12:00 am	Crop Circles: Messages from the Guides for 2012 - Ann Cathcart, BA BSN, RN, HTCP
12:00 - 1:00 am	Lunch
1:00 - 2:30 am	Joyful Healing for You & Your Clients - Optimizing Your Brain for Positive Change Rev. Mary Ann Geoffrey, RN, HTCP/I
2:30 - 2:50 am	Break
2:50 - 3:10 pm	Healing Touch Worldwide Foundation Raffle
3:10 - 4:40 pm	"Letting Go": Explore, Reflect and Experience the Four Elements for Self-Healing Sharon Murnane, RN, HN-BC, HTCP
4:40 - 5:00 pm	Closing Ceremony

## Post Conference Workshop

# The Body Selectric: How the Body Moves from Fight, Flight and Freeze Back to Flow

Kathy Allan RN, HN-BC, HTCP/HTCI, SEP

This workshop offers a lighthearted experiential understanding of how the body/mind automatically selects the right responses when it perceives safety, danger or lifethreat. Participants will learn how to interrupt the traumatic stress continuum with ease in order to create safety and restore balance in themselves, their families and their clients. They will be prepared to work more confidently and effectively with people traumatized from a variety of causes and will feel more comfortable when doing the Healing Touch Trauma Release Technique.

To register contact Margaret Spurr at mjspurr@gmail.com or (406) 600-1520 (not part of regular conference registration)

### HOTE Courtyard Marriott San Diego Old Town

Experience the convenience of this charming Old Town Hotel, located in the heart of Historic Old Town minutes from top attractions. This Old Town hotel is conveniently located just 5 miles from San Diego's

popular beaches and from the San Diego Airport. The Courtyard Marriott Old Town offers a well equipped fitness center, outdoor pool and whirlpool. A 24-hour business center and boarding pass printing service is also available.

#### Conference Room Rates

Healing Touch Conference attendees receive a special discount on double and single rooms of \$110/night for a single or double room. To receive this special rate, be sure to tell the hotel that you are with the Healing Touch Conference. Make your reservations early, as there is a limited block of rooms reserved!

For reservations call 1-800-321-2211 or 1-888-236-2427. Address: 2435 Jefferson Street, San Diego, California 92110 Phone: 1-619-260-8500



## West Coast Regional Conference Registration Form

### **ONLINE REGISTRATION IS STRONGLY ENCOURAGED - FOR MAIL OR FAX PLEASE PRINT VERY NEATLY**

Name - First	Last
Credentials	
Address	
City	
State/Province Country	Zip/Postal Code
Phone	
Email	
Badge First Name	
HTPA Membership	
HTPA Members receive a special discount. If you are not a	member, you may join below and take advantage of the discount.
I am an Healing Touch Professional Association (HTP	A) Member Yes No Member Number
I wish to become a member (or renew my me	embership) of HTPA.
U.S.A. Annual - \$100 International Ar	nnual – \$50

Registration (FEES ARE IN US \$ ONLY)	Early Bird (before Aug. 17)	<b>Regular</b> (before Sept.14)	Walk In (after Sept.14)	
Conference - HTPA Member	\$180	\$220	\$260	Total:
Conference - Non-Member	\$220	\$260	\$300	

I understand that by attending this conference I am agreeing to allow any photos and/or recordings to be used by Healing Touch Program for publicity purposes or sale as they see fit.

Yes \_\_\_\_\_ No You may include my contact information on a participants list for conference attendees.

### **Payment Information:**

I have enclosed a check for \$ \_\_\_\_\_

Please charge my credit card for \$ \_\_\_\_\_

Visa / MC / Discover Card # \_\_\_\_\_

Exp Date \_\_\_\_\_ Safety Code \_\_\_\_\_

Signature \_\_\_\_\_

### Register online at www.HealingTouchProgram.com/conference/regional

Mail to: Healing Touch Program, 20822 Cactus Loop, San Antonio, TX 78258 or Fax to: 210-497-8532



September 21-22, 2012 San Diego, CA Courtyard Marriot Old Town
\_\_\_\_\_\_ Sponsored by Healing Touch Program

For more information or to register online visit www.HealingTouchProgram.com/conference/regional

The earlier you register

## 2nd Annual West Coast Regional Conference

We are thrilled to invite you to beautiful San Diego for the 2nd Annual Healing Touch West Coast Regional Conference.

E.R. E.R.

### Join us at conference and...

- Deepen and grow through stimulating educational opportunities
- Enhance your practice by integrating the latest happenings in the Healing Touch community
- Laugh, relax, rejuvenate and partake in the celebration created by the synergy of this amazing community of gifted professionals
- Renew and deepen your inspiration and enthusiasm for continuing to "Do the work"
- Network with your peers, nurture friendships and share
   personal experiences