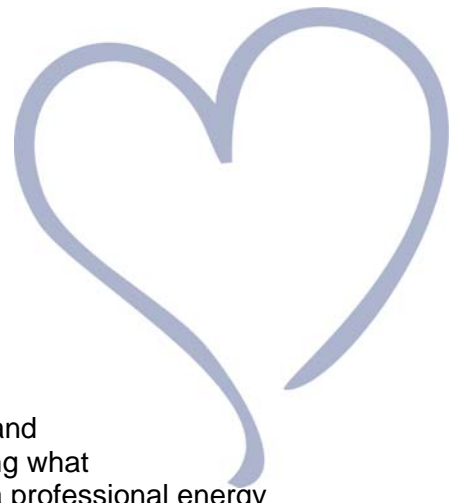


Welcome...



Dear Healing Touch Community,

We are happy to give this HTP Information Packet to you as a way of sharing some important things we want you to know about our activities and future plans. We hope you will find this information useful in understanding what we have accomplished in the last two years and where we are going as a professional energy medicine program and organization. One of our main thrusts has been a focus on services to our students, practitioners and instructors. We want those who are passionate about Healing Touch to have the tools and support they need to assist them in bringing HT to individuals or groups they feel guided to share with.

It brings us much joy to hear your positive feedback about the revised curriculum notebooks, Technique Review Cards, Energy Magazine, on-line registration and products for the HTP on-line store. Your input, suggestions and ideas have been instrumental in helping us develop and plan ahead for the needs of the HT community. Thank you! We all love watching HT be increasingly embraced in our communities. We all rejoice when we can share Janet's vision to "Just Do the Work".

We continue to invite your input and participation in program development and growth. Please let us know if you have any particular interests or talents that you would like to share with HTP that could help facilitate growth of Healing Touch in your communities, country or globally. There are so many avenues that match our individual interests to help spread the work. Creating classes to teach teens and children HT; bringing HT to long term care facilities; teaching certified practitioners how to professionally mentor; expanding our knowledge of legal issues related to energy medicine practice; expanding our curriculum to better prepare practitioners to work with traumatized populations; extending continuing education contact hours to more health care professional disciplines; and exploring a national license to touch for HT practitioners are just a few of our near term goals.

Our Creator has instilled in us the desire to create and use our imaginations and talents for the good of the whole. With our combined passion, skills, devotion and enthusiasm, we can all joyfully participate in spreading Healing Touch around the world. What fun! And what fulfillment!

As we move through this time of transition since Janet's death in September of 2005, we reverently acknowledge that growth is good, change is a part of life and that conflicts that arise due to organizational and paradigm shifts are not to be feared, but embraced in the spirit of growth, learning, self-empowerment and alignment with the Highest Good for all. We are all here to learn ...and that we are certainly doing. Let us all hold positive and loving thoughts for the Healing Touch organizations and all the people who are touched by this sacred work.

Thank you to all of you for your continued dedication in practicing and teaching HT in your communities. You amaze me and inspire me with your stories.

With gratitude and excitement,
Cynthia



Cynthia Hutchison, Healing Touch Program Director





The HTP Vision

The vision of the HT Program continues to be exactly the same as our founder, Janet Mentgen, when she brought the beginnings of the program into manifestation in the 1980s. As was her hope, we hold the vision of:

**Bringing Healing Touch to every healthcare facility,
every community, every school
and every home.**

The paradigm shift in western health care to holistic thinking and methods continues to open more doors to practitioners of natural and complementary modalities. Practitioners who address the body-mind-spirit dimensions and needs of the human being are being sought out more and more by consumers and health care administrators. Research addressing energy medicine is growing rapidly and its reports can be found frequently in popular magazines and media reports. In particular, the studies related to consciousness, intentionality and energy fields, including HT research, demonstrate results and a body of evidence that many would describe as undeniable in terms of the benefits to recipients.

Healing Touch is well-established as a time-tested, heart-centered program and modality. It has a research base; it is internationally recognized, and has earned the respect and growing acceptance as a valid healing modality that can be administered by health care professionals or interested lay persons. Healing Touch continues to flourish and to be sought out by many internationally. HT is non-invasive, effective, affordable, natural, easily learned and taught by anyone motivated to do so and, by its nature, is administered with compassionate presence.

The professionalism of the program is reflected through its rigor. Personal growth and self-care is emphasized as part of practitioner development. Graduates of the HT Program have: (1) studied and/or experienced clinical practice, (2) completed an apprenticeship/mentorship program, (3) an understanding of professionalism, ethics and standards of care, (4) developed clinical documentation skills, (5) experience in case study review, (6) participated in community service and (7) have scientific and spiritual knowledge of energy medicine. Healing Touch graduates tend to be well-rounded individuals and compassionate, professional practitioners.

Recent Accomplishments

Implementation of a Sound Business Structure- A professional business coach was hired to help revitalize the business after Janet's death. Some discrepancies in the business structure were found that needed correcting to facilitate growth. We began the task of correcting the structure so this program would be sound legally and business-wise so it could support instructors, practitioners and students in all their endeavors. We know the soundness of your practice depends on the soundness of the underlying HT program structure.

Advisory Board – Jean Watson, PhD, RN, AHN-bc, FAAN has joined the HT Program Advisory Board as of this September. In addition, to exploring the many possibilities of how Jean Watson and HT Program can work together, Jean has offered to spend December 5-7 in the Boulder, Colorado area a small group of HT practitioners and instructors who have a working knowledge of her theory as a time to brainstorm (and heartstorm!). With three full days of heart-centered creative time, we hope to devise a variety of ways to converge HT and Caring Science theory and practice in ways that enhance and professionalize the HT program and curriculum. We have no idea what that will look like, but we feel confident for an outcome that will be inclusive to the entire HT community in a way that embraces all and gives us knowledge and tools to more fully bring HT to the world.



Revised Curriculum - We received many requests to bring back the notebook format for classroom teaching of HT curriculum. We began the process of updating all the curriculum. Level 1 was completed January 2007 and has had one revision. The second revision to Level 1 will most likely occur spring of next year. The Level 2 notebook is at the printers and we expect begin shipping around September 17th. Level 3 is in process and should be available by November, with Level 4/5 following in December. The booklet "Understanding and Documenting the Healing Touch Sequence" will also be available this fall.

Technique Review Cards – This was another item the HT community requested. We have now completed Levels 1, 2 and 3 and have had much positive feedback about them from students, practitioners and instructors.

Energy Magazine - Energy Magazine was launched in June of 2006, as a free monthly on-line publication, and we celebrated the first anniversary this year. The subscription base as of August 2007 is over 7000 people. Energy Magazine provides a way to share stories, articles, research and more about what is going on in the worldwide Healing Touch Community. If you need a printed copy, you can print it on your home computer or you can email a copy to your local Kinko's where they can print it in black and white for a minimal charge.

Starting this past July, issues have a specific focus based on comments and suggestions we have received; July – Self Care, August – Practitioner Support, September and October – HT in Healthcare Facilities. November will focus on First Aid and Trauma.

Have an idea or want to share an article with us? Email to energy@healingtouchprogram.com

Internet Presence - HTP has rebuilt its entire website to more effectively offer information to the entire HT community and to the general visitor seeking more information. We added a student support area, back issues to Energy magazine, articles, and an online store. More recently a Healthcare Directory and Practitioner Directory were added. The Instructor and coordinator area has been revised and all forms and marketing materials added. In July the site received 8,112 unique visitors, with a monthly average for unique hits running around 8,000. The class page of the website was visited 5,581 times in July alone.

DVD - Introduction to Healing Touch - In March we introduced the much anticipated HT introduction DVD. This DVD is being played in many settings from hospitals to health fairs as an effective, consistent, visual way to present HT. We have had numerous thanks, tears of joy and standing ovations for this new DVD. HTP has sold or given away over 1,000 copies of the DVD. In addition, an Introduction to Healing Touch has been viewed on the website 2,395 times as of August 24, 2007.

Healing Touch Retail Store – The internet store was launched in early spring allowing easy purchase of items used in a HT class or session, such as pendulums and Technique Review Cards, in addition to music and gift items. The store saves paperwork and allows ordering any time day or night from the convenience of one's home. Questions about products or shipping can be sent via email as well. We continue to take orders via phone for those who find this to be the best order venue for them. To date over 850 orders have been shipped through the retail store.

Healing Touch Wholesale Store – A convenient, easy way was needed for Instructors and Coordinators to order teaching materials, marketing materials and products needed for the classroom. The on-line wholesale store seems to meet this need. Launched in August, classroom product can be purchased via credit card any time of day.

Healing Touch Community Newsletter - The Community Newsletter's intention is to keep students connected to the HT community. Each month's newsletter contains items of interest, happenings within the community, announcements and the current class listing. The community newsletter is so popular we had requests to post a subscription form on the website to include potential students and others not currently in the HT database. The HT Community Newsletter currently goes out to approximately 7,500 students a month (as of August 2007) and the numbers are growing.



If you would like to read any back issues or sign up for this free publication go to <http://www.healingtouchprogram.com/student/index.shtml> in the student support area of the website.

Presentations Class - We have had many requests for a unified Introduction to Healing Touch. Most people felt like they needed more structure and guidance in knowing what to say when introducing Healing Touch to others. The HT Presentations class was in the works for 8 months before teaching two pilot classes, one in Denver and one in San Diego. It is now ready to share with the rest of the nation. With a standardized 1 hour and 3 hour introduction class, everyone, who attends can feel confident presenting Healing Touch. HTP is in the final stages of developing tools to assist the presenter.

Energy Magazine Practitioner Directory – The 1st annual practitioner directory was published in June, with a revised version sent in August due to more practitioners asking to be included. This directory was sent to all Energy subscribers and is posted to the HTP website. We hope it will allow you to share practitioner information with family, friends and your local community. The listing is free of charge.

Japanese Translation – We are working with Global Healing College in Japan to translate the Level 1 notebook into Japanese. Upon completion of the Level 1 translation, other levels will be translated as well as marketing materials and other written materials.

Marketing Materials – The following materials have been developed within the past year. There is online access to all marketing materials, including the HTP logo and CE contact hour wording in the instructor area of the HTP website.

- Nursing Brochure – copy included in packet
- Flyer/Registration Shells
- Program Brochure – copy included in packet
- Introduction Booklet – What is Healing Touch? - copy included in this packet

Chaplain CEs – HTP has recently been granted CCEs by the Association of Professional Chaplains to award Continuing Chaplaincy Education Units (CCEs) to Chaplains taking Level 1 of the Healing Touch Program. Association of Professional Chaplains represent more than 150 faith groups. This allows Healing Touch to be a forerunner in providing Chaplains to offer this valuable modality in their community. Chaplains are a spiritually-based profession; we know HT to be a spiritually-based, holistic practice. Therefore, this is a perfect fit for the Chaplains who see so many ill people and their families and caregivers in hospital and hospice settings. As a Healing Touch Community, this will allow us to promote HT to a broader spectrum of professionals. Look for more details on how you can participate coming soon.

Healthcare Facility program - HTP has put together a package for hospitals and related facilities to facilitate incorporation of Healing Touch in a way that benefits patients, staff and the facility. This packet is available to healthcare facility administrators or anyone interested in introducing HT into a healthcare system. The packet includes: What is Healing Touch?, Where is Healing Touch Being Embraced?, How Can Your Facility Benefit, Healthcare Program and Healing Touch Research. It includes sample brochures, “Embracing Compassion in Health Care” and “Creating Healing Relationships through Healing Touch”, the DVD “What is Healing Touch” and sample forms (as appropriate). Everything is packaged in a professional folder with the HTP logo.

Healthcare Directory – HTP has published a healthcare facility survey and currently has about 30 responses with permission to share the information on the HTP website. The Healthcare Directory is now posted and we will be adding to it as facilities continue to respond.

Instructor Memo - One of the ways we work to keep instructors and coordinators informed is through the monthly instructor memo. We recently expanded the content to include messages from both Cynthia and Lisa in order to provide updates from both the Program Director and CEO. As always, we are open to your feedback and suggestions. Registered Instructors and Coordinators automatically receive the memos via e-mail. Past memos can be accessed through the Instructors secure site via our website.



Scholarships – Each year we have numerous requests for scholarships. Students are asked to submit an application outlining their needs and situation. We endeavor to meet these requests and work to spread the scholarships out to as many as possible. This year we have to date given thirteen (13) students scholarships over a range of class levels for a total dollar amount \$4,297.

HTIF Fundraiser - “Janet’s Legacy”, a beautiful piece of energetic artwork created for Janet by Karla Greene has been developed into both a poster and greeting cards, on recycled paper, as a fundraiser for Healing Touch International Foundation (HTIF). 50% of the proceeds will go to support HTIF grants and scholarships. We hope you will join us in supporting the foundation by purchasing this beautiful piece of artwork.

The Future

Below is a list of projects we envision as part of the HTP future. We welcome your participation, suggestions and feedback.

- Increased Practitioner Support
- Exploring additional Ethics inclusions in Curriculum
- Six hour Self Care Class for healthcare facilities
- HT Research posted on HTP website with helpful links to relevant sites
- Documentation Booklet for HT students
- Instructor Conference
- Regional conferences
- Online class management
- Mentorship education program through a webinar format
- Healing Touch for the Home program
- CE contact hours for social workers and other allied health care professionals
- Exploration of practical ways to educate and communicate new curriculum changes and related topics with all instructors in a convenient, cost effective manner (ex: teleconferences)
- Elder care program/Long term care program
- Children’s program
- Self Care program

Big Dreams

- To have a license to touch for practitioners who are not licensed health care professionals
- To make HT a vocation - We are exploring this option with leaders in the field and hope it will be a wonderful reality within a few years.

Email questions, suggestions and feedback to Franny@HealingTouchProgram.com.

*Join us in the Healing Touch journey.
Without you Healing Touch is just a dream.
Together we can move mountains!*



Janet Mentgen and the Healing Touch Story



Janet Mentgen, RN, BSN was an energetically sensitive nurse. Her drive was to deepen and expand the connection between nurses and their patients. She saw the positive effect of touch while using various energy techniques and modalities. Janet began using her energy based healing skills in 1980.

Janet was a practicing nurse for 43 years. Her early work was with the U.S. Navy, then as emergency room nurse, and then home health care nurse. Her real love of patients and the nurse connection began emerging as she developed her "healing touch" methods. She shared her methods by teaching continuing education classes for nurses at Red Rocks Community College in Lakewood, Colorado. Her research, with the application within her private practice, and her teaching of energy medicine earned her the Holistic Nurse of the Year Award from the American Holistic Nurses Association in 1988.

In 1989, Janet formally created Healing Touch (HT) as an energy medicine program. It began in 1990 as the Healing Touch certificate program sponsored through the American Holistic Nurses Association (AHNA) coincided with the providership of continuing education for nurses by the Colorado Nurses Association. In 1993, Healing Touch was certified by AHNA. That same year, Janet formed The Colorado Center for Healing Touch dedicated to bringing HT to millions of people throughout the world.

In 1996, Healing Touch International, Inc., was founded by Janet as a non-profit educational and membership organization. Its purpose is to administer the Healing Touch certification process for Practitioners and Instructors. Janet felt a separate organization was necessary because "it was not appropriate to certify ourselves".

In 1997, the Healing Touch International Foundation, Inc., was founded by Janet as a non-profit charitable organization. Janet's intent for Healing Touch International Foundation is to receive and distribute funds to assist, encourage and advance the philosophy, objectives and techniques of Healing Touch therapy. This is primarily accomplished through funding of grants for research and humanitarian projects around the world.

Within these few short years, Janet Mentgen revolutionized the medical model to include a clinical approach to energy based therapy. Her legacy lives on through the Certified Instructors and Certified Practitioners and thousands of students who are bringing a holistic approach to healing. Healing Touch emphasizes compassionate, heart-centered care in which the provider and client are equal partners in facilitating wholeness. Healing Touch restores harmony, energy and balance within the human energy system and supports the self-healing process of becoming whole in body, mind, emotion and spirit. Healing Touch complements conventional health care and is used in collaboration with other approaches to health and healing.

Due to the extraordinary success of the program, the company changed its name to the Healing Touch Program™, in June of 2005. This change recognize the global expansion of Healing Touch in hospitals, communities, hospices, clinics, schools of nursing, and the long term care centers throughout North America, Central America, South America, Europe, Africa, Australia, Asia, and New Zealand.

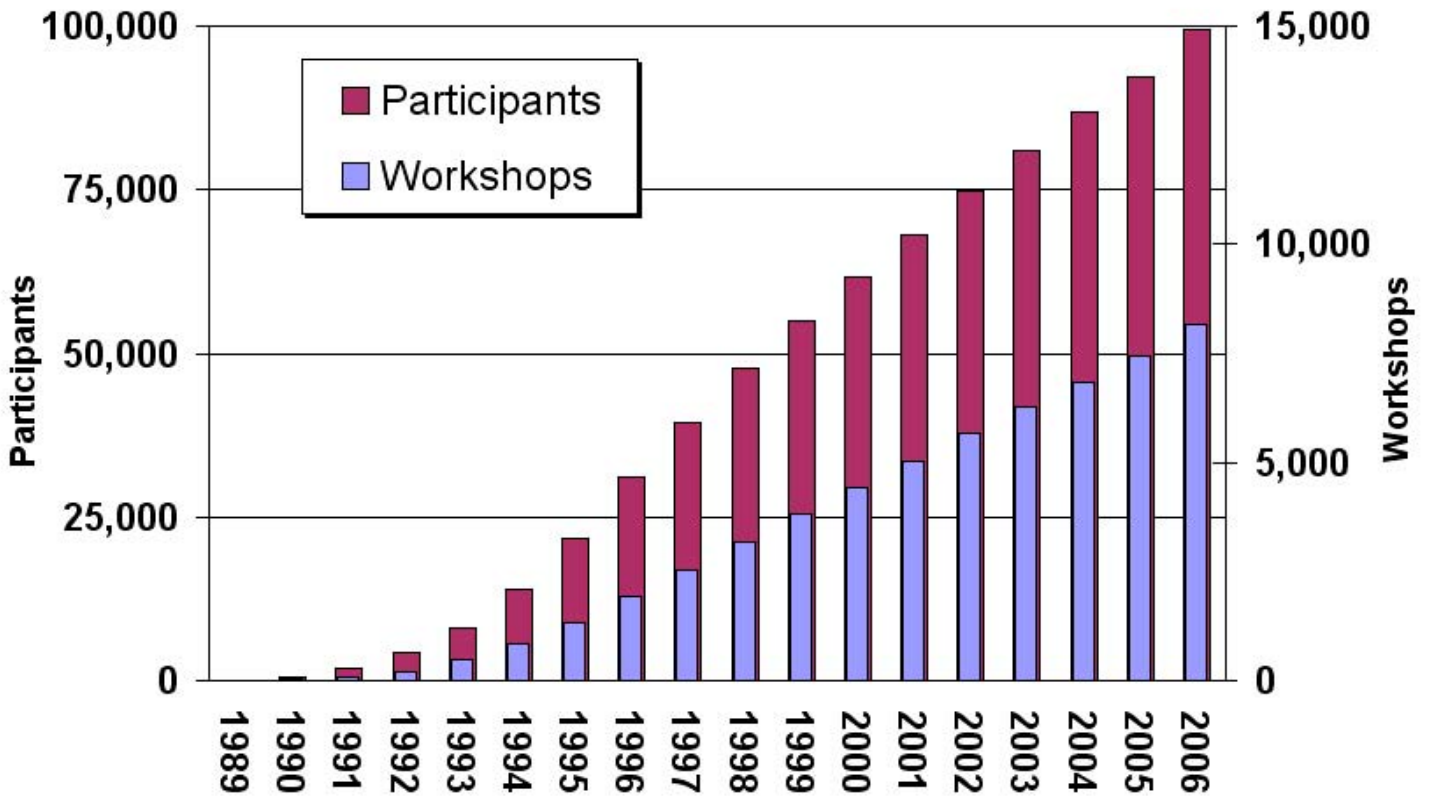
To ensure the continued growth of the Healing Touch Program™, Janet transferred the ownership of the Healing Touch Program™ to her children; Bill, Lynn and Lisa in May of 2005. On September 10, at the 2005 the Healing Touch International Conference held in Breckenridge, Colorado, Janet announced her retirement and the transfer of leadership to her children.

Securing her legacy, Janet died on September 15, 2005.

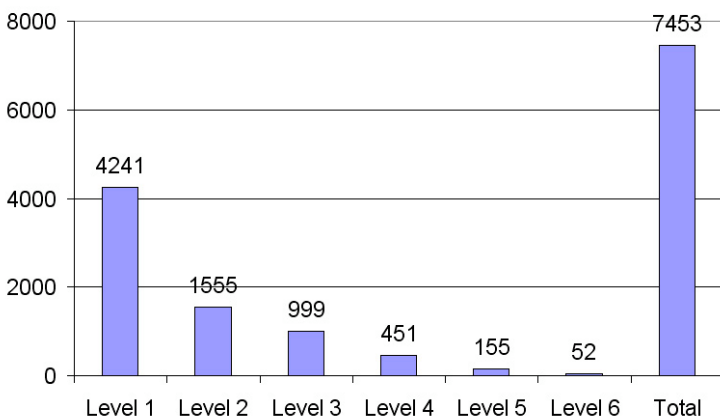
Growth of the Healing Touch Program

Below are charts that show the growth of the program since 1989. As of the end of 2006, we have reached 99,578 participants in 8152 workshops given. Shortly into 2007 we surpassed 100,000 participants in our program. I'm sure this made Janet SMILE!

Cumulative Number of Participants and Workshops



2006 Healing Touch Students by Level



2006 Healing Touch Workshops by level

